

Physical Education Department Policies

Uniforms

1. Students may purchase a maroon physical education uniform from the PE department, which includes shorts and shirt imprinted with a School logo and name bar. Students may also wear plain clothing from home as long as it is athletic style, plain, and meets the following guidelines: Shorts must be maroon, shirts must be maroon, sweat pants must be gray, sweatshirts may be gray, maroon, or black (school colors), with absolutely no logos.
2. Students who color in or otherwise modify their PE uniforms will be required to get new ones. Uniforms that are torn, frayed, or improperly marked must be repaired or replaced. Shorts and shirts must be the appropriate size and shorts will be worn at the waist.
3. Students must wear PE shirt and shorts at all times. All students must wear the approved school uniform marked with first name, and last name, in black marker on the shirt. Student initials must be written inside the shorts.
4. Students must wear safe **athletic** shoes at all times (appropriately laced). Flat shoes (ballet slippers) and slip-ons (Absolutely no Vans) are prohibited and will be considered a non-suit.
5. For cold weather, students must wear school attire which includes; sweats and sweatshirts over physical education clothing. No writing, pictures or logos may be on the underneath clothing. When wearing sweat pants, students are still required to wear physical education shorts underneath.
6. Students should have their winter uniforms for PE by October 15.
7. Physical education clothing must be tucked in at all times and be worn appropriately (no sagging, etc).
8. Lost clothes must be replaced immediately. No loaner clothes will be available. Students may receive non-suits for not having the proper attire.
9. Uniforms must be kept clean and cannot be modified
10. Clothing will be checked every Monday for washing. Students will be required to bring home their clothes every Friday at a minimum.
11. Students are not permitted to share uniforms
12. All students who have long hair, or hair covering their eyes, must have it pulled back with a hair tie due to safety concerns.
13. No hoop or dangling earrings may be worn. Long necklaces may be tucked in your shirt provided they do not have bulky or sharp objects. NO facial jewelry may be worn during the physical education class.
14. Any violation of the above uniform policy can result in detentions as well as loss of class participation points. Detentions can and will be issued by any member of the PE department.

Non-Suits:

1. Students will not be permitted to make-up work for having a non-suit
2. Students that have non-suits will receive point deductions from grade as well as detentions (see syllabus)
3. Loaner clothes will not be provided

Lockers:

1. Each student will be issued a school locker to store their P.E. clothes. Students are responsible for keeping their locker locked at all times.
2. Students must have a combination number lock (no letters, arrows or other characters) to secure their items. Students will also need to have the lock in order to have a locker assigned.
3. If the lock is purchased from home, the combination must be given to the teacher before the locker is issued. Locks can be purchased from school or brought from home. Locks that are purchased from school have the ability for staff to open quickly in case of emergency or if a student forgets their combination, etc.
4. Security/Administration (at students' expense) will cut off locks placed on unassigned lockers.
5. Teacher can not be liable for articles left unsecured. Replacement P.E uniforms can be purchased throughout the year. Replacement locks can be purchased for locks that are stolen, lost or damaged. There is no sharing of lockers for any reason.
6. Students will be assigned lockers during the first week of school. These lockers are to be used ONLY during physical education class.
7. Lockers are not to be used to store books throughout the school day. Students returning during passing periods to get books, etc. will not be permitted in the locker room whatsoever. Students that do so will be sent to the office.
8. Students may not share locks or lockers at any time.

9. Clothes left in a locker that is unassigned to a student will be confiscated.
10. Items that are valuable should not be brought to school
11. Staff is not responsible for lost or stolen items.
12. No food or drink is allowed in the locker room (water bottles are an exception).
13. Glass and/or aerosol products are not allowed in the locker room. Students are not allowed to have any type of spray item in the locker room at any time.
14. All products used in the locker room need to be fragrance-free for the health and safety of other students.
15. Cell phones are prohibited in the locker room. If a cell phone is out for any reason, it will be confiscated and returned to the office for parent pick up.
16. Students must not dress out in the restroom stalls/showers. All students need to dress by the locker which is assigned to them.

Injuries:

1. Students should report all injuries immediately to their teacher
2. Behavior that might lead to injury to self or others will not be allowed.
3. Students must report any equipment or ground conditions that may be dangerous to their teacher immediately.
4. If the teacher is absent, students are responsible to notify the substitute of the injury or doctor's note and report to the office if necessary.

Parent or Medical Notes:

1. A doctor's note is necessary for any physical education excusal.
2. If a student has medical concerns, it is very important that the physical education teacher is made aware.
3. Students are expected to dress out for class, even if they are excused from activity.
4. Students will be expected to make up work they miss while they are excused.
5. If medical note from doctor is extensive, students will be placed in a modified class.
6. A parent note is good for 3 days. After 3 days of not being able to participate, a doctors note is needed.

Equipment and Facilities:

1. Students are expected to properly handle and care for equipment and facilities.
2. A student will be charged for damaged facilities and equipment due to abuse or carelessness.

Lost and Found:

Ever year our lost and found has an over-abundance of "found" clothing. If you have missing clothes, please check our lost and found areas. Unclaimed lost and found articles are donated to charity and the end of the school year.

Inappropriate Language/Actions:

If a student, according to the discretion of the teacher, uses inappropriate language or presents themselves in an inappropriate manner at any time while in the physical education areas, the student will receive the consequence deemed by the administration. The PE Rules and Guidelines will be strictly enforced. Violation of the general fitness rules may result in a suspension of the activity within Physical Education. Students are to respect all school personnel and authority. Students must behave appropriately with all physical education staff members (on fields, in locker rooms, etc

Problems:

If a student is encountering a problem in class, in the locker room, or has concerns relating to physical education we encourage them to talk to their teacher or any member of the physical education staff.

I understand the above rules for participation in the school's physical education program. I also agree to be in compliance with the district's policy relating to physical education and agree to abide by all rules.

Signed _____ Date _____
(Student)

Signed _____ Date _____
(Parent)

