



**pennsylvania**  
DEPARTMENT OF EDUCATION

## **PK-12 Pre-season Athletics Health and Safety Plan Template**

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The School District of Haverford Township created this Health and Safety Plan for the Pre-season July 13 - August 3, 2020 to serve as the local guidelines for athletic activities. Given the dynamic nature of the pandemic, this plan incorporates flexibility to adapt to changing conditions.

This plan was approved on July 9, 2020, by the School District of Haverford Township School Board and is posted on the school district's website. This plan will be monitored throughout the implementation period and updated as needed. The updated plan will be reposted on the school district's webpage.

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity, and be posted on the school entity's publicly available website. School entities will also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity will continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions will be reviewed and approved by the governing body prior to posting on the school entity's public website.

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## **Athletics Health and Safety Plan: Haverford School District**

This page is the guidelines set forth by the State of PA.

All decision-makers will be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by Governor Wolf's Process to Reopen Pennsylvania. The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity will account for changing conditions in your local Athletics Health and Safety Plan to ensure a seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

## **Resuming PK-12 Sports-Related Activities**

### **Key Questions**

- How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports activities?

### **Summary of Responses to Key Questions:**

#### **HAVERFORD HIGH SCHOOL ATHLETICS**

##### **Summer 2020 Off-Season Voluntary Workout Guidelines Summary**

In accordance with the PA Department of Health and the Center for Disease Control and Prevention, Haverford School District has developed the following specific return to play plan for our athletic programs at the High School Level. This plan was developed with specific guidance and recommendations from the National Federation of State High School Associations Music and Sports Medicine Advisory Committees, UPMC Sports Medicine High School Athletic Guidelines and the PIAA Sports Medicine Committees. This plan will be in effect from the date of Board Approval through the PIAA Start Date for fall sports, unless otherwise directed.

#### **RED PHASE/ YELLOW PHASE**

During the Red and Yellow Phases no team activities may take place on campus.

#### **GREEN PHASE**

The number of coaches and athletes participating in any workout shall adhere to the gathering limitations set forth by the Governor's Plan limiting each individual game or practice at a complex to 250 in green with the facility as a whole not to exceed 50% of the total occupancy otherwise permitted by law. Individual team workout sessions will be limited to 50 students and will not exceed 2 hours per day.

The focus of Voluntary Workouts will be on individual skills and training and will avoid contact by the athletes. Captains' practices will not be permitted during the off-season.

Coaches and Students will not have building access. The Locker Room will not be available for usage during summer workouts. Athletes are expected to arrive ready to participate.

## COACHES' RESPONSIBILITY

COACHES ARE REQUIRED TO REVIEW THE CDC GUIDELINES TO EDUCATE THEMSELVES ON THE SYMPTOMS OF COVID-19, APPROPRIATE SOCIAL DISTANCING, HYGIENE, HAND WASHING AND SANITIZING PROCEDURES. IN ADDITION, IT IS EXPECTED THAT COACHES WILL REVIEW THE CDC GUIDELINES ON CONSIDERATION FOR YOUTH SPORTS TO MODIFY PRACTICES AND GAMES TO MITIGATE THE RISK OF SPREADING THE VIRUS. THIS INCLUDES FOCUSING ON ON INDIVIDUAL SKILL BUILDING VERSUS COMPETITION AND LIMITING CONTACT IN CLOSE CONTACT SPORTS.

Coaches will complete a daily Athlete Pre-Screening by logging in all athletes and completing the NFHS Monitoring Form. Any student that answers Yes to any of the questions will not be allowed to participate, be isolated from the group and sent home. The Athletic Office will be notified immediately.

Off season workouts will not include coaches considered volunteers to the District.

Coaches will develop workout pods of 15 or less (position groups, etc.) where they will conduct most of their drills. These groups will remain as consistent pods throughout the workout pre-season. This will allow for better contact tracing if it will become necessary.

All Coaches will be required to wear face coverings at all times, unless doing so jeopardizes their health. Coaches are also expected to wash their hands prior to practice and to have hand sanitizer.

Coaches will provide their own personal protective equipment, beverages and food items for each workout and these items will not be shared with others.

Coaches limit unnecessary physical contact with anyone. This includes shaking hands, fist bumps and high fives.

Coaches will structure practice sessions to maintain appropriate social distancing at all times possible. This will include the field of play, sidelines and workout areas. During down time, athletes and coaches will not congregate.

Coaches are expected to clean all school district equipment after each workout session for each workout group. Any equipment a student athlete will come in contact with will be disinfected before and after after any practice.

Team meetings will continue to be conducted through a virtual media format, no group meetings are permitted on site.

No volunteer coaches, parents, or spectators can be present during the workouts.

## **ATHLETES' RESPONSIBILITY**

Athletes will be healthy when reporting to each workout. Any athlete who exhibits fever, chills, nausea, sore throat, headaches, shortness of breath and or any other symptoms of COVID-19 are prohibited from participating in a workout. Athletes will be required to log in daily with their coach and answer a screening checklist.

Athletes are discouraged from car-pooling/ ride-sharing to and from workouts. Athletes who must share a ride will do so with an immediate family member on the team and or a member of their workout pod

Athletes must come dressed and ready to participate and will not have access to changing locker room facilities.

Athletes will have hand sanitizer available and will have washed their hands with warm water prior to practice.

Coaches and athletes must wear face coverings unless they are outdoors and can consistently maintain social distancing of at least 6 feet. Athletes are not required to wear face coverings while actively engaged in workouts and competition that prevent the wearing of face coverings, but must wear face coverings when on the sidelines and anytime 6 feet of social distancing is not possible. We will make recommendations to stakeholders on masks types by a School District endorsed medical professional.

Athletes are responsible to provide their own hydration. Individuals will bring their own water or drink supply to practice. No communal water jugs or water troughs will be provided. Any temperature 75 degrees or higher will require individual hydration presence.

Athletes will be subdivided by the coaches into workout pods of smaller groups that they will maintain as their work stations during pre-season.

Athletes will be aware that equipment will be disinfected before and after any practice session.

Athletes will shower immediately after returning home and will wash daily practice gear.

**PARENT/GUARDIAN CHECKLIST/ SIGNATURE**

IT IS RECOMMENDED THAT PARENTS/ GUARDIAN'S REVIEW THE CDC GUIDELINES TO EDUCATE THEMSELVES AND SHARE WITH THE ATHLETE THE SYMPTOMS OF COVID-19, APPROPRIATE SOCIAL DISTANCING, HYGIENE, HAND WASHING AND SANITIZING PROCEDURES.

It is recommended that Athletes will be required to complete the PIAA Comprehensive Initial Pre-Participation Physical Evaluation prior to participating in off-season workouts. This includes Section 6 requiring Certification of an Authorized Medical Examiner. This can be conducted by your family doctor's office or local clinics that provide physical exams. All PIAA forms must be completed before the 1st day of team practices in August, 2020.

The Off-Season workouts are voluntary sessions and no athlete is obligated to participate..

If you student athlete shows any sign of illness, please do not permit them to participate in any off season workout.

Please note that student athletes will be logged in daily by coaches and will be asked a few short questions as to their overall health for that day. Any answer of yes to a question will require that the student not participate and leave for the day.

In the event of a positive COVID-19 test of an athlete or family member, we would ask that the family notify High School Administration and in addition that individual athlete would be prohibited from attending workouts for 14 days. If the athlete themselves test positive, a return to play doctor's note would be required.

Please note that athletes will be required to arrive ready to practice, no locker rooms will be available, and each athlete is responsible for their own personal protective equipment, including mouth pieces.

Individual hydration will be the responsibility of the athlete and no communal water supply will be available.

STUDENT'S NAME \_\_\_\_\_

FALL SPORT \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_

STUDENT SIGNATURE

\_\_\_\_\_



## **RESOURCES**

PA Guidance for Sports All Sports Permitted to Operate During the COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletes, and the Public June 10, 2020

PIAA Press Release June 10, 2020

PA Department of Education Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools June 3, 2020

CDC COVID-19 Considerations for Youth Sports May 29, 2020

NFHS Guide for Opening Up High School Athletics and Activities May 2020

CDC COVID-19 Informational website.

<https://media.chop.edu/data/files/pdfs/return-to-youth-sports-policy-statement.pdf>

<https://ies.ed.gov/ncee/edlabs/regions/midatlantic/pdf/ReopeningPASchools.pdf> Chester County Health Department Organized Sports and Athletics

[https://www.delcopa.gov/ich/resources/covid19/pdf/OrganizedSportsInGreenCOVIDPhase\\_06-25-2020.pdf](https://www.delcopa.gov/ich/resources/covid19/pdf/OrganizedSportsInGreenCOVIDPhase_06-25-2020.pdf)

**Anticipated launch date for sports related activities: 7/13/20**

## Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Joann Patterson	Athletic Director	jpatterson@haverfordsd.net (610) 853-5900 x 2560

## Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary will be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

In the following tables, an asterisk (\*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

## Cleaning, Sanitizing, Disinfecting, and Ventilation

### Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student athletes?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

### Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by student athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)	<p>Haverford Athletics will only occur under the green phase.</p> <p>Cleaning and sanitizing will occur before, during, and after all sessions. All students should use sanitizer on the practice area before practice begins.</p>	JR Guglielmi, Director Of Facilities	<p>Sanitizer Wipes, Hand Sanitizer Dispenser, Disinfecting Spray bottles</p> <p>All products used have been approved by the EPA. The cleaner has been used in classrooms.</p> <p>The sprayer is an electrostatic sprayer approved by the EPA.</p>	Y
Other cleaning, sanitizing, disinfecting, and ventilation practices	<p>Cleaning and sanitizing will occur before, during, and after all sessions in bathroom areas.</p> <p>The coaches are expected to clean all school district equipment after each workout session for each workout group. Any equipment a student</p>	<p>JR Guglielmi, Director Of Facilities</p> <p>Head Coaches</p>	Sanitizer Wipes, Sanitizer, Disinfecting Spray bottles	Y

	<p>athlete will come in contact with will be disinfected before and after after any practice.</p> <p>Locker rooms are prohibited until further notice.</p> <p>Transportation will be provided by students and parents. Transportation is encouraged with immediate family members only.</p>			
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## Social Distancing and Other Safety Protocols

### Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?

### Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p>	<p>There will be no sessions during the yellow phase.</p> <p>Coaches will structure practice sessions to maintain appropriate social distancing at all times possible. This will include the field of play, sidelines and workout areas. During down time, athletes and coaches will not congregate</p> <p>Team meetings will continue to be conducted through a virtual media format, no group meetings are permitted on site.</p>	<p>Joann Patterson, Athletic Director</p> <p>Head Coaches</p>	<p>Schedule of practices will be set at multiple fields in order to assist with social distancing.</p>	<p>Y</p>

	Practice sessions will be limited to employees of the Haverford School District. No parents, or spectators can be present during the workouts.			
<b>Procedures for serving food at events</b>	No food will be served at events.  Student Athletes will be required to bring their own water.	Head Coaches  Student Athletes	N/A	Y
<b>Hygiene practices for student athletes and staff which include the manner and frequency of hand-washing and other best practices</b>	All coaches will attend a meeting with Athletic Director, Ms. Patterson and Mr. Donaghy on 7/8/20.	Joann Patterson, Athletic Director  Pete Donaghy, Principal  Head Coaches	N/A	Y
<b>Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</b>	Signs will be posted in high traffic areas pertaining to masks and safety practices.	JR Guglielmi, Director Of Facilities	Signage has been adhered to high traffic areas.	Y
<b>Identifying and restricting non-essential visitors and volunteers</b>	No volunteer coaches, parents, or spectators can be present during the workouts.  Parents will remain in cars at pick up and dropoff.	Joann Patterson, Athletic Director  Head Coaches	Meeting with coaches and correspondence with team members and parents.	Y
<b>Limiting the sharing of materials and equipment among student athletes</b>	Students will bring their own equipment where applicable.  The amount of balls will be minimal at each practice session.	Joann Patterson, Athletic Director  Head Coaches	Sanitizing items for shared equipment such as balls.	Y
<b>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</b>	Locker rooms will not be utilized at the present time.  Coaches will minimize groupings when practicing.  All areas will adhere to all social distancing practices and Student Athletes will remain 6 feet apart.	Joann Patterson, Athletic Director Head Coaches  Joann Patterson, Athletic Director  Head Coaches	Sanitizing items for shared equipment.  Sanitizing items for weight room equipment.	Y

<b>Adjusting transportation schedules and practices to create social distance</b>	<p>Multiple fields will be utilized so that teams do not interact.</p> <p>A schedule will be set so teams have plenty of space to utilize during a session.</p>	<p>Joann Patterson, Athletic Director</p> <p>Head coaches</p>	<p>Schedule of practice sessions</p>	<p>Y</p>
<b>Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes</b>	<p>Practices will be structured so the interaction amongst individuals does not cause a congregation of athletes in one spot on the field/area.</p> <p>Small group training and spacing is encouraged as much as possible.</p>	<p>Joann Patterson, Athletic Director</p> <p>Head Coaches</p>	<p>Collaboration amongst coaches on training techniques.</p>	<p>Y</p>
<b>Other social distancing and safety practices</b>	<p>No captain's practice sessions or aspects of practice without coaches presence.</p>	<p>Joann Patterson, Athletic Director</p> <p>Head Coaches</p>	<p>Collaboration amongst coaches and with Ms. Patterson and HHS Administrators.</p>	<p>Y</p>

## Monitoring Student Athletes and Staff Health

### Key Questions

- How will you monitor student athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?

### Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Monitoring student athletes and staff for symptoms and history of exposure	Students and parents will sign the parent/guardian checklist. The checklist outlines the guidelines for history of exposure. A daily checklist will be completed by coaches.	Joann Patterson, Athletic Director  Head Coaches	Checklist electronically sent to parents and coaches.	Y
Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure	In the event of a positive COVID-19 test of an athlete or family member, we would ask that the family notify High School Administration and in addition that individual athlete would be prohibited from attending workouts for 14 days. If the athlete themselves test positive, a return to play doctor's note would be required.	Joann Patterson, Athletic Director  Head Coaches	Checklist electronically sent to parents and coaches.	Y
Returning isolated or quarantined coaches, staff or student athletes,	In the event of a positive COVID-19 test of an athlete or family member, we would ask that the family notify High School Administration and in addition that individual athlete would be prohibited from attending workouts for	Joann Patterson, Athletic Director  Head Coaches	Checklist electronically sent to parents and coaches.	Y

<b>o school and/or athletics</b>	14 days. If the athlete themselves test positive, a return to play doctor's note would be required.			
<b>otifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</b>	If a practice session(s) needs to be cancelled an email will be sent by Ms. Patterson and the Head Coach(es).  Coaches will use their normal communication channels to communicate and aspect of the safety plan that needs continual or additional guidance	Joann Patterson, Athletic Director  Head Coaches	Ms. Patterson and HHS Administration have compiled Head Coaches' contact information.	Y
<b>Other monitoring and screening practices</b>	N/A	N/A	N/A	Y

## Other Considerations for Student Athletes and Staff

### Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling to return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided?

### Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Protecting student athletes and coaching staff at higher risk for severe illness	No practice session will be held under the yellow phase. All coaches will wear masks during practice sessions.	Joann Patterson, Athletic Director Head Coaches	Coaches will be required to have their own masks. Masks can be provided if needed.	Y
Use of face coverings by all coaches and athletic staff	All coaches will wear masks during practice sessions. Student-Athletes must wear face coverings when on the sidelines and anytime 6 feet of social distancing is not possible. Students should wear masks to and from practices and while on campus not practicing.	Joann Patterson, Athletic Director Head Coaches	Coaches will be required to have their own masks. Masks can be provided if needed.	Y
Use of face coverings by student athletes as appropriate	Student Athletes are required to wear masks to and from training. When possible, parents will remain in their vehicles.	Joann Patterson, Athletic Director Head Coaches	Student Athletes will be required to have their own masks. Masks can be provided if needed.	Y
Unique safety protocols for student athletes with complex	Any unique needs will be provided on a case by case basis.	Joann Patterson, Athletic Director Head Coaches	Unknown at the present time.	Y

needs or other vulnerable individuals				
Management of Coaches and Athletic Staff	Coaches will be required to self report any symptoms and possible exposure.	Joann Patterson, Athletic Director  Head Coaches	Unknown at the present time.	Y

## Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
safety and hygiene protocols.	Head Coaches	Ms. Patterson	Virtual Meeting with all Head Coaches, Athletic Director and HHS Administrators	CDC Guidelines Student Expectations Staff Expectations	7/8/20	7/8/20
safety and hygiene protocols.	Facilities and Custodians	JR Guglielmi	Ongoing Trainings	EPA approved cleaners and sanitizers	2/20	Ongoing

## Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools will be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities will establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
Communication to Parents/Athletes	Parents/Athletes	Joann Patterson	Email and Phone	7/10/20	7/10/20
Coaches' Meeting	Head Coaches	Joann Patterson	Virtual Meeting	7/8/20	7/8/20
Hygiene and Daily Protocols	HHS Custodians and Administration	JR Guglielmi Pete Donaghy	Virtual Meetings In-Person Meetings	Ongoing	Ongoing

# Athletics Health and Safety Plan Summary: Haverford High School

**Anticipated Launch Date: 7/13/20**

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

## Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p><b>Cleaning, sanitizing, disinfecting, and ventilation learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</b></p>	<p>Cleanings will occur before and after meetings.</p> <p>Cleaning products will be made available to staff.</p> <p>Restrooms will be cleaned on a regularly scheduled basis.</p> <p>District facilities meet ASHRAE, IMC, EPA, and OSHA standards for air exchange/ventilation.</p> <p>Locker rooms will not be used at the present times.</p>

## Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p><b>Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</b></p> <p><b>Procedures for serving food at events including team meetings and meals</b></p> <p><b>Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</b></p> <p><b>Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</b></p> <p><b>Identifying and restricting non-essential visitors and volunteers</b></p> <p><b>Limiting the sharing of materials and equipment among student athletes</b></p> <p><b>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</b></p>	<p>Appropriate signage will be posted to remind of social distance protocols that are to be followed. Face coverings required for all adults unless doing so jeopardizes their health.</p> <p>When possible, parents will remain in their vehicles. Meetings will be scheduled in outdoor locations that will accommodate six feet social distancing. Measures will be taken to mitigate staff and students touching the same materials.</p> <p>Disinfecting of testing materials will occur before and after each time they are used.</p> <p>Students will be asked to bring their own water bottles and snacks.</p> <p>Specific restrooms are available for use by staff and students for proper hygiene and hand washing. The restrooms will be cleaned regularly.</p> <p>CDC signage has been laminated and will be placed at each school.</p>

<p><b>Adjusting transportation schedules and practices to create social distance between students</b></p> <p><b>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</b></p> <p><b>Other social distancing and safety practices</b></p>	<p>Face coverings will be worn.</p> <p>Limit shared objects.</p> <p>Supplies and equipment will be cleaned at the conclusion of each session by staff.</p> <p>Transportation will be provided by family members. Student Athletes are to remain at 6 feet apart when not practicing and will complete practices activities at the same distance as much as possible.</p>
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### Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p><b>Monitoring student athletes and staff for symptoms and history of exposure</b></p> <p><b>Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</b></p> <p><b>Returning isolated or quarantined coaching staff, student athletes, or visitors to school</b></p> <p><b>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</b></p>	<p>Student athletes will be logged in daily by coaches and will be asked a few short questions as to their overall health for that day. Any answer of yes to a question will require that the student not participate and leave for the day.</p> <p>In the event of a positive COVID-19 test of an athlete or family member, we would ask that the family notify High School Administration and in addition that individual athlete would be prohibited from attending workouts for 14 days. If the athlete themselves test positive, a return to play doctor's note would be required.</p>

### Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p><b>Protecting student athletes and coaching staff at higher risk for severe illness</b></p> <p><b>Use of face coverings by all coaches and athletic staff</b></p> <p><b>Use of face coverings by student athletes as appropriate</b></p> <p><b>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</b></p> <p><b>Management of Coaches and Athletic Staff</b></p>	<p>Face coverings will be worn by Student Athletes to and from practices and during any activity that occurs within 6 feet or less.</p> <p>Adults will wear masks at all times.</p> <p>All Student Athletes and Coaches with complex needs will be handled on a case by case basis with consultation of medical professionals provided by the School District or County.</p>

## Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for The Haverford School District reviewed and approved the Athletics Health and Safety Plan on 07/09/20.

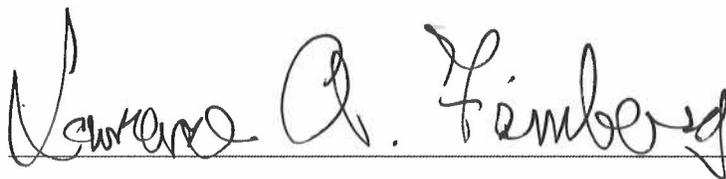
The plan was approved by a vote of:

Yes

No

Affirmed on: 07/09/20

By: Haverford Township School Board of Directors

A handwritten signature in black ink, reading "Lawrence A. Feinberg", is written over a horizontal line.

Lawrence A. Feinberg

Haverford Township School Board of Directors' President