

# Staff COVID Protocols\*

\*Per Public Health - Seattle and King County referral guidance through WA State Department of Health



## Isolation (currently ill):



What you do if you have COVID-19 symptoms, or have tested positive for COVID-19.

## Quarantine (no symptoms):



What you do if you have been exposed to COVID-19. Quarantine means you stay home and away from others for the recommended period of time in case you are infected and are contagious.

**Q: What if employee had close contact with someone with COVID but s/he is not sick?**

*A: Self Quarantine: Stay home and away from others for 14 days.*

**Q: What if employee had close contact with someone with COVID but s/he is sick**

*A: Self isolate. Return when 24 hours without temperature, symptoms have improved, and it's been at least 10 days since first symptoms.*

**Q: What if Employee had close contact with someone with COVID and s/he has positive COVID test without exhibiting symptoms?**

*A: Self isolate. Return after 10 days since positive test with no subsequent symptoms.*