DISTRICT 129 STUDENT SUPPORT TEXT HELPLINE

LET US KNOW IF YOU ARE...

- missing the help you typically get from your school social worker, counselor, nurse, or other emotional support person
- in need of shelter or food
- worried about a friend or need support for yourself

District 129’s Student Support Staff are only a text away during these stressful times. Text **331-684-7640** and a member of our team will help you out. Our team is available M - F from 8 AM until 8 PM.

If you have an emergency that needs immediate attention, please contact the following resources.

Area police, fire, ambulance: **9-1-1**
Suicide Prevention Hotline: **630-482-9699**
DCFS Hotline: **800-252-2873**

Kane County Human Services Hotline: **2-1-1**
Statewide assistance “Call for Calm” for emotional support - Text **TALK or HABLAR to 552020** to connect to a community based mental health counselor.