

Topic: Relationship Building

Let's Breathe

We have not one but TWO videos today!

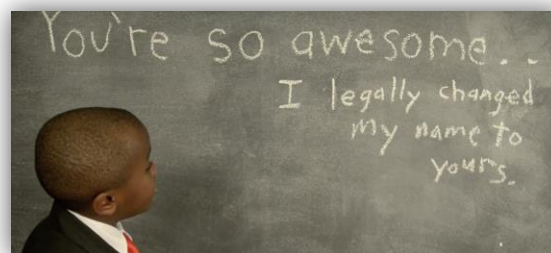


Let's Learn

Being a good friend doesn't just mean having fun together. Good friends keep promises, tell the truth, respect differences, and work together.

Good friends can make you feel happy and loved, while bad friends may disappoint you and make you sad.

Click below to check out Kid President's tips on being a good friend!



Let's Move

Time to build your relationship with a family member. Try these yoga poses on a mat or carpet... make sure to move tables out of the way!



Let's Grow

Have you ever taken the time to think about what makes a good friend? Use this activity to help think about what traits in a friend you find important.

