

WEEKLY MENU (Prek-K2)



Aug 17 to Aug 21

	Monday	Tuesday	Wednesday	Thursday	Friday
Station	17-Aug	18-Aug	19-Aug	20-Aug	21-Aug
SET MENU Includes: 1Main Dish + 2	Roasted Chicken with Rosemary	Braised Beef	Pork Chop	Sweet and Sour Pork	Fish and Chips
Side Dishes+2 Sides+ Veggie	Pan-Fired Egg	Scrambled Eggs	Boiled Egg	Scrambled Eggs	Pan-Fired Egg
Sticks + Dessert + 1 Beverage Main Dishes :	Butter Corn and Broccoli	Red Bean and Celery	Mini Carrot and Mushroom	Red Cabbage	Fried Spinach,Carrot and Chickpea
Asian / Western Beverages Include: Milk,	Mini Potatoes	White Rice	Home Fries	White Rice	Chips
Yougurt OR Yogurt Drink.	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
VEGETARIAN	Chickpea and Mixed Veg Stew	Rice Noodle with Egg, Leek and Onion	Curry Pumpkin and Spinach with Feta Cheese	Yu Xiang Eggplant and White Bean Stew	Yang Zhou Fried Rice

Students' lunch-card balance and Catering informations are available through school website or under request - contact us at Chartwells@nanjing-school.com for details