

**2020-21 SHS FALL SPORTS TRYOUT/PRACTICE INFORMATION**  
**as of Aug. 3, 2020 at 4 p.m.**

**GIRLS' CROSS COUNTRY (August 10th-October 24th)**– Head Coach: Lindsay DePaul

Stevenson Athletics will abide by all the Illinois State Board of Education All Sports Policy.

There will be a virtual information meeting on Monday, August 10th at 4 pm. All interested athletes are required to attend. Parents are strongly encouraged to attend, if available. A link to the meeting will be sent to the email address that was used to register the student for SHS Athletics.

Saturday 8/15, 8:00-10:00 am at VHAC

Time trials will be arranged by our coaching staff in small groups. The coaches will use this information to place you in an appropriate training group for the first few weeks of the season.

VHAC = Vernon Hills Athletic Complex-Stevenson H.S. North End Parking Lot (308 Patriot Way, Vernon Hills, IL 60061)

Transportation

**We are working to secure transportation for students from home to Stevenson, but at this time, it is not confirmed that we will be able to offer this. You may need to provide your own transportation to/from practices.**

**BOYS' CROSS COUNTRY (August 10th-October 24th)** - Head Coach: Scott Sommers

Stevenson Athletics will abide by all the Illinois State Board of Education All Sports Policy.

There will be a virtual information meeting on Monday, August 10th at 4 pm. All interested athletes are required to attend. Parents are strongly encouraged to attend, if available. A link to the meeting will be sent to the email address that was used to register the student for SHS Athletics.

Monday 8/17 4:00-6:00 pm in the Stadium on Stevenson Campus

Each athlete will participate in a small group time trial. This information will be used to assist the coaches to place the athletes into different training groups for the first few weeks of the season.

Transportation

**We are working to secure transportation for students from home to Stevenson, but at this time, it is not confirmed that we will be able to offer this. You may need to provide your own transportation to/from practices.**

**BOYS' GOLF (August 10th-October 24th)** - Head Coach: John Rueth

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**Friday August 7th** – There will be a virtual information meeting on Friday, August 7th at 9 am for all Freshman and Sophomore boys interested in golf. All interested athletes are required to attend. Parents are strongly encouraged to attend, if available. A link to the meeting will be sent to the email address that was used to register the student for SHS Athletics.

The information below is tentative and subject to change:

**Monday August 10th**– All players report to **Marriott (Crane’s Landing)** for the first round of tryouts. Seniors and Juniors will play first, followed by Sophomore and Freshman; the first tee time is 7:00 a.m. The cost of the round will be around \$20 - \$25.

The 1<sup>st</sup> round of cuts will be made after Monday’s tryout round.

**Tuesday August 11th** – All players making the 1st cut will report to the **Marriott (Crane’s Landing)** @ 7:00 am for the 2nd round of tryouts. The cost for the round will be \$20 - \$25.

The 2nd round of cuts will be made at the conclusion of the round.

**Wednesday August 12th** – All Seniors, Juniors and Sophomores making the first two cuts will report to the **Arboretum Golf Course**. First Tee time will be 6:30 am. The cost of the round will be around \$27 - \$29.

The 3rd round of cuts will be made after Wednesday’s tryout round.

**Thursday August 13<sup>th</sup>** – All players making the first three cuts will report to the **Arboretum** after school at **4:00** for the final tryout round. The cost of the round will be around \$25 - \$29.

Final cuts will be made after Thursday’s tryout round.

All players must have their Participation form and Certificate of Child Health Examination form into the **Athletic Department before August 7<sup>th</sup>**. Any player not having the forms completed by this time will not be allowed to participate in tryouts.

**Dress Code**—Players may wear long pants, or walking shorts of knee length. A collared shirt is necessary. **NO JEANS!!** Soft spikes are required for those wearing golf shoes. All players must walk; no power riding carts allowed.

You must provide your own transportation to the tryout courses.

**GIRLS’ GOLF (August 10th-October 24th)** - Head Coach: Emma Degen

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There will be a virtual information meeting on Monday, August 10th at 5pm. All interested athletes are required to attend. Parents are strongly encouraged to attend, if available. A link to the meeting will be sent to the email address that was used to register the student for SHS Athletics. Tee times for Tuesday's tryout will be given at this time.

**Tuesday August 11th:** JV and Varsity tryouts will be held at Cranes Landing Golf Course, with the first tee time starting at 8:00 AM. Tee times and groups will be assigned Monday during our virtual informational meeting. No one should show up earlier than 15 minutes before their tee time.

Greens fees are \$15 for 9 holes \$20 for 18 holes

Everyone needs to have proper golf attire, no jeans. Clubs will not be provided but can be rented at Cranes Landing for a fee.

#### Transportation

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**GIRLS' SWIMMING (August 10th-October 24th)** - Head Coach: Ayrton Kasemets  
Girls' Diving Coach: Jonathan Roby

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#### Tryout Information

There will be a virtual information meeting on Monday, August 10th at 4 pm. All interested athletes are required to attend. Parents are strongly encouraged to attend, if available. A link to the meeting will be sent to the email address that was used to register the student for SHS Athletics.

All swimmers and divers are expected to be at **ALL** the practices as scheduled below for tryout practices.

Equipment needed: Swimsuit and towel/sammy for all.  
Swimmers must come with goggles, cap, running shoes, athletic shorts, and a t-shirt.

Divers must come with a one piece swimsuit and sammy for day one, and **also** athletic attire and shoes for the remainder of the tryout week.

Swimmers/divers will be invited to try out in shifts on the days of August 11th-12th between the time period of 4-6 pm. The coaches will assign a time for you. Once you have completed your tryout, you will be assigned a level and be provided with more information regarding practices, which will begin on August 13th.

#### Transportation

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#### **GIRLS' TENNIS (August 10th-October 24th) - Alexxis Kiven**

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#### Tryout Information

There will be a virtual information meeting on Monday, August 10th at 4 pm. All interested athletes are required to attend. Parents are strongly encouraged to attend, if available. A link to the meeting will be sent to the email address that was used to register the student for SHS Athletics.

#### TRYOUT SCHEDULE

All tryouts are held at Stevenson High School - Vernon Hills Athletic Complex (VHAC), 308 Patriot Way, Vernon Hills, IL 60061

August 10th Virtual meeting, 4:00-5:00 pm

August 11th Grades 9-10, 4:00-5:30 pm

August 12th Grades 11-12, 4:00-5:30 pm

August 13th All grades, 4:00-5:30 pm

August 14th All grades, 4:00-5:30 pm

All participants are expected to be at ALL the appropriate tryouts.

All athletes should wear athletic attire and suitable shoes. Bring a healthy snack and two filled water bottles.

#### Transportation

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#### **GIRLS' VOLLEYBALL - Head Coach: Tim Crow**

Season begins February 15th

#### **GIRLS' FIELD HOCKEY - Head Coach: Bella Licciardello**

Season begins February 15th

**BOYS' HOCKEY** - Head Coach: Tom Wood

Season begins February 15th

**CHEERLEADING** - Head Coach: Jorie Walton

Season begins November 16th

**COMPETITIVE DANCE (POMS)** - Head Coach: Kristin Piekarski-Cook

Season begins November 16th

**BOYS' SOCCER** - Head Coach: PepeJon Chavez

Season begins February 15th

**FOOTBALL** - Head Coach: Brent Becker

Season begins February 15th