

THE NEXT STEP

What can a parent do if the meeting with the coach did not provide a satisfactory resolution

1. Call and set up an appointment with the Athletic Director to discuss the situation.
2. At this meeting the appropriate next step can be determined.

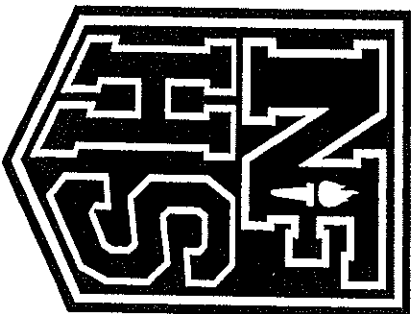
Since research indicates a student involved in co-curricular activities has a greater chance for success during adulthood, these programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet makes both your child's and your experience with the Mt. Lebanon High School Athletic program less stressful and more enjoyable.

PENNSYLVANIA
INTERSCHOLASTIC

ATHLETIC ASSOCIATION



NATIONAL FEDERATION
OF STATE HIGH SCHOOL
ASSOCIATIONS



THROUGH SPORTS
CITIZENSHIP AND FINE
ARTS

**MT. LEBANON
HIGH SCHOOL**



**PARENT/COACH
COMMUNICATION**

Together building better
programs for the students
of Mt. Lebanon Schools.

PARENT/COACH RELATIONSHIP

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH

1. Philosophy of the coach.
2. Expectations the coach has from your child as well as all the players on the squad.
3. Locations and times of all practices and contests.
4. Team requirements, i.e. fees, special equipment, off-season conditioning.
5. Procedure should your child be injured during participation.
6. Discipline that results in the denial of your child's participation.

COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to a coach's philosophy and/or expectations.

As your children become involved in the programs at Mt. Lebanon High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your child, mentally and physically.
 2. Ways to help your child improve.
 3. Concerns about your child's behavior
- It is difficult to accept your child's not playing as much as you may hope. **Coaches are professionals.** They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as those on the following page, must be left to the discretion of the coach.

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student—athletes.

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, THE PROCEDURE YOU SHOULD FOLLOW

1. Call to set up an appointment.
2. The Mt. Lebanon High School telephone number is 344-2006.
3. If the coach cannot be reached, call the Athletic Director, Mr. Grogan. He will set up the meeting for you.
4. Please do **not** attempt to confront a coach before or after a contest or practice.

These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.