

	Sub 16:00 performance	Time	Date	Course
1	Matt Nicholson (SR)	15:53.7*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve

	Sub 17:00 performance	Time	Date	Race & Course
	Matt Nicholson (SR)	16:01.5	Oct. 27, 2012	Sectional 2 @ Forest Park Central Fields
	Matt Nicholson (SR)	16:08.4	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Matt Nicholson (SR)	16:12.9	Aug. 31, 2012	5k time trial @ SLUH track
	Matt Nicholson (SR)	16:13.6	Nov. 3, 2012	Oak Hill Golf Center @ Hough Park, Jefferson City
	Matt Nicholson (SR)	16:16.0	Oct. 20, 2012	District 3 Meet @ Blackburn Park
2	Tom Rubio (JR)	16:19.7	Oct. 27, 2012	Sectional 2 @ Forest Park Central Fields
	Matt Nicholson (SR)	16:22.4	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
3	Matthew Hennessey (SO)	16:23.6*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
4	Joe Archer (SR)	16:26.4*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Joe Archer (SR)	16:29.2	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Matt Nicholson (SR)	16:29.4	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Tom Rubio (JR)	16:30.0	Oct. 20, 2012	District 3 Meet @ Blackburn Park
	Tom Rubio (JR)	16:30.8	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Matthew Hennessey (SO)	16:31.7	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Tom Rubio (JR)	16:33.0	Nov. 3, 2012	Oak Hill Golf Center @ Hough Park, Jefferson City
	Matthew Hennessey (SO)	16:33.0	Oct. 20, 2012	District 3 Meet @ Blackburn Park
	Joe Archer (SR)	16:33.9	Oct. 27, 2012	Sectional 2 @ Forest Park Central Fields
	Tom Rubio (JR)	16:34.6*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Tom Rubio (JR)	16:36.9	Aug. 31, 2012	5k time trial @ SLUH track
	Matthew Hennessey (SO)	16:38.5	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
5	Michael Swan (JR)	16:39.6*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Matthew Hennessey (SO)	16:41.6	Oct. 27, 2012	Sectional 2 @ Forest Park Central Fields
6	Shayn Jackson (SO)	16:42.1	Oct. 27, 2012	Sectional 2 @ Forest Park Central Fields
	Joe Archer (SR)	16:43.4	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Shayn Jackson (SO)	16:43.3*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Joe Archer (SR)	16:45.0	Aug. 31, 2012	5k time trial @ SLUH track
	Shayn Jackson (SO)	16:46.7	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
7	Tom Laughlin (SR)	16:49.9	Oct. 20, 2012	District 3 Meet @ Blackburn Park
	Joe Archer (SR)	16:50.0	Nov. 3, 2012	Oak Hill Golf Center @ Hough Park, Jefferson City
8	Peter Rackers (JR)	16:51.1*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Tom Rubio (JR)	16:51.5	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Matthew Hennessey (SO)	16:52.6	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Shayn Jackson (SO)	16:53.0	Nov. 3, 2012	Oak Hill Golf Center @ Hough Park, Jefferson City
	Joe Archer (SR)	16:53.7	Oct. 20, 2012	District 3 Meet @ Blackburn Park
	Tom Laughlin (SR)	16:54.4	Oct. 27, 2012	Sectional 2 @ Forest Park Central Fields
9	Jack Sullivan (SO)	16:55.9*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Matthew Hennessey (SO)	16:56.4	Nov. 3, 2012	Oak Hill Golf Center @ Hough Park, Jefferson City
	Tom Laughlin (SR)	16:56.6	Nov. 3, 2012	Oak Hill Golf Center @ Hough Park, Jefferson City
	Shayn Jackson (SO)	16:57.6	Aug. 31, 2012	5k time trial @ SLUH track
10	David Arredondo (SR)	16:58.0*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve

	A 17:00-17:45 performance	Time	Date	Course
	Peter Rackers (JR)	17:05.0	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Jack Sullivan (SO)	17:06.2	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Matthew Hennessey (SO)	17:06.8	Aug. 31, 2012	5k time trial @ SLUH track
	Tom Rubio (JR)	17:08.0	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
11	Garret Fox (SO)	17:08.1	Aug. 31, 2012	5k time trial @ SLUH track
	Jack Sullivan (SO)	17:09.4	Oct. 20, 2012	District 3 Meet @ Blackburn Park
	Shayn Jackson (SO)	17:10.4	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Tom Laughlin (SR)	17:11.2	Oct. 13, 2012	Borgia Invitational @ Big Driver

	David Arredondo (SR)	17:12.0	Aug. 31, 2012	5k time trial @ SLUH track
	Shayn Jackson (SO)	17:12.9	Oct. 20, 2012	District 3 Meet @ Blackburn Park
	Jack Sullivan (SO)	17:12.9	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Peter Rackers (JR)	17:14.1	Oct. 19,2012	Clayton Invitational @ Shaw Park
	Jack Sullivan (SO)	17:15.3	Oct. 27, 2012	Sectional 2 @ Forest Park Central Fields
	Garret Fox (SO)	17:15.9*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	David Arredondo (SR)	17:18.9	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Peter Rackers (JR)	17:19.6	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
12	Jacob Marty (SO)	17:24.1	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Jack Sullivan (SO)	17:25.1	Nov. 3, 2012	Oak Hill Golf Center @ Hough Park, Jefferson City
13	Matt Rancilio (SR)	17:26.0	Oct. 19, 2012	Clayton Invitational @ Shaw Park
	Jack Sullivan (SO)	17:26.6	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Joe Archer (SR)	17:27.5	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Tom Laughlin (SR)	17:27.8	Aug. 31, 2012	5k time trial @ SLUH track
14	John Esswein (JR)	17:28.2	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Peter Rackers (JR)	17:28.3	Aug. 31, 2012	5k time trial @ SLUH track
	Jack Sullivan (SO)	17:29.1	Aug. 31, 2012	5k time trial @ SLUH track
	Peter Rackers (JR)	17:31.9	Oct. 13, 2012	Borgia Invitational @ Big Driver
15	Jordan Sosa (SO)	17:32.1*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Tom Laughlin (SR)	17:31.0	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Tom Laughlin (SR)	17:32.8*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Garret Fox (SO)	17:35.7	Oct. 13, 2012	Borgia Invitational @ Big Driver
	John Esswein (JR)	17:36	24-Oct-12	Findley Invitational @ Forest Park Central Fields
16	Thomas Hogan (SO)	17:39.5	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Jordan Sosa (SO)	17:40.7	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	John Esswein (JR)	17:41.6	Oct. 19,2012	Clayton Invitational @ Shaw Park
	David Arredondo (SR)	17:42.5	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
17	Alex Sextro (JR)	17:44.8*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
18	Alex Groesch (SR)	17:45.5	Aug. 31, 2012	5k time trial @ SLUH track

B	17:46-18:15 performance	Time	Date	Course
	Thomas Hogan (SO)	17:47.7	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Thomas Hogan (SO)	17:49	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Jordan Sosa (SO)	17:50.2	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Alex Groesch (SR)	17:51.5	Oct. 19,2012	Clayton Invitational @ Shaw Park
	Matt Rancilio (SR)	17:51.5	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Matt Rancilio (SR)	17:52.0	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Matt Rancilio (SR)	17:53	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Garret Fox (SO)	17:54.1	Oct. 19,2012	Clayton Invitational @ Shaw Park
	Peter Rackers (JR)	17:54.2	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Shayn Jackson (SO)	17:54.8	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Peter Rackers (JR)	17:55	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Jacob Marty (SO)	17:55.4	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Garret Fox (SO)	17:56.0	Sept. 13, 2012	Parkway Central Invitational @ Parkway Central HS
	Matt Rancilio (SR)	17:56.7	Aug. 31, 2012	5k time trial @ SLUH track
	John Esswein (JR)	17:56.8	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Michael Swan (JR)	17:57.8	Oct. 19,2012	Clayton Invitational @ Shaw Park
	David Arredondo (SR)	17:58.0	Oct. 13, 2012	Borgia Invitational @ Big Driver
	David Arredondo (SR)	17:59.0	Sept. 13, 2012	Parkway Central Invitational @ Parkway Central HS
	Matt Rancilio (SR)	17:59.7	Sept. 22, 2012	Hancock Invitational @ Jefferson Barracks
	Tom Laughlin (SR)	18:00.0	Sept. 13, 2012	Parkway Central Invitational @ Parkway Central HS
19	Jerry Amsler (JR)	18:00.1	Aug. 31, 2012	5k time trial @ SLUH track
	Jordan Sosa (SO)	18:01.0	Sept. 13, 2012	Parkway Central Invitational @ Parkway Central HS
20	Jack Gallagher (SO)	18:01.2	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Garret Fox (SO)	18:02.9	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church

	Tom Laughlin (SR)	18:02.9	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Thomas Hogan (SO)	18:03.6	Sept. 22, 2012	Hancock Invitational @ Jefferson Barracks
	Alex Groesch (SR)	18:05	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Garret Fox (SO)	18:06.2	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Alex Groesch (SR)	18:08.1	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Alex Groesch (SR)	18:09.0	Sept. 22, 2012	Hancock Invitational @ Jefferson Barracks
21	Joe Butler (FR)	18:09.9	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Michael Swan (JR)	18:11.8	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	David Arredondo (SR)	18:12.6	Oct. 19,2012	Clayton Invitational @ Shaw Park
	Matt Rancilio (SR)	18:13.2	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Jordan Sosa (SO)	18:14.7	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Thomas Hogan (SO)	18:15.0	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
22	David Stolz (FR)	18:15.2	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields

C	18:16-18:45 performance	Time	Date	Course
	Jack Gallagher (SO)	18:16.6*	Sept. 22, 2012	Palatine Invitational @ Deer Grove Forest Preserve
	Jacob Marty (SO)	18:18.2	Sept. 22, 2012	Hancock Invitational @ Jefferson Barracks
	Joe Butler (FR)	18:18.5	Sept. 22, 2012	Hancock Invitational @ Jefferson Barracks
	Jack Gallagher (SO)	18:18.8	Aug. 31, 2012	5k time trial @ SLUH track
	Jordan Sosa (SO)	18:19.5	Aug. 31, 2012	5k time trial @ SLUH track
	Jordan Sosa (SO)	18:20	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Matt Rancilio (SR)	18:20.1	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Alex Groesch (SR)	18:20.8	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Garret Fox (SO)	18:21	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Joe Butler (FR)	18:21	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Alex Groesch (SR)	18:21.2	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Jordan Sosa (SO)	18:21.4	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Jerry Amsler (JR)	18:21.4	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Thomas Hogan (SO)	18:23.9	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Alex Sextro (SO)	18:24.2	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
23	Kevin Murphy (SO)	18:24.9	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Alex Groesch (SR)	18:31.7	Sept. 15, 2012	Paul Enke Invitational @ Sioux Passage Park
	Jerry Amsler (JR)	18:32.0	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Joe Butler (FR)	18:32.8	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
24	Ethan McIntyre (FR)	18:33.1	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	David Stolz (FR)	18:34.7	Aug. 31, 2012	5k time trial @ SLUH track
	Joe Butler (FR)	18:36.5	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Alex Sextro (JR)	18:36.6	Sept. 15, 2012	Paul Enke Invitational @ Sioux Passage Park
	Alex Sextro (JR)	18:36.7	Aug. 31, 2012	5k time trial @ SLUH track
	David Stolz (FR)	18:37	24-Oct-12	Findley Invitational @ Forest Park Central Fields
	Thomas Hogan (SO)	18:38.2	Aug. 31, 2012	5k time trial @ SLUH track
	Thomas Hogan (SO)	18:38.6	Sept. 15, 2012	Paul Enke Invitational @ Sioux Passage Park
25	Billy Balossi (FR)	18:39.1	Aug. 31, 2012	5k time trial @ SLUH track
26	Jack Schroeder (SO)	18:39.2	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	Alex Sextro (JR)	18:39.9	Sept. 29, 2012	Parkway West Inv @ Living Word United Methodist Church
	Jack Gallagher (SO)	18:40.2	Oct. 6, 2012	MCC Championships @ Forest Park Central Fields
	Jacob Marty (SO)	18:41.7	Sept. 8, 2012	FPXC Festival @ Forest Park Central Fields
	David Stolz (FR)	18:42.0	Oct. 13, 2012	Borgia Invitational @ Big Driver
	Jack Gallagher (SO)	18:42.0	Sept. 13, 2012	Parkway Central Invitational @ Parkway Central HS
27	Joe Moran (SR)	18:44.2	Oct. 19,2012	Clayton Invitational @ Shaw Park

A 17:45 performance or better earns runner a blue shirt.

B 18:15 performance or better earns runner a varsity letter.

C 18:45 performance or better earns runner a junior varsity letter.