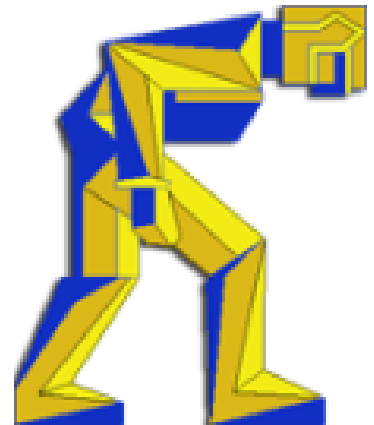


Joliet Township High School
Activities & Athletics
Handbook
2020-2021



JOLIET TOWNSHIP HIGH SCHOOLS

Athletic Contacts

www.jths.org

Joliet Central High School
201 E. Jefferson St.
Joliet, IL 60432
Principal- Shad Hallihan
shallihan@jths.org

Joliet West High School
401 N. Larkin Ave.
Joliet, IL 60435
Principal-Teresa Gibson
tgibson@jths.org

Joliet Central Athletic Director
Jen Doede
815-727-6721
815-727-6833 fax
jdoede@jths.org

Joliet West Athletic Director
Steve Millsaps
815-727-6920
815-727-6567 fax
smillsaps@jths.org

Joliet Central Asst Athletic Director
Kevin Fitzgerald
815-727-6720
815-727-6833 fax
kfitzgerald@jths.org

Joliet West Asst Athletic Director
Chuck Rumpf
815-774-1650
815-774-6567 fax
crumpf@jths.org

Central Athletic Office Secretary
Renee Rink
815-727-6720
815-727-6833 fax
rrink@jths.org

West Athletic Office Secretary
Christi Cardwell
815-774-6568
815-774-6567 fax
ccardwell@jths.org

Off-Campus Facilities

Channahon Park: McClintock Road, 1 mile east of I-55, Channahon – 815-467-7275

Crest Hill Lanes: 905 Theodore St, Crest Hill - 815-722-1089

Inwood Athletic Complex: 3000 W Jefferson St, Joliet - 815-741-7114

Inwood Golf Course: 3200 W Jefferson St, Joliet - 815-741-7265

Joliet Town & Country Lanes: 2231 W Jefferson St, Joliet - 815-725-1231

Wedgewood Golf Course: 5001 Caton Farm Rd, Plainfield - 815-741-7270

Woodruff Golf Course: 621 N Gougar Rd, Joliet - 815-741-7272

IHSA Athletic Season Dates for 2020-2021

Please check the websites for updated sports information:

il.8to18.com/jolietcentral [il.8to18.com/joliet west](http://il.8to18.com/jolietwest) www.jths.org

Fall Sports: August 10 – October 24, 2020

Boys Cross Country
Girls Cross Country
Boys Golf
Girls Golf
Girls Swimming
Girls Tennis

Winter Sports: November 16, 2020 – February 13, 2021

Boys Basketball
Girls Basketball
Boys Bowling
Girls Bowling
Competitive Cheer
Competitive Dance
Boys Swimming
Wrestling

Spring Sports: February 15 – May 1, 2021

Badminton
Football
Boys Soccer
Girls Volleyball

Summer Sports: May 3 – June 26, 2021

Baseball
Girls Soccer
Softball
Boys Tennis
Boys Track & Field
Girls Track & Field
Boys Volleyball

Joliet Central and West Head Coaches

<u>Sport</u>	<u>Sponsor</u>	<u>Location</u>
Badminton	Lisa Luangsomkham	Central
	Matt Almon	West
Baseball	Kevin Fitzgerald	Central
	John Karczewski	West
Basketball (Boys)	Larry Thompson	Central
	Jeremy Kreiger	West
Basketball (Girls)	Laura Brumfiel	Central
	John Placher	West
Bowling (Boys)	Ed Larson	Central
	Reggie Lee	West
Bowling (Girls)	Steve Perion	Central
	Jeff Bailey	West
Cheerleading	Jamal Bruce	Central
	Raven Moore	West
Cross Country (Boys)	Doug Cherry	Central
	Adam Conrad	West
Cross Country (Girls)	Neal Brockett	Central
	Matt Almon	West
Football	TBD	Central
	Bill Lech	West
Golf (Boys)	Ed Larson	Township
Golf (Girls)	Jim Grzetich	Township
Poms	Stephanie Phillips	Central
	Jennifer Cryder	West
Soccer (Boys)	Erick Estrada	Central
	Mike O'Shea	West
Soccer (Girls)	Stephanie Phillips	Central
	Alan Stewart	West
Softball	Corinne Zimmerman	Central
	Heather Suca	West
Swimming (Boys)	Cameron Barnish	Township
Swimming (Girls)	Nick Koenig	Township
Tennis (Boys)	Kit Gillman	Township
Tennis (Girls)	Kit Gillman	Township
Track (Boys)	Brian Reed	Central
	TBD	West
Track (Girls)	Kelly Halusek	Central
	Joe Tucker	West
Volleyball (Boys)	Kevin O'Connell	Central
	Neil Lucchetti	West
Volleyball (Girls)	Vivian Helwich	Central
	Al Mart	West
Wrestling	Patrick McGovern	Central
	Chuck Rumpf	West

Joliet Central and West Activity Sponsors

<u>Activity</u>	<u>Sponsor</u>	<u>Location</u>
Band	Don Stinson	Central
	Eric Wellman	West
Bass Fishing	Brian McGovern	Central
	John Barber	West
Chess	Rodney Coatney/Ernest Crim	Central
	Wes Ringfelt	West
Choral	Steven Pyter	Central
	Timothy DeBoer	West
Contest Play	Joseph Hoyt	Central
	A.J. Galli	West
Group Interpretation	Joseph Hoyt	Central
	Kristen Blake	West
Mathletes	Steve Seper/Melissa Magnuson	Central
	Dan Spradley/Danielle Perez	West
National Honor Society	Elizabeth Sullivan	Central
	Wes Ringfelt	West
Newspaper	VanDyne Martz	Central
	Jennifer Galloy	West
Orchestra	Peter Lipari	District
ROTC	Phil Jayko	Central
	Leonard Littlepage/Ben White	West
Scholastic Bowl	Gandi Scholte/Kelsey Duranty	Central
	Ken Poort/Michael O'Malley	West
Science Team	Marc Mandarino	Central
	Joy Otry/Erin Wagner	West
Speech	Joseph Hoyt/Ashley Samsa	Central
	Kristin Blake/A.J. Galli	West
Student Council	Matt Mullin/Misty Uher	Central
	Trina Diaz	West
Visual Arts	Marita Urbanik	Central
	Illiana Angel	West
Yearbook	Kelly Halusek	Central
	Jennifer Galloy	West

GENERAL INFORMATION

This information is prepared for the benefit of prospective and current students and parents at District 204 high schools. In addition to this information, there are other requirements and commitments, which are asked of participating students. They will be made known to the participants by the members of the school staff and/or by announcements at school. Where applicable, IHSA requirements, as published, must be met. Parents, as well as coaches and sponsors, are expected to be responsible for requiring that their participants adhere to this policy. This code is in effect seven days a week, 12 months a year, in season or out of season, whether school is in session or not.

PHILOSOPHY

The extra-curricular program in District 204 high schools is organized to allow for the fullest possible participation for those students willing to make a definite commitment to interscholastic participation and competition. Participating in extra-curricular activities is viewed by the school as a worthwhile endeavor to enhance adolescent development. Participation in the extra-curricular program is a privilege and, as such, carries certain expectations. Extra-curricular means all activities, inclusive, offered by the high school in addition to the curricular offerings. The important goals of the activities program are to offer students direction in developing healthful living habits, discipline, leadership, teamwork, citizenship skills, and respect for structure, rules, and responsibilities. It is to these ends that an "Extra-Curricular Participation Code" is established for those choosing to take part in the Student Activities program. Every student chosen to be a member of an extra-curricular activity will be offered the opportunity to practice, and whenever possible, to participate in contests relative to their demonstrated abilities. Important advantages of individual initiative, character, and teamwork can be developed only when there is team cooperation with established procedures. Team success without such cooperation is deemed impossible. No attempt to infringe on a student's individual rights is intended, and the school applies such standards on participants with the knowledge and recognition that the established goals of team spirit and morale, character development, and team success cannot be achieved by any other alternative.

PARTICIPATION FEE

The Board of Education may establish a schedule of fees for each student.

PARENT CONSENT / INSURANCE

District 204 does not assume financial or other responsibility for accidents incurred in participation. Parents' signatures on the Consent indicate that the parents acknowledge this lack of assumption of responsibility and further indicate that the parents indemnify and hold the District's Board, employees and agent harmless from any responsibility for damages or other costs associated with accidents. As pertains to athletics and some activities, parents must give consent for a son's/daughter's participation. The District 204 High School Extra-Curricular Participation Code requires the parent to certify that his/her son or daughter is covered for athletic and some activity participation by either family health and hospitalization insurance or health and hospitalization insurance purchased at the school.

WARNING OF RISK

Participation has inherent dangers and risks. Even though participation and practice are within the rules of the sport, there is still the danger of an injury. These injuries may include, but are not limited to, death, serious head, neck or spinal injuries that may result in complete or partial paralysis or brain damage. Serious injuries to any of the internal organs, bones, ligaments, muscles, tendons or other aspect of the muscular-skeletal system are possible. The injuries that may occur may affect future ability to participate in athletics or recreational activities, earn a living or engage in other business and social activities. The above stated parents' indemnification and hold harmless agreement is made with full knowledge of these dangers and risks. To attempt to avoid the possibility of injury, the participant must follow the coaches', sponsors', and athletic trainers' instructions regarding techniques, training, and team rules at all times and participate within the rules of the activity. Parents and participants should know that, while required precautions regarding blood borne pathogens will be taken, the danger of accidental exposure to body fluids still exists. All participants are encouraged to follow good hygiene and standard precautionary procedures. Parents and/or participants should communicate any possible exposure to the coach/sponsor or Athletic Trainer.

ATTENDANCE POLICY

Participants in extra-curricular activities are to be in attendance a full school day to be eligible for extra-curricular events on the day of the scheduled event. Absences on Friday when a weekend event is scheduled will not constitute ineligibility for that event. Exceptions to this rule are made only with permission of the Athletic Director. Emergencies and pre-arranged absences will not be considered absences.

RULES FOR EXTRA-CURRICULAR PARTICIPATION

Students participating in the extra-curricular activities program in District 204 will be obligated to observe the District 204 Discipline Policy as well as the following established requirements, or will be considered in violation of the Extra-Curricular Participation Code.

PARTICIPANTS MUST REFRAIN FROM:

1. Possession, consumption, purchase or sale of **tobacco** products.
2. **Alcohol Possession***, consumption, distribution, or purchase.
3. **Drug Possession***, consumption, or purchase of steroids or other controlled substances, look-alike drugs or drug related paraphernalia.
** Possession in numbers 2 and 3 is considered to be any presence while illegal transportation and/or consumption are taking place.*
4. **Theft**, possession of stolen property, or vandalism.
5. **Acts of violence**, or other acts considered unlawful in this or any other jurisdiction.
6. **Attending** a function where there is underage drinking of alcohol, usage of steroids or other illegal drugs, or look-alike drugs.
7. **Sale**, distribution of, or providing location for the illegal consumption of controlled substances or alcohol. (Such a violation will carry a 3rd offense penalty, which is a suspension from all District extra-curricular participation for one calendar year.)
8. **Hazing/Initiation** Hazing and bullying activities are strictly forbidden at any time and in any location. *Hazing* is any humiliating or dangerous activity expected of a student to belong to a team or group, regardless of his or her willingness to participate. (Adapted from the definition of *hazing* adopted by the National Federation of State High School Associations). *Bullying* is any physical or verbal act or conduct that has or can be reasonably predicted to place a student in reasonable fear of harm; cause a detrimental effect on a student's physical or mental health;

interfere with a student's academic performance; or interfere with a student's ability to participate in or benefit from school activities. (Adapted from the definition of *bullying* included in Board policy 7:180, *Prevention of and Response to Bullying, Intimidation, and Harassment*).

9. Sexual Harassment in any athletic/activity program or outside the program. District 204 Student Discipline Guidelines and School Board Policy #7.20 define Sexual Harassment as follows: An employee, district agent, or student engages in sexual harassment whenever he/she makes unwelcome sexual advances, requests sexual favors, or engages in other verbal or physical conduct of a sexual or sex-based nature.

HARASSMENT, INTIMIDATION OR BULLYING PROHIBITED

No person, including a District employee or agent, or student, shall harass, intimidate or bully another student based upon a student's sex, color, race, religion, creed, ancestry, nationality, physical or mental disability, gender identity, sexual orientation, status as homeless, actual or potential marital or parental status, including pregnancy, or other protected group status. The District will not tolerate harassing, intimidating or bullying conduct, whether verbal, physical, visual or electronic, that affects tangible benefits of education, that unreasonably interferes with a student's educational performance, or that creates an intimidating, hostile, or offensive educational environment. Electronic harassment, intimidation or bullying includes but is not limited to internet (YouTube, Face Book, My Space, Texting, E-Mail or other social networking sites), cellular phones or other electronic communication devices. Students may be disciplined for harassment, intimidation or bullying behavior that occurs off campus if the behavior causes a substantial disruption to the educational environment. Examples of prohibited conduct include name-calling, using derogatory slurs, or wearing or possessing items depicting or implying hatred or prejudice of one of the characteristics stated above.

Complaints of harassment, intimidation or bullying are handled according to the provisions on sexual harassment below. The Superintendent shall use reasonable measures to inform staff members and students that the District will not tolerate harassment, intimidation or bullying, such as by including this policy in the appropriate handbooks.

Sexual Harassment Prohibited

Sexual harassment of students is prohibited. Any person, including a District employee or agent, or student, engages in sexual harassment whenever he or she makes sexual advances, requests sexual favors, and engages in other verbal or physical conduct of a sexual or sex-based nature, imposed on the basis of sex, that:

1. denies or limits the provision of educational aid, benefits, services, or treatment; or that makes such conduct a condition of a student's academic status; or
2. has the purpose or effect of:
 - a. substantially interfering with a student's educational environment;
 - b. creating an intimidating, hostile, or offensive educational environment;
 - c. depriving a student of educational aid, benefits, services, or treatment; or
 - d. making submission to or rejection of such conduct the basis for academic decisions affecting a student.

The terms "intimidating," "hostile," and "offensive" include conduct that has the effect of humiliation, embarrassment, or discomfort. Examples of sexual harassment include touching, crude jokes or pictures, discussions of sexual experiences, teasing related to sexual characteristics, and spreading rumors related to a person's alleged sexual activities.

Students who believe they are victims of sexual harassment or have witnessed sexual harassment, are encouraged to discuss the matter with the student Non-Discrimination Coordinator, Building Principal, Assistant Building Principal, Dean of Students, or a Complaint Manager. Students may choose to report to a person of the student's same sex. Complaints will be kept confidential to the extent possible given the need to investigate. Students who make good faith complaints will not be disciplined.

An allegation that one student was sexually harassed by another student shall be referred to the Building Principal, Assistant Building Principal, or Dean of Students for appropriate action.

The District's current Non-Discrimination Coordinator is the Assistant Superintendent for Educational Services and Complaint Managers are Pupil Personnel Services Coordinators, and any male/female Counselor or Dean of Students from Joliet Central High School, Joliet West High School, or Alternate School. At least one of these individuals will be female, and at least one will be male.

(School Board Policy 7:180 & 7:20)

NOTE: It is the obligation of the student to give notice to the school administration within seven calendar days if civil authorities are involved with an Extra-Curricular Participation Code violation. Violations of the above are considered together in terms of determining 1st, 2nd and 3rd levels of discipline, and are cumulative over a student's high school career.

DUE PROCESS

The following procedure will be employed with regards to Code of Conduct violations.

1. Athletic Director or Deans' office will initiate an investigation of code violation.
2. Prior to announcement of assigned consequences, the participant will be informed of the alleged violation and afforded an opportunity to make any statement on his/her behalf before a disciplinary committee.
3. If a violation of the Code of Conduct has been determined:
 - a. Parent/Guardian contact will be established to schedule a meeting date with the student, parent and school officials to discuss the code of conduct violation and consequences.
 - b. This meeting must occur within 24 hours of a determination of the violation, when practical, or the next school day following the determination of the violation.
 - c. If the parent/guardian is unable to meet within the stated time frame, the penalty will be imposed pending a meeting at a later date.
4. A follow-up letter will be sent to the participant and parents/guardians regarding the specific violation and administered consequences.
5. The right to review does not postpone the penalty imposition. The decision of the school officials shall be final and is not subject to further review.
6. Penalties imposed pursuant to the Code of Conduct relate to the participant's eligibility to participate in Joliet Township extracurricular and co-curricular activities only. Violations of the Code of Conduct do not preclude the imposition of penalties for violations of Joliet Township Academic Planner and District 204 regulations and policy where appropriate. Penalties imposed for rule violations conducted in the course of co-curricular activity shall not be in the form of grade punishment.
7. Where a penalty is imposed, the participant shall be removed from a leadership position (i.e. Student Council officer, captainship of an athletic organization and/or any other type of leadership role) in any extracurricular and/or co-curricular for the duration of the season/activity.

DISTRICT 204 PENALTIES FOR EXTRA-CURRICULAR PARTICIPATION CODE VIOLATIONS

1st Offense

Suspension from extra-curricular participation for the number of regularly scheduled contests listed in Table I, Column I and/or the activity participation listed in Table II, Column I. **CLARIFICATION:** If the season does not allow the participant to successfully complete the suspension, the suspension will carry over to the next season in which participation occurs. No awards will be given until the suspension is completed. The participant may be required to practice with his/her team during this period of suspension.

2nd Offense

Suspension from extra-curricular participation for the time listed on Table I, Column II, or Table II, Column II of the next regular season of participation, or the current season. The participant may be required to practice with his/her team during this period of suspension. If less than half of the regular season remains, this may result in dismissal from the team. Participant may not compete or practice and will receive no school award if dismissed from the team. If the season does not allow the participant to successfully complete the suspension, the suspension will carry over to the next season in which participation occurs.

3rd and Subsequent Offenses

Participant is suspended from all district extra-curricular participation for one calendar year. Nothing contained herein shall prohibit the District from increasing the consequences for violations of this Code or the District's disciplinary policies after consideration of the facts and circumstances of the offense, its impact on the student and others and its impact on the District.

All cases of discipline violations of the activities code will be reported to the Athletic Director in writing.

SELF-ADMISSION POLICY

Self-admission by student and/or parent to a certified employee of the school district of any behavior that could be construed as a violation of the Extra-Curricular Participation Code prior to the knowledge of school authorities, arrested, apprehended or detainment by law enforcement officials, or school officials, or before a school investigation has begun. Within these guidelines, a voluntary admission will count as a first or second offense and the student will not be suspended from his/her activity.

Communication of admission must occur prior to the next scheduled school day or scheduled school related function, or activity. The purpose of this option is to provide a mechanism in which the student/participant can receive assistance if the offense involves drugs, alcohol or other prohibited substances. The student will be required to attend an educational substance abuse program.

Voluntary admission may only be instituted one time during a participant's high school career and may not be used when a third offense has occurred.

A student may not employ voluntary admission if school officials have knowledge of a code violation.

TABLE I: PENALTIES FOR VIOLATIONS

Penalties for Violations

SPORT PROGRAM	FIRST OFFENSE	SECOND OFFENSE	THIRD OFFENSE
	CONTEST SUSPENSIONS	CONTEST SUSPENSIONS	1 CALENDAR YEAR SUSPENSION
Boys Baseball	8	18	Yes
Boys Basketball	4	11	Yes
Boys Cross Country	4	8	Yes
Boys Football	2	5	Yes
Boys Golf	4	8	Yes
Boys Soccer	4	9	Yes
Boys Swimming	4	7	Yes
Boys Tennis	4	9	Yes
Boys Track	4	9	Yes
Boys Volleyball	4	11	Yes
Boys Wrestling	4	9	Yes
Boys Bowling	5	10	Yes

Girls Badminton	4	8	Yes
Girls Basketball	4	11	Yes
Girls Bowling	5	10	Yes
Cheerleading	4	8	Yes
Girls Cross Country	4	8	Yes
Girls Golf	4	8	Yes
Poms	4	8	Yes
Girls Soccer	4	9	Yes
Girls Softball	8	18	Yes
Girls Swimming	4	7	Yes
Girls Tennis	5	10	Yes
Girls Track	4	9	Yes
Girls Volleyball	4	11	Yes

VIOLATION PENALTY FRAMEWORK CONTEST / PERFORMANCE

ACTIVITY	FIRST OFFENSE	SECOND OFFENSE	THIRD OFFENSE
	SUSPENSION	SUSPENSION	1 CALENDAR YEAR SUSPENSION
Bass Fishing	1	1	Yes
Chess Team	2	4	Yes
Drama Contest Play	1	1	Yes
Group Interpretation	1	1	Yes
Math Team	2	4	Yes
Scholastic Bowl	2	4	Yes
Science Team	1	1	Yes
Speech	2	4	Yes

Activity and Athletic Fee Structure for Joliet Township 2020-2021

The Joliet Township Board of Education has made the recommendation that Joliet Township High Schools charge a participation fee for Competitive Athletics and Activities that are not part of the current curriculum. An individual may be charged up to a maximum of \$100 per year for Athletic and Activity Fees.

The following **Athletics** have a **\$50 participation fee**:

Football	Cross Country	Girls Volleyball	Girls Tennis
Boys Soccer	Girls Golf	Boys Golf	Competitive Cheer
Poms	Boys Basketball	Girls Basketball	Wrestling
Girls Bowling	Baseball	Softball	Girls Track
Boys Track	Boys Volleyball	Badminton	Boys Tennis
Girls Soccer	Boys Bowling	Girls Swimming	Sideline Cheer
Boys Swimming	Competitive Dance		

The following **Competitive Activities** have a **\$25 participation fee**:

Science Team (Central and West)
Mathletes (Central and West)
Speech Team (Central and West)
Group Interpretation/Drama (Central and West)
Scholastic Bowl (Central and West)
Bass Fishing (Central and West)
Chess (Central and West)

The following **Activities** have **no participation fee**. They are non-competitive or curricular Activities. There is involvement in the SPC for these activities:

Literary Magazine (West)
Visual Arts (Central and West)
Newspaper (Central and West)
Yearbook (Central and West)
National Honor Society (Central and West)
Student Council (Central and West)
Band (Central and West)
Choral (Central and West)

JOLIET TOWNSHIP HIGH SCHOOL ACTIVITY BUS INFORMATION

ACTIVITY BUS SCHEDULE:	Activity	Departure Time
Shuttle to Off-Campus Athletic Facilities (Inwood, T&C, etc.) Central – Buses line up at the T&I Building West – Buses line up at the Larkin Turnaround		TBA
Home from each school	Activities & Athletics	TBA
Shuttle from Off-Campus Athletic Facilities	Activities & Athletics	TBA
Home from each school	Activities & Athletics	TBA

Schedule for the 2020-21 School Year

Additional Information

1. Activity buses are operated for Joliet Township High School students only. Students must be enrolled in a school-sponsored program or be a participant/spectator at a school-sponsored activity.
2. Students should report directly to the bus loading area at the conclusion of the program/activity and ride the first available bus.
3. Students must show the driver a Joliet Township High School ID to get on the bus. Students without an ID may ride the bus if the coach/sponsor or security person completes a referral and the student gives the referral to the driver. The driver will forward the referral to the dean.
4. Students who reside in busable areas (more than 1.5 miles from school) should be dropped within three blocks of their home. Students who reside within 1.5 miles of the school should be dropped within five blocks of their home.
5. Activity routes operate in designated attendance areas only. Drivers are not allowed to transport students from one school attendance area to another. Students must ride activity buses from their respective school (i.e. West students cannot ride a Central bus unless pre-approved by the Transportation Office).

Joliet Township High School Athletic Expectations

Winning Means:

Not quitting
Exceeding your perceived capabilities
Learning from your mistakes

Giving your all-your best effort
Being proud of your accomplishments
Having no regrets

Expectations of our Coaching Staff

- ⊕ Our coaches are teachers who mold an athlete mentally, as well as physically, and aid the athlete in realizing his/her potential.
- ⊕ Our coaches are enthusiastic motivators who help athletes set both realistic and idealistic goals for individual and team performance and improvement.
- ⊕ Our coaches realize that they are role models. They are to promote good sportsmanship through their conduct and respect of others.
- ⊕ Our coaches assist in enforcing the Code of Conduct, as well as school rules, and their own team policies.
- ⊕ Our coaches are loyal to Joliet Township, support the whole school program and encourage athletes' participation in athletics and activities.
- ⊕ Our coaches are professionals making decisions based on the best interest of our student-athletes.

Expectations of Our Athletes

- ⊕ Our athletes understand that their academic responsibilities come first and foremost.
- ⊕ Our athletes make a commitment to the success of the whole Joliet Township Program and keep the commitment on and off the field/court.
- ⊕ Our athletes engage in positive peer pressure and encourage their teammates to follow the code of conduct.
- ⊕ Our athletes have good work ethic and strive to obtain the realistic and challenging individual and team goals they have set with the assistance of their coach.
- ⊕ Our athletes are leaders for their teammates and classmates and demonstrate this leadership through their actions and sportsmanship on and off the field/court.
- ⊕ Our athletes respect their coaches, teammates, officials, fans, and all facilities and equipment.

Expectations of our Parents

- ⊕ Our parents display positive sportsmanship for the student-athletes and coaches of JTHS. (Nothing can erode teamwork faster than athletes doubting the capabilities of their coaches. It can be a cancer that affects performance, confidence, and the needed edge to compete in an athletic contest).
- ⊕ Our parents notify the coaching staff of any schedule conflicts in advance. They also notify the coaches of any illness or injury that our staff may not be aware of.
- ⊕ Our parents are good role models and demonstrate positive behavior and sportsmanship as fans.
- ⊕ Our parents are partners with school officials in promoting, understanding, and monitoring the code of conduct.
- ⊕ Our parents work with the coaching staff to maintain an open line of communication.
- ⊕ Our parents have realistic expectations of their student- athletes in the classroom, as well as, on the field encouraging their son/daughter to give their best effort- physically, mentally, and emotionally.
- ⊕ Our parents make an effort to understand the rules of the game.
- ⊕ Our parents make every effort to support their child through attendance at athletic contests, parent meetings, and awards night.

Issues that are appropriate to discuss with a coach:

Concerns about academic eligibility
Concerns about behavior, training rules, or the Athletic Code
Ways to help your athlete improve

Issues that are not appropriate to discuss with coaches:

Other athletes
Philosophy- play calling
Team or individual strategy
Playing time

Do not attempt to confront a coach before or after a practice or contest. These surprise meetings rarely accomplish anything and do not promote resolution. Call or ask the coach for a time to meet.

SPECTATOR CONDUCT AND SPORTSMANSHIP POLICY **FOR ATHLETIC AND EXTRACURRICULAR EVENTS**

Any person exhibiting unsportsmanlike, disruptive, or disrespectful behavior at any athletic or extracurricular event in the Joliet Township School District may be ejected from the event by the administrator or designee in charge of the event and/or denied admission to school events for up to a year after a board of Education hearing. The Superintendent or principal may exclude the person from attending future events pending a hearing before the Board of Education. Examples of unsportsmanlike, disruptive, or disrespectful conduct include but are not limited to:

- Verbal harassment of participants, players, coaches, officials, and fans from our school or the opposing school.
- Using vulgar or obscene language or gestures.
- Possessing or being under the influence of any alcoholic beverage or illegal substance.
- Throwing objects/projectiles without authorization from the administration.
- Failing to obey the instructions of a security officer or school district employee.
- Other inappropriate behavior deemed unsportsmanlike, disruptive, or disrespectful by the administrator or designee in charge of the event.

CONTEST REMOVAL RECOMMENDATIONS **FOR FUTURE JOLIET TOWNSHIP EVENT ATTENDANCE**

The following are actions that may be taken in the case of poor sportsmanship, disruptive, or disrespectful behavior at a Joliet Township School District athletic or extracurricular function:

- Required meeting with the appropriate administrator of the school involved in the event where the unsportsmanlike, disruptive, or disrespectful behavior was witnessed.
- Required meeting with the principal and other designated administrator of the school involved in the event where the unsportsmanlike, disruptive, or disrespectful behavior was witnessed.
- Board approval of future attendance by individual that exhibited unsportsmanlike, disruptive, or disrespectful behavior.
- Up to one-year suspension, after Board of Education hearing, from all Joliet Township School District athletic or extracurricular event.

Academic Eligibility- 9th-12th grades: All athletes must pass 5 credit subjects per semester (2.5 credits) and 25 hours (5 classes) per week. This office administers a weekly eligibility check. Coaches will receive a copy of the eligibility report weekly. **If a student is not passing 5 classes, the athlete would be ineligible for the following week (Sunday – Saturday).** If the athlete's status does not improve, he/she will remain ineligible. If a student does not pass five (5) high school credit courses the previous semester, the athlete will be ineligible the following semester.

Transfer Eligibility: Any student who transfers into our district must be cleared through the Central and/or West Athletic Offices. Athletes will not be eligible to compete **until the Activities and Athletic Director has processed his/her eligibility through the I.H.S.A.**

Residency/Transfer: Students will only be eligible to participate in IHSA and SPC sanctioned athletics and activities in the school attendance zone that they reside. Students who are granted a transfer within the District shall be ineligible to participate in IHSA and SPC sanctioned athletics and activities. If a student moves residency from one attendance zone to another, with the District boundaries, they will be eligible based upon the IHSA and SPC by-laws.

Joliet Township Athletic Training Information

JTHS contracts all athletic training through ATI. The athletic trainer will oversee sports related injuries and will communicate with parents/guardians, coaches, and physicians regarding all serious injuries. JTHS has an on-site training room at both the Central and West campus.

Training Room Rules

- No student athletes are permitted in the training room unsupervised
- Supplies are not to be removed
- The training room is only for those with athletic injuries and/or for first aid.
- No spikes or cleats allowed
- No food or drink allowed
- Appropriate language is expected from everyone within the training room.

Athletic Injuries

- Report all injuries to your coach or the athletic trainer when they occur
- If you have severe swelling, severe pains, or a head injury, see a physician
- Once you see a physician, a note must be presented to the athletic trainer and coach before resuming participation.

Equipment

Coaches are responsible for distributing and collecting all uniforms and other related equipment and are accountable for specific materials given to athletes. Each athlete is responsible for the uniform and all other equipment issued to them. Failure to turn in equipment at the end of the season or the end of the athlete's tenure will result in an obligation due from the school. Failure to return any equipment can prohibit the athlete from participating in any other sports.

Locker Room

The coach will distribute a lock to the athlete to use for their assigned locker. Athletes must keep the locker locked at all times. Athletes are discouraged to keep anything valuable in their lockers. If an athlete arrives after the locker room is locked, it is up to the discretion of the coach to unlock the locker room. Coaches will supervise the locker room and athletes will pick up and put away any items used. When entering or exiting the locker room, student-athletes will be dressed in appropriately practice attire or uniform, while acting in an appropriate manner.

Internet Resources

Joliet Township High School
www.jths.org

Illinois High School Association
www.ihsa.org

National Collegiate Athletics Association
www.ncaa.org

Southwest Prairie Conference
<http://spc.8to18.com>

Joliet Central Athletics
<http://il.8to18.com/jolietcentral>

Joliet West Athletics
<http://il.8to18.com/jolietwest>

Southwest Prairie Conference Member Schools

The Southwest Prairie Conference consists of 12 high schools and serves the Southwestern suburban area. The purpose of the SPC is to provide a governing body for the member schools, a code of principles and a set of operational procedures.

Joliet Central
201 E Jefferson Street
Joliet, IL 60432

Joliet West
401 N Larkin Avenue
Joliet, IL 60435

Minooka
301 Wabena Avenue
Minooka, IL 60447

Oswego
4250 Rt 71
Oswego, IL 60543

Oswego East
1525 Harvey Road
Oswego, IL 60543

Plainfield Central
24120 W Fort Beggs Drive
Plainfield, IL 60544

Plainfield East
12001 S Naperville Road
Plainfield, IL 60585

Plainfield North
12005 S 248th Avenue
Plainfield, IL 60585

Plainfield South
7800 W Caton Farm Road
Plainfield, IL 60586

Romeoville
100 N Independence Boulevard
Romeoville, IL 60446

West Aurora
1201 W New York Street
Aurora, IL 60506

Yorkville
797 Game Farm Road
Yorkville, IL 60560

Joliet Township Athletic Booster Membership Form - 2020/2021

The Joliet Township Athletic Boosters need the support of every adult who wants to see the tradition of excellence in athletics continue at JTHS. The role of the Boosters is to provide support to the Athletic Department and coaches in obtaining items which are not provided for in their operating budgets.

BE A JT ATHLETIC BOOSTER

- Free** **BASIC MEMBERSHIP**
- \$35** **INDIVIDUAL PASS** *(entry for one to all contests)*
- \$50** **FAMILY PASS** *(entry for immediate families to all contests)*

Please make your checks payable to JTHS Athletic Boosters

Member Name _____	Phone _____	
Street _____	City _____ Zip _____	
Email address _____		
Student	Year <small>(Fr, So, Jr, Sr)</small>	Sport
_____	_____	_____
_____	_____	_____
<p>Help is needed to continue and expand the Booster program. <i>I can help in the following ways:</i></p>		
_____ Concession Worker	_____ Membership Committee	_____ Golf Outing
_____ Sports Representative	_____ Clothing Sales	_____ Hospitality
_____ Night of Champions Banquet	_____ Scholarship	_____ Newsletter Committee
_____ I am glad to support the Boosters although I am unable to help at this time.		
<p><i>Please return form to: JCHS 201 E. Jefferson St. Joliet, IL 60432</i> <i>JWHS 401 N. Larkin Ave. 60435</i></p>		
THANK YOU FOR YOUR CONTINUED SUPPORT		

Family Pass Names: (4 additional living in your household)

Date: _____
check # cash
Pass # _____
<i>to be assigned by JT Ath. Dept.</i>



Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- | | |
|---|---|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Amnesia |
| <input type="checkbox"/> “Pressure in head” | <input type="checkbox"/> “Don’t feel right” |
| <input type="checkbox"/> Nausea or vomiting | <input type="checkbox"/> Fatigue or low energy |
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Sadness |
| <input type="checkbox"/> Balance problems or dizziness | <input type="checkbox"/> Nervousness or anxiety |
| <input type="checkbox"/> Blurred, double, or fuzzy vision | <input type="checkbox"/> Irritability |
| <input type="checkbox"/> Sensitivity to light or noise | <input type="checkbox"/> More emotional |
| <input type="checkbox"/> Feeling sluggish or slowed down | <input type="checkbox"/> Confusion |
| <input type="checkbox"/> Feeling foggy or groggy | <input type="checkbox"/> Concentration or memory problems (forgetting game plays) |
| <input type="checkbox"/> Drowsiness | <input type="checkbox"/> Repeating the same question/comment |
| <input type="checkbox"/> Change in sleep patterns | |

Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can’t recall events prior to hit
- Can’t recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness



IHSA Sports Medicine Acknowledgement & Consent Form

Concussion Information Sheet (Cont.)

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. IHSA Policy requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. In accordance with state law, all IHSA member schools are required to follow this policy.

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>



IHSA Sports Medicine Acknowledgement & Consent Form

IHSA Performance-Enhancing Substance Testing Policy

In 2008, the IHSA Board of Directors established the association's Performance-Enhancing Substance (PES) Testing Program. Any student who participates in an IHSA-approved or sanctioned athletic event is subject to PES testing. A full copy of the testing program and other related resources can be accessed on the IHSA Sports Medicine website. Additionally, links to the PES Policy and the association's Banned Drug classes are listed below. School administrators are able to access the necessary resources used for program implementation in the IHSA Schools Center.

IHSA PES Testing Program

<http://www.ihsa.org/documents/sportsMedicine/2015-16/2015-16%20PES%20policy%20final.pdf>

IHSA Banned Drug Classes

<http://www.ihsa.org/documents/sportsMedicine/2015-16/2015-16%20IHSA%20Banned%20Drugs.pdf>

IHSA Steroid Testing Policy Consent to Random Testing

As a prerequisite to participation in IHSA athletic activities, we agree that I/our student will not use performance-enhancing substances as defined in the IHSA Performance-Enhancing Substance Testing Program Protocol. We have reviewed the policy and understand that I/our student may be asked to submit to testing for the presence of performance-enhancing substances in my/our student's body either during IHSA state series events or during the school day, and I/our student do/does hereby agree to submit to such testing and analysis by a certified laboratory. We further understand and agree that the results of the performance-enhancing substance testing may be provided to certain individuals in my/our student's high school as specified in the IHSA Performance-Enhancing Substance Testing Program Protocol which is available on the IHSA website at www.IHSA.org. We understand and agree that the results of the performance-enhancing substance testing will be held confidential to the extent required by law. We understand that failure to provide accurate and truthful information could subject me/our student to penalties as determined by IHSA.

A complete list of the current IHSA Banned Substance Classes can be accessed at <http://www.ihsa.org/documents/sportsMedicine/2015-16/2015-16%20IHSA%20Banned%20Drugs.pdf>



IHSA Sports Medicine Acknowledgement & Consent Form

Acknowledgement and Consent

Student/Parent Consent and Acknowledgements

By signing this form, we acknowledge we have been provided information regarding concussions and the IHSA Performance-Enhancing Testing Policy. We also acknowledge that we are providing consent to be tested in accordance with the procedures outlined in the IHSA Performance-Enhancing Testing Policy.

STUDENT

Student Name (Print): _____ Grade (9-12) _____

Signature: _____ Date: _____

PARENT or LEGAL GUARDIAN

Name (Print): _____

Signature: _____ Date: _____

Relationship to student: _____

Consent to Self-Administer Asthma Medication

As a patient under my care, _____, is prescribed to self-administer the following asthma medication.

Medication _____

Purpose _____

Dosage _____

Time/Special Circumstances _____

Printed Name of Physician

Signature of Physician

Date

I, _____, do hereby give my son/daughter, _____, permission to self-administer his/her asthma medication as prescribed by his/her physician during athletic competition.

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date

JOLIET TOWNSHIP SCHOOL DISTRICT 204

EXTRA-CURRICULAR PARTICIPATION CODE
STUDENT AND PARENT/GUARDIAN AGREEMENT AND RELEASE
AND IHSA STEROID CONSENT/CONCUSSION INFORMATION AND TESTING

Activity: _____ **Date:** _____

By affixing my signature, I affirm that I have read and understand the Extra-curricular Participation Code, the rules of the Coach/Sponsor for the extra-curricular activity identified, the student and parent/guardian agreement and release, the IHSA Steroid Policy, Concussion information and Impact Testing information and all the rules governing participation in the activity.

A. As a student, I understand that participation in this activity is a privilege and I acknowledge that I will represent the school and my peers and that my behavior shall meet or exceed all expectations. I recognize that there may be risks of physical injury involved in my participation and I accept those risks. I release and discharge the School District, the Board of Education, its officers, members, employees, and agents from any and all claims that may accrue to me as a result of my participation.

B. As a parent/guardian, I understand that my child's or ward's participation in this activity is a privilege and I acknowledge that he/she will represent the school and his/her peers, and that his/her behavior shall meet or exceed all expectations. I recognize that there may be risks of physical injury involved in my child's or ward's participation and I accept these risks. I release and discharge the School District, the Board of Education, its officers, members, employees, and agents from any and all claims that may accrue to me or my child or ward as a result of his/her participation.

C. IHSA Steroid Testing Policy Consent to Random Testing: I have read the information in the handbook. I understand its contents. Beginning with the 2008-09 school term, any student-athlete who ingests or otherwise uses substance from the IHSA's banned drug classes, without written permission by a licensed physician, to treat a medical condition, violates IHSA by-law 2.170 and its subsections, and is subject to IHSA penalties, including ineligibility from competition. The IHSA will test certain randomly selected individuals and teams that participate in state series competitions for banned substances. The results of all tests shall be considered confidential and shall only be disclosed to the student, his or her parents, and his or her school. By signing below, we consent to random testing in accordance with the IHSA's steroid testing policy. We understand that, if a student or student's team participates in state series competitions, the student may be subject to testing for banned substances. No student-athlete may participate in IHSA state series competition unless the student and the student's parent/guardian consent to random testing.

D. Concussion Information: I have read the information included in the handbook. I understand its contents. IHSA Policy requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. You should also inform your child's coach if you think that your child may have a concussion.

E. IMPACT Testing: I have read the information included in the handbook. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I have had the opportunity to review the information available at ImpACT's website, and to discuss this testing with my child's private physician. I also understand and agree that the results of the test and any additional testing may be made available to School District staff and contractors, including but not limited to coaches, trainers, physicians, school nurses, and educational or administrative personnel, subject to the Illinois School Student Records Act. I agree to participate in the ImpACT Concussion Management Program.

Printed name of student-athlete

ID# _____

Signature of student-athlete

Printed name of parent-guardian

Signature of parent-guardian