



Dear RCDS Parents and Guardians,

For the past 14 years the Rye Country Day School has been using the ImPACT concussion assessment program for our students on a voluntary basis. **ImPACT** (Immediate Post-Concussion Assessment and Cognitive **Testing**) is a comprehensive battery of neurocognitive assessments administered online in a controlled environment according to recommended specifications to provide reliable data. Developed at the University of Pittsburgh Medical Center-Center for Sports Medicine (UPMC), **ImPACT** is a research-based software tool that evaluates memory, attention, processing speed, reaction time and post-concussion symptoms.

ImPACT has two components: **baseline testing** and **post-injury testing** which are used in conjunction to determine if a student who suffers a concussion can safely return to activity. Baseline testing provides a measurement of how one's brain functions in normal, everyday circumstances. In the event that a student suffers a concussion, post- injury testing composite scores are compared to the baseline scores and can be used as a tool to guide diagnosis and post injury management including return to learn and return to play decisions.

The information that is gained in our program may be utilized in studies being conducted by the UPMC; however, we have set up an anonymous identification system, so that your child's anonymity is guaranteed.

ImPACT baseline testing takes approximately 25-35 minutes to complete and is then stored in the company's data server, which is compliant with the U.S. Health Insurance Portability and Accountability Act (**HIPAA**). Baseline testing is acquired on a 2-year cycle, with testing of incoming 7th, 9th, and 11th grade students and any new incoming 8th and 10th grade students.

For the upcoming 2020-2021 school year students can take the ImPACT baseline test at home via a one-time use code. Students will receive an email detailing how to complete the assigned test from any ImPACT compatible device.

If you do not wish your child to participate in the **ImPACT** program, please [fill out the Opt Out Form](#). If you have any questions regarding this program , please feel free to contact Heidi Southard, or visit the **ImPACT** website at www.impacttest.com. We encourage you to take advantage of this program.

Sincerely,

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