



# Allergy with Risk of Anaphylaxis Individualized Health Plan

EISD Rev. 3/2020

Student Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Annual Review	Year	Initials	Year	Initials	Year	Initials	Year	Initials	Year	Initials	Year	Initials	Year	Initials
IHP														
ECP received														

### Assessment Data:

Life-threatening allergies: \_\_\_\_\_

History of anaphylaxis? Yes No Symptoms: \_\_\_\_\_

### §504 Evaluation:

Due to the nature of this medical condition, your child may be eligible for services under §504 of the Rehabilitation Act. The decision to pursue or decline §504 services is up to each family. Should you decide to decline at present you may request an evaluation at any time in the future.

Please indicate your preference for §504 Evaluation: Request  Decline

### Optional elementary school accommodations for students with tree nut or peanut allergies:

Designated nut-free classroom Request  Decline

Designated nut-free cafeteria seating Request  Decline

### Parent Responsibilities:

- Provide an Allergy & Anaphylaxis Emergency Care Plan (ECP) prior to the first day of each school year
- Provide 2 epinephrine auto-injectors for student (each box contains 2 auto-injectors)
- Keep track of medication expiration dates and replace epinephrine before it expires
- Provide 2 additional epinephrine auto-injectors for elementary after-school programs (Easy Care, community education)

### Parent Resources:

The TDSHS "Guidelines for the Care of Students with Food Allergies at Risk for Anaphylaxis" and the "EISD Food Allergy Management Plan" are available on the EISD website. <https://www.eanesisd.net/dept/health/food-allergies>

**Nursing Diagnosis:** Potential for ineffective breathing pattern related to bronchospasm and inflammation of airways.

**Goals:** Student will limit exposure to allergens and recognize symptoms and receive treatment for anaphylaxis

### Interventions:

- The nurse will document allergies in Skyward under Critical Alert to alert teachers, staff, Child Nutrition and Transportation
- The nurse will upload the student's Emergency Care Plan in Skyward under IHP for teachers and school personnel
- Students who self-carry epinephrine will commit to carry their auto-injectors at school and all school-sponsored events
- WHS students will commit to carry an EpiPen or equivalent on their person unless it is stored in the clinic per parent request
- The nurse will pack medications and Emergency Care Plans for field trips if the student's epinephrine is stored in the clinic
- The nurse will review the student's Emergency Care Plan annually with the student or parent
- Students who self-carry epinephrine will verbalize an understanding of the Emergency Care Plan
- The nurse will alert maintenance about wasp, bee and fire ant infestations that are reported by teachers and students
- EISD will provide allergy and anaphylaxis training to school personnel via mandatory annual online training
- The nurse will document all allergic reactions and treatment
- The nurse will review the emergency response to anaphylaxis to identify opportunities for improvement
- The nurse will communicate with parents and health care providers as needed

### Outcomes:

The student, parents and school personnel will work together to limit the risk of exposure to allergens, recognize symptoms of an allergic reaction and be prepared to provide emergency treatment.

\_\_\_\_\_  
Parent/Guardian signature (optional)

\_\_\_\_\_  
Date

\_\_\_\_\_  
School Nurse

\_\_\_\_\_  
Date