

Ram Nation Community Pact

I will care for myself by...

- forming positive habits to reduce my risk of contracting COVID-19, including maintaining social distance, faithfully wearing a mask, avoiding groups, practicing good hand hygiene, and keeping my personal spaces clean and easy to disinfect.
- wearing a mask at all times when required by school policy and whenever social distancing is not possible
- being mindful in recognizing changes to my own health, both physical and mental
- self-monitoring for behaviors that put me at greater risk for contracting COVID-19, such as touching my face, lowering my mask, standing too close, or touching shared surfaces unnecessarily

I will care for others by...

- staying in my dormitory room or at home and promptly reporting if I feel sick, am experiencing symptoms, have a fever, or am aware of any exposure to COVID-19
- observing limits on gatherings and group size, both on and off campus
- not sharing personal items, especially eating and drinking utensils
- increasing social distancing when interacting with people outside of my family or Tilton “family unit”
- wearing a mask when interacting with faculty and staff, even when in my own room
- washing/sanitizing my hands frequently and thoroughly, for at least 20 seconds, when in community spaces—and always before entering or after leaving shared spaces.
- taking care to avoid touching common surfaces—and helping to disinfect surfaces I touch
- following instructions on signs, including those restricting or directing traffic flow inside buildings
- attuning myself to the health of others, both physical and mental, and offering support
- guiding and reminding others to build the healthy habits and behaviors we have adopted across campus

I will care for the entire community by...

- reporting my health status honestly and completely during health screenings
- remaining in the campus “bubble” during the entire time school is in session—even if I am a day student—by limiting my interactions with others, minimizing visitors in my home/dorm,
- restricting my travel to essential errands only, not attending events or other non-essential activities, and by practicing excellent social distancing, masking, and hand hygiene during travel or essential errands
- not dining indoors at any off-campus restaurants or businesses
- staying out of all dormitories, if I am a day student, and following restrictions on access to common rooms, other halls, and other dormitory buildings if I am a boarder
- abiding by school and healthcare policies intended to protect the health and safety of myself and the community, including testing, quarantine, and isolation—and being ready to adopt new policies and guidelines as they are announced
- being vaccinated for the flu, unless my doctor has restricted me from doing so
- avoiding and actively opposing bias or discrimination against any individual/group affected by the virus

I understand that if I breach the guidelines of this Community Pact, I may be subject to immediate and extensive restrictions against involvement in campus programs and activities. I understand that my actions may also compromise my friends', classmates', and teammates' ability to participate in community events. Repeated violations of this contract may lead to Disciplinary consequences as applied to Major School Rules in the Student Handbook, up to and including removal from campus or expulsion.

Student Signature

Date

Print Student Name