



July 31, 2020

2020 Fall Planning – Home health checks, hand washing, and facial coverings

Dear MCI Families and Students,

As we close out July and look to August with students returning to campus, there will be many changes from the way we have done things in the past. As such, rather than sharing one message with many pages of information, we will begin sending bi-weekly messages with handouts, links, and videos to ease everyone into a healthy beginning of school. We are continuing to develop our daily academic schedule, so that will be coming your way soon in a subsequent message. We are also awaiting more direction from the state of Maine regarding our Fall athletic schedule. The focus of this notification is what you need to do at home before coming to school and the proper ways to stay healthy with hand washing and facial coverings.

The next two pages in this communication were produced by the Maine Department of Education and the CDC. It provides you with guidelines and questions to ask your daughter/son before sending her/him to school. My suggestion would be to print them out and/or have them easily accessible for daily use. Please go over them *every day* with your daughter/son. We will be doing the same in the dormitory with our residential students. We are also asking our teachers and staff to do the same before coming to work. If you have any questions about the guidelines, please feel free to call (207) 487-3355 or email our nurse, Mrs. Adrienne Baker, abaker@mci-school.org.

Besides being healthy when students and employees arrive at school and maintaining 6-foot social distancing when possible, frequent hand washing and facial coverings are essential and will be required. Please take a few minutes to watch these videos on proper [hand washing](#) techniques and [mask wearing](#).

Thank you in advance for following the aforementioned guidelines. Besides your essential role at home, here on campus we continue to improve our facilities by extending classroom space. You will find new furniture and spaces for class outdoors; new tables and chairs in the library, dining hall patio, and dormitories; and safety partitions on our dining room tables. Our classrooms are now equipped with wall mounted hand sanitizers, and we have upgraded our custodial cleaning equipment, which now includes fogging equipment, filtered vacuums, and ultraviolet light wands for computer terminals. Together, we will do the best we can to create a healthy learning environment for all of our employees and students. Thanks again for your support and teamwork.

Warm Regards,

Christopher M. McDonald
Head of School

COVID-19

Pre-Screening Tool for School Attendance

Within the past 24 hours
have you had a fever
(100.4 and above*) or
used any fever reducing
medicine?

YES =



Do you feel sick with any
of the most common
symptoms?
(see symptom list to the right)

YES =



Have you been in close
contact with a person who
has COVID-19?

YES =



Have you traveled
outside of the state in
the past 14 days?

YES =



Contact
Your School

**Stay home with any YES response to the questions above OR
with two or more of the "other" or "less common" symptoms
listed to the right.**

Attend school when all answers are NO. Call or see your
school nurse or other designated person at school if you have
questions.

Most Common Symptoms of Covid 19:

Cough
Shortness of
breath
or difficulty
breathing
Fever (100.4 or
greater)*

Other Symptoms

Chills
Muscle pain
Sore throat
New loss of taste
or smell

Less Common Symptoms:

Nausea or
Vomiting
Stomach pain
Diarrhea
Fatigue
Headache
Rash
Swelling or redness
of hands/feet
Red eyes/eye
drainage
Congestion/
runny nose

*Fever is 100.4
regardless of
measurement
location (oral,
temporal).

Daily Home Screening for Students

Parents: Please complete this short check each morning and report your child's information [INSERT YOUR SCHOOL REPORTING INSTRUCTIONS] in the morning before your child leaves for school.

SECTION 1: Symptoms

If your child has any of the following symptoms, that indicates a possible illness that may decrease the student's ability to learn and also put them at risk for spreading illness to others. Please check your child for these symptoms:

	Temperature 100.4 degrees Fahrenheit or higher when taken by mouth;
	Sore throat;
	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline);
	Diarrhea, vomiting, or abdominal pain
	New onset of severe headache, especially with a fever.

SECTION 2: Close Contact/Potential Exposure

	Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19: OR
	Had close contact (within 6 feet of an infected person for at least 15 minutes) with person under quarantine for possible exposure to SARS-CoV-2; OR
	Traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases as described in the Community Mitigation Framework
	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline);
	Live in areas of high community transmission (as described in the Community Mitigation Framework) while the school remains open



cdc.gov/coronavirus