



CARROLLWOOD
DAY SCHOOL

CARROLLWOOD DAY SCHOOL SICK DAY POLICY DURING THE COVID-19 PANDEMIC

The purpose of this policy is to outline Carrollwood Day School's safe return to campus amidst the COVID-19 pandemic. These guidelines have been prepared by the Carrollwood Day School Leadership Team, who have carefully considered the best practice standards in addressing and promoting the safety, health, and welfare of our community. These procedures have been thoughtfully developed with local, state, and national guidance to ensure the best standard of care.

The current community spread of Covid-19 places our community at substantial controlled transmission as defined by CDC. Our community remains at high/moderate risk for exposure.

Keeping Healthy Together

All members of the CDS community: faculty and staff, parents, and students, have a shared responsibility to keep our school in good health by committing to adhere to school policies and public health directives both in and out of school. To prevent early dismissals, classroom closings, building closings, and potential school wide closing we ask all stakeholders to comply with our sick day guidelines.

Management of General Illness at Home

- Daily health assessment presents with one (1) or more of the following:
 - a. *Fever/chills/body aches- fever as defined by CDC >100.4 degrees Fahrenheit.
 - b. *Symptoms of Covid-19 as defined by CDC - fever, chills, shortness of breath, cough, new loss of taste or smell, headache, GI symptoms.
 - c. Active vomiting and/or diarrhea- 72 hours from last episode.
 - d. The first 24 hours of various antibiotic treatments (i.e. strep throat).
 - e. Undiagnosed, new, and/or untreated rash or skin condition (i.e. generalized hives, wound with purulent drainage, etc.).
- **DO NOT ATTEND SCHOOL DO NOT COME TO CAMPUS** until:
 - a. Fever - 72 hours fever-free without the use of fever-reducing medication IF not diagnosed COVID positive or presumed positive. **(72 hr stay home until community spread decrease to <5% then 24 hr)**
 - b. Active emesis and/or diarrhea - 72 hour from the last episode.
 - c. After 24 hours on antibiotics for a variety of bacterial causes.
 - d. Doctor's note of clearance for illness requiring 5-day absence and student specific medical conditions.

* seek advice of physician for further medical assessment and possible Covid-19 testing

Covid-19 Exposure

When confirmed exposure of Covid-19 is discovered by Individual or contact tracer follow guidelines provided (**stay home**) and alert **school nurse** and Division Head.

(HIGH RISK exposure is defined as having had close contact with an individual who has tested positive for Covid-19; that is within 6 feet for at least 15 minutes.)

- HIGH RISK exposure: Follow guidelines as directed by CDC
 - a. *Symptomatic:
 - Begin self quarantine, follow up with your personal care provider and get tested. Follow guidelines for positive test (below). Follow CDC guidelines when to end quarantine if Covid-19 testing is negative (required self quarantine for 14 days from last exposure to individual with confirmed diagnosis of Covid-19)
 - b. Asymptomatic:
 - Self quarantine for 14 days from last exposure to individual with confirmed diagnosis of Covid-19 (as aforementioned). Monitor for symptoms; contact your primary care physician if you should notice symptoms.
- LOW RISK exposure
 - a. No symptoms (Asymptomatic):
 - If not a high risk exposure, monitor for Covid-19 symptoms, as directed by CDC: Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19: Fever or chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache New loss of taste or smell, Sore throat, Congestion, or runny nose, Nausea / vomiting and diarrhea.
 - Continue to socially distance (especially contact with people at high risk for severe reaction- see CDC guidelines for high risk people), wear face covering, continue to clean and disinfect work surfaces frequently, as directed by CDC.
 - *If an individual should become symptomatic follow aforementioned guidelines.

* seek advice of physician for further medical assessment and possible Covid-19 testing

When suspected exposure with symptoms or contract tracer guidelines require extended self quarantine, follow school guide for learning options and contact your personal care provider or the Department of Health for further instruction.

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See chart below for general guidelines regarding exposure levels and quarantine requirements.



COVID-19 Illness and Quarantine Guidelines



In all cases please inform CDS School Nurse, Jackie Silver at nurse@carrollwooddayschool.org or 813.920.2288. Quarantine recommendations will be made on a case-by-case basis in an attempt to keep the school open and operational.

PERSON A	PERSON B	PERSON C	PERSON D
 <p>Any person who has tested positive for COVID-19</p> <p>With symptoms: Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> ✓ 10 days since symptoms first appeared and ✓ 24 hours since last fever (without the use of fever-reducing medication) and ✓ Symptoms have improved <p>The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days</p> <p>Without Symptoms (Asymptomatic): Isolate for 10 days from date of first positive test:</p> <ul style="list-style-type: none"> ✓ Monitor self for symptoms, take temperature twice a day ✓ Released from quarantine after 10 days have passed as long as no symptoms have been present 	 <p>Any person who lives in the same household with Person A</p> <p>NO symptoms:</p> <ul style="list-style-type: none"> ✓ Quarantine immediately. ✓ Quarantine while Person A is ill and isolated ✓ Quarantine an additional 14 days after Person A has recovered and been released ✓ Quarantine can last up to 24 days or longer 	 <p>Any person with close contact to Person A (>15 min and < 6 feet)</p> <p>Quarantine for 14 days following date of last exposure</p> <ul style="list-style-type: none"> ✓ Contact Health Department with any questions and further instructions ✓ Monitor self for symptoms, take temperature twice a day ✓ If symptoms develop, notify Primary Care Provider 	 <p>Any person who has had exposure to Person B or C before quarantine</p> <p>NO QUARANTINE OR ACTION REQUIRED unless: Person B or C develops symptoms OR tests positive and Person D had contact with within 14 days then:</p> <ul style="list-style-type: none"> ✓ Monitor self for symptoms, take temperature twice a day ✓ Contact Health Department with any questions and further instructions ✓ Contact Primary Care Provider
<div style="display: flex; align-items: center; justify-content: center;">  <h3 style="margin: 0;">Recovered and Released</h3> </div>			
<p>Definitions:</p> <p>Isolation separates infected people with a contagious disease from people who are not sick.</p> <p>Quarantine separates and restricts the movement of a person exposed to a contagious disease to monitor if they become ill.</p> <p>Close Contact defined as anyone who was within 6-feet of an infected person for at least 15 minutes starting from 48 hours before the person began feeling sick until the time the person was isolated.</p> <p>Insignificant exposure defined as contact with an infected individual for less than 15 minutes at a distance \geq 6-feet.</p>			
<p>For information on where to get a COVID-19 test, please visit the City of Tampa website at https://www.tampagov.net/emergency-management/COVID-19/get-tested.</p>			

Covid-19 Positive Diagnosis:

STAY HOME UNTIL:

- 10 days from improvement of symptoms and no fever for 72 hours (3 full days) without the use of fever reducing medication. (until community spread decreases)
- If NO SYMPTOMS 10 days from positive test date result.

Management of Illness on Campus:

- Should student/ staff present with SARS CoV2 symptoms (as defined by CDC and AAP) Individuals will be assessed in the Health Office and isolated there
 - a. Stable- send home immediately and follow guidelines presented above
 - b. Unstable follow emergency algorithms.
 - c. Possible early dismissal of class
 - d. Deep cleaning of classroom/exposed area

When a child will be sent home:

- Fever of 100.4° F or greater
- Any episode of vomiting or diarrhea
- Persistent cough
- Shortness of breath
- Injury requiring medical attention
- Open skin lesion
- Any two (2) of the following symptoms:
 - Sore throat
 - Headache
 - Fatigue
 - Nasal congestion
 - Body aches
 - Stomach ache
 - Red eyes with discharge

Videos with tips to help reduce the spread of COVID-19 and other illnesses:

<https://youtu.be/kEhNyxKopsg> General public notice Covid-19 mitigation

<https://youtu.be/LMBzjaVRChY> Children sports notice Covid-19 mitigation

<https://youtu.be/d914EnpU4Fo> Hand washing General