

WEST
ST. LOUIS POST-DISPATCH
MONDAY, NOVEMBER 27, 1989 7W

## Team

### ALL-METRO TEAM

**FIRST TEAM**  
Ron Cross, Parkway West, Jr.; Doug Hunsicker, House Springs, Sr.; Andrew Greenwood, Clayton, Sr.; Mickey Lewis, S.L.H.S., Sr.; Terry Keith, DeSmet, Sr.; Jeffrey Swartz, Glasgow, Jr.; Jason Sargent, Parkway North, Jr.

**SECOND TEAM**  
Chris Beaulieu, Hazelwood West, Jr.; Brent Cohen, Fort Zumwalt No. Sr.; Ben Davis, Parkway West, Soph.; Clint Griffin, House Springs, Sr.; John Jackson, Lincoln, Sr.; Ken Shramovich, Francis Howell North, Jr.; Scott Stevermer, Kirkwood, Jr.

**HONORABLE MENTION**  
Steve Dorring, McCluer North, Jr.; Wally Greig, Jr.; Berthel, Jr.; Jimmy Hendrix, Valley Park, Soph.; Greg Jones, St. Dominic, Jr.; Max Kohl, Edwardsville, Sr.; Mike Kuth, Sedalia, Sr.; Roman Lacey, Alton, Jr.; Greg Levine, Parkway South, Jr.; Matt Ran, Rogers, Jr.; Jason Timmer, St. Charles, Jr.; Brent Wheeler, McCluer North, Sr.; Dan McPherson, Darden, Soph.; Shaun Schwab, Hazelwood East, Soph.; Taylor Lachner, Sr.; Ryan Lufkin, Parkway North, Fr.

**GIRLS**  
Rebecca Davis, Parkway West, Fr.; Katy Fischer, Oakville, Soph.; Maurice Grossman, Lincoln, Sr.; Shelly Hill, Lafayette, Sr.; Katherine Koropants, Parkway West, Soph.; Marissa Spodis, Lincoln, Sr.; Megan Thompson, Hazelwood Central, Sr.

**SECOND TEAM**  
Ingrid Hogroed, McCluer, Sr.; Kristi Irwin, Leawards, Jr.; Amy Lorch, Parkway South, Jr.; Bobb Blev, Lohmeyer, Sr.; Kristi Reis, Francis Howell, Sr.; Jason Roberts, Parkway West, Jr.; Mary Schaefer, Parkway West, Jr.

**HONORABLE MENTION**  
Crystal Blumenthal, Hazelwood Central, Jr.; Stacy Bauder, Parkway North, Fr.; Frisco Charters, Hazelwood East, Jr.; Becky Dohm, Brentwood, Soph.; Amy Fritling, Parkway South, Sr.; Kim Gardner, Webster Groves, Fr.; Tanya Gogger, Lincoln, Sr.; Jennifer Hester, Hazelwood Central, Jr.; Kristin Johnson, Leawards, Soph.; Jenni, Jr.; Wendy, DeSmet, Jr.; Lucinda, Rogers, Jr.; Kariweid, Jr.; Melissa Dierbeck, Parkway West, Sr.; Madison R. Co., Lafayette, Jr.; Rose Zogorak, O'Fallon, Soph.; Lisa Vestra, Lufkin, North, Sr.; Stacy Welting, Parkway West, Jr.

A late-season slump did not dampen Ryan's achievements of the regular season. He placed third at the First Capital Invitational, second at the Hazelwood Central Invitational and first at the Hancock Invitational, where he posted an impressive time of 16:12 on a challenging Jefferson Barracks Park course.

What distinguished Ryan was his penchant to butt heads with the top runners in the state. He finished third and second, respectively, to Jefferson City all-star Brian Hawkins at the First Capital and Hazelwood Central meets. He took on Cox, the then-defending state champion, at a district meet, only to burr himself out after two miles.

"Terry found out that Cox is extremely tough and he may have to work on his own race," DeSmet coach Tom Sothers said. "He's fiercely competitive; he does everything that way."

**RON CROSS, PARKWAY WEST:** He made great strides this season, recording the seventh-best time — 10:06 among St. Louis runners — overall at the Class 4A championship meet in Jefferson City. Cross time was 16:50.

Longhorn coach Dale Shepherd lavished praise on the junior standout, who also won the sectional championship at Sioux Passage Park in a time of 16:48.

"He ran about 500 miles over the summer, and the only time he missed any action is when he grained his ankle in gym class," Shepherd said.

**SNEETER RANKINS, HERCULANEUM:** He was arguably the best boys high school runner in St. Louis. All of Rankins times transcended those of the large-school runners in the area.

He capped a brilliant season with a hard-fought, second-place finish to Bolivar High's Dewayne Miner in the Class 3A meet. Miner, the defending champion, ran a 16:22 to Rankins' 16:25. That time would have placed

him as runnerup in the Class 4A race to Lee's Summit's Jason Gauert (16:13). Defending Class 4A champion Michael Cox ran a 16:3, two seconds behind Rankins on the same 3.1-mile course.

"In most years, Sneeter would have been a state champion," Herculanum coach Keith Perry said.

**MICKY LUNA, SLUH:** A blue-collar, hard-hat sort of runner, Luna was amazing this season, finishing 10th at Jefferson City and making all-state in a time of 16:56.

Luna, a senior, was consistently among the top three of every race he competed in this season, making coach Jim Linhares proud.

**ANDREW KARANDJEFF, CLAYTON:** Like Rankins, he could run with anybody, despite competing for a Class 3A program.

Karandjeff won the Parkway Central Invitational, was third to Rankins and House Springs' Doug Hunsicker at the Ladue Invitational and second at the First Capital Invitational. His 17:36 time at that meet would have placed him third behind Jefferson City's Hawkins and Hazelwood Central's Chris Belkofer in the large-school division.

He made all-state with a seventh-place in the Class 3A boys championship meet, boasting a time of 17:19.

**DOUG HUNSICKER, HOUSE SPRINGS:** A tough runner to beat because of his physical strength and endurance, Hunsicker finished 11th in the boys Class 4A race to make all-state. His time was 17:00. Hunsicker, a senior, had an outstanding season, winning the St. Louis Metro Invitational in 16:51 and the Suburban West Conference championships in 16:44.

His size, 6-4, gives him a marked advantage in running hills.

"He put in the time and road work last summer and he seemed to come back the last half-mile of a race with a lot of intensity. I'm really thrilled," House Springs coach Stan Nelson said.

**JOHN SARGENT, PATTONVILLE:** Only a junior, he brought distinction back to the once-strong but currently rebuilding Suburban North Conference.

Sargent saved his best for last, squeezing out a 15th-place finish in a time of 17:35 to make all-state.

### FALL FAVORITES



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