

Georgetown Visitation's highest priority is the health and safety of the Sisters, its students, faculty, staff, and families. Being a part of the Visitation community means that each of us must take extraordinary steps to stay well and protect each other.

As a community, we are all responsible for helping protect one another. To help underscore each of our individual personal responsibility, Visitation is asking all members of our campus community to pledge to do their part to help keep our community well.

Visitation Community Health Pledge

I PLEDGE TO...

...take responsibility for my own health.

- I know the symptoms of Covid-19.
- I will monitor myself every day for the symptoms of Covid-19 and will consult a medical professional for guidance if I have a temperature of 100.4 or higher, sore throat, new uncontrolled cough that causes difficulty breathing, diarrhea, vomiting, abdominal pain, or a new onset of severe headache, especially with fever.
- I will get vaccinated for the flu in the fall (unless otherwise directed by my doctor).
- I will wash my hands with soap and water or use hand sanitizer often.
- I will maintain a healthy lifestyle by: eating well, practicing good sleep hygiene, getting plenty of exercise, cultivating a positive attitude, and checking in with friends.
- I will seek help if I am feeling overwhelmed, unsure, or unhappy.

...help keep the Visitation community, especially the Sisters, safe from the spread of Covid-19 and other infections.

- I will not come to campus if I am not feeling well, if I have been exposed to someone who has Covid-19, or if I am awaiting Covid-19 test results.
- I will complete the daily health screening.
- I will wear a clean, approved face covering at all times while on campus (unless eating).

- I will remain at least six feet away from others as much as possible.
- I will disinfect the workspaces I have used when I leave an area.
- Before I travel, I will consider the need to travel and the rate of transmission in the area I will be traveling to and, if it is recommended by a healthcare professional or DC Health guidance, I will quarantine as directed when I return home.
- I agree to be tested for Covid-19 and to self-quarantine or self-monitor if I am identified as a contact of anyone who has been determined to be positive for Covid-19.
- If I test positive for Covid-19, I will remain off campus until:
 - I have completed the appropriate isolation period AND
 - I have a negative Covid-19 test OR
 - I have been cleared to return to school per my healthcare provider.

...be a supportive, positive community member.

- I will carefully observe instructional signs and follow directions of all faculty and staff.
- I will keep my personal belongings clean and tidy on campus.
- I will gently remind my peers of social distancing and mask guidelines while in school.
- I will not be offended if a classmate kindly reminds me of social distancing and mask guidelines.
- I will have a positive attitude and understand that everyone is doing their best in a challenging situation.

*Together, we can help protect the
Visitation community!*

