



COVID-19 SCREENING FORM - ATHLETICS

Athlete Name: _____

Athlete Signature: _____

Do you have any of the following symptoms today?

(Coach will circle yes or no for each day and initial)

	Coach		Coach		Coach		Coach		Coach
Date	Initials	Date	Initials	Date	Initials	Date	Initials	Date	Initials

Fever of 100.4 F or above	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
Cough (new, undiagnosed cough)	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
Trouble breathing or shortness of breath	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
Sore throat	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
Sudden change in taste or smell	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
Muscle aches or pains	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO

CHECKLIST:

- Athlete symptom check
- Athlete washed or sanitized hands
- Coach washed or sanitized hands
- Equipment surfaces disinfected
- No shared water bottles, coolers, etc.

By signing below, I hereby acknowledge that I have read, understand, and agree to the policies and procedures set forth for participating in athletics.

Coach Name: _____
Please Print

Sport: _____
Please Print

School: _____
Please Print

COVID 19 - ATHLETIC GUIDELINES – JUNE 1, 2020

All athletic conditioning and weight lifting sessions in schools may resume on Monday, June 1st. Specific guidelines are listed below. Please contact Tim Best (tbest@dsdmail.net) if you have additional questions.

Each school should create a plan that works with their specific environments. Schools with more space can allow more students in that space than schools with limited space. Here are some guidelines for our athletic programs while limiting groups to 50 people or less. E.g., a 40' x 30' weight room has 1,200 sq. ft. so a maximum of 33 students could maintain a 6' distance. Here are some specific guidelines for your athletic programs.

1. During drills and competition, social distancing guidelines do not apply.
2. Remain at least 6 feet apart from other individuals. Use stations for large groups.
3. Avoid contact with high touch surfaces whenever possible.
4. Assign students to a bench, squat rack, treadmill, etc. This reduces cross-traffic use.
5. Clean equipment between students.
6. Follow camp/clinic guidelines when traveling outside of Davis County. (Keep your kids safe.)
7. Create alternative workouts for students in a high-risk environment at home who cannot attend.
8. Space equipment around the perimeter to reduce gatherings. Water breaks should be individualized, and students should bring their own clearly marked water bottle.
9. If it is not possible/feasible to distance people, then masks should be worn by students, coaches, and spectators.
10. Locker rooms and showers will not be available at this time.
11. Heavy lifts should use a Smith machine or a self-spotting bar in lieu of a spotter.
12. Until further notice, please eliminate the postgame handshake lines.

Participants should have their symptoms checked before each practice or activity.

Ask the following questions: Do you have a fever, cough, shortness of breath, muscle aches and pains, loss of sense of smell, or a sore throat?

5-6 thermometers (and cleansing wipes) have been sent to each high school. Those will need to be shared amongst the driver education and the athletic department.