### Volume 74, Issue 3 September 18, 2009 SPORTS-Soccer victorious in CBC Tournament

in the 29th minute, as senior Pat Macauley

scored the first goal of the game off of a

header. With the crowd

pumped up, Macauley

scored his second goal of

the game with a hard shot

#### **Jacob Born** Reporter

The Saint Louis U. High Jr. Bills

(3-2-1)completed the CBC tournament last weekend, winning it all. And after bringing home the hardware, they took a road trip out to Fort Zumwalt South and lost a very close game.

Last Thursday night, the Jr. Bills went down Highway 40 to play DeSmet. For the second time in the tournament, sophomore goalie Ryan Suddarth started the game, and although he was tested early by the Spartan offense, nothing Senior Andrew Johnson fights off a DeSgot by him. SLUH had some

keeper was a brick wall.

that went over the diving goaltender. The Jr. Bills went into halftime with a comfortable 2-0 lead.

Then the flood gates opened. In twelve

managed to notch one. Both of the SLUH goals were scored by junior Brian Bement, including one where Bement headed his past the goalie to give SLUH the 4-2 lead.

Junior Richie Hoffman capped the game on a high note, kicking the ball out of midair and into the net, thus ending any thought of a DeSmet comeback. The final score was 5-2.

Two nights later, the Jr. Bills took one final trip back to CBC for the championship game against the Golden Griffins of Vianney. This was by far the most physical game the Jr. Bills had played all year.

The Jr. Bills were tested early. The Griffins came out firing, with a close call as a shot from a defender clanged against the crossbarthen sailed overhead. Chances came in waves, along with fouls and corners. The end of the half saw the score tied 0-0.

In the second half, SLUH had many scoring chances that were stopped by the Vianney defense or just went out of bounds.

see CHAMPS, 12

minutes, SLUH scored two goals and DeSmet

# Cross country outwits, outlasts, outruns

### Will Bufe

Reporter

The St. Louis U. High cross country team put on an impressive show on one of the Midwest's biggest stages last Saturday, capturing the varsity title at the Forest Park Cross Country Festival.

Once again led primarily by seniors, the Jr. Bills cruised to a victory over some of Missouri's most competitive teams, including Festus, Rockhurst, and Jefferson City.

Before the gun went off, senior captain Caleb Ford said that the key to his race preparation was to avoid "getting too serious" and instead to feel "happy." Obviously it worked, as Ford crossed the line first for SLUH with a time of 16:11. He was quickly

followed by the determined, wide-eyed junior

Tim Rackers, who in his first varsity race finished 16th among some of the best runners in the state.

Seniors Emmett Cookson, Tim McLaughlin, and BillGablerwrapped up the team's scorthe Bills pull away

**C** Football

Record: 1-4

from second-place Marquette University High School, winning by a whopping 70 points.

McLaughlin, who has continued to

run extremely well despite a slight decrease in his training program, explained what was going through his mind at the start of the third and final mile: "I just felt like I was done ... I felt like I didn't have a lot to give, but I knew I had to

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ing five and helped (Left to right) Seniors Emmett Cookson, Caleb Ford, and Nick Seckfort race to the finish in the Forest Park Invitational.

give something. Coach (Jim Linhares) before the race always gives us a little prayer, and

#### see DOMINANCE, 12

### Sports Box pdates

C Soccer

Record: 3-3 Last game: 1-0 loss vs. CBC Next game: At St. Dominic 9/19

C XC Last meet: Forest Park XC Festival, 1st Key runners: Michael Dowd, 11th place, Joe Vicini, 12<sup>th</sup> place Next meet: Enke Invitational 9/19

Last game: 24-12 win vs. Vianney

Key player: Matt Binz, 2 TD passes Next game: At CBC 9/24

-Compiled by Patrick Mulligan, Eric Mueth, Joe Merrill



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# <u>CHAMPS</u>

#### (from 5)

But the determination paid off, when junior Ben Emnett chipped the ball over the goalie's head to give the Jr. Bills the 1-0 lead with the second half already halfway over.

Vianney, not pleased with the thought of losing, tied the game back up two minutes later. Sophomore goalie Ryan Suddarth dove to stop the shot, but the ball sailed right under him, and the score was tied at 1-1.

Vianney scored again late in the half, in controversial fashion. Suddarth had the ball in his hand when a Vianney forward kicked the ball out of his hands and into the net.

<u>DOMINANCE</u>

#### (from 5)

sometimes during the race it will spring on you. It makes you think, 'I'm just happy to be here.' God is a part of my life, and in a way, God can kind of push you through. When you've got nothing left, your religious beliefs can really come into play."

SLUH proved itself to be the deepest team in the area after the coaches decided to also run the second varsity team in the same race alongside the top nine. Very impressive performances from juniors Dan Raterman (16:45) and Joe Meier (16:56) helped the second team to capture an incredible fourth place amongst the elite competition.

One major driving focus for the U. High XC team was sticking together as a pack for encouragement. Sophomore Nathan Rubbelke put it bluntly: "It's all about the team.

## <u>WALLS</u>

(from 7)

put on a couple of all-school activities such as bombardment, dodgeball, or a pool tournament—where anybody can come out and play.

Communication will play a major role this year. Reminders about Intramural events will be sent out on Zimbra. Homeroom representatives will also carry the majority of the responsibility in announcing Intramural events. With the players and coaches heated, SLUH fired every shot at the net in hopes of a late goal to tie the game up. Emnett scored his second goal of the game off of a nearly impossible angle, clinching the CBC tournament for SLUH.

"I was very gratified that we won the tournament," said head coach Charlie Martel. "It is the single most gratifying week that I have spent with any team I have coached here, due to the fact that we had tons of unanswered questions going into the tournament, and the boys answered most of them. They really played great soccer by scoring 11 goals against three MCC opponents."

It's about going out and getting it ... another solid day."

Despite the pleasant aura surrounding the Jr. Bills, several injuries have made the past week bittersweet. Seniors Bill Franey and Nick Seckfort were both forced to drop out of last Saturday's race. Seckfort has been diagnosed with a stress fracture and will be out for the season. He hopes to build on his second place finish in the 800 at the state track meet last year.

Senior David Fleming has also been diagnosed with a stress fracture, but hopes he can get back. "It's unfortunate to be injured but I'm looking to come back and join these guys, because we're going to have a really fun season. But I always like to be a manager, so I can sit back and watch some pretty neat things," he said. The Wearethechampionsbills took a long road trip on Monday to play the Fort Zumwalt South Bulldogs. SLUH dominated, controlling the pace.

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But South scored a single weak goal midway through the first half. The South goalie punted the ball three quarters of the way down the field to a player who took a shot right past junior goalie Andrew Evola for the only goal of the game. SLUH walked away from a 1-0 loss.

SLUH played Francis Howell North last night at SLUH and will compete against St. Dominic and then in the CYC tournament next week.

Tomorrow, SLUH will run its third seven in the Enke Invitational at the treacherous Sioux Passage Park, which features the infamous "Manmaker" hill. It will be tough competition for the Jr. Bills, but it will also be a great opportunity to display the tremendous depth they possess.

The top seven have the week off in preparation for another highly-anticipated race at Rim Rock Farm in Lawrence, Kansas later next week. Ford believes that this may be the U. High's best cross country team of all time.

"We definitely have the best depth we've ever had, and the fastest-ever seventh guy on the team. I think we have a great chance of winning at Rim Rock. I will train however the coaches want me to train, because they know everything," said Ford.

### THIS WEEK IN SLUH SPORTS HISTORY

Tim Malecek: PN Volume 70, Issue 4

The Magnificent Seven. The Super Seniors. "The Twelve Disciples," as Tom Irvin joked. No matter what you call them, one thing holds true: the St. Louis U. High soccer team handed the very talented, No.1 ranked CBC Cadets not only their first loss, but also first goals against—and they gave them four. (*Editor's Note: With the win, the Jr. Bills* won the CBC tournament and improved to 5-1-1.)

-Compiled by Adam Cruz

"There will be a lot more responsibility put on the homeroom representatives," said Fechter. "They will be in charge of getting their homerooms to show up for events."

As he takes over the Intramural program, Rittenhouse is focusing on maintaining the heavy participation that has been present in past years.

"Our goal is to try to bring in as many people as possible to the Intramural program," said Rittenhouse.