

DRESS FOR SUCCESS

How to Dress for a Job Interview



1

GET AT LEAST 7 HOURS OF SLEEP THE NIGHT BEFORE THE INTERVIEW.

When you're tired, you may not look or feel your best. Make sure to get plenty of sleep the night before your interview.



2

SHOWER THE DAY OF THE INTERVIEW.

Showering the day of the interview will ensure you are fresh and clean for your interview. It will also help you feel refreshed and confident.



3

STYLE YOUR HAIR.

Your hair is one of the first things the hiring manager will notice about you. Fixing your hair will help you look and feel professional.



4

BRUSH YOUR TEETH.

Be remembered for your ideas, skills and personality. Not your bad breath!



5

USE DEODORANT AND ANTIPERSPIRANT.

Interviewing can make you nervous, which can make you sweat. Wearing deodorant and antiperspirant will help you feel more confident.



6

AVOID STRONG PERFUMES OR COLOGNES.

Although you want to smell nice, avoid wearing a lot of perfume or cologne. Strong odors, even good ones, can distract from your interview and leave a bad impression with the hiring manager.



7

WHAT SHOULD YOU WEAR? IT DEPENDS ON THE JOB!

As a general rule, for an interview you should dress like the manager of the job you are interviewing for. If you are interviewing for an office job, you'll most likely need to wear a suit.

If you are unsure, ask your instructor or a Career & College Connection Specialist.



8

CHECK YOUR ATTIRE FOR DISTRACTIONS.

Make a good impression by making sure you look clean and tidy, and your clothes fit properly. Check your clothes for wrinkles, tears, stains, missing buttons and holes. Make sure your shoes are clean and without any scuffs. If you wear makeup or jewelry, keep it simple. Empty your pockets of anything that might fall out or distract from your outfit, including your cell phone.



9

WHAT TO BRING WITH YOU:

- Several copies of your resume in a professional folder.
- At least 3 references on a separate sheet of paper attached to your resume.
- Work samples or a portfolio if available.
- Cash for gas, tolls, parking or public transportation.
- A small notepad so you can write the hiring manager's name and contact information down.



10

WHAT NOT TO DO:

- Never bring anyone with you to a job interview.
- Keep your purse/bag on floor next to your chair, not the interviewer's desk.
- Keep your cell phone on silent in your bag or leave it in your car.



11

PLAN TO ARRIVE 10 MINUTES BEFORE THE INTERVIEW BEGINS.

This will ensure you can find the location of your interview, check in and complete any additional paperwork before the interview begins.