

Licensed Professional Counselors



MENTAL HEALTH:

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood. (mentalhealth.gov)

- South Texas ISD Health Professions (956) 565-2237 ext. 3001
- South Texas ISD Medical Professionals (956)214-6100 ext. 6101
- South Texas ISD World Scholars (956)383-1604 ext.8501
- South Texas ISD Science Academy (956) 565-4620 ext. 6301
- South Texas ISD Preperatory Academy (956)381-5522 ext. 2601
- South Texas ISD Rising Scholars Academy (956)399-4358 ext. 1201

LPC SERVICES:

Licensed professional counselors (LPCs) are master's-level mental health service providers, trained to work with individuals, families, and groups in addressing mental, behavioral, and emotional problems, such as depression and anxiety or stress.

Licensed Professional Counselors (LPCs) are regulated by the Texas State Board of Examiners of Professional Counselors, (the board) a state board whose members are appointed by the Texas Governor to carry out the general oversight of professional counselors in Texas.

LPCs provide counseling services in accordance with state law and the board's rules. This includes following the code of ethics that the board has established for the counseling profession.

STISD PROCESS FOR SEEKING LPC SERVICES:

STISD is staffed with LPC professionals which serve in all of our campuses. Services from an LPC can be accessed through the campus Academic Counseling Offices at each campus.

If you feel you are in need of these services please call your counseling center at your school and speak with your academic counselor.