

**MARPLE NEWTOWN SCHOOL DISTRICT
NEWTOWN SQUARE, PENNSYLVANIA 19073
HEALTH SERVICES DIVISION**

School Asthma Record

Date _____

Dear Parent/Guardian:

You have told us that your child has asthma.

Please fill out the asthma record form on the back and return it to the School Nurse. The information will be shared with school personnel such as your child's classroom teacher(s) and physical education teacher on a need to know basis. The information will help them work with your child to minimize unnecessary restriction of activity and feeling of being treated differently.

Please let the nurse know of changes in your child's asthma management or medication schedule so we can help to keep your child healthy.

Thank you for your cooperation,

School Nurse

Telephone

Asthma Questionnaire

Child's Name _____ *Grade* _____ *Teacher* _____
Parent's Phone (home) _____ *(cell)* _____
(work) _____

Physician treating child's asthma _____ *Phone* _____

1. How long has your child had asthma? _____
2. When was your child last seen by a doctor for their asthma? _____
3. Please rate the severity of your child's asthma (circle one)

NOT SEVERE 1 2 3 4 5 6 7 8 9 10 SEVERE

4. Has your child ever gone to the hospital for an asthma attack? _____
5. What triggers an asthma attack? (circle all that apply)

Illness Emotions Medications Foods Weather Exercises
Fatigue Odors Cigarette Smoke Other _____

6. Please describe your child's asthma attack (symptoms/duration)

7. How do you treat an attack at home? (circle all that apply)

Breathing Exercise Rest/Relaxation Drink Liquids

Medications: Inhaler Nebulizer Treatment Oral Medication

8. Please list medications your child takes every day for asthma:

Name of Medication _____ Frequency _____

Name of Medication _____ Frequency _____

*****Please Return to the Nurse's Office as soon as possible*****

Signature of Parent/Guardian _____ **Date** _____