

FREE HOME- DELIVERED MEALS

Meals on Wheels of Ramsey County is providing free home-delivered meals to Ramsey County adult residents who are impacted by COVID-19. There are eight local program sites providing this service. This program is made possible by the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

Program Eligibility Requirements (must meet all criteria):

- Ramsey County Resident
- Over the age of 18
- Homebound due to COVID (directed to isolate or quarantine; health compromised and need help preparing meals; or in a high-risk category as defined by the CDC)
- Experiencing financial hardship and cannot afford groceries or meals.

**For More
Information:**

Call 651-318-9091

Menu Options Include:

Heart Healthy/Diabetic
Friendly
Vegetarian/Vegan
Gluten Free
Dairy Free
Kosher
Renal
Culturally Specific



RAMSEY COUNTY