

*to Be,
rather than to Seem*

SUFFIELD ACADEMY IS A SCHOOL
WITH WONDERFUL TRADITIONS,
AN EMPHASIS ON COMMUNITY,
AND A COMMITMENT TO
INNOVATION. COME JOIN US
AND DISCOVER THE ENDLESS
OPPORTUNITIES FOR YOU TO
CREATE YOUR SUFFIELD.

Experience Suffield



Suffield is more than a school



A NOTE ABOUT SUFFIELD ACADEMY FROM CHARLES CAHN III, HEAD OF SCHOOL

Suffield Academy's greatest strength is its clarity of purpose. Our focus is on the distance each student travels here, and on providing an environment blending rigor, structure, and encouragement. This unwavering mission rests at the heart of why our school is thriving. I have asked many here why they chose our school and where else they looked. All of the answers seem to come back to the same place: "I felt comfortable here. People were friendly. I knew Suffield could help me reach my goals." As I frequently remind our students and faculty, it is our collective obligation to sustain this positive atmosphere. It is a spirit that needs to start at the top and permeate the school. I see the importance of this atmosphere in letters I receive from parents, like this one:

For whatever reason he chose Suffield all those years before, it lived up to every one of his expectations. Never once did he lament his choice. Nor did I. I know his experience had a lot to do with his cheery outlook. But I also know the support, understanding, good humor, and community spirit he found at Suffield contributed so much to his growth and accomplishments. Even a positive, upbeat student like our son can get knocked down, discouraged, and disgruntled in a certain type of school environment. None of this was the case at Suffield. He succeeded because the community succeeded at being everything you promised and then some. I don't think we will ever forget my son's Suffield experience. Many, many thanks.

Our academic program includes various electives and our distinctive Leadership Program. From around 20 AP prep courses, to our regional studies program, to our peer tutors and academic support—we have excellent offerings for everyone here. The same is true in our extracurricular programs, where outstanding interscholastic athletic teams are complemented by non-competitive options like SOLO and robust art offerings. As I said, we pride ourselves on emphasizing the distance traveled by each student. I feel very strongly about this—if you come to Suffield, we will help you excel. We will provide challenge and nurturing. This is a wonderful school where each student is a key ingredient in our success. We hope you will come take a close look at Suffield Academy.

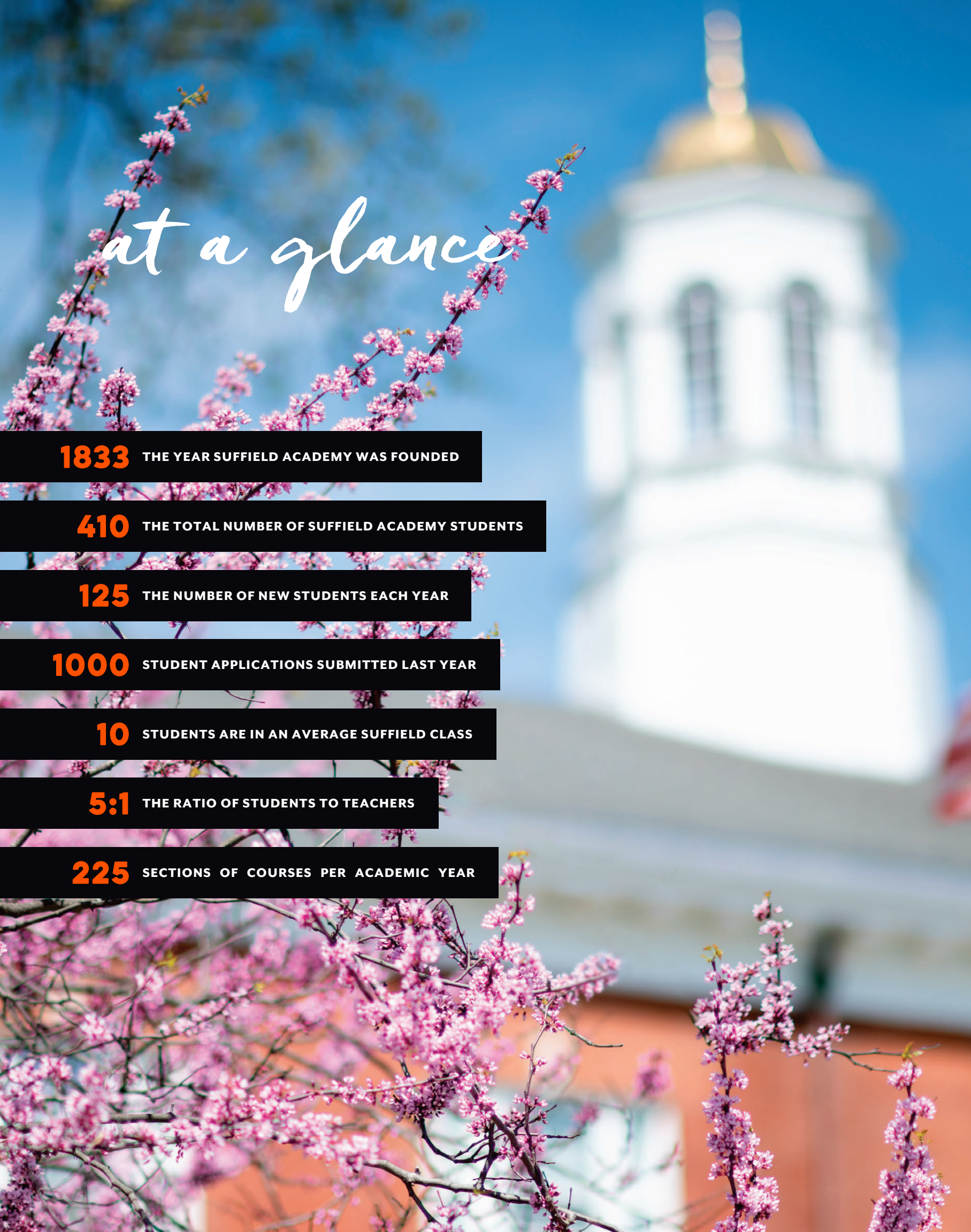
Charlie Cahn

Charles Cahn III
Head of School



ABOUT SUFFIELD ACADEMY'S HEAD OF SCHOOL

Charlie Cahn is the 25th head of Suffield Academy. Talented and engaging, Charlie has been instrumental in securing Suffield's strong position in the independent school world. He is a widely admired leader and tremendous asset to Suffield. During his tenure as Head of School, Suffield has seen record levels of applications and unprecedented fundraising success. Yet what most strikes people about Charlie is his genuine and deep enthusiasm for Suffield and its students, parents, faculty, and staff. A native of Baltimore, Maryland, Charlie is a graduate of Gilman School, University of Michigan, and Wesleyan University. Prior to being appointed Head of School, he served as an English teacher, varsity lacrosse coach, dorm parent, director of admissions, dean of faculty, and associate head. He is familiar with all levels of our school. His wife, Hillary Cahn '88, is the creative director for the marketing department, school photographer, director of the Balance Barn, and head coach of the alpine ski team. They have two children, Peyton '18 and Harrison '22. Charlie currently serves or has previously served on several nonprofit boards including Eaglebrook School, the New England Association of Schools & Colleges [NEASC] Commission on Independent Schools, Renbrook School, Rumsey Hall School, the Hartford Youth Scholars Foundation, and the Connecticut Association of Independent Schools. He is a frequent speaker around the United States and the world about school planning and goals, adolescent development, and Suffield Academy's plans and strategies for the present and future.



at a glance

1833 THE YEAR SUFFIELD ACADEMY WAS FOUNDED

410 THE TOTAL NUMBER OF SUFFIELD ACADEMY STUDENTS

125 THE NUMBER OF NEW STUDENTS EACH YEAR

1000 STUDENT APPLICATIONS SUBMITTED LAST YEAR

10 STUDENTS ARE IN AN AVERAGE SUFFIELD CLASS

5:1 THE RATIO OF STUDENTS TO TEACHERS

225 SECTIONS OF COURSES PER ACADEMIC YEAR



I remember during the admissions process you stressed that Suffield's great strength lies in the personal concern and support shown each student. You were certainly telling the truth. *Parent of Suffield Graduate*





Faculty Encourage

you to Succeed

ACADEMIC PHILOSOPHY

The Suffield Academy academic program rests on the belief that each student is unique. When you enter our community you have the opportunity to help create your academic journey. Whether you emerge as a literary scholar, an environmentalist, an actor, or a tech guru—the experience is yours to create. We want you to let intellectual curiosity be your guide. Our broad-based academic offerings derive from our faith in the liberal arts as a foundation for learning and our programming balances a strong core curriculum with unique elective courses.

At Suffield, you will learn in and out of the classroom, on and off campus. Your journey might take you from the theater stage one week to a community farm the next. You will live and learn in an environment where you will find support from both teachers and peers. We challenge you to travel great distances at our school, and we are committed to helping you by:

- Teaching a broad range of academic disciplines
- Teaching essential skills and habits focused on organization, communication, reasoning, reading, writing, and researching
- Teaching students to be critical and disciplined thinkers
- Providing a structured, encouraging environment
- Offering courses with a balance of challenge and support
- Providing a “portable classroom” with laptops and a wireless campus

COMMUNITY THEME

The philosophy of this annual program is based on having a shared intellectual experience and raising awareness of pertinent and timely issues. Components include a speaker series, charity fundraiser, film and discussion program, and community text. Past community themes have included courage, loyalty, gratitude, identity, conviction, and empathy.



20 THE AVERAGE NUMBER OF AP CLASSES OFFERED

52 ELECTIVE COURSES OFFERED ANNUALLY

280 THE NUMBER OF AP EXAMS 73% SCORE A 3 OR ABOVE

The Suffield Academy academic program is designed to provide close attention for each student and a wide range of course choices. In many respects, our program is as big as a smaller school can have. We offer a large number of AP and Honors courses, but what further distinguishes Suffield’s curriculum is its diversity. We design a program of studies that helps each student feel engaged, challenged, and supported. Our goal is for every student to be successful and inspired. In many ways the soul of this school is vibrant young people being guided by encouraging, deeply invested adults.

Sara Yeager / Dean of Academics & Faculty



Suffield prepared me to succeed at Columbia University. It really got me going in the right direction and I will always be grateful. *Vichaya Poulvaraluk / Student*

SCIENCE

Housed in a new state-of-the-art facility, the science program consists of three distinct disciplines: physics, chemistry, and biology. Faculty members help students master fundamental principles of scientific method, approach, and research.

Students work in small, problem-solving groups to execute labs, complete assigned projects, and present reports. Technology is incorporated directly into the curriculum. Emphasis is placed on the thoughtful use of data as a reasoning tool rather than on the superficial memorization of facts. Frequent experiments develop the students' powers of observation, classification, and analysis. In addition to the standard survey courses, honors and Advanced Placement [AP] classes are also available.

SUFFIELD'S SCIENCE CURRICULUM TEACHES STUDENTS TO:

- ☐ Approach life with a sense of curiosity and engagement
- ☐ Appreciate the world, with a particular concern for the environment
- ☐ Work toward objectives in a cooperative group setting
- ☐ Apply acquired skills to scientific and nonscientific pursuits
- ☐ Work independently and in cooperative group settings to analyze and solve problems through the scientific method



Learn to write



an inspiring Essay



ENGLISH

Suffield Academy's English Department embraces the idea that a classroom should be a safe and structured place where students acquire confidence interpreting texts, leading discussions, and clearly articulating their ideas. In our small classes, teachers challenge students on a daily basis to develop into highly effective readers, writers, and thinkers.

The acquisition of fundamental skills [grammar, vocabulary, reading, writing] is approached as a separate topic in the freshman and sophomore years and through course content in the junior and senior years. At each level, students build on the key skills of writing, thoughtful reading and textual analysis, and developing and defending a thesis. Our program focuses on analysis and expression—the fundamental requirements that help prepare our students for a “lifetime of leadership and active citizenship.”

SUFFIELD'S ENGLISH CURRICULUM TEACHES STUDENTS TO:

- ☐ Apply acquired skills to analyze and interpret imaginative literature
- ☐ Hone academic and authentic writing skills
- ☐ Develop a thesis and defend it, orally and in writing
- ☐ Write an effectively organized and thorough analytical essay
- ☐ Reflect on one's identity and personal growth through over-arching themes, such as the rite of passage during freshmen year, the heroic journey during sophomore year, and a critical examination of three centuries of American culture incorporated into an essential question first posed by J. Hector St. John de Crèvecoeur in his 1782 *Letters from an American Farmer*: what does it mean to be an American?

I am honored to teach alongside supportive colleagues who are lifelong readers and educators. Our department meetings cultivate discussions that critically track and refine the intentions of our English curriculum, and faculty take turns sharing best practices for teaching and learning in this discipline. While students examine the topics of gender and race, the department has a long tradition of incorporating multicultural perspectives from a wide range of canonical authors such as Toni Morrison, August Wilson, and Chimamanda Ngozi Adichie. *Bill Sullivan / Chair, English Department*



4 YEARS OF COLLEGE-LEVEL MATH

18 FULL-YEAR MATH COURSES OFFERED EACH YEAR

3 FULL-YEAR AP COURSE OFFERED ANNUALLY

Apply Math skills



To Solve real-life problems

In some of my classes I struggled with organizing tasks, expressing my knowledge, and executing ideas. The teachers at Suffield Academy helped me recognize my individual way of learning and taught me how to refine study habits in and out of the classroom. These skills helped me become the successful student I strived to be. *Leo Edo / Student*



MATHEMATICS

Math at Suffield Academy stresses the importance of communication, problem solving, logic, and understanding. Small classes create a comfortable atmosphere for true understanding. We focus on how technology has influenced the use of mathematics and how to apply mathematical skills to real-life situations.

Students are challenged at every level to develop reasoning skills and hypothesize about possible solutions to both simple and complex problems. We teach students to communicate effectively using mathematics—in speech, the written word, and technological applications.

SUFFIELD'S MATH CURRICULUM TEACHES STUDENTS TO:

- ☐ Demonstrate mastery of algebraic, geometric, and reasoning skills
- ☐ Apply technology as a tool to solve problems
- ☐ Make connections between mathematics and other disciplines
- ☐ Prepare for college admission tests



The history curriculum at Suffield challenges our students to think of history not as a series of inevitable decisions and events that fell neatly like dominoes and resulted in our present-day world. Instead, they learn history is dynamic and far from inevitable. This requires students to be critical thinkers and use essential research and writing skills to formulate their own opinions of the historical material they examine. *Bryan Brissette / Chair, History Department*

HISTORY

History courses introduce students to important events and trends, the political, intellectual, and artistic expressions of various civilizations, and world geography, and. Students are challenged to consider problems on multiple levels, facilitating a deeper understanding of the complexity of society and the consequences of human judgment.

The curriculum includes a regional studies program that is unprecedented at the high school level. Students in the 11th-grade take courses in Latin American, Chinese and Asian, or European history. This interdisciplinary program provides opportunity to study the history of several areas of the world that fundamentally shaped contemporary society. Students hone their ability to think and write critically, express their ideas, and defend their points of view.

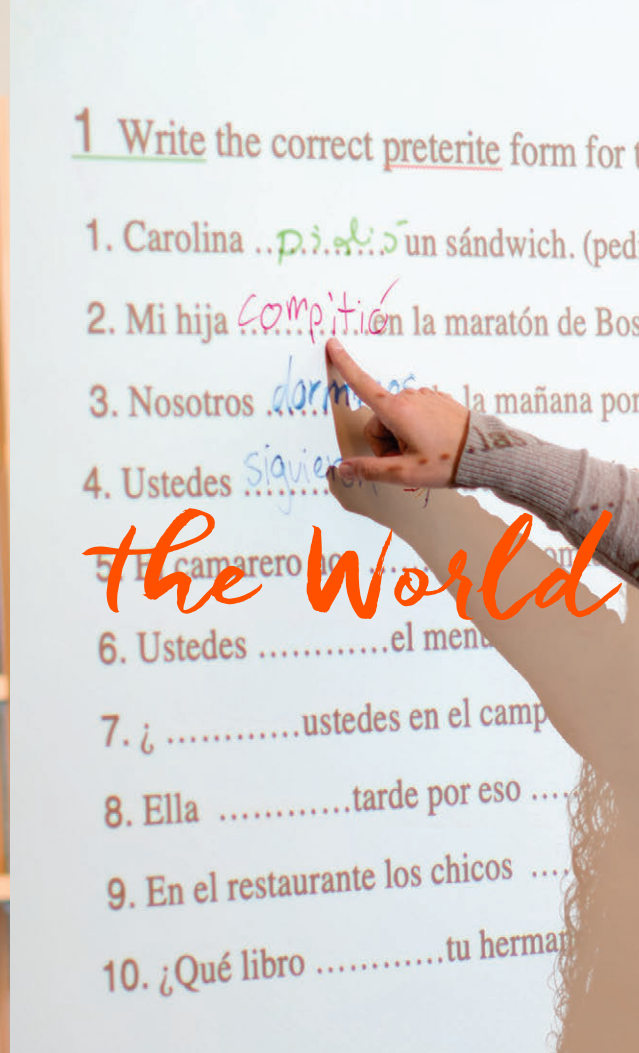
SUFFIELD'S HISTORY CURRICULUM TEACHES STUDENTS TO:

- ☐ Become a culturally literate and responsible world citizen
- ☐ Develop complex, critical thinking skills to consider problems of multiple levels from varied perspectives
- ☐ Build strong analytical reading, writing, and research skills





Learn to Communicate with



- 1 Write the correct preterite form for the
1. Carolina ...pidió un sándwich. (pedir)
 2. Mi hija ...compitió en la maratón de Boston.
 3. Nosotros ...dormimos la mañana por...
 4. Ustedes ...siguieron...
 5. El camarero ...trabajó...
 6. Ustedes ...comieron el menú...
 7. ¿...fueron ustedes en el campo...
 8. Ella ...salí tarde por eso ...
 9. En el restaurante los chicos ...
 10. ¿Qué libro ...leíste tu hermano...



My Spanish teacher is always available for extra help. She consistently pushes me to do my absolute best and supports me as I master difficult material. She teaches in a manner where students not only memorize principles of the language, but also learn to understand and apply these concepts in the world. Her passion for the Spanish language and teaching is clear—she cares about every student and is one of the best teachers I had at Suffield. *Pooja Kothari / Student*

LANGUAGES

The languages department operates under the belief that an essential goal of a liberal arts education is to instill in students a knowledge and appreciation of a language other than the student's native tongue. The curriculum teaches essential skills—reading comprehension, listening comprehension, speaking, writing—as the fundamental components of communication. The examination of history, culture, and traditions are a part of the intellectual process.

Learning about customs and context helps the language come alive. In addition, each March students are offered the opportunity to travel abroad and experience learning beyond the Suffield campus.

SUFFIELD'S LANGUAGES CURRICULUM TEACHES STUDENTS TO:

- ☐ Better understand the world through the study of language and culture
- ☐ Use acquired language skills to pursue other academic disciplines
- ☐ Communicate in the language being studied
- ☐ Understand language more completely in the context of bilingualism

We believe that learning a language opens up a new way of thinking, gives different perspectives on familiar things, and teaches us all to admire and accept our differences. By teaching world languages to our students, we help raise more open-minded, tolerant, and compassionate citizens of the world.

Gis-Xi Nahmens / Chair, Languages Department





PERFORMING ARTS AWARDS & NOMINATIONS [2013-2020]

CONNECTICUT HALO AWARDS

- 7 WINS BEST PLAY
- 1 WIN FOR BEST MUSICAL
- 24 WINS FOR INDIVIDUAL PERFORMANCES
- 114 OVERALL NOMINATIONS

STEPHEN SONDHEIM AWARDS

- 3 WINS
- MOSS HART MEMORIAL AWARD *Presented By The New England Theater Conference*
- 1 WIN FOR BEST PLAY

PERFORMING ARTS

Suffield Academy offers robust programs in music, theater, and dance. Students have numerous opportunities to excel in the arts—both onstage and behind the scenes. Each year performing arts participants produce two major theatrical productions, a full dance production, a one-act and new-playwrights festival, several jazz and ensemble performances, three popular guitar shows, and multiple choral performances. These provide students with hands-on experience in performance, lighting, sound, stage management, set construction, and house management.

Our extensive performing arts facilities include a state-of-the-art theater, set design shop, dance studio, recording studio, and music center. The performing arts program supports experienced actors, dancers, and musicians, as well as those who want to get involved in the arts for the first time.

SUFFIELD'S PERFORMING ARTS CURRICULUM TEACHES STUDENTS TO:

- Understand performances as a form of communication and expression
- Discover the joy derived from creating and performing works of art



20+ STUDENTS PARTICIPATE IN THE DANCE PROGRAM

40+ STUDENTS PARTICIPATE IN THE MUSICAL ANNUALLY [CAST OR STAGE CREW]

The performing arts program is vital to the Suffield Academy experience. It provides students with a creative outlet, encourages them to grow as individuals, and offers them the opportunity to build confidence on stage. *Tom Dugan / Chair, Performing Arts Department*



364 WINDOWS ARE IN TREMAINE ART CENTER. THE BEAUTIFUL FACILITY FEATURES SPACE FOR PAINTING, DRAWING, CERAMICS, PHOTOGRAPHY, SCULPTURE, AND GRAPHIC DESIGN.



Discover your inner Artist

You don't have to be able to draw like Michelangelo or paint like Mary Cassatt to experience the joy of making art. *Melinda Fuller / Co-chair, Visual Arts Department*



At Suffield, I felt free and comfortable expressing myself and was able to truly enjoy art for art's sake.

Michelle Wan / Student



VISUAL ARTS

The visual arts department at Suffield is guided by one simple, overarching philosophy: everyone has potential. Teachers work closely with individual students to find their strengths and inspire self-inquiry. Artistic expression is believed to be the impetus of self-expression, which is the cornerstone of a liberal arts education. At Suffield, we believe educational processes that deny humanity's artistic nature limit what and how we learn.

The visual arts program encourages students to examine the artist's methods and reconsider how the artist thinks. The curriculum is designed to support students with less experience in addition to challenging those with remarkable talent.

SUFFIELD'S VISUAL ARTS CURRICULUM TEACHES STUDENTS TO:

- ☐ Acknowledge the artists within themselves
- ☐ Acquire fundamental skills and develop authentic artistic expression
- ☐ Understand the skills needed by the artist are related to those used by scholars in other disciplines



Influence Change

The technology classes I took at Suffield provided me with a curriculum that pushed me to excel. My Suffield Academy experience helped me achieve my lifetime dream of going to M.I.T. where I created a successful APP in my first year of college. *Connor Kirschbaum / Student*

TECHNOLOGY & COMPUTER SCIENCE

Each dorm and classroom at Suffield offers a wireless network to further enhance the learning experience. All students are exposed to the essentials of using technology to research, create, and present information in a variety of ways.

Student with additional interests in technology have the opportunity to use advanced tools and techniques in courses ranging from multimedia design to networking protocols and advanced software programming. While technology is interwoven into most of our standard courses, we also offer a fully equipped technology center and digital art lab.

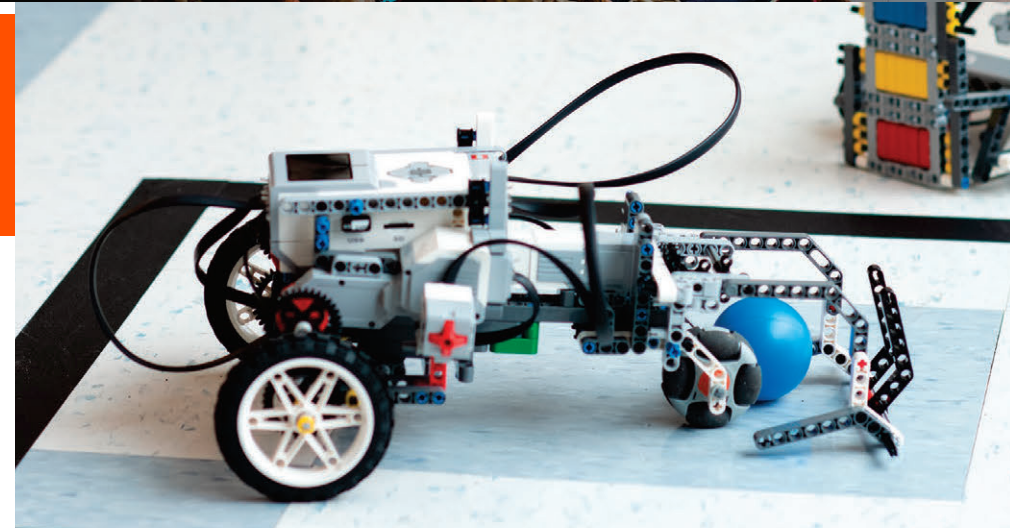
SUFFIELD'S TECHNOLOGY AND COMPUTER SCIENCE CURRICULUM TEACHES STUDENTS TO:

- Become fluent in computer skills and develop an understanding of technology's role in society
- Learn all areas of technology from programming to emerging multimedia
- Embrace the use of computers and related technologies in all school departments



3 3-D PRINTERS & ONE LASER CUTTER

100 PERCENT OF CAMPUS BUILDINGS HAVE HIGH-SPEED WIRELESS ACCESS



The technology department offers courses for students with any level of interest in programming and computer science, including courses for students with no prior experience as well as advanced level courses for students looking to hone their programming skills. In addition, our independent study program is a unique opportunity for students to design their own experience and explore advanced concepts in depth. *Jason Healy / Chair, Technology Department*



100% OF SUFFIELD ACADEMY SENIORS GO ON TO HIGHER EDUCATION

285+ THE NUMBER OF COLLEGES AND UNIVERSITIES SUFFIELD SENIORS APPLY TO EACH YEAR

130+ THE NUMBER OF REPRESENTATIVES FROM DIFFERENT COLLEGES AND UNIVERSITIES WHO VISIT CAMPUS ANNUALLY TO MEET WITH SENIORS



Find the right College for you

A SAMPLING OF COLLEGES & UNIVERSITIES WHERE MEMBERS OF OUR LAST FOUR GRADUATING CLASSES ENROLLED:

Amherst College
Art Institute of Chicago
Babson College
Barnard College
Bates College
Bentley University
Boston College
Boston University
Bowdoin College
Brandeis University
Brown University
University of California, Berkeley
College of Charleston
University of Chicago
Claremont McKenna College
Clemson University
Colby College
Colgate University
Columbia University
Colorado College
University of Colorado
Columbia University

University of Connecticut
Connecticut College
Cornell University
Dartmouth College
Davidson College
University of Denver
Davidson College
Duke University
University of Edinburgh
Elon University
Emory University
Fordham University
Franklin & Marshall College
George Washington University
Georgetown University
Gettysburg College
Hamilton College
College of the Holy Cross
Johns Hopkins University
Kenyon College
Lafayette College
Lehigh University

Loyola University
University of Miami
Cornell University
McGill University
Middlebury College
Mount Holyoke College
New York University
Northeastern University
Northwestern College
University of Notre Dame
Oberlin College
University of Pennsylvania
Parsons School of Design
Pitzer College
Princeton University
Providence College
Rensselaer Polytechnic Institute
University of Richmond
Rochester Institute of Technology
University of Rochester
Santa Clara University
Savannah College of Art & Design

Skidmore College
University of Southern California
Southern Methodist University
University of St. Andrews
St. Lawrence University
Swarthmore College
Syracuse University
Trinity College
Tufts University
Tulane University
Union College
Vassar College
Villanova University
University of Virginia
Wake Forest University
Washington and Lee University
Washington University in St. Louis
Wesleyan University
Wheaton College
University of Wisconsin
Worcester Polytechnic Institute
Yale University



THE FOUR-YEAR COLLEGE COUNSELING PROGRAM

College admissions has become increasingly complex and competitive. Suffield Academy offers a unique four-year college counseling program. This is a major area of commitment and focus at our school. At our school we help you evaluate your achievements and goals so that, ultimately, the college or university you choose to attend will be the right “fit.” We are proud of the range of interesting colleges and universities our students attend each year.

While we know our students are busy, we also recognize college is a topic on the minds of students and parents. Suffield Academy’s approach to college counseling includes an innovative four-year program. The goal is to expose students to the search and application processes early and in a developmentally appropriate fashion. Every student is annually involved in this comprehensive program. The department is located in the 3,000-square-foot Hoffman College Counseling Center in the heart of Suffield’s academic quadrangle.

Our goal is to take the stress out of getting into college and remind students that the focus should be on the journey, not the destination. *Ann Selvitelli / Director of College Counseling & Leadership*



Be yourself. Have fun, and Feel supported

A large bell hangs from a wooden frame in the foreground. In the background, three students are sitting on a bench, looking out over a green field towards a sunset. The sky is a mix of orange, yellow, and blue. The title "Life at Suffield" is written in a white, cursive font across the middle of the image.

Life at Suffield

**IF YOU COME TO SUFFIELD, YOU WILL JOIN
A COMMUNITY THAT WILL EMBRACE YOU.**

You will form friendships with people from around the world while sharing meals, living together, and working with each other in a variety of activities. You will be given the chance to challenge yourself in the classrooms and on the playing fields. You will be encouraged to try new things such as creating pottery, being part of a play, taking photos, or learning an instrument. Students, faculty, alumni, and visitors all report the same thing: "Suffield Academy is a warm, friendly environment."

Hiking trails, a cross-country course, a climbing wall, high and low ropes courses, and state-of-the-art training facilities exemplify Suffield's active lifestyle. A wide variety of student organizations—and the opportunity to start any group you can think of—make Suffield a busy, exciting school. Explore, learn, and expand your horizons and your circle of friends at Suffield. If you come here you will be embraced by our community, and depart both enriched and better prepared for college.



THE ADVISOR PROGRAM

The Suffield Academy faculty is comprised of 85 men and women, each of whom acts as an advisor to Academy students. An advisor's role is to encourage and guide students throughout their Suffield journey. Each spring students are given the opportunity to select their advisor for the following academic year. The typical advisee group consists of seven students and meets regularly each term. In addition to scheduled meetings, advisors host dinners, attend advisee sporting events, and offer overall encouragement during the school year. Advisors play a vital role in the Suffield community. They are more than a mentor for students; they are also an important resource for parents and other faculty members.



Growing up in a dual cultural household presented both benefits and challenges in my quest through childhood. At Suffield, my unique background broadened my perspective of the world and helped me form relationships with peers and adults. This myriad of nationalities has enhanced my interculturality, helped me embrace who I am, and prepared me to welcome new opportunities with an open mind and heart.

Annie Daramola / Student

SUFFIELD ACADEMY MAINTAINS A TIGHT-KNIT COMMUNITY OF 410 STUDENTS, WITH AN AVERAGE OF 280 BOARDERS AND 130 DAY STUDENTS. STUDENTS COME TO OUR SCHOOL FROM ALL PARTS OF THE WORLD. WHETHER YOU WILL BE A BOARDING OR DAY STUDENT, YOU WILL JOIN AN EXCITING AND VIBRANT COMMUNITY. FACULTY MEMBERS SERVE AS TEACHERS, DORM PARENTS, ADVISORS, AND COACHES. BECAUSE OUR FACULTY MEMBERS LIVE ON CAMPUS, THEY ARE AVAILABLE TO HELP YOU SUCCEED IN ALL YOU DO HERE. THE CLOSE RELATIONSHIPS BETWEEN STUDENTS AND TEACHERS ARE AT THE HEART OF WHAT MAKES SUFFIELD SPECIAL.





SCHOOL TRADITIONS

Suffield's commitment to sustaining a strong community is apparent in many school traditions. Students and faculty gather for family-style lunch each day. There is a school meeting every Monday where guest speakers address the community. There are also several annual events that help define the strong bonds on campus, including an Earth Day celebration, Alumni Leadership Day, and the Kent-Davis Public Speaking Contest.



OUR COMMUNITY IS LARGE ENOUGH TO ALLOW FOR A RICHLY DIVERSE POPULATION, YET SMALL ENOUGH TO MAKE EVERY FACE ON CAMPUS FAMILIAR—STUDENTS AND FACULTY FORM STRONG BONDS HERE.



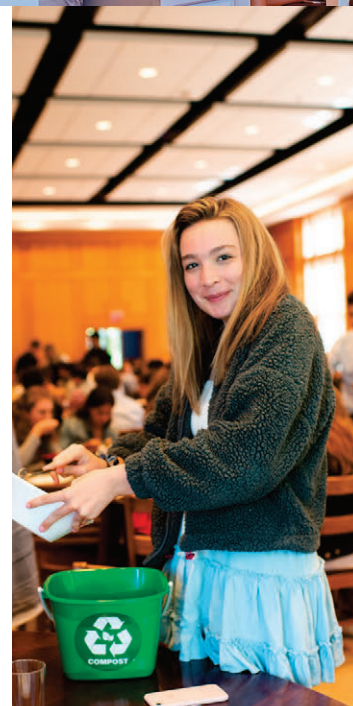
9TH & 10TH GRADE PROGRAM

By emphasizing self-discipline, focus, and study skills across all programs, your teachers in the 9th & 10th grades help you prepare for junior and senior year. This unique program includes courses designed specifically to help you adjust to life at Suffield and ensures that your teachers, advisors, and the academic dean are directly involved in shaping a successful Suffield experience for you.



WORK PROGRAM

An essential component of life at Suffield Academy is the internal community service program that we call the Work Program. The philosophy of the Work Program is to promote pride in the school, respect for others, and a sense of responsibility and leadership. Each term, students choose their role. These range from helping with dining services to the library to the admissions office or snack bar.



Choosing to attend Suffield Academy was the best decision I ever made. I am thankful for all the wonderful opportunities, but most importantly I am grateful for the friendships and personal connections I made with students and faculty.

Marina Ghazarian / Student



DORM LIFE

Suffield has 13 dorms for our boarding students. The small size of the dorms and the close supervision of faculty members make each dorm a family. It is common to see students hanging out with faculty members and their families. This closeness and family-like atmosphere sets Suffield apart from other schools.





Give Back

COMMUNITY INVOLVEMENT

Suffield students are passionate about making a positive impact on the world. This philosophy lies at the heart of the school's noted Leadership Program. In addition to this, Suffield students annually select a charity to support with a series of campus-wide fundraisers. Students nominate several organizations and a school-wide vote determines the recipient. The past few years have seen proceeds go to providing help to the following organizations: Hands for Hunger, TeamBrent, Akshaya Patra, Circle of Care, Parent Project Muscular Dystrophy, Spouts of Water, Hearts of the Father Outreach, and many more.

The fundraising activities provide annual highlights for the community and provide Suffield students a platform to give back as leaders. Suffield students have raised over \$500,000 in the past decade in support of various charities.

COMMUNITY OUTREACH

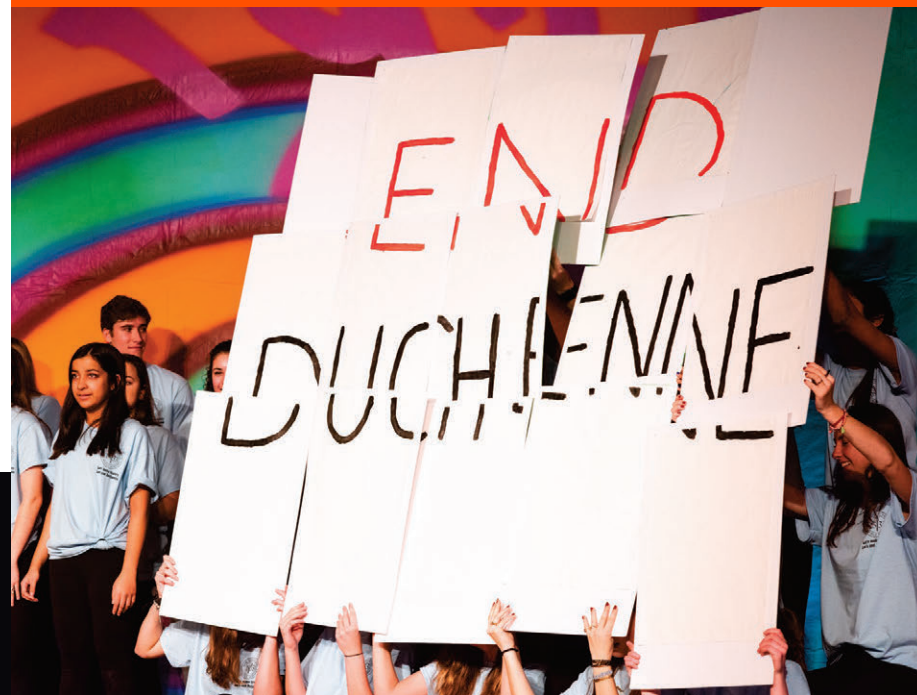
In addition to internal community service, Suffield Academy offers a community outreach program. This is an after-school program designed to offer students an alternative to sports for one term each year. This is a positive way for students to meet their afternoon program requirement. Students volunteer in a variety of settings: after-school programs, working with the elderly, helping at the public library, or training for ambulance volunteer programs.

By taking on supportive roles throughout our community, Suffield students gain a sense of responsibility and set a positive example for others. *Isabella Attianese / Student*



The Community Outreach program at Suffield is a wonderful alternative to an afternoon athletic commitment and provides our students a great source of satisfaction—it is important to connect with these local organizations and establish working relationships.

Jennifer Lord / Assistant Director of Admissions



pursue your Passions

Suffield Clubs and Organizations provide plenty of ways to get involved. Our diverse student body creates many interests. These are reflected in our varied clubs and activities. The following is a partial list of opportunities for student involvement and leadership.

- Academic Peer Tutors
- A Capella Club
- Admissions Tour Guide Leaders
- Alumni Leadership Committee
- Anime Club
- Book Club
- Chapel Committee
- Chemistry Club
- Chinese Club
- Computer Resource Club
- Cooking and Baking Club
- Current Events Club
- Cycling Club
- Dining Hall Headwaiters
- EFFECT [Sustainability Club]
- Ethics Club
- European Club
- Fencing Club
- Film Club
- Christian Fellowship [FOCUS]
- French Club
- Gay Straight Alliance
- Girls in STEM Club
- Girl Up
- Improv Club
- Investment Club
- Jewish Organization of Students [JOS]
- Library Proctors
- Math Club
- Mentor Leaders Program
- Model UN Club
- Multicultural Organization
- Pen Pal Club
- Philosophy Club
- Pioneer [School Yearbook]
- Political Action Club
- Quiz Team
- Special Olympics
- Spirit Committee
- Student Council Leaders
- Students of Color Organization [SOC]
- Teaching Assistants
- The Bell [School News Feed]
- Work Program Inspectors



Become an

Everyone has a strength. A great school helps students build on those strengths and develop core leadership qualities. Suffield students go on to discover that they can do things they never thought possible.

Jeff McElnea / Suffield Academy Alum & Former Trustee

THE LEADERSHIP PROGRAM

Many schools discuss the importance of leadership training, but at Suffield Academy we have fully established programs for all students to develop leadership skills. The Suffield Academy Leadership curriculum impacts every student at the school. It begins with a focus on personal mastery skills, moves to an emphasis on community service efforts, and culminates in practical experiences for all seniors.

Students in grades 9, 10, and 11 take required year-long courses where the curriculum emphasizes experiential learning and guided self-discovery. The leadership experience at Suffield concludes in the 12th grade, when every senior holds at least one leadership position and presents a personal speech to the community at chapel. During the spring term, the future graduates participate in a senior seminar program that focuses on topics such as financial awareness, digital footprints, and Title IX.



20* SENIOR LEADERSHIP POSITIONS TO CHOOSE FROM

30* STUDENT LEADERSHIP POSITIONS OFFERED ANNUALLY

The Leadership Program helped me become more thoughtful, independent and determined. Most importantly, it helped me gain confidence in myself and inspire others to express their thoughts and opinions. *Maggie O'Shea / Student*



Make a Difference

**40,000
LBS**

THE AVERAGE
AMOUNT OF
COMPOST
REDIRECTED
FROM SUFFIELD
ACADEMY TO
BLUE EARTH
COMPOST
DURING AN
ACADEMIC
SCHOOL YEAR

Our concern for the environment led us to establish an award for Suffield students who show a commitment to using less energy. It has led to some fascinating, creative projects on campus.

Dave & Janet Leishman P'09, '11, '14 / on The Leishman Family Energy Conservation Award



Rising temperatures cause coral bleaching, damaging the ecosystem and negatively impacting general oceanic biodiversity. We've taken amazing steps at Suffield by introducing a compost initiative to significantly reduce our food waste. *Alana Colaccino / Student*

ENVIRONMENTAL LEADERSHIP

Sustainability and environmental responsibility are very important to Suffield Academy. This commitment is reflected in large scale projects like our extensive solar-energy array and comprehensive composting program. Yet it is also seen in campus groups, our SOLO Program, and academic classes focused on the environment. There are various school prizes recognizing students who make environmental issues a priority. Suffield Academy has several major initiatives focused on sustainability. Suffield partners with Blue Earth Compost to turn waste from the dining room into organic fertilizer and fuel. Each member of the community is supplied a YETI reusable tumbler to help eliminate single-use items. Suffield also works closely with Stone House Group to assess, reduce, and offset carbon emissions.

EFFECT is a student organization whose primary focus is to educate the school community on issues related to the environment. EFFECT was instrumental in enhancing Suffield's recycling program and hosts Earth Day programs. Suffield's commitment to sustainability can be seen and felt all around campus and is reflected in an array of alumni careers related to environmentalism.





Compete at the highest level

ATHLETICS

The athletic program at Suffield Academy has a long and storied tradition. Our varsity teams regularly earn or compete for New England Championships. Yet athletics at Suffield are about much more than winning and losing. We believe sports build and strengthen character.

Our program will encourage you to stay in good physical shape, make new friends, learn the rules of fair play and sportsmanship, and benefit from being a member of a team. Winning may be the immediate end, but it is in the pursuit of excellence where we develop values that stick with us. When you join a team at Suffield Academy, you will learn about commitment. You will also meet student-athletes and coaches who love this school. So come to campus and feel the Tiger Pride!



37 ATHLETIC OPTIONS ARE OFFERED AT SUFFIELD ACADEMY EACH YEAR





28 VARSITY PROGRAMS

35 SUB-VARSITY TEAMS

9 NON-COMPETITIVE OPTIONS



The athletics program at Suffield is deeply rooted in our school's mission to provide every student an opportunity to cultivate talents and explore new interests in a structured, supportive setting. Suffield's athletic programs encourage focus on self-discipline, teamwork, and intense effort. More importantly, athletics participation fosters a sense of identity and personal growth by giving all students a chance to learn lifelong lessons through team competition. *Drew Gamere / Co-director of Athletics*

Despite the grueling practices and early mornings, I will always have a special place in my heart for these teams. I couldn't have asked for a better support system through my coaches and teammates who have become like family. *Samantha Hagberg / Student*

ATHLETIC FACILITIES

Suffield offers its students top-level athletic facilities. The Appleton H. Seaverns Athletic Center and the nine playing fields around campus support our programs. The Courtney Robinson '88 Outdoor Leadership Center includes a 35-foot indoor rock climbing facility and outdoor high and low ropes courses. A turf field with lights was constructed in 2009, and in 2010 our indoor swimming pool was renovated and Tisch Field House opened—a beautiful 30,000-square-foot facility housing basketball, tennis, squash, and volleyball courts, athletic offices, and a training facility and weight center. The summers of 2012 and 2019 saw additional renovations to the track and Holmes Field by adding synthetic turf and lights. A new rowing center and the Hillary Rockwell Cahn '88 Balance Barn opened in 2015. In short, our athletic facilities are outstanding.



31 STUDENT/ATHLETES COMMITTED TO PARTICIPATE IN NCAA ATHLETICS IN 2020



Alumni making a Difference



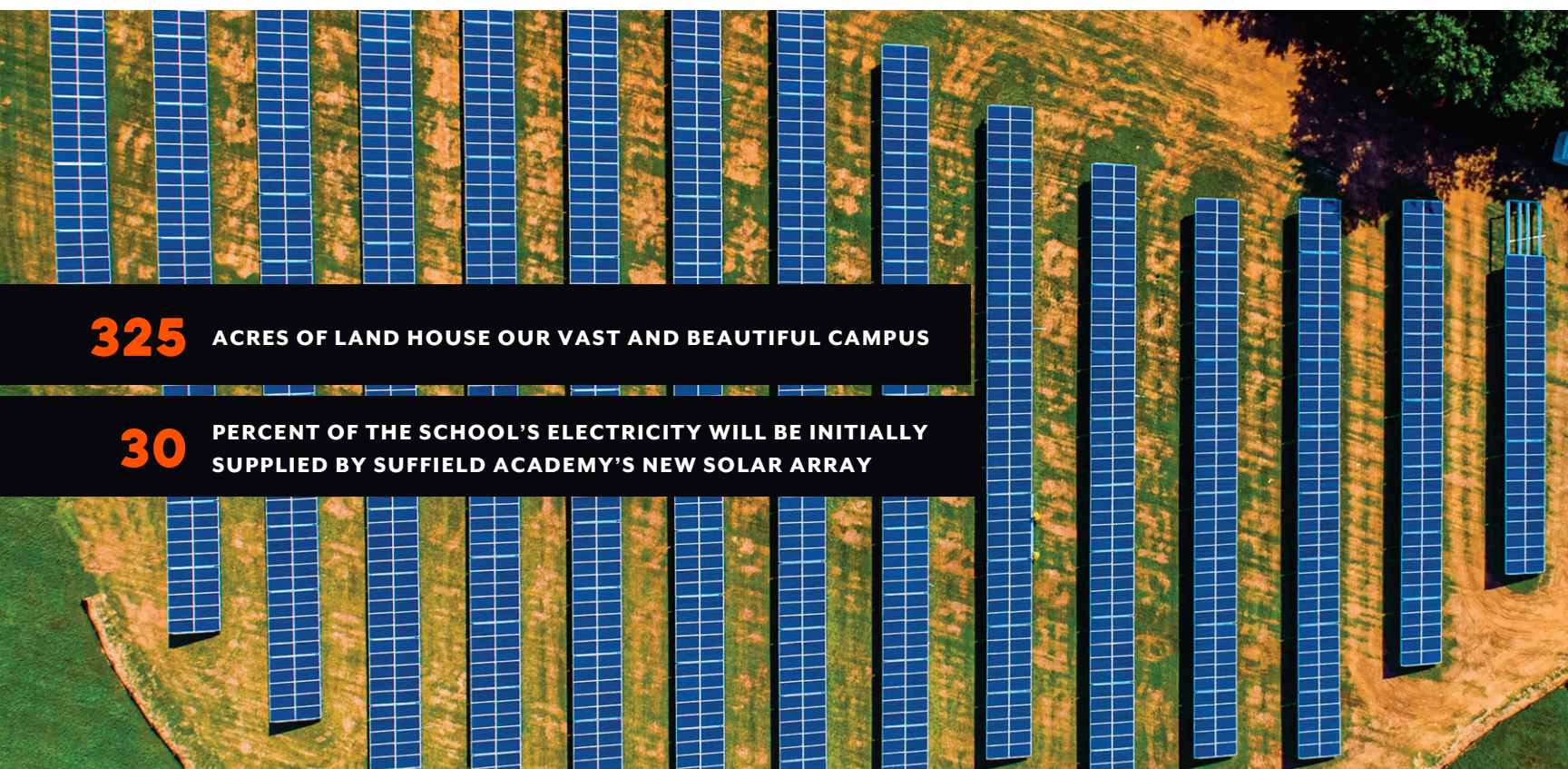
SUFFIELD ACADEMY HAS MORE THAN 4,000 **ALUMS** DOING FASCINATING WORK **AROUND THE WORLD**. BELOW IS A SAMPLING OF SOME PURSUITS OF SUFFIELD GRADUATES.

Dr. John Adler '72	Professor of Neurosurgery / Stanford University Medical Center
Stewart Alsop II '71	Venture Capitalist
Richard C. Anthony '63	Golf Course Planner
Pia Bungarten '75	International Relations and Politics Expert
May Chow '03	Executive Chef, Owner / Little Bao and Happy Paradise
John Cook II '82	Emmy® Award-Winning Re-recording Mixer
James Craig '60	Veteran / Winner of the Purple Heart, Two Silver Stars, and Three Bronze Stars
The Honorable George B. Daniels '71	United States District Court Judge / Southern District of New York
Saudia Davis '96	Founder / GreenHouse Eco-Cleaning
Sarah Birmingham Drummond '89	Dean of Faculty & V.P. for Academic Affairs / Andover Newton Theological School
Adam Greenberg '98	Executive Chef, Owner / Coconut Club, Washington D.C.
Thomas Greene '87	Founding President / Vermont College of Fine Arts
Gerard Hall '77	Founder, President and CEO / SportsMEDIA Technology Corporation [SMT]
Mark Hosenball '69	Investigative Journalist / Reuters
Kristin Hostetter '86	Editor-in-Chief at SNEWS / The Voice
Peter Kircher '69	Peace Corps Volunteer
Andrew Kotchen '90	Award-Winning Architect / Workshop/APD
Archer Mayor '69	Mystery Writer
Jim Morin '71	Political Cartoonist / <i>Miami Herald</i>
Dennis Moynihan '82	Rear Admiral / Chief of Information for the United States Navy
Grace Obama-Layat '87	Attorney / Legal Aid Society of New York
Janice Lee Logan '99	Partner at Morgan Lewis
Leigh H. Perkins '71	Chairman & Former President / The Orvis Company
Tor Peterson '82	Director of Coal/Coke Commodity Department / Glencore International
Charles S. Prouty '63	Executive Assistant Director of Law Enforcement Services / FBI
Nick Oleksak '02	Owner / Bantam Bagels
Miye Oni '16	Professional Basketball Player / NBA
Matt Rembe '88	Executive Director of Los Pablanos / New Mexico
Dominique Smookler Roberts '86	Radio Personality
Jack Robinson '60	Environmentally Conscientious Financial Manager
Barry Scherr '63	Professor of Russian / Dartmouth College
Mike Sheridan '58	World Famous Volcanologist
Manny Simons '00	Biomedical Engineer
Mark Tenerowicz '87	ER Doctor
James S. Tisch '71	President and CEO / Loews Corporation
Tener Goodwin Veenema '76	Chief Executive Officer / The TenER Consulting Group
Gretchen Schwabe Wilcox '77	Founder and CEO / G.S. Wilcox & Company
Christian Wilkins '15	Professional Football Player / NFL
Stephanie Winston Wolkoff '89	Fashion and Entertainment Executive
Sarah Zellweger '04	Owner / SZ Blockprints, Sustainable Clothing Design

A space to be Mindful

In the past decade, Suffield Academy has raised more than \$80 million through gifts from alumni, parents, and friends. Over \$60 million has been invested in campus facilities, making Suffield's physical plant strikingly modern and beautiful. Recent additions include a new science center, athletic center, dance studio, college counseling center, photography darkroom, dining room, student union, and unique space for healthy lifestyle activities called The Balance Barn.

Located on the western part of campus, next to the Courtney Robinson '88 Leadership Center, The Balance Barn provides a place to decompress, alleviate stress, and focus on overall health and wellness. Activities include meditation, yoga, and mindfulness classes. The program is available to all students, with offerings during mornings, evenings, and weekends.



Suffield Academy was a completely new environment for me. At first I was nervous to be myself, however, within the first two months of school I was part of a warm and welcoming community. I wouldn't trade this experience for anything. *Sophia Roche / Student*



It's fabulous to have a tranquil space on campus where students and faculty can "untether" from their phones and busy lives to focus on their breath, clear their mind, and renew.

Hillary Rockwell Cahn / Director of The Balance Barn



EACH YEAR MORE THAN 1,000 STUDENTS APPLY FOR A SPOT AT SUFFIELD ACADEMY. THIS STRONG INTEREST ALLOWS OUR ADMISSIONS OFFICE TO IDENTIFY TALENTED STUDENTS WHO WILL HAVE A SIGNIFICANT IMPACT ON OUR COMMUNITY. MOST IMPORTANTLY, WE SEEK ENTHUSIASTIC PEOPLE WHO WILL JOIN A STUDENT BODY THAT EXUDES SPIRIT AND PRIDE IN THE SCHOOL.



I believe strongly in Suffield Academy and all it does to help students grow and prepare for the future. I also share the values of the school and think the combination of rigor, structure, and genuine support makes for a great environment. *Sean Atkins / Director of Admissions & Financial Aid*



HOW TO APPLY

ADMISSIONS INTERVIEW & CAMPUS TOUR

- ☞ Contact our admissions office to schedule your official visit - Phone: 860-386-4440 - Email: saadmit@suffieldacademy.org
- ☞ Explore the Suffield Academy campus online - suffieldacademy.org

CHOOSE ONE OPTION TO APPLY

- ☞ The Standard Application - ssat.org/admission/the-sao
- ☞ Gateway to Prep Schools - gatewaytoprepschools.com/school/suffield-academy

IMPORTANT DATES & INFORMATION

- ☞ Application Deadline - January 15
- ☞ Standardized Testing Websites
 - The Secondary School Admission Test [SSAT] - ssat.org - Suffield Academy Code: 7558
 - Test of English as a Foreign Language [TOEFL] - toefl.org - Suffield Academy Code: 8627
- ☞ Notification to Students & Families - March 10 [for candidates who complete the admissions process by January 15]
- ☞ Admissions, Financial Aid, & Tuition Questions
 - Contact Sean Atkins, Director of Admissions & Financial Aid - Phone: 860-386-4440 - Email: satkins@suffieldacademy.org
- ☞ For Additional Information
 - Find out more about the application process - suffieldacademy.org/visit - suffieldacademy.org/internationalstudents

You're going to Love it Here



VISIT SUFFIELD

The town of Suffield, Connecticut, is an historic residential community with a population of 14,000. Located in a beautiful region of forests and farmland sprinkled in the Connecticut River Valley, the town maintains the character and warmth of old New England. Suffield Academy sits on a 325-acre campus that is flanked by Main Street houses to the east and rolling hills to the west.

Conveniently located between the metropolitan cities of Boston and New York, Suffield offers the appeal of a small town, with the art and culture of nearby big cities. Within 20 minutes of Suffield are Hartford (Connecticut), one of the oldest cities in New England, and Springfield (Massachusetts), home of the Basketball Hall of Fame.

DISTANCE IN MILES TO SUFFIELD ACADEMY FROM:

- 134** NEW YORK CITY
- 104** BOSTON, MASSACHUSETTS
- 18** HARTFORD, CONNECTICUT
- 13** SPRINGFIELD, MASSACHUSETTS
- 8** BRADLEY INTERNATIONAL AIRPORT

At Suffield Academy, and everywhere in between, I've learned that home really is where your heart is. It is the place where we grow into the best versions of ourselves. I want to thank all of the faculty and people at our school who help maintain this supportive community that allows for students to grow and learn from their mistakes. Suffield will always be a home for us. *Allie Mohr / Student*



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CLOSING FROM THE HEAD OF SCHOOL

As I hope you can tell from this catalog, Suffield Academy is a special school with tremendous clarity of purpose. I am proud of our talented students and faculty, our gorgeous campus, and our commitment to common goals and values. There is an emphasis here on helping each student succeed and focusing on the distance they travel during their years on the Suffield campus. We care about what it feels like to be at Suffield. This is a school that combines challenging academics and high standards with an encouraging, supportive faculty. It is this atmosphere that has led our school to new heights.

We take our mission statement to heart in all we do at Suffield. It is an essential part of who we are, guiding our philosophy and program. The success stories we see each year are remarkably uplifting—whether they are graduates enrolling at the most selective colleges and universities in the United States, students heading out to focus on areas they had never tried before arriving here, or most importantly, young women and men leaving with self-confidence and the knowledge that they have the skills to succeed.

There is so much more going on at Suffield than what you see in the classroom. Students come to this small town from all parts of the world, dedicating themselves to their studies and to self-discovery. Everywhere you look on campus there is another interesting story, and each year brings new surprises as students discover unknown talents. Sometimes it is the sports star who unearths an affinity for acting, or the technology whiz who is surprised to find a touch at the potter’s wheel. You just never know what hidden talents will emerge. What I do know, however, is that Suffield students work hard, treat others with kindness, are respectful of the world around them, and are extremely proud of our school. These values are important to us. Hillary and I love leading this really special place, and helping further Suffield’s long tradition of offering an exceptional experience for talented and motivated young men and women.

We hope you will strongly consider Suffield as a place to continue your education. This is a community that can have a profound impact on your life, where you can make lifelong friendships with peers and teachers, and where you can make a difference. Please visit campus to see what I mean, and to think about how far you can go here at Suffield.



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MISSION Suffield Academy is a coeducational, independent secondary school serving a diverse community of boarding and day students. Our school has a tradition to scholarship and a respect for individual differences guide our teaching and curriculum. We engender among our students a sense of responsibility, and they are challenged to grow in a structured and nurturing environment. The entire academic, athletic, and extracurricular experience prepares our students for a lifetime of learning, leadership, and active citizenship.

NON-DISCRIMINATION Suffield Academy does not discriminate on the basis of sex, race, color, religion, creed, national or ethnic origin, citizenship, physical attributes, disability, age, or sexual orientation. We administer our admissions, financial aid, educational, athletic, extracurricular, and other policies so that each student is equally accorded all the rights, privileges, programs, and facilities made available by the school.

Esse Quam Videri: To be, rather than to Seem



SUFFIELD ACADEMY

185 NORTH MAIN STREET SUFFIELD, CONNECTICUT 06078