



Viking Safety Pledge

To align Saint John's Catholic Prep's health and safety expectations with the well-being of each member of our community, and to provide all Vikings with greater assurance as to **what they can expect from each other** in terms of a commitment to these standards, all students, faculty, staff, and parents of Saint John's Catholic Prep are required to acknowledge their agreement with our **VIKING SAFETY PLEDGE** as a condition of their return to campus this academic year.

SAFE AND SMART VIKING COMMUNITY PLEDGE for STUDENTS:

I hereby agree to abide by the following responsibilities:

1. **MASK: Wear a mask at all times** indoors and outdoors when other people are nearby.
2. **SOCIAL DISTANCE: Social Distancing by staying at least 6 feet** from others at all times.
3. **WASH HANDS: Wash my hands frequently** or use hand sanitizer if soap and water are unavailable.
4. **USE CAUTION:** If I am feeling sick or exhibiting any symptoms of COVID or if a family member is experiencing symptoms, **I will not come to school. I can virtually attend from home.**
5. **VIKING PRIDE: Show kindness, compassion, and patience** for my classmates, teachers, and Viking community members.

SAFE AND SMART VIKING COMMUNITY PLEDGE for PARENTS/GUARDIANS:

I hereby agree to abide by the following responsibilities:

1. **DAILY CHECK: Conduct a self-assessment of my child(ren) on a daily basis.**
2. **KEEP THEM HOME: Keep my child(ren) home if they are exhibiting any signs** and/or symptoms of COVID 19 or if a family member is exhibiting symptoms.
3. **MASK:** Adhere to all safety measures in place at school **including providing a mask daily** for my child(ren).
4. **USE CAUTION: Take extra precautions at home such as avoiding large gatherings and restricting travel to states with high COVID rates.**
5. **VIKING PRIDE: Show kindness, compassion, and patience** for my Viking community members.

SAFE AND SMART VIKING COMMUNITY PLEDGE for FACULTY, STAFF, and COACHES:

I hereby agree to abide by the following responsibilities:

1. **DAILY CHECK: Conduct a self-assessment of myself on a daily basis.**
2. **STAY HOME: Stay home if I am exhibiting any signs** and/or symptoms of COVID 19 or if a family member exhibits symptoms.
3. **SAFETY: Adhere to and model all safety measures** in place at school.
4. **USE CAUTION: Take extra precautions at home such as avoiding large gatherings and restricting travel to states with high COVID rates.**
5. **VIKING PRIDE: Show kindness, compassion, and patience** for my students, families, peers and Viking community members.

I understand that following these measures is critical to the safe opening and operation of Saint John's, my own safety, and the safety of others. Failing to follow these individual responsibilities jeopardizes the community and my opportunity to remain at Saint John's.

Daily Personal Health Checklist

	Fever or chills		Congestion or runny nose
	Cough		Nausea or vomiting
	Shortness of breath or difficulty breathing		Diarrhea
	Fatigue		Trouble breathing
	Muscle or body aches		Persistent pain or pressure in the chest
	Headache		New confusion
	New loss of taste or smell		Inability to wake or stay awake
	Sore throat		Bluish lips or face