



PRESCHOOL | LOWER SCHOOL

AUGUST 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17	18	19	20	21
NO SCHOOL	NO SCHOOL	NO SCHOOL	<p>Meat: Flank Steak – Buttered Noodles – Green Beans</p> <p>Veggie: Cheese Tortellini – Green Beans</p> <p>Lite Fare: Turkey – Cheddar Cheese Cubes – Strawberries – Assorted Crackers – Green Beans</p>	<p>Meat: Free Range Burger – Plain Chips – Fruit Salad</p> <p>Veggie: Black Bean Burger – Plain Chips – Fruit Salad</p> <p>Lite Fare: Pulled Chicken – Fruit Salad – Hummus with Pita Triangles</p>
24	25	26	27	28
<p>Meat: Salmon Bites – Quinoa with Kale – Orange Slices</p> <p>Veggie: Quinoa with Kale – Steamed Broccoli – Orange Slices</p> <p>Lite Fare: Ham and Cheddar on White Bread – Orange Slices – Plain Chips</p>	<p>Meat: Herb Pork Tenderloin – Mashed Potatoes – Honey Roasted Carrots</p> <p>Veggie: Garden Blend Hummus Platter – Fresh Veggies – Pita Bread</p> <p>Lite Fare: Turkey – Provolone Cheese Cubes – Fresh Veggies – Hummus</p>	<p>Meat: Chicken Tenders – Sweet Potato Wedges – Fresh Watermelon</p> <p>Veggie: Portobello Fries – Sweet Potato Wedges – Fresh Watermelon</p> <p>Lite Fare: Turkey & Hummus Pinwheels – Fresh Watermelon – Plain Chips</p>	<p>Meat: Steak Fried Rice – Cut Grapes</p> <p>Veggie: Veggie Fried Rice – Cut Grapes</p> <p>Lite Fare: Ham – Crackers – Cheese Slices – Cut Grapes – Carrot Sticks</p>	<p>Meat: Chicken Alfredo Tortellini – Mixed Veggies</p> <p>Veggie: Lemon Butter Broccoli Penne – Knot Roll</p> <p>Lite Fare: Chicken Pinwheels – Fruit Salad – Original Chips</p>
31	1	2	3	4
<p>Meat: White Fish – Garden Blend Couscous – Steamed Broccoli</p> <p>Veggie: Plain Avocado Toast – Steamed Broccoli – Fresh Fruit</p> <p>Lite Fare: Turkey, Bacon & Cheddar Sliders – Original Chips – Fresh Fruit</p>				