



## *Finding it difficult to make ends meet during the summer months?*

Nutritious free meals are available for children and teens 18 and younger at many locations throughout the summer while school is out of session. You can use any of the below methods to locate sites that serve free meals to children *beginning in mid-May*.

- [www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)
- Call 211
- Call 1.866.3Hungry or 1.877.8Hambre
- Text "MEALPA" to 877877 during the summer months
- Use the site locator for smartphones --Rangeapp.org

For additional information about the Summer Food Service Program please contact Mary Ringenberg at [mringenber@pa.gov](mailto:mringenber@pa.gov) or 717.783.6501.

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