

2012 SLUH CROSS COUNTRY SCHEDULE

2011 Conference, District, and Sectional Champs

Day	Date	Contest	Levels	Location	Time
S.	8/11	Alumni Run	All	Forest Park	9 a.m.
F.	8/31	First Capital Invitational	V, JV	Mc Nair Park	4 p.m.
S.	9/8	Forest Park XC Festival	V, JV, C	Forest Park	9 a.m.
Th.	9/13	Parkway Central Inv.	V2	Parkway Central	4 p.m.
S.	9/15	Enke Invitational	V2, JV, B/C	Sioux Passage Park	9 a.m.
S.	9/22	Palatine Invitational	V, JV	Palatine, IL	9 a.m.
S.	9/29	Parkway West Inv.	V	Living Word UMC	10 a.m.
S.	10/6	M.C.C Championship	V, JV, C	Forest Park	10 a.m.
S.	10/13	Borgia Invitational	V2, JV, C	Big Driver Golf Center	10 a.m.
F.	10/19	Clayton Invitational	V2, JV	Shaw Park	3:45 p.m.
S.	10/20	District Meet	V	McCluer North	9:30 a.m.
W.	10/24	Findley JV/C Invitational.	JV, C	Forest Park	4:30 p.m.
S.	10/27	Sectional Meet	V	T.B.A.	T.B.A.
S.	11/3	State Meet	V	Jefferson City	T.B.A.
Su.	11/11	NXN Regional *	V	Terre Haute, IN	T.B.A.

(Times are for Varsity races unless otherwise listed.)

* The team competing at the regional championships will compete as the St. Louis XC Club and will not be affiliated with SLUH.

Head Coach: Joe Porter

Assistant Coaches: Tom Flanagan, Brian Gilmore, Chris Scott, Thomas Heidbrier,
Ryan Payonk, Diego Navarro

Principal: Dr. John Moran

President: Mr. David Laughlin

Athletic Director: Dick Wehner

Phone: XC Office & Team Hotline: 531-0330 ext. 2262

Visit the SLUH XC Team Website: www2.sluh.org/sluhxc/

Follow us on Twitter: @sluhxctrack