

HEALTH SERVICES COVID-19 PROTOCOL

AS OF 7/31/2020

As we head into the 2020-21 school year, your child's safety is our top priority. We are following guidelines from the CDC, as well as state and local health officials, and we will act in accordance with government directives and recommendations. Our licensed medical professionals will be on site daily monitoring the health and safety of all students and staff while working closely with the Tarrant County Health Department. We are aware that changes will occur, sometimes frequently, as the pandemic evolves. When we need to make changes to our protocol, we will notify you immediately.

All faculty and staff members will undergo health and safety training education specific to COVID-19 precautions prior to the start of school. This includes, but is not limited to, strict hand hygiene, social distancing, appropriate face coverings, and cleaning and disinfecting procedures.

Please review the CDC's guidelines regarding individuals who are at higher risk for severe illness and discuss with your primary care physician if you have questions or concerns about your child. Contact our school nurses to discuss your child's situation.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>

Drop-off and Arrival Procedures:

- Anyone entering campus is required to comply with screening procedures.
- Trinity Valley School will not conduct daily temperature checks or screenings on students, faculty, or staff. In keeping with best practices, families and faculty/staff will perform daily self screenings, including temperature checks, at home, and enter the information into a screening app on their mobile device, prior to arrival at school. Your collaboration with this will allow for a more thorough screen to ensure health and safety on campus (more information regarding this app to follow with its release in August).
- We are continuing to work on the details of our screening procedures and will send them to you once they are finalized. With information changing often, we want the TVS drop-off protocols to be as accurate and up to date as possible. As with all safety measures, we will revise these as necessary to meet guidelines.
- Parents and non-TVS siblings are required to remain in their vehicle during drop-off. Due to the circumstances and our focused efforts on reducing the spread of COVID-19, everyone arriving on campus must go through the carpool lines. For student safety, TVS prohibits parking in the Lower School or Middle School parking lot and releasing students to walk through those lots to their classrooms. Until further notice, only students and faculty will be permitted outside of cars while on campus.
- More specific information will follow.

Masks:

- For students in grades 1-12, masks or face coverings are **MANDATORY** while on campus. Students should wear masks properly, with mouth and nose covered, for the duration of the school day. Mask breaks will occur during lunch and snack times, when students are distanced outdoors, and as needed throughout the day.
- For students in grades Pre-K and K, masks or face coverings are **HIGHLY RECOMMENDED** in the classroom, and required when they are lining up and during other times when they are not able to meet distancing recommendations. We understand that most of our youngest students will find it challenging to wear masks/face coverings; however, it is the best practice to follow. Faculty and staff will encourage the wearing of masks/face coverings.
- Each family is responsible for providing your child's mask(s). Please ensure that your child's

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mask/face coverings cover the nose and mouth. There are many online resources for purchasing non-medical masks for children. One such source is <https://www.etsy.com/market/masks>.

- **Proper mask wearing requires covering the nose and mouth.** All faculty and staff will reinforce the proper wearing of masks and face coverings. Note: vented masks will not be allowed.
- All staff members will be required to wear a mask/face covering (they may remove it while outside if meeting the required social distancing from others).
- We will offer frequent breaks from wearing masks any time students are outside, if they simply need a break, and of course while having lunch or a snack. During those times, children will be encouraged to stay six feet apart to meet social distancing requirements. There will be signage throughout campus to help with spacing and to remind students of proper distancing.
- It is best to have several masks at home so that you can wash them on a regular basis. **Sending an additional clean mask, packed in a ziploc bag, in your child's backpack is recommended.** For more information on mask wearing and recommendations, we have included a link to the CDC. <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>
- **Disposable masks:** If your child will be wearing a disposable mask, please note that he/she will need a new mask each day and an extra on hand while at school.
- **Face Shields:** It is not known if face shields provide any benefit as source control to protect others from the spray of respiratory particles without a mask. The CDC does not recommend the use of face shields for normal everyday activities or as a substitute for cloth face coverings. A face shield is sometimes used when sustained close contact with other people is expected. If face shields are used without a mask, the shields should wrap around the sides of the wearer's face and extend to below the chin. Disposable face shields should only be worn for a single use. Reusable face shields should be cleaned and disinfected after each use.

Hand Hygiene Procedures:

- All students, faculty, and staff will be required to wash hands upon arrival at TVS. We have added additional hand washing stations throughout the campus.
- Throughout the duration of each day, we will remind students about safe hand hygiene practices. There will be required hand hygiene intervals via hand washing and hand sanitizer. These include, but are not limited to:
 - Daily arrival to campus
 - Prior to eating (lunch and/or snack)
 - Following lunch or snacks
 - After using the restroom
 - After sneezing or if using a tissue to blow their nose
 - Before and after playing outside or activities
 - Prior to going home each day

Room Capacities and Distancing:

- Classroom capacities will be closely monitored and aligned with safety measures per the CDC guidelines.
- Classrooms and other spaces on campus have been measured to determine the number of students that can be in the space while maintaining distance requirements.
- While students are on campus, we will be practicing and encouraging social distancing of six feet or more.

Lunch and Snack Procedures:

- All students will wash hands prior to lunch.

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- If eating in the classroom, their desks will be sanitized prior to eating.
- While eating lunch, students will be spaced according to recommended distancing (approximately six feet apart). More details regarding lunch services will be provided by each division head.
- Following lunch, students will wash hands or apply hand sanitizer and reapply their mask.
- For snacks, students will wash hands and be spaced to follow distance requirements.
- Students will be reminded not to share any part of their lunch or snacks with others.
- Following snacks, students will wash their hands or use hand sanitizer.

Outdoor Procedures:

- While students are outside during the school day for activities or play, they will be reminded of social distancing and will wash hands upon re-entering the building.

Facility Policies and Procedures:

- All classrooms will be cleaned and disinfected on a daily basis.
- Toys and teaching aids will be routinely cleaned and disinfected.
- All restrooms will be cleaned and disinfected on a regular basis.
- High-touch surfaces such as door handles will be cleaned and sanitized throughout the day.
- All students must bring their own personal labeled water bottle. Water fountains are not available at this time; however, there will be bottle filling stations available.
- More specific information will follow

COVID-19 Symptoms, Positive Cases, and Return to School:

Symptoms of COVID-19 may develop within 2-14 days after exposure to the virus and may include the following:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Headache
- Sore throat
- Muscle pain
- Chills
- New loss of smell or taste
- Nausea, vomiting, or diarrhea

Sick Procedures:

- If your child is showing signs or symptoms of any kind of illness and you send him or her to school, this can result in exposure to staff and other students' families which could be fatal. **PLEASE DO NOT SEND YOUR CHILD TO SCHOOL IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME AND CONSULT WITH YOUR PEDIATRICIAN.**
- If your child is experiencing any symptoms of COVID-19, we recommend that you contact your pediatrician and follow CDC and local health department guidelines regarding self-quarantine for the student AND any siblings.
- If your child gets sick while at school or simply is not feeling well, he or she will be sent or taken (depending on age) to the nurses' office to be assessed by one of our registered nurses.
- If your child develops ANY COVID-19 symptoms while at school (example: even a headache, sore throat, cough), you will be notified and asked to pick up your child immediately. If you are not able to arrive within an hour of the call, please be sure you have someone that is available to

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pick up your child.

- A nurse will walk your child to the pickup circle and will wait with him/her until you arrive.
- Depending on the presentation of the child and his/her symptoms, we may be able to offer a Cook Children's Telemedicine visit for further evaluation, but the child will still need to go home after the visit is complete.
- If your child is sent home due to symptoms and is not evaluated by a physician, you will need to contact the nurses prior to return to school for clearance.
- If your child is not evaluated by a physician and continues to have any symptoms of COVID-19, he or she will need to remain at home and follow the CDC isolation/quarantine guidelines.
- If your child presents with COVID-19 symptoms and is not already wearing a mask, the medical staff will place a mask on the student.
- If your child is being tested for COVID-19 and/or has symptoms, please contact Amy Coats, RN, BSN or Kim Bartell, RN, BSN. We will request a follow up with the results in order to move forward with contact tracing and the proper disinfection procedures. The same practices will be followed for TVS faculty and staff.
- If your child routinely experiences chronic issues (e.g., headaches or allergy symptoms), expect increased communication from TVS nurses as we determine how to most effectively differentiate these issues from COVID-19 symptoms. We will assume symptoms are indicative of COVID-19 until determined otherwise. We ask for your cooperation as we navigate this.
- Contact information for TVS nurses:
 - coatsa@trinityvalleyschool.org and bartellk@trinityvalleyschool.org
 - TVS Health Services direct line: 817-321-0132

Return to School:

- Please review and follow the CDC's Return to School information here: **[When You Can be Around Others After You Had or Likely Had COVID-19](#)**
- If your child is given an alternative diagnosis (examples: strep throat, pink eye, flu, ear infections, etc), please send a note from your physician to the nurses for clearance to return to school.

Family Commitment:

We understand that you are entrusting us with your child. TVS continues to focus on the goal of providing in-person school as safely as possible. We are committed to working hard in the coming weeks and months, and we ask that you also commit to the role that your family plays in making school the safest experience for everyone. The safety of your children and TVS employees depends on practicing good safety and health protocols off campus as well, so we ask you to heed the measures below to help keep everyone safe and healthy.

It is important to note that if your child is showing signs or symptoms of any kind of illness and you send him/her to school, this can result in exposure to staff, other students, and their families which could be fatal.

- **PLEASE DO NOT SEND YOUR CHILD TO SCHOOL IF HE OR SHE DISPLAYS ANY SIGNS OR SYMPTOMS OF ANY ILLNESS. CONTINUE TO MONITOR AT HOME AND CONSULT WITH YOUR PEDIATRICIAN.**
- Please check your child's temperature at home before coming to school. If your child has a temperature of 100.0 or higher, STAY HOME and contact your pediatrician's office for further instructions.
- If your child seems "off" and is not eating or drinking as he/she normally does prior to coming to school, he/she may be getting sick. STAY HOME and continue to monitor his/her condition.

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- Please do not give your child fever-reducing medications prior to school. If he/she has a headache, sore throat, or other symptoms, please KEEP HIM/HER HOME and continue to monitor. Medications such as Tylenol (Acetaminophen) and Advil/Motrin (ibuprofen) will mask a fever and could result in exposing others to COVID-19 or other illnesses.
- If your child has vomited or had diarrhea within 24 hours of attending school (no matter what you may think the cause could be), KEEP HIM/HER HOME. These are now also symptoms of COVID-19. Please contact your pediatrician to discuss further and to clear your child to return to school. The child may not return to school until 24 hours following his/her last episode of vomiting or diarrhea.
- If a family member in your household is diagnosed with COVID-19 or awaiting results of testing, YOUR CHILD WILL NEED TO STAY HOME and follow the recommended quarantine guidelines by the CDC and local health officials.
- If your child is sick and unable to attend school, please contact your child's division office. Our school nurses, Amy Coats and Kim Bartell, will follow up with you to discuss further.