

IREDELL COUNTY HEALTH DEPARTMENT

JANE HINSON, MS, BSN, RN
HEALTH DIRECTOR



Public Health
Prevent. Promote. Protect.
Iredell County Health Department

August 3, 2020

South Iredell Parents of Student Athletes,

A student participating in athletics on the campus of South Iredell High School has tested positive for COVID-19 virus. COVID-19 is a respiratory virus that can cause a wide range of symptoms that include fever or chills, cough, shortness of breath, fatigue, muscle or body aches, headache, sore throat, congestion or runny nose, nausea or vomiting, diarrhea and a new loss of taste or smell. The virus is thought to spread mainly from person-to-person through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths or noses of people who are nearby or can be inhaled into the lungs. We know that COVID-19 can be spread by people who are not showing symptoms. Symptoms may appear from 2 to 14 days after exposure.

Employees and students should not come to school if they develop any of the above symptoms. They should isolate at home and get tested as soon as possible. You can locate testing sites in your community by visiting the following link <https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place> Keeping our children healthy and safe continues to be a priority for Iredell-Statesville Schools and the Iredell County Health Department.

Iredell-Statesville Schools is working collaboratively with us to determine who has been in close contact to the individual who tested positive. School officials will notify you if your child is considered a close contact. We will also send you additional instructions by mail regarding the required 14 day quarantine for all close contacts.

Iredell-Statesville Schools continues to follow all the requirements outlined in the *StrongSchoolsNC Public Health Toolkit (K-12)* that was developed by the North Carolina Department of Health and Human Services. The document can be found at <https://files.nc.gov/covid/documents/guidance/Strong-Schools-NC-Public-Health-Toolkit.pdf> . It includes requirements related to screening of employees and students, social distancing, frequent handwashing, the wearing of cloth face coverings and proper sanitation and cleaning procedures.

Individuals with general questions about COVID-19 or who need access to support services can call **2-1-1** (or 888-892-1162) for assistance 24 hours a day/7 days a week or Hope 4 NC Helpline at 1-855-587-3463 for mental health support.

Additional information related to COVID-19 can be found at the following resources:

NCDHHS-DPH: www.ncdhhs.gov/covid19

CDC: www.cdc.gov/coronavirus/2019-ncov/index.html

Iredell County Health Department:

<https://nc-iredellcounty.civicplus.com/1383/Coronavirus-COVID-19>

Sincerely,

Jane N. Hinson
Iredell County Health Director