

2011 performance log

Italics: varsity racer; Bold: medalist; Underlined: race champion.

Seniors (17)	Alumni	12 PR	11 PR	10 PR	09 PR	5k TT	5k TT #2	FPXC	Pkwy Cen	Enke	Palatine (3mi)	Hancock	Pkwy West	MCC	Borgia	Clayton	District	Findley	Sectional	State	NXX	Regional
Archer, Joe	10-29	16:26.4*	16:40.5*	17:03.9*	18:38	16:45.0	<u>DNR</u>	<i>16:29.20</i>	DNR	<i>15:52.4</i>	DNR	<i>17:27.5</i>	16:43.4	DNR	DNR	DNR	16:53.73	DNR	16:33.87	<i>16:49.96</i>	DNR	DNR
Arredondo, David	11:05	16:58.0*	16:35.1*	17:20.4*	NA	17:12.0	DNR	<i>17:18.90</i>	17:59	DNR	16:22.9	DNR	17:42.5	DNR	<i>17:58.0</i>	18:12.58	DNR	DNR	DNR	DNR	DNR	DNR
Bergman, Josh	13:39	19:11.2	19:47	20:18	21:48	19:47	DNR	20:05.20	DNR	20:41.5	DNR	19:43.73	19:43.9	19:11.2	DNR	DNR	19:23	DNR	DNR	DNR	DNR	DNR
Curran, Brian	12:06	18:48.3	18:15	19:26	21:29	18:48.3	DNR	18:57.40	DNR	DNR	DNR	DNF	DNR	DNR	DNR	DNR	DNR	24:03	DNR	DNR	DNR	DNR
Grosch, Alex	11:17	17:45.5	17:12.9*	17:50.9	18:52	17:45.5	DNR	<u>DNR</u>	DNR	<i>18:31.7</i>	DNR	<i>18:08.98</i>	18:20.8	18:21.2	<i>18:08.1</i>	<i>17:51.45</i>	DNR	18:05	DNR	DNR	DNR	DNR
Laughlin, Tom	11:19	16:49.95	16:08.8*	16:44.1*	NA	17:27.8	DNR	<i>18:02.90</i>	18:00	DNR	16:56.5	DNR	DNR	17:31.0	<i>17:11.2</i>	DNR	16:49.95	DNR	16:54.42	<i>16:56.64</i>	DNR	DNR
Martino, Kyle	13:57	19:57	20:03.6	20:24.0	NA	DNR	22:01	DNR	DNR	22:11.0	DNR	21:30.19	20:46.8	20:08.4	20:12.1	19:58.75	DNR	19:57	DNR	DNR	DNR	DNR
Moran, Joe	13:54	18:44.18	19:53	18:51	20:12	DNR	21:51	19:59.40	DNR	20:46.6	DNR	DNR	19:40.0	DNF	20:55.4	18:44.18	DNR	19:15	DNR	DNR	DNR	DNR
Nicholson, Matthew	10:19	15:53.7*	16:13.4*	17:11.5*	18:37	16:12.9	DNR	16:08.4	DNR	DNR	15:20.8	DNR	16:29.40	16:22.4	DNR	DNR	16:16.00	DNR	16:01.53	<i>16:13.59</i>	<i>16:20.1</i>	<i>16:20.1</i>
O'Brien, Joe	14:28	20:26.5	21:00.5	NA	NA	DNR	DNR	DNR	DNR	21:58.3	DNR	DNR	21:33.2	20:26.5	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Raebler, Matt	13:38	18:53.70	18:07	18:46	19:41	DNR	21:36	20:03.70	DNR	21:03.9	DNR	20:47.93	DNR	19:22.4	20:51.6	18:53.70	DNR	19:47	DNR	DNR	DNR	DNR
Rancilio, Matt	11:13	17:26.03	17:20	18:11.5	18:59	17:56.7	DNR	<i>17:51.50</i>	<i>DNF</i>	DNR	DNR	<i>17:59.66</i>	18:13.2	18:20.1	20:51.6	17:26.03	DNR	17:53	DNR	DNR	DNR	DNR
Smith, Owen	13:39	19:21	20:01.7	22:24	NA	DNR	21:53	DNR	DNR	DNR	DNR	21:03.32	DNR	19:57.1	20:12.2	19:37.49	DNR	19:21	DNR	DNR	DNR	DNR
Surbe, Brian	14:08	20:11	20:18.1	21:31.0	21:50	DNR	22:34	DNR	DNR	22:00.3	DNR	21:31.30	21:18.2	20:19.3	21:02.6	20:58.57	DNR	20:11	DNR	DNR	DNR	DNR
Tahan, Paul	18:05	24:58.45	26:23	NA	NA	DNR	DNR	DNR	DNR	DNR	DNR	26:40.66	26:11.8	DNR	25:21.7	24:58.45	DNR	26:37	DNR	DNR	DNR	DNR
Vicini, Joe	13:34	18:49.70	18:39.4	18:38.0	19:20	DNR	20:14	18:49.70	DNR	19:37.0	DNR	DNR	19:06.0	DNR	19:13.1	18:49.96	DNR	19:03	DNR	DNR	DNR	DNR
Wottowa, Nick	11:55	19:06.5	18:51	19:34	21:11	19:06.5	DNR	DNR	DNR	20:03.7	DNR	20:17.40	20:44.9	19:28.2	19:29.7	19:34.16	DNR	19:20	DNR	DNR	DNR	DNR

Juniors (27)	Alumni	12 PR	11 PR	10 PR	9 PR	5k TT	5k TT #2	FPXC	Pkwy Cen	Enke	Palatine (3mi)	Hancock	Pkwy West	MCC	Borgia	Clayton	District	Findley	Sectional	State	NXX	Regional
Amsler, Jerry	11:35	18:00.1	18:03	19:00	18:03	18:00.1	DNR	<i>18:21.40</i>	<i>19:12</i>	DNR	<i>19:00.35</i>	18:32.0	DNR	DNR	DNR	DNR	DNR	18:51	DNR	DNR	DNR	<i>18:28.6</i>
Carron, Luke	13:30	19:16.4	19:58	19:47	DNR	20:09	21:49.40	DNR	21:14.0	DNR	20:28.15	19:59.5	19:16.4	20:47.6	DNR	DNR	20:29	DNR	DNR	DNR	DNR	DNR
Charles, Peter	11:56	19:11.9	18:59.5	NA	DNF	DNR	DNF	DNR	19:11.9	DNR	DNF	DNR	DNR	DNR	DNR	DNR	DNR	19:37	DNR	DNR	DNR	DNR
Conte, Tony	15:16	21:46.2	NA	NA	DNR	25:11	23:02.20	DNR	24:00.8	DNR	23:36.44	23:48.7	21:46.2	23:19.5	DNR	DNR	22:24	DNR	DNR	DNR	DNR	DNR
Esswein, John	10:50	17:28.2	16:48.3*	16:49.8*	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	17:28.2	17:56.8	<i>17:41.64</i>	DNR	17:36	DNR	DNR	DNR	DNR	DNR
Kasper, David	12:48	19:05.2	19:30	20:59	DNR	21:02	19:39.90	DNR	20:39.2	DNR	DNR	DNF	19:05.2	19:32.9	DNR	DNR	19:08	DNR	DNR	DNR	DNR	DNR
Kasper, Michael	DNR	19:36	18:56	NA	DNR	DNR	DNR	DNR	DNR	DNR	20:37.25	DNR	19:46.4	20:02.5	DNR	DNR	19:36	DNR	DNR	DNR	DNR	DNR
Kernell, Will	DNR	25:26	19:24	19:50	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	25:26	DNR	DNR	DNR	DNR	DNR
Keuss, Brendan	12:13	18:54.20	18:35	NA	19:34.7	DNR	18:54.20	DNR	20:06.1	DNR	19:27.17	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Lally, Tim	14:13	NA	21:09	NA	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Lauer, John	14:52	20:17.7	21:15	NA	DNR	26:28	21:21.70	DNR	24:50.8	DNR	22:18.56	22:49.2	20:17.7	21:09.8	DNR	DNR	20:21	DNR	DNR	DNR	DNR	DNR
Mimitz, Michael	14:33	19:27	19:43	19:49	DNR	24:03	20:43.70	DNR	22:51.8	DNR	DNR	21:16.1	19:59.7	19:50.7	DNR	DNR	19:27	DNR	DNR	DNR	DNR	DNR
Mungenast, Peter	12:18	19:04.6	19:53	20:13	19:40.6	DNR	19:14.70	DNR	20:12.8	DNR	20:19.05	19:49.9	19:04.6	19:11.1	DNR	DNR	19:10	DNR	DNR	DNR	DNR	DNR
Murphy, Greg	13:29	19:26.90	18:43	18:58	DNR	20:51	19:26.90	DNR	21:36.4	DNR	20:18.51	21:01.0	19:27.8	19:52.9	DNR	DNR	20:13	DNR	DNR	DNR	DNR	DNR
Obermeyer, Sam	13:15	19:24.6	20:01	20:46	DNR	26:16	DNF	DNR	DNR	DNR	22:05.02	20:30.6	DNR	20:38.5	DNR	DNR	20:17	DNR	DNR	DNR	DNR	DNR
Oster, Patrick	13:38	20:54.8	18:53.70	18:10	DNR	22:36	21:09.40	DNR	21:09.7	DNR	21:48.43	DNR	20:54.8	21:56.2	DNR	DNR	22:54	DNR	DNR	DNR	DNR	DNR
Peraud, Alex	13:08	20:00.8	19:43	21:31	DNR	21:04	20:25.70	DNR	21:31.4	DNR	20:52.47	DNF	20:00.8	DNR	DNR	DNR	21:10	DNR	DNR	DNR	DNR	DNR
Phimpavong, Matt	16:32	24:09.20	22:32	24:32.0	DNR	26:26	24:09.20	DNR	25:36.2	DNR	DNR	26:28.0	25:16.4	26:19.7	DNR	DNR	25:37	DNR	DNR	DNR	DNR	DNR
Rackers, Peter	10:57	16:51.1*	17:00.7*	18:09.0	17:28.3	DNR	<i>17:05.00</i>	DNR	DNR	16:16.3	DNR	17:54.2	17:19.6	17:31.9	<i>17:14.07</i>	DNR	17:55	DNR	DNR	DNR	DNR	DNR
Rieke, Mark	15:10	21:15.00	21:20	NA	DNR	23:57	21:15.00	DNR	23:47.4	DNR	23:45.18	25:24.3	21:15.2	22:27.2	DNR	DNF	DNR	DNR	DNR	DNR	DNR	DNR
Rubio, Tom	10:44	16:19.71	16:31.5*	17:27	16:36.9	DNR	<i>16:51.50</i>	DNR	DNR	<i>16:00.3</i>	DNR	17:08.00	16:30.8	DNR	DNR	16:30.00	DNR	16:19.71	16:32.95	<i>16:46.6</i>	DNR	DNR
Schrock, Michael	14:24	20:09	20:00	23:29	DNR	22:05	21:16.70	DNR	21:51.6	DNR	21:28.95	21:17.7	20:34.5	20:41.6	DNR	DNR	20:09	DNR	DNR	DNR	DNR	DNR
Sextro, Alex	11:50	17:44.8*	19:46.8	NA	18:36.7	DNR	<i>18:24.90</i>	DNR	DNR	17:08.1	DNR	18:39.9	DNR	DNR	DNR	DNR	DNR	22:55	DNR	DNR	DNR	DNR
Siegfried, Christian	22:48	26:51.5	NA	NA	DNR	33:46	29:06.20	DNR	30:42.0	DNR	31:53.30	29:30.3	26:51.5	28:11.9	DNR	DNR	27:48	DNR	DNR	DNR	DNR	DNR
Swan, Michael	11:02	16:39.6*	16:48.6*	17:19	DNF	DNR	<i>DNF</i>	DNR	DNR	<i>16:05.2</i>	DNR	<i>18:11.8</i>	DNF	DNR	DNR	<i>17:57.77</i>	DNR	DNR	DNR	DNR	DNR	DNR
Szatkowski, David	14:50	19:00.0	19:57	NA	DNR	21:29	20:40.52	DNR	20:55.2	DNR	DNR	19:31.8	19:00.0	19:03.9	DNR	DNR	19:09	DNR	DNR	DNR	DNR	DNR
Thomas, Matt	12:47	19:04.70	18:14	19:13	DNR	20:13	19:04.70	DNR	21:00.5	DNR	19:56.79	19:38.3	19:17.5	19:13.8	DNR	DNR	19:13	DNR	DNR	DNR	DNR	DNR

Sophomores (34)	Alumni	12 PR	11 PR	5k TT	5k TT #2	FPXC	Pkwy Cen	Enke	Palatine (3mi)	Hancock	Pkwy West	MCC	Borgia	Clayton	District	Findley	Sectional	State	NXX	Regional	
Blackwell, Tommy	15:19	20:40.3	21:45	DNR	22:23	21:04.90	DNR	22:03.1	DNR	21:28.02	21:35.5	20:40.3	21:08.9	DNR	DNR	21:33	DNR	DNR	DNR	DNR	DNR
Bleche, Ryan	14:24	19:51.2	20:11	DNR	21:43	20:31.20	DNR	21:16.7	DNR	21:08.87	20:55.1	19:51.2	21:03.4	DNR	DNR	20:45	DNR	DNR	DNR	DNR	DNR
Booth, Nick	14:01	19:39.5	19:35	DNR	21:32	20:27.70	DNR	27:26.7	DNR	DNR	21:39.2	19:39.5	20:17.5	DNR	DNR	20:24	DNR	DNR	DNR	DNR	DNR
Brady, Ryan	DNR	22:46.4	NA	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	24:24.8	22:46.4	DNR	DNR	23:52	DNR	DNR	DNR	DNR	DNR
Brewer, Alex	DNR	19:49.90																			

Thompson, Ross	14:51	21:31.9	21:00	DNR	23:44	22:05.70	DNR	23:14.9	DNR	23:20.49	22:33.4	21:31.9	22:05.1	DNR	DNR	21:49	DNR	DNR	DNR
Volmert, Peter	13:13	19:23.9	20:31	DNR	DNR	20:32.50	DNR	21:10.0	DNR	20:32.62	20:31.5	19:23.9	19:45.0	DNR	DNR	19:56	DNR	DNR	DNR
Walsh, Michael	13:23	19:32.2	19:08	DNR	DNR	20:00.40	DNR	20:35.7	DNR	20:45.16	20:00.4	19:32.2	19:45.2	DNR	DNR	20:48	DNR	DNR	DNR
Welby, Andrew	15:16	22:07.4	21:50.1	DNR	23:52	DNR	DNR	23:34.8	DNR	23:05.77	22:17.1	22:07.4	22:16.7	DNR	DNR	22:20	DNR	DNR	DNR

Freshmen (26)	Alumni	5K PR	5K TT	2 Mile TT	FPXC(3K)	Enke	Hancock Pkwy West	MCC	Borgia	District	Findley	Sectional	State	NXN	Regional
Balossi, Billy	11:55	18:39.1	18:39.1	DNR	10:31.10	<i>19:05.1</i>	DNR	DNR	DNR	DNR	19:23	DNR	DNR	DNR	DNR
Bricker, Jimmy	15:06	24:41.4	DNR	18:19	13:32.10	25:36.5	25:20.20	24:41.4	25:09.5	DNR	DNR	25:11	DNR	DNR	DNR
Butler, Joe	DNR	18:05.8	DNR	12:24	10:17.20	<i>19:20.4</i>	18:18.41	18:32.8	18:09.9	18:36.5	DNR	18:21	18:8.9	DNR	<i>18:05.8</i>
Caputa, Thomas	DNR	20:43.14	DNR	14:37	12:01.30	22:10.5	20:43.14	20:48.4	20:46.0	21:15.1	DNR	21:23	DNR	DNR	DNR
Derrlan, Cade	12:28	18:53.9	20:00.1	DNR	10:55.80	19:52.4	19:28.19	19:16.9	18:53.9	20:10.7	DNR	19:39	DNR	DNR	19:27.4
Doorack, Nolen	14:47	20:03.0	DNR	DNR	DNR	DNR	DNR	DNR	20:03.0	DNR	DNR	21:05	DNR	DNR	DNR
Farel, Stephen	DNR	20:41.4	DNR	13:05	11:41.90	21:26.7	21:08.89	21:27.3	20:41.4	20:58.6	DNR	20:55	DNR	DNR	DNR
Gallagher, Jack	15:06	20:27.5	DNR	13:57	11:36.10	20:53.0	20:31.27	20:27.5	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Genovese, Pete	DNR	20:34.9	DNR	13:31	11:35.80	DNR	21:07.64	20:34.9	20:36.4	20:58.9	DNR	20:54	DNR	DNR	DNR
Gomez, Reynaldo	DNR	21:11.6	DNR	14:49	12:29.80	22:49.5	22:20.30	21:54.2	21:11.6	21:58.5	DNR	22:25	DNR	DNR	DNR
Goodwin, Sergio	DNR	22:04	DNR	15:58	12:51.60	DNR	25:44.43	24:34.0	22:32.8	24:07.4	DNR	22:04	DNR	DNR	DNR
Gray, Matthew	DNR	22:08.3	DNR	DNF	11:58.30	22:08.3	DNF	DNR	DNR	22:11.5	DNR	22:51	DNR	DNR	DNR
Groesch, Andrew	13:17	19:58.25	DNR	13:06	11:06.10	20:41.0	19:58.25	20:22.9	20:30.7	20:56.1	DNR	21:02	DNR	DNR	DNR
Huhmann, George	18:29	25:45.0	DNR	18:24	14:52.10	28:36.3	DNR	30:07.2	25:45.0	28:08.2	DNR	DNR	DNR	DNR	DNR
Kirtley, Blake	DNR	22:40.7	DNR	16:50	12:52.60	23:47.4	22:57.23	23:12.0	22:40.7	23:13.8	DNR	24:36	DNR	DNR	DNR
Klarsch, Austin	DNR	19:24.6	DNR	13:53	11:29.80	DNR	20:39.15	19:52.4	19:24.6	20:04.2	DNR	20:14	DNR	DNR	DNR
Lally, Daniel	15:56	21:18.0	DNR	15:28	13:16.10	23:33.0	23:11.64	23:01.4	21:18.0	22:55.8	DNR	23:01	DNR	DNR	DNR
Longinette, Jacob	DNR	22:13.4	DNR	16:09	13:02.60	23:22.4	DNR	23:13.2	22:13.4	DNR	DNR	23:35	DNR	DNR	DNR
McIntyre, Ethan	DNR	18:33.1	DNR	13:25	10:59.40	19:31.4	19:47.56	19:17.8	18:33.1	19:25.7	DNR	20:40	DNR	DNR	19:50.7
Mungenast, Henry	13:07	20:03.2	DNR	13:16	11:27.40	21:24.3	DNR	20:53.4	20:03.2	22:08.9	DNR	22:05	DNR	DNR	DNR
O'Malley, Jack	DNR	21:24.0	DNR	13:49	12:03.80	22:55.6	DNR	22:22.1	21:24.0	22:50.1	DNR	22:38	DNR	DNR	DNR
Olwig, Stephen	DNR	21:08	DNR	13:48	11:50.80	DNR	21:31.77	21:32.9	21:17.0	21:15.5	DNR	21:08	DNR	DNR	DNR
Rainwater, Dominic	14:15	19:39	DNR	13:40	11:37.60	21:03.3	20:29.30	20:02.1	19:49.7	19:42.0	DNR	19:39	DNR	DNR	19:58.6
Reddy, Jim	14:03	20:47	DNR	DNF	12:28.10	22:55.4	DNR	DNF	20:47.7	21:30.4	DNR	20:47	DNR	DNR	DNR
Stolz, David	12:25	18:15.2	18:34.7	DNR	10:50.80	19:57.0	19:12.18	19:03.7	18:15.2	18:42.0	DNR	18:37	DNR	DNR	18:38.0
Vogt, Colin	14:44	20:57	DNR	DNR	DNR	DNR	DNR	22:01.0	21:41.0	21:08.9	DNR	20:57	DNR	DNR	DNR

Career PR is listed in bold.

The First Capital Invitational was cancelled over 24 hours in advance because of the forecast for remnant rains from Hurricane Isaac.
 The first 5K time trial was run on Friday 8/31, the scheduled day of First Capital. Those who were going to race at FC did this Time Trial. Due to rainy conditions, it was run on the SLUH Track. Full 5k. Rainy, 80°F.
 The second 5k time trial was run on Saturday 9/1 on the mile loop at Central Fields in Forest Park.
 The freshman 2M time trial was run on Saturday 9/1 on the mile loop at Central Fields in Forest Park. Due to running the course incorrectly, most ran more than 2M. Rainy "Hurricane Isaac" 75 degrees.
 The Forest Park XC Festival took place on September 8 at Central Fields in Forest Park. (Varsity & JV 5K, Frosh 3K) Weather: Sunny & 70-75° and slightly breezy.
 The Parkway Central Invitational takes place on September 13 on the 5K course at Parkway Central High School. Weather: Sunny & Warm, 65°.
 The Paul Enke Invitational took place on September 17 at Sioux Passage Park. Weather: Cloudy 70°.
 The Palatine Invitational took place on September 22 on the 3 mile course at Deer Grove Forest Preserve in Palatine, Illinois. Weather: Windy, 55°.
 The 50th Annual Hancock Invitational took place on Saturday, September 22 at Jefferson Barracks Park.
 The Parkway West Invitational took place on Sat. Sept. 29 on the 5K course at Living Word United Methodist Church. Weather: Sunny, warm, 80°.
 The MCC Championships took place on October 6 at Central Fields in Forest Park.
 The Borgia Invitational took place on October 13 on the 5k course at Big Driver in Washington, MO. Weather: Cloudy 70 degrees. Course conditions: Good.
 The Clayton Invitational took place on October 19 at the 5km course in Shaw Park in Clayton. Weather:
 The 4A District 3 Meet took place on October 20 at Blackburn Park in Webster Groves. Weather:
 The Findley Invitational took place on October 24 at Central Fields in Forest Park. Weather: Very warm and windy. 80-85F.
 The 4A Sectional 2 Meet took place on October 27 at Central Fields in Forest Park, on the Mile Loop/Snow Turn Course. Weather: 40F, sunny.
 The Missouri State Cross Country Championships was held on November 3 at the Oak Hills Golf Center in Jefferson City, MO. Weather: Good conditions, 45F, low winds.
 The NXN Regional Meet was held on November 11 at the LaVern Gibson XC Course in Terre Haute, Indiana. The team that raced that day was the St. Louis XC Club and is unaffiliated with SLUH. Weather:

* The PR is a converted time from the Palatine Invitational 3 mile (4856 M) course.