



MEADOWRIDGE
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Grade 7 Summer Package

<p>Math</p> <ul style="list-style-type: none">- Meadowridge Math Department website for past contests: https://sites.google.com/view/meadowridgemath/math-contests-competitions- Math Make Sense Workbook: https://sites.google.com/view/meadowridgemath/online-resources/middle-school-g6-8- CEMC's OpenCourse https://courseware.cemc.uwaterloo.ca/27	<p>Science</p> <p>https://www.khanacademy.org/science/high-school-biology/hs-evolution/hs-evolution-and-natural-selection/a/hs-evolution-and-natural-selection-review</p> <p>https://www.livescience.com/37706-what-is-plate-tectonics.html</p> <p>https://www.pbslearningmedia.org/resource/ss05.sci.ess.earthsys.tectonic/tectonic-plates-earthquakes-and-volcanoes/</p>
<p>Language and Literature</p> <p>Read a novel every month.</p> <p>Read aloud for 10 minutes a day. (Read to younger siblings, grandparents, pets.)</p>	<p>Individuals and Societies</p> <p>Choose an ancient civilization and create a poster about what a day would be like in that time and place.</p>
<p>Physical and Health Education</p> <ul style="list-style-type: none">- 60 min of physical activity daily (Be active)- Get outside into nature (Be playful)- Find and use a strategy to de-stress (Be mindful) <p>https://sites.google.com/meadowridge.ca/oe3-at-home/home</p>	<p>Design</p> <ul style="list-style-type: none">• Use the program typingagent.com and practice your keyboarding skills• Play with building programs like Roblox,• Download and try the program Pixton. <p>Try this: https://edu.pixton.com/educators User: pixton@meadowridge.bc.ca Password: GryphonsPix#</p> <ul style="list-style-type: none">• Download Blender https://www.blender.org/download/ Blender allows you to create professional-grade animations and 3D models through a



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	<p>well-laid out interface equipped with a variety of tools.</p> <ul style="list-style-type: none">• Eight Activities with Toilet paper tubes - https://www.sciencebuddies.org/blog/science-activities-toilet-paper-tubes• Research and build a Rube Goldberg machine, see how long you can keep an object moving.
<p>Spanish</p> <p>Review the chapters you learned this year by:</p> <ul style="list-style-type: none">- using the practice activities in the Realidades 1 Student Homepage- playing games in the Quizlet for Spanish 7 or Quizlet for Spanish 6	<p>French</p> <p>Duolingo.com for 15 minutes a day for regular review and practice. Go through ALL links posted in ManageBac https://quizlet.com/255181071/tes-branche-level-1-unite-6-flash-cards/ https://quizlet.com/255182107/tes-branche-level-1-unite-7-flash-cards/</p>
<p>Music</p> <p>Listen to music from a different time and place. Think about what makes it different and unfamiliar. Think also about what may be familiar.</p> <p>Make a list of your five favorite songs and ask your parents to make a list too. Share them with each other. Try to listen without watching the accompanying video. Music videos are only 40 years old.</p>	<p>Art</p> <p>Sketch three things in your house and three things you find in nature. Use pencil and colour.</p>
<p>Drama</p> <p>Watch movies. Reflect on what makes them special.</p>	