



SLUH

CROSS COUNTRY

2014 Team Schedule

2013 Conference, District, Sectional, and State Champions

Day	Date	Meet	Levels	Location	Time
S.	8/9	Alumni Run	All	Forest Park	9 a.m.
S.	8/30	Randy Siegrist Invitational	V, JV, C	Jefferson Barracks	9 a.m.
W.	9/3	O'Fallon Futures Invitational	B, C	O'Fallon	4 p.m.
S.	9/13	Forest Park XC Festival	V, JV, C	Forest Park	10 a.m.
Th.	9/18	Parkway Central Invitational	V2	Parkway Central	4 p.m.
S.	9/27	Hancock Invitational	V2, JV, C	Jefferson Barracks	9 a.m.
S.	9/27	Palatine Invitational	V, JV	Palatine, IL	9 a.m.
S.	10/4	Parkway West Invitational	V, JV, B, C	Living Word Church	10 a.m.
Th.	10/9	M.C.C. Championship	V, JV, C	Forest Park	4 p.m.
S.	10/18	Borgia Invitational	V2, JV, C	Big Driver Golf Center	10 a.m.
F.	10/24	Clayton Invitational	V2, JV	Shaw Park	3:45 p.m.
S.	10/25	District 3 Championship	V	T.B.A.	T.B.A.
W.	10/29	Findley JV/C Invitational	JV, C	Forest Park	4:30 p.m.
S.	11/1	Sectional 2 Championship	V	T.B.A.	T.B.A.
S.	11/8	State Championship	V	Oak Hills (Jeff. City)	9:00 a.m.
Su.	11/16	NXN Regional*	V	Terre Haute, IN	T.B.A.

Coaches will confirm all race times. Check Twitter, email, and Team Website for further information.

** The team competing at the regional championships will compete as the St. Louis XC Club and will not be affiliated with SLUH.*

Head Coach: Joe Porter
Assistant Coaches: Tom Flanagan, Brian Gilmore, Chris Scott, Stephen Mackey, Matt Lawder, Megan Dempsey
Principal: Dr. John Moran
President: Mr. David Laughlin
Athletic Director: Dick Wehner
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Visit the SLUH XC Team Website: www2.sluh.org/sluhxc/
Follow us on Twitter: @sluhxctrack

