

What forms are required for participation?

- The Florida High School Athletic Association requires (4) forms necessary for a student to participate in athletics.
 - EL2 – Pre-participation Physical Evaluation
 - EL3 – Consent and Release from Liability Certificate

(insert links for forms here)

- Please submit all forms via AthleteConnection.

When are the FHSAA forms due?

- All forms are due (3) business days before the first day of participation in athletics and must be submitted via AthleteConnection.

Where can I find the forms necessary for participation?

- All necessary forms can be found and submitted on <https://www.athleteconnection.net/> under the “Links” tab. Please refer to the AthleteConnection webpage for a more detailed explanation. They can also be found above.

Why are we unable to accept Department of Health forms?

- The Florida High School Athletic Association governs participation in athletics and requires that any submitted forms be on their template.

How long are forms/physicals valid?

- All forms are valid for one calendar year (365 days) from the signed date shown or the date of examination. The date of examination will supersede the date signed.

Do you offer yearly physicals?

- Yearly physicals are offered in May on a select date. This date is determined by our physician volunteers’ availability. Physicals are \$20 and proceeds go to improving the Athletic Training department. The date will be publicized during the spring semester.

My child is going to see a physician, do I need to take forms with me?

- Please download our Sports Injury Form and take this with you to the physician. When they complete this form, please have your child return it to the Athletic Training office.

(insert link for form here)

When can my child receive treatment/rehabilitation?

- Students may receive treatment and/or rehabilitation after school concludes. Students are also able to receive these services during the school day with a pass and excuse from class. We are unable to remove students from their class. If a student has study hall, with the release from the supervising teacher, they are able to come to the Athletic Training room and receive treatment.

My child is interested in Athletic Training/Sports Medicine and would like to learn more, is there a class available?

- Athletic Training is offered as an elective class. It is a semester course and scheduled during 7th period. Please speak with College and Career regarding scheduling.

I am a college student looking to obtain clinical observation hours, who do I contact?

- Please contact Scott Schenker at sschenker@lhps.org, 407-206-1900 x1218.

What is ImPACT?

- ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) is the most-widely used and most scientifically validated computerized concussion evaluation system. ImPACT provides trained clinicians with neurocognitive assessment tools and services that have been medically accepted as state-of-the-art best practices -- as part of determining safe return to play decisions.

How long does ImPACT take to complete?

- ImPACT's Test is computerized and takes about 30-45 minutes to complete.

How often does my child have to baseline test with ImPACT?

- Baseline tests are suggested every two years. If a concussion is suspected, the baseline report will serve as a comparison to a repeat ImPACT test, which is used to assess potential changes or damage caused by a concussion.
- If a student athlete has a concussion during the two year period, a new baseline will be established before participation in the next sport.