



Middle & High School Supply List 2020-2021

Middle School Science:

- composition notebook (college ruled)
- Hand Sanitizer
- Box of tissue
- Clorox/Disinfectant wipes

High School Science:

For personal use (kept with student)

- College ruled paper
- basic calculator (not the phone)
- Pencils
- Highlighters
- Three Ring Binder or section in Binder specifically for science

For Classroom Use (used by all students)

- Index cards
- Clorox wipes (3+)
- White board markers
- Tissues

Middle & High School ELA:

- 1 Pack of Highlighters (Multi-Colored)
- 1 Pack of Black Pens for Writing
- 1 Pack of No. 2 Pencils
- 2 Erasers
- 1 Pack of Colored Pens for Editing (Red, Purple, Pink, etc...)
- 2 Packs of College Ruled Notebook Paper
- 2 College Ruled Notebooks (1 subject; semester 1 & 2)
- 1 (1”) Binder with dividing tabs

- 1 Purple Folder with Prongs
- 2 Boxes of Kleenex (If possible, only one donation per family)
- 2 Packs of Disinfectant Wipes (If possible, only one donation per family)
- Laptop and Charger (meets school specifications)
- Trade Books (Book list will not be communicated until the first day of school via the class syllabus. Time will be given for students/parents to obtain and required print books and the majority of them will be available online through our Pearson digital library or Americanliterature.com)

Middle & High School Social Studies:

- A notebook/folder combination for notes and worksheets OR a binder with loose leaf paper that will have dedicated space for Social Studies.
- Colored pencils OR Twistable Crayons
- Hand Sanitizer
- Box of tissue
- Clorox/Disinfectant wipes

Middle & High School Math:

- A notebook/folder combination for notes and worksheets OR a binder with loose leaf paper
- Scientific Calculator
- Graph Paper
- Basic Geometry set - including protractor, ruler, compass
- Four color dry erase markers
- Hand Sanitizer
- Box of tissue
- Clorox/Disinfectant wipes

Middle & High School Bible:

- ESV Student Bible and Journal
- Hand Sanitizer
- Box of tissue
- Clorox/Disinfectant wipes

Middle & High School HS Chapel:

- Bible and Journal for Note Taking

Middle & High School Electives

Electives have additional supplies according to the specific elective.

-Most electives require a binder and paper for note taking and assignments.

-Please see specific supply list for dance, yoga and theatre below.

Middle School & High School Dance

Girls:

- Black Cami Leotard
- Flesh Tone Cami Leotard
- Yoga mat or Yoga body length grippy bottom/non-slip towel (optional items-blocks/straps)
- Ear phone buds to play music (for select assignments). Laptops used for some research.
- Journal - for note taking, Goal setting & progress journaling
- 2 pocket Folder
- Pens/pencils
- Personal Hand sanitizer (student keeps in their backpack)
- Pink Ballet Tights (students of color may opt for flesh tones tights)
- Flesh toned Dance Tights
- Black Jazz pants/leggings (Will be paired with Black Performance top below so please have nice non-faded black leggings)
- Black or Tan Jazz Shoes
- Split Sole Pink Canvas Ballet Shoes. (students of color may opt for flesh tone canvas ballet)
- Tap shoes(optional)- tan or black)
- White long sleeved leotard (fully lined) \$13 - Performance Costume (same as last year)
Item#D5103 Discount Dance -
https://www.discountdance.com/dancewear/style_D5103_html?pid=3547&shop=Style&&key=white+leotard&search=true&SortOrder=R&SID=1466170381
- White long liturgical dance skirt \$29- Performance Costume (same as last year)
Item #8851 Discount Dance-
https://www.discountdance.com/dancewear/style_N8851_html?pid=23271&shop=Style&rfilter=Age%23Womens%3ACategory%23Tutus+%26+Skirts&SID=1466171073
- Women's Black Sequin Criss Cross Performance Tank Top #N7383 \$27 (new this year)
https://www.discountdance.com/dancewear/style_N7383_html?pid=27930&shop=Style&rfilter=Age%23Womens%3ACategory%23Performance+%2F+Costumes&SID=1466706101

Boys:

- NVCA PE Uniform or solid t-shirt
- Athletic shorts
- Socks with tennis/gym shoes or dance shoes
- Black or Tan jazz shoe or jazz/stage sneaker(performance). Tap shoes(optional)
- Black Athletic pants (performance)
- Black fitted t-shirt or compression shirt (performance)
- Yoga mat or Yoga body length grippy bottom/non-slip towel (optional items-blocks/straps)
- Ear phone buds to play music (for select assignments). Laptops used for some research.
- Journal - for note taking, Goal setting & progress journaling
- 2 pocket Folder
- Pens/pencils
- Personal hand sanitizer(student keeps in their backpack)

Materials additional/informational(Dance):**Ballet:**

Students may also wear ballet skirt or warm up shorts over leotard. Hair must be worn off the face and neck. Ballet warm ups may also be worn over leotards. Write students name inside of each shoe with fine tip sharpie.

Jazz/Character/Musicals: Prefer tan or black jazz shoe. Bear paws/Foot undies and Certain athletic shoes permissible. Lightweight comfortable top(must cover mid section), shorts, leggings or yoga pants (Athletic pants and T-shirts for boys acceptable). Clothing must be modest and cover mid section and body appropriately with no offensive writing. Jump up and down, go upside down- If your skin shows, it must be covered. Proper undergarments with proper support are also expected to be worn under clothing at all times. Write students name inside of each shoe with fine tip sharpie.

No jewelry that dangles as this is a safety hazard not only to the student but also to class/teammates-This includes all piercings, necklaces, bracelets and hair accessories.

*Student discounts are offered at most valley dance wear suppliers- Please tell store clerk you or your child are a student at NVCA in the Performing Arts Program. You will be asked for your student ID card as proof and if you don't have your school ID, you will need to provide my name. Nathalie & Co Dancewear in the north valley(19th Ave & Deer Valley Rd.) is a close-by retailer that has these items and more. Here is their website:
<https://www.natcodancewear.com/>

I also would like to recommend discountdance.com for online purchases however, you should go in-person to get properly fitted for ballet/jazz shoes if you are purchasing them for the first time. Dance shoes are different from street shoes and dance shoes too large(baggy) or too small will cause pain or injury to a dancers feet. Please do not purchase house slippers from Walmart as ballet slippers. Ballet shoes should be split-sole canvas only. Students can

leave their dance shoes & attire in my classroom in cubbies to cut down on bulk weight in their backpacks. I ask that the students provide a small bag(preferably an aerating bag) for their shoes and either a small garment bag(Walmart has them inexpensive) or white garbage bag to go over their hangers to protect their leotards and tights. Students will be given time to change. Students with any special needs will be accommodated. There may be on special occasion the need to purchase a costume or costume piece for a dance performance. Every effort will be made to either rent or find something reasonably priced or creatively put together with pieces a student has for some dance numbers. Costumes can range from \$30-60, so please plan accordingly.

If you are experiencing any financial hardships please contact me directly via email at kimco@northvalleyca.org. We have some dance attire and footwear that are either new or gently used in various sizes that may fit your child.

High School - Christian Holy Yoga/Aerial

- Yoga mat or Yoga body length grippy bottom/non-slip towel
- 1-2 Yoga blocks (optional buy but highly recommended)
- Bolster pillow or **soft thick towel** or travel sized memory foam pillow
- Yoga straps or flexibility band

(Items above can be left/stored in classroom cubby- please write students name on these)

- Personal Journal & highlighter
- 2 pocket folder
- Ear phone buds (to be used seldom)
- Bible or Bible app-installed on mobile device
- Personal hand sanitizer(student keeps in their backpack)

Attire: Girls(leggings, bike shorts, tank tops, yoga tops, t-shirts, shorts)

Boys (T-shirt, shorts)

Footwear: Barefoot or grippy yoga socks

Middle & High School - Theatre

Required Materials(Theatre):

- Pens & Pencils
- Ear buds used for a couple projects
- 1 Note Book Journal-lined paper
- 2 pocket folder
- Highlighters
- Computer
- Personal Hand sanitizer (student keeps in their backpack)

- 1 pair of stage shoes(black jazz shoes or black/dark colored tennis shoes are fine)
- 1 Basic Theatrical stage make up kit(Ben Nye)\$16- \$20- Can be purchased online, on Amazon(see link below) or any local costume shop in the valley). Also, Nathalie & Co Dancewear in the north valley(19th Ave & Deer Valley Rd. Carries these make-up kits and they have testers so you can match skin tone prior to purchase. They come in various shades for all skin tones. See the information below as to what the personal kit contains. **Please have this purchased and turned into me by the first day of school with the students name written on it in black sharpie.** (I will be providing "old age" add-on make-up shades(called rounds), in addition to trauma & fantasy make-up for the students.

Ben Nye(Click Link Below): Ben Nye Personal Creme Kit

- Contour Palette (includes Creme Rouge, Creme Highlight, Creme Shadow, Creme Lipcolor)
- Creme Foundation
- Eye Pencil
- Translucent Face Powder
- Flat Brush
- Latex Sponge Applicator
- Powder Puff
- Stipple Sponge

Ben Nye Personal Stage Make-Up kit(students skin tone) \$20

https://www.amazon.com/Ben-Nye-Theatrical-Creme-Personal/dp/B00CDUQJTG/ref=sr_1_5?gclid=EAlalQobChMlr7rTksDG4glVwR-tBh3ipA5ZEAAyAiAAEgKYOvD_BwE&hvadid=177573301396&hvdev=c&hvlocphy=9030008&hvnetw=g&hvpos=1t2&hvqmt=e&hvrnd=6207940161779422965&hvtargid=kwd-10539505701&hydadcr=22787_9899197&keywords=ben+nye+personal+makeup+kit&qid=1559330873&s=gateway&sr=8-5

A note about theater Make-up: Theatrical make up is worn by both male and female actors, all news TV anchors/broadcasters, dancers, celebrities and others on film, TV or stage. Lighting conditions on a stage or on camera wash out the pigmentation in human skin. Make-up is used to color correct these effects as well as contour, create characters(fantasy or real), recreate realistic trauma injuries, or make an old age face on a younger person or make an old person look young. Make-up is a staple under a variety of lighting conditions- low light, black light, natural light and artificial light depending on what we need to create in various scenes/situations.