



**2019
—
2020**

RESILIENCE



2019

—

2020

RESILIENCE

Foreword from the Director

|rə'zilyəns |

Dear HIS Community and Friends,

Congratulations to all on another successful year at HIS. And what a year it has been! What started out as another year of progress and growth, suddenly became a year of challenging uncertainties and unpredictable futures as the COVID-19 outbreak changed our realities at home, school and around the world.



And yet, together we faced these challenges, we recovered quickly, and we overcame the difficulties together. The theme of this yearbook is 'Resilience,' and over the course of our yearlong journey, we came together as a school community to complete a most remarkable and extraordinary year. This Yearbook tells the story of our initial pursuit of continued excellence, our sudden resolve to overcome new challenges, and a victorious resumption of celebrations and accomplishments to close the year: a fantastic recap from start to finish and a testament of the resilience of the HIS community.

Since 2002, HIS has been an ever-growing school with ever-growing programs and an ever-growing student population. Now into our 18th year, HIS has grown to over 690 students representing over fifty nationalities. Diversity and internationalism at HIS are as strong as ever. As we have grown and diversified, we have learned to face challenges together and embrace the opportunities of being a community-centered school. While COVID-19 may have shut down our campus, we continued to thrive as learners and continued to look for ways to work together. On May 19, 2020, we reopened our HIS campus back to all grade levels. It will be a day we all remember. We had all waited so long for the re-opening but we demonstrated our resilience as we confronted the uncertainties and then came back ready to move forward 'Stronger Together!'

I wish all of our graduates of the Class of 2020 great happiness and continued success in their life pursuits. And I want to thank all of our dedicated teachers, parents, and students for many more wonderful memories. No doubt some of you will be leaving us at the end of this year. I wish you all the best and hope you will find your new home as equally warm and caring as at HIS. For those returning next year, we look forward to celebrating our 19th year in Hangzhou and creating many more memories to come. As always, remember: Once a Dragon, Always a Dragon!

Enjoy the pages that follow and be proud of what you have accomplished this year – the continuing resilience of HIS!

All the Best,
Jeffery R. Stubbs
HIS Director

A handwritten signature in black ink, which appears to read "Jeff R. Stubbs". The signature is written in a cursive, flowing style.

Administration



Jeffry Stubbs
Director



Jessamine Koenig
Upper School Principal



Patricia Long
Upper School Vice
Principal



Julie Terry
Lower School Principal



Ben Milburn
Lower School Vice
Principal



John Koski
Lower School Vice
Principal



Filipe Nogueira
Director of Athletics
& Activities and P.E.



Karl Suits
Director of
Technology



Andrea Stubbs
Director of Admissions &
Community Relations

Lower School Faculty



Tessa Cushman
Early Years



Emma John
Early Years



Maria Du Pleiss
Early Years



Karima Bencheikh
Early Years



Jacqueline Cloete
Pre-Kindergarten



Glynis Whitehorn
Pre-Kindergarten



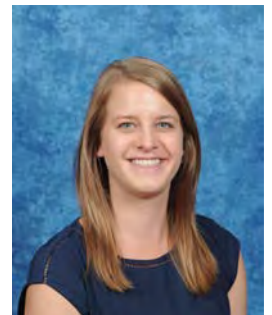
Cassie Franklin
Pre-Kindergarten



Andrea Edwards
Pre-Kindergarten



Lisa Bistretzan
Kindergarten



Sarah Scanzoni
Kindergarten



Kellie Kolde
Kindergarten



Ruan Cloete
Kindergarten



Cilla Giannopoulos
Grade 1



Bethany Ragains
Grade 1



Faye Little
Grade 1



**Jacquelynn
Williamson**
Grade 1



Brianna Riani
Grade 2



Sean Doohan
Grade 2



David Young
Grade 2



Kathryn Hester
Grade 2



Heather Plotz
Grade 3



Jonathan Stringfellow
Grade 3



Abbey Ehling
Grade 3



Thomas Gilbert
Grade 3



Kaitlin Hooper
Grade 4



Simon Dobson
Grade 4



Bonnie Wilson
Grade 4



Cameron Burns
Grade 4



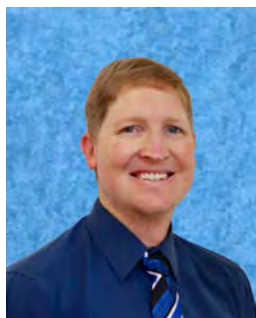
Katie Doherty
Grade 5



Erin Rocha
Grade 5



Joanna Burns
Grade 5



Matthew Cushman
Grade 5



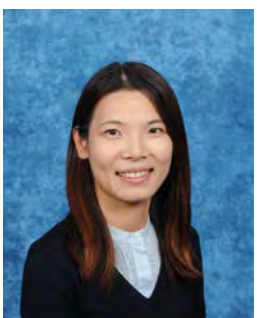
Sam Bateman
Head of Mandarin



Melanie Lu
Mandarin Lang.



Lily Zhou
Mandarin Lang.



Amy Yi
Mandarin Lang.



May Peng
Mandarin Lang.



Lucia Wu
Mandarin Lang.



Louise Zhu
Mandarin Lang.



Joy Myers
Music



Sherry Li
Rhythm & Movement



Jacqueline Caraglor
Art



Zoë Woodcock
STEAM Coord.



Michelle Dierker
Library Media Specialist



Beatriz Lopez
Head of ESOL



Patricia Shomo
ESOL



Lainie Chandler
ESOL



Andrew Lawrence
ESOL



Diana Rehfeldt
Student Support
Coord.



Jennifer Widi
Student Support



Barbara Armstrong
Speech & Lang.
Therapist

Upper School Faculty



Matthew Baxter
Library Media Specialist
& MYP Projects Coord.



Philip Bistretzan
Science



Andrew Brown
Design



Suzanne Brown
English Lang. & Lit. and
Social Studies



Danielle Bowers
English Lang. & Lit.



Marisa Confait
English Lang. & Lit.



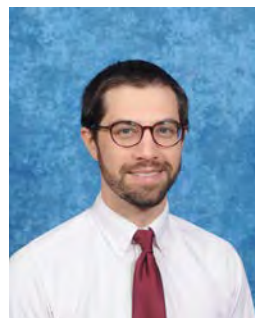
Aaron Foster
Science



Katherine Foster
English Lang. B



Andrew Haltom
Social Studies



Kyle Kresge
Music



Simon Lamplugh
Mathematics



Mike Long
Mathematics



Lily Lin
Chinese Lang. B



Maneesha Maingot
Student Support



Alex May
Mathematics



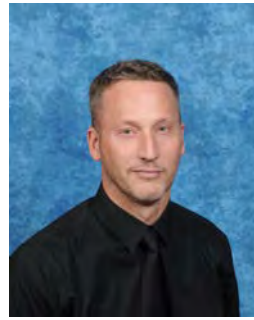
Nora May
Health Education



Ellie Mockler
Drama & Visual Arts



Rachel Pekin
College Counselor &
Student Support



Chaddwick Plotz
Social Studies



Andres Sanchez
Spanish and French
Lang. B



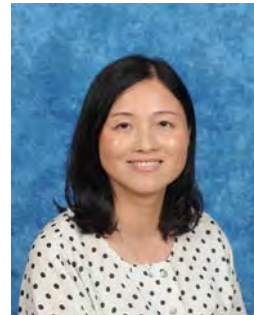
Jamie Sanchez
Visual Arts



Natalie Stowell
English and Spanish
Lang. B



Terry Strombeck
Social Studies



Jenny Wang
Chinese Lang. & Lit.



Vivian Wang
Aquatics Instructor



Christopher Widi
Science



Jennifer Widi
Social Studies



Yoyo Zhang
Chinese Lang. B



Amber Zhu
Chinese Lang. B

Co-Teachers



Caelyn Chen



Yolanda Chen



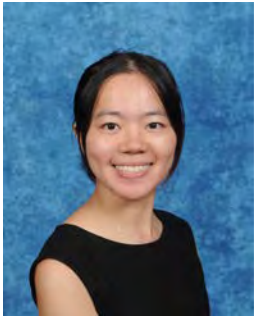
Yanni Liu



Bella Mao



Zoe Qin



Andrea Shen



Misha Sheng



Sunny Sun



Avery Zhang
ESOL



Mia Zhou
ESOL



Julie Zhu

Office & Operations Staff



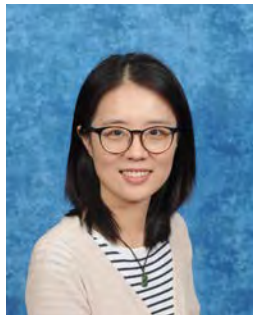
Alice Zhang
Upper School
Secretary



Tracy Zhu
Transportation



Peggy Pan
Director Secretary



Kerri Liang
Admissions Secretary



Lily Fan
Lower School
Secretary



Diego Zhang
Systems Specialist



Jacob Zhang
Technology
Assistant



Nancy Pan
Purchasing



Zero Zhu
Accountant



Mona Wei
Warehouse



Christine Shi
Operations



Katherine Zhou
HR Officer

Teaching Learning Assistants



(From left to right)

Front row: Anna, Ivy, Sissie, Emma, Vicky, Alpha, Eunice
Back row: Canny, Summer, Tracy, Cynthia, Amy, Leo, Donal

Support Staff



Cao Guizhen, Han Caixia, Han Yongfu, Han Zhiming, He Guixian, Huang Xueyun, Kong Meijuan, Li Shuangyan, Lu Wenliang, Tang Guolian, Tang Zhongxiang, Wang WeiFang, Xu Guiqing, Xu Yuemi, Yang Honghua, Yang Xiaoxiang, Yu Faiqiao, Yu Liqiao, Yu Liming, Yan Lvlin, Zhang Jinmei, Zou Shufeng

Lower School



A note from Ms. Julie Terry

Lower School Principal



When we reflect on this academic year, much of it will feel like a blur, with many of the normal events and happenings taking a backseat while new experiences took their place. We are all going to remember the year 2020, not least because of the challenges we have encountered during the COVID-19 pandemic.

We have all needed to be resilient this year in many ways; learning how to manage the changes to our routines and expectations; toughing it out when we didn't know what was going to happen; being apart from loved ones, friends and family; and finding new ways to learn, engage and grow.

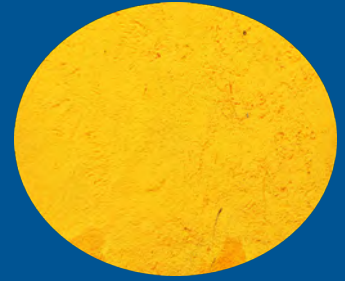
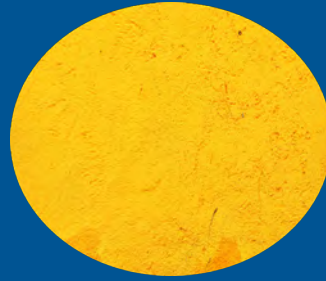
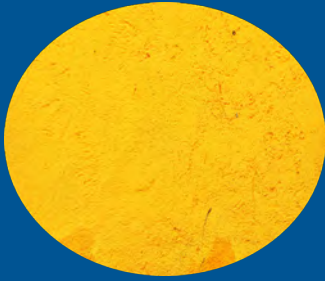
Resilience is the ability to mentally or emotionally cope with a crisis. Resilience exists when people control their thoughts and behaviours to protect themselves from stress. I have always found that managing expectations is a big part of this process and I have had many conversations with colleagues, friends and family this year about plans, hopes and dreams that have needed to be postponed until a later date.

It is easy to feel down when things don't go your way, but as Einstein once said, "In the middle of difficulty lies opportunity". In order to thrive in or after a crisis, it is important to look for the unexpected opportunities in what seems like a sea of disappointment. Do not underestimate the great things that can come from unexpected events or happenings.

LS

Early Years





LS

Chen, Hemi
Durix, Leo
Liu, Aria
Liu, Chloe



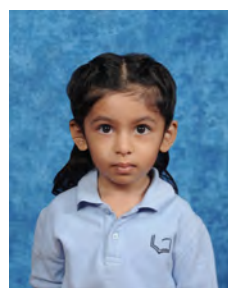
Milburn, Sienna
Raniwala, Kabir
Wang, Lancen
Wu, Yao-Dong



Xia, Maisie
Xie, Jaynean



Liu, David
Lohaus, Daniel
Paul, Kiara
Pieronek, Alena



Qi, Elyn
Wang, Yu-Ching
Wang, Lucius
Xu, William



Zhang, Max



"It always seems impossible until its done."

Nelson Mandela

EY

Ms. Emma & Ms. Mia



EY

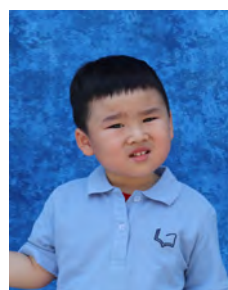
Ms. Tessa & Ms. Sunny







Chang, Rachel
Chen, Jocelyn
Feng, Boysen
Hadfield, Eleanor



Kent, Lila
Li, Benjamin
Li, Hubert
Liu, Dylan



Lou, Mike
Lu, Felicity
Wu, Erin



"Play is the highest form of research ."
Albert Einstein

EY

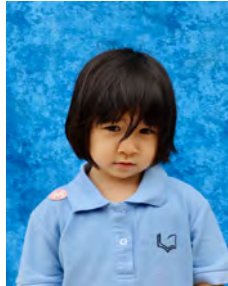
Ms. Maria & Ms. Zoe



Bai, Jackson
Chen, Evelyn
Chen, Vivian
Fatima, Manha



Jiang, Aaron
Kent, Cora
Li, Henry
Wu, Steven



Yang, Angela
Zhao, Nicole



Not Pictured:
Loof Ponce,
Luciano



“While we try to teach our children about life, our children teach us what life is all about .”

Angela Schwindt



Ms. Karima & Ms. Yanni









A note from Mr. Ben Milburn

Lower School Vice Principal



When I first saw that 'resilience' would be the title it immediately made me think about my new interest – running. John Keenan is a running and mental skills coach and explains that "Resilience is withstanding or even thriving on stressors and highlights the four most common issues – and therefore resilience-building opportunities as injury, performance slumps, illness and career transitions."

Already, I have experienced all of these factors to varying degrees and only a few weeks into my training had to pull out of a trail race after my knee seized up. At the time I found this hugely disappointing until I later realized that I had pushed my body to a point that it simply wasn't ready for. After research, mental preparation and better planning in the form of specific exercises, better nutrition and more meticulous goal planning – I was soon back out running and effectively training my body and mind to become more resilient.

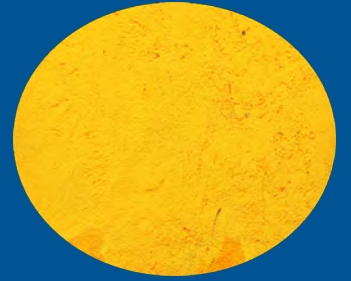
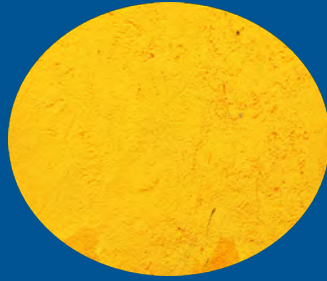
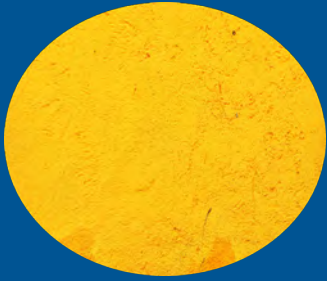
Since then I have run nearly 2,000Km without injury and with a much better sense of how to build your body for a physical challenge over time. There are times where I want to get close to that breaking point simply to challenge myself and to become more resilient. Running serves as a great example for me personally but it could be how you approach an academic subject, other sports, challenges or simply some aspect that you want to improve in your life. My advice would be to find somewhere that you can plan it out and see it visually each day so that you can develop belief, strategize how you can accomplish your goal and this will help to prepare you for the moment that you will need to be resilient in order to overcome a challenge and move closer to reaching your goal.

LS

Pre-K



Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world." **Harriet Tubman**



Chen, Asher
Chin, Vincent
Guo, Ammer
Kitano, Yuna



Lin, Mark
Liu, Alisa
Liu, Raymond
Milburn, Myla



Padoan, Rocco
Pan, Mia
Wu, William
Xu, Eric



Zhang, Nolan



**"Life is not about how fast you run, or how high
you climb, but how well you bounce."**

Owl Press



Ms. Jackie & Ms. Caelyn



Chang, Liz
Chu, Debra
Ding, Dingding
Dong, Audrey



Dong, Eric
Hu, Sean
Ichikawa, Ryoma
Kim, Sungjin



Luo, Nico
Kropanev, Platon
Kurata, Sana
Tse, Charlotte



Ying, Yangyang
Zhao Karlsson,
Philip



**"We do not need magic
to transform our world.**



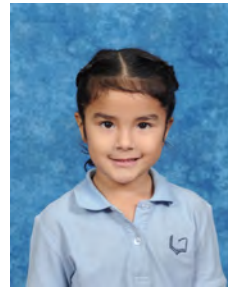
**We carry all the
power we need
inside ourselves
already."
JK Rowling**

PK

Ms. Glynie & Ms. Avery



Bauer
Casasempere,
Augusto
Cai, Terrence
Durix, Eva
Haltom, Nolan



Han, Justin
Hua, Sophia
Kitano, Yuka
Lu, Albert



Meng, Grace
Qiu, Andrew
Xiao, Bo-Wen
Zhang, Terry



**“Resilience is all about knowing who you are and
relying on our own inner strength.”**

Unkown



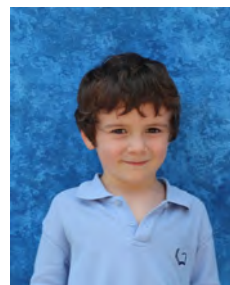
Ms. Cassie & Ms. Andrea



Canon, Emilie
Chen, Remy
Cushman, Bina
Huang, Claire



Huang, Eli
Jang, James
Liang, Jayden
Sanchez, Marcus



Wang, Peter
Wu, Alyssa
Xu, Terrance
Yu, Patrick



**"It's a wonderful thing to be optimistic. It
keeps you healthy and it keeps you resilient."
Daniel Kahneman**

PK

Ms. Edwards & Ms. Bella





Always remember you are **BRAVER** than you believe, **STRONGER** than you seem, **SMARTER** than you think, and **LOVED** more than you know.
Winnie the Pooh







A note from Mr. John Koski

Lower School Vice Principal

According to Oxford:

re·sil·ience

/rəˈzilyəns/

noun

- 1 the capacity to recover quickly from difficulties; toughness.

I have spent quite a bit of time reflecting on the concept of resilience since the Yearbook Committee invited me to write a few words for this year's annual HIS publication. It is such a fitting theme considering the adversity we have encountered this year as individuals, institutions, and even as a species in the face of the COVID-19 pandemic. In times like these, going through a day without witnessing or hearing tales of resilience is rare. Where would I start? What direction to take?

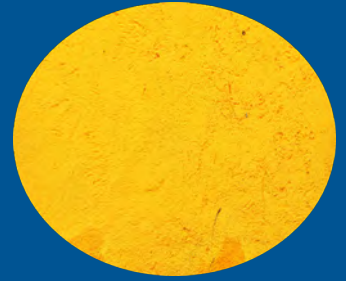
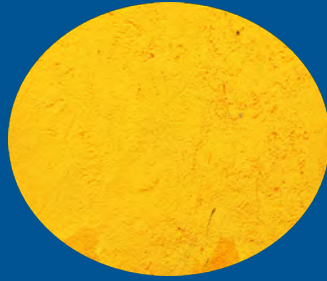
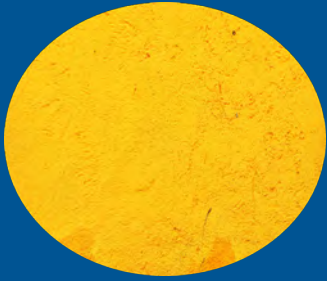
The more I started thinking about it, the more I realized that resilience is more than just a capacity, an attitude, or a characteristic trait. Resilience is essential for life. All living things must manifest some degree of resilience in order to survive. Just take a peek at the adaptations of plants and animals throughout time! The late Andy Grove, chief executive and chairman of Intel Corporation, summed it up rather well, "Adapt or die."

In times of crisis, examples of resilience abound. However, I believe it is important to remember we all have that capacity at the very foundation of our existence. We must constantly look within ourselves, within our institutions, and within each other and muster the resilience that is part of who we are. In such a way, we can recover from difficulties quickly. We have two choices when faced with challenges. We can freak out or deal. And freaking out is no fun.

LS

Kinder

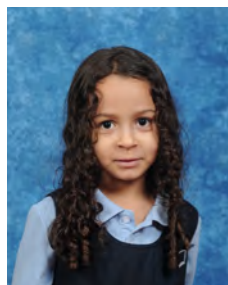




Chang, Tim
Cheung, Oia
Guo, Grace
Huang, Della



Liu, Nicholas
Lopez-Ward,
Andy
Moreno Lejard,
Victoria
Rui, Emma



Sanchez,
Madison
Sangaletti, Enea
Wang, Ada
Wang, Chloe



Wu, Yoyo
Wu, Alex
Yu, William



**"Mistakes are proof you are
trying."
Anonymous**





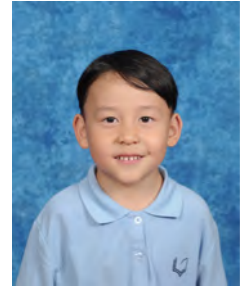
Ms. Lisa & Ms. Joyce



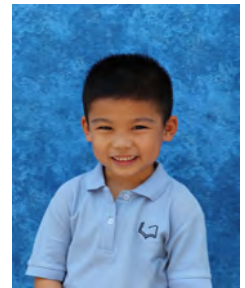
Bonnemaire,
Camille
Chen, Angela
Chen, Chelsea
Chen, Emily



Chu, Edith
Gaete Flores,
Amelia
Hiranandani,
Reyhaan
Li, Kelvin



Li, Sunny
Lin, Yihan
Liu, Anita
Liu, Lucas



Petring, Luke
Wakim Prugnard,
Alice
Wang, Esther



**"Do not judge me by my success. Judge me by how many times I fell down and got back up again."
Nelson Mandela**

K

Ms. Sarah & Ms. Julie



Cao, Angeline
Chen, Jayden
Chen, Roy
Chen, Scarlett



Ghazanfari,
Nora
Guan, Herman
Hoarau Mateos,
Sofia
Hong, Miranda



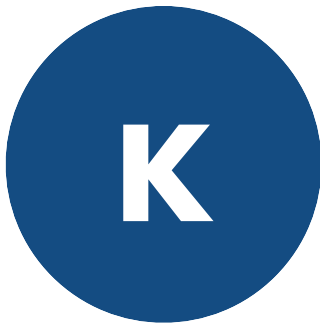
Lao, Layton
Li, Eric
Lu Jian, Elisa
Wen, Abby



Xu, Bonny
Yang, Eran



**"Dwell in possibilities."
Emily Dickenson**



Ms. Kolde & Ms. Misha



Bian, Sydney
Chen, Ryan
Guo, Kelly
Lu, Jayden



Kweon, Sumin
Li, Richard
Lo, Byron
Lu, William



Lu, Yvonne
Ma, Zi-Xiong
Muzalevskaia,
Elizabeta
Qi, Madeline



Sheng, Kaela
Shin, Erik
Zhu, Sophie



Not Pictured:
Fu, Nathan



**"It does not matter how slowly you go as long as
you do not stop."
Andy Warhol**

K

Mr. Ruan & Ms. Yolanda

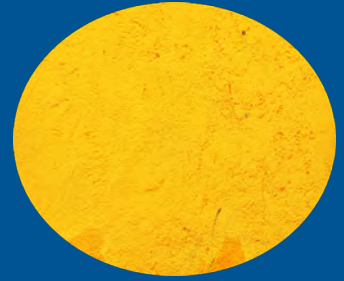
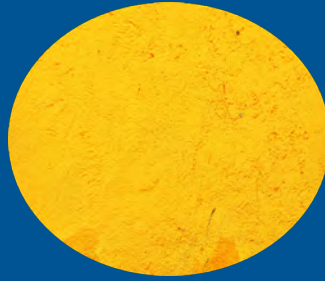
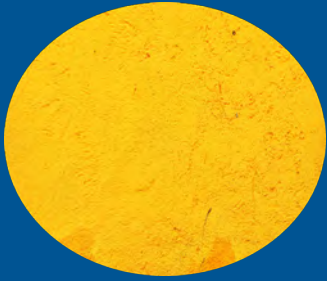






Grade 1





LS

Bouquerel Zheng,
Julie
Felix Verdugo,
Sebastian
Grace, Archie
Gu, Coco



Hu, Daisy
Li Marzi, Nikolai
Shaozhu, Kevin
Shen, Yolanda



Song, Qi-Yi
Wang, Amy
Wang Lu, Luis
Wang, Yu-Shin



Wawrzuta,
Scarlett
Yulzari, Nathan
Zhou, Zikai



**"I get knocked down, but I get up again. You're
never gonna keep me down."**

Chumbawamba

1

Ms. Cilla



Bauer
Casasempere,
Julieta
Hong, Lily
Jang, Eric
Lee, Ryan



Lee, Ted
Leonard,
Christian
Lou, Alice
Modi, Aryan



Wang, Charles
Wang, Richard
Xu, Grace
Xu, Olivia



Not Pictured:
Ichikawa, Mana



**"Believe you can, and you are halfway there!"
Theodore Roosevelt**

1

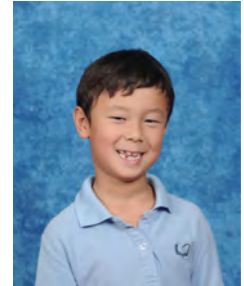
Mrs. Ragains



Burton, Jayden
Chinone, Kaito
Graffigna
Sancho, Naia
He, Ellen



Hsieh, Henry
Li Marzi, Chiara
Liu, Daniel
Lohaus, William
Ian George



Sakata, Yuma
Xue, Caroline
Ye, Allen
Yoom, Avery
Jiyoona



Yu, Flynn
Yu, Jonathan



"Alone we can do so little. Together we can do so much."

Hellen Keller



Ms. Little



Bagga, Kiaan
Chen, Crystal
Cushman, Audrey
Jiang, Vivian



Leonard,
Alexandra
Meng, Gabriel
Mi, Beck
Muehe, Kevin



Nair, Reema
Rooney, Sam
Shou, Delun
Yuan, Fiona



Zhao, Tyrone
Zhu, Mia



**"Work hard, play harder."
Ms. Jac**

1

Ms. Jac

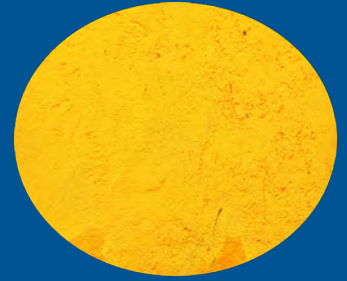
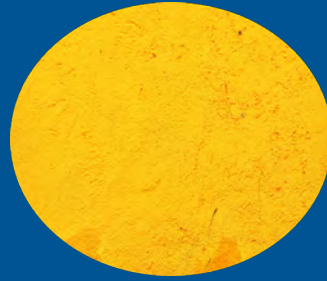
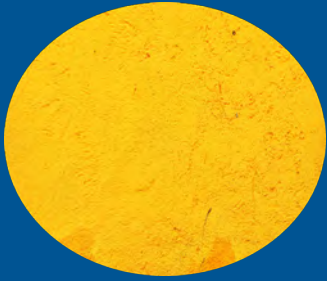






Grade 2



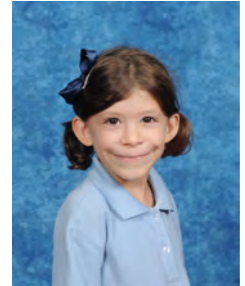


LS

An, Anna
Azoulay, Isaac
Cai, Emma
Chang, Ryan



Ding, Gracie
Hawkins, Arthur
Jin, Da-Di
Li Marzi, Sofia



Li, Heely
Liu, Arun
Pengsom, Ryyka
Shan, Irene



Tsoi, Jessica
Wu, Amanda
Yang, Ethan
Yun, Anne



Zhang, Charles



**"Have courage and be kind."
Cinderella**

2

Miss Riani



Chang, Vanness
Chen, Elly
Fan, Angel
Felix Verdugo,
Natalia



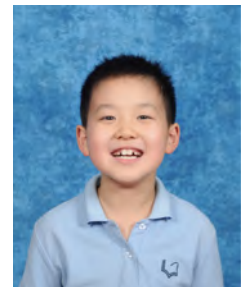
Han, Chloe
Huang, Henry
Lee, Julia
Lee, Avery



Lou, William
Mao, Jean
Michalak, Lotte
Shin, Lina



Tang, Henry
Tu, Naomi
Wu, Cassie
Zhu, Felix



"Ar Scáth a chéile a mhaireann na daoine."

"Under the shelter of each other, people live."

Irish Proverb

2

Mr. Doohan



Chen, Matthew
Chen, Emily
Dong, Xing-Chen
Hong, Astin



Jian, Luna
Li, Andy
Lu, Lucas
Lu, Eachann



Methwani, Yana
Qi, Honey
Wen, Yoyo
Xu, Michael



Xu, Emily
Yang, Tiffany
Yu, Shuning
Zhang, Jason



Zhao, Antonio
Zizzo, Tommaso



"Everyone in our grade 2 community is a teacher and a learner."

Mr. Young

2

Mr. Young



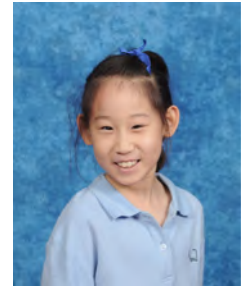
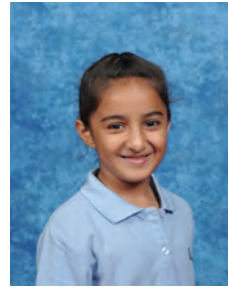
Bonnemaire,
Thibault
Burns, Grace
Chu, Ben
Chu, Darya



Gao, Justin
Guo, Leo
Li, Eason
Lin, Shirley



Lu, Mable
Ni, Frank
Shivnani, Divisha
Wang, Lucy



Yang, Anna
Zhao, Kris
Zhou, Galina



"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."

Dr. Seuss

2

Ms. Hester

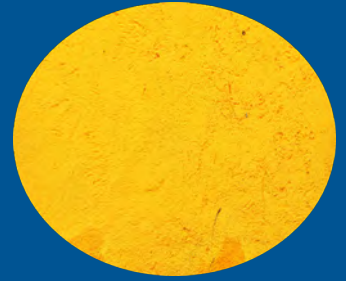
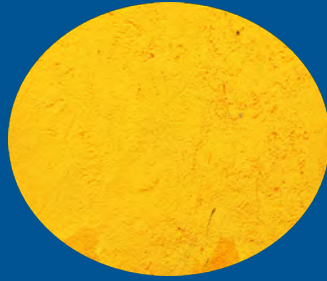
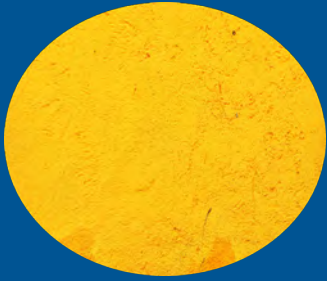






Grade 3





LS

Al-Awadhi, Rinad
Bai, Edith
Cao, Connie
Cheung,
Christina



Dai, David
Emery, Maxwell
Gu, Rhea
Hwang, Elly



Luo, Bamboo
Michalack,
Willem
Palu-Schuhli,
Luke
Wu, Tony



Wu, Kevin
Zhang, Simon
Zhu, Nathan



Not Pictured:
Huang, Oscar



**"We do not give up in hard times."
G3A Class**

3

Mrs. Plotz



Bairaboina,
Avanthika
Chau, Kelvin
He, Emma
Huang, Li-Lian



Kim, Jiyu
Lou, Victor
Mallawa
Arachchige, Pulathi
Shewakramaki,
Harveer



Wu, Lucas
Xu, Rayan
Yang, Evan
Yu, Eason



Zhang, Kevin
Zhang, Karis
Zhang, Cici



**"I tried and failed, I tried again and again and
succeeded"**
Gail Borden

3

Mr. Jonathan



Baek, Jae-Ho
Chaurasia,
Netanya
Chiu, Allie
Cho, William



Hardy, Alex
Jain, Vidhan
Kim, Mingeon
Lu, Dennis



Luo, Benny
Maldonado,
Juan Pablo
Palma Chamorro,
Maximiliano
Speksnijder,
Gijsje



Vohra, Rudransh
Wu, Lisa
Zhang, Daisy



**"Good, Better, Best. Never let them rest, until your
Good is Better, and your Better is your Best!"
St. Jerome**

3

Ms. Ehling



Han, Kevin
Hong, Seo-In
Jiang, Ryan
Jin, Kimberly



Li, Annie
Liu, Edward
Mittal, Yoana
Qu, Jia Heng



Ruan, Kevin
Williams
Marciaga, Hugo
Wu, Owen
Yu, Elizabeth



Zait, Matan
Zhu, Lily



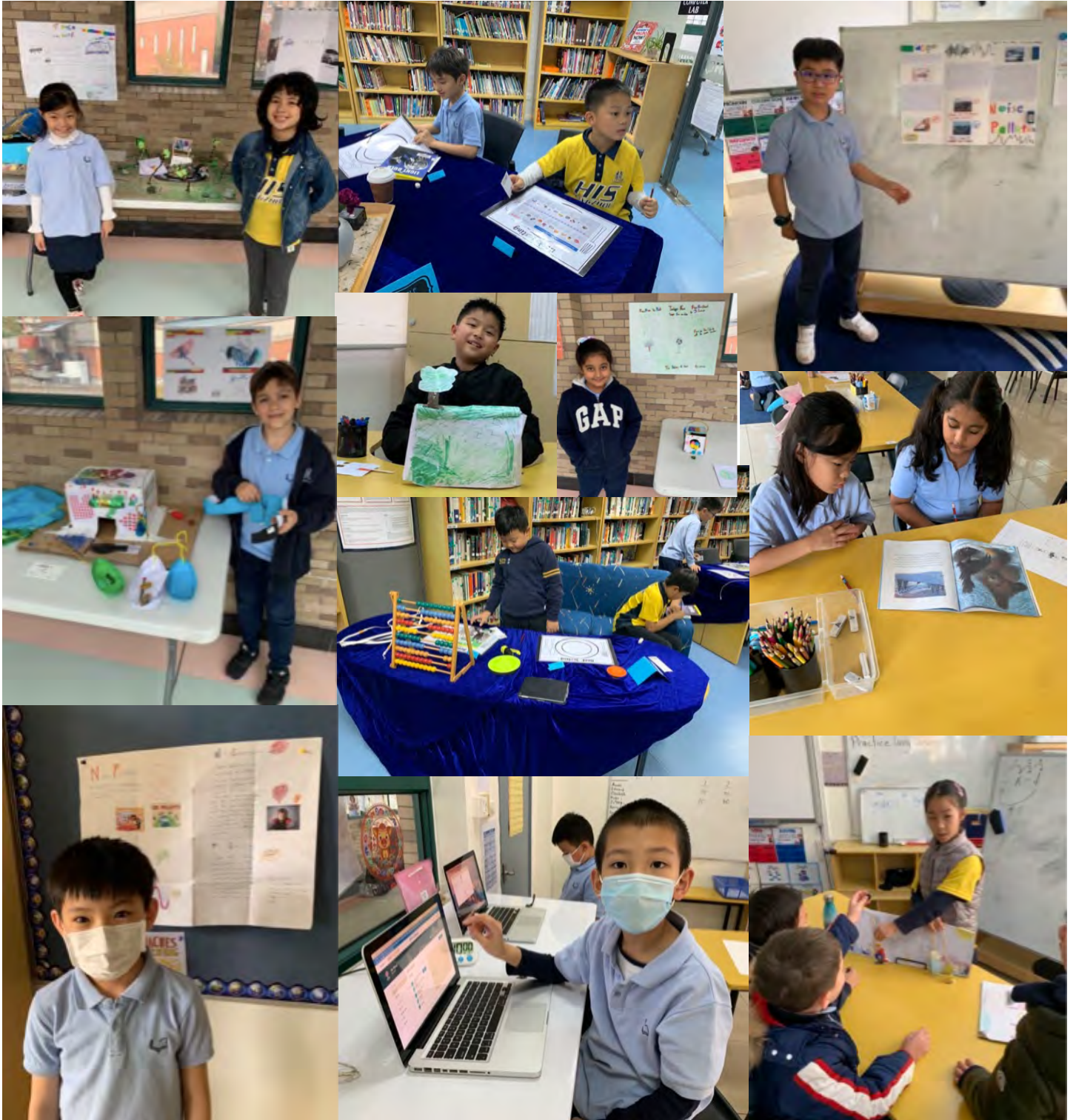
Not Pictured:
Dhafer, Ahmad

**"Winning doesn't always mean being first.
Winning means you're doing better than you've
done before. "**

Bonnie Blair

3

Mr. Tom

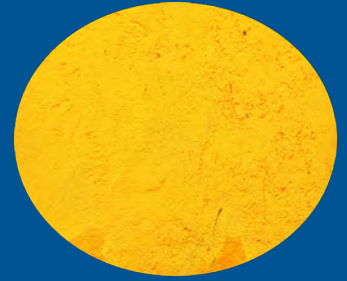
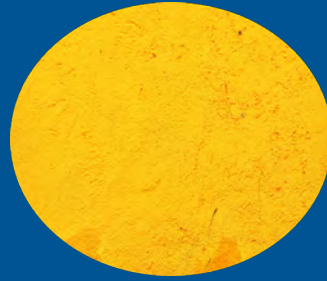
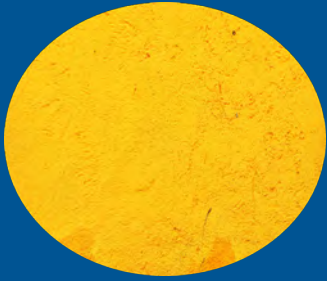






Grade 4





LS

Au, Thomas
Chen, Emily
Daulatani, Kanisha
Juarez Leynez,
Andrea



Kong, Amy
Lai, Anderson
Lu, Tiger
Ni, Nicole



Satwani,
Bhaumik
Speicher,
Annabelle
Wang, Alice
Wang, Zoe



Wei, Fei Fei
Xu, Richard
Yulzari, Camille
Zhou, Jun-Wen



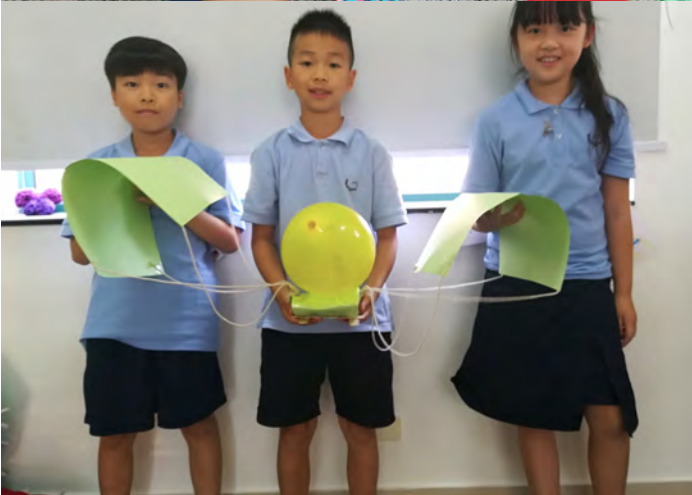
Zizzo, Anna



**"We learned together. We
learned apart. But most
importantly, we all grew as
learners from the very start."
Ms. Hooper**

4

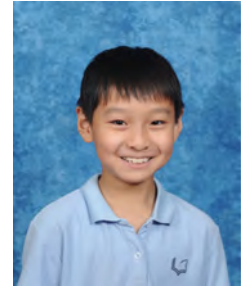
Ms. Hooper



Altes Kartach,
Elliot
Dong, Prince
Fahad,
Mohammad
Fu, Angela



Hong, Miranda
Jhurani, Riddhi
Jiang, Mike
Kim, Noah



Li, Ruby
Liang, Zhuo-Ma
Meng, Bella
Sharma, Aditya



Wang, Allison
Xia, Naomi
Xu, Roger
Yun, Anthony



Zhang, Mile
Zhang, Jerry



"Fairy tales are more than true: not because they tell us dragons exist, but because they tell us dragons can be beaten." Neil Gaiman

4

Mr. Dobson



Agarwal, Divay
Chan, Jonathan
Cheng, Cyrus
Gao, Jason



Lee, Avril
Liang, De-Ji
Pan, Peter
Qu, Nora



Sakata, Sena
Sangaletti, Gaia
Sharma, Aryan
Tang, Jessie



Wang, Christina
Yao, Jim
Zhao Karlsson,
Anna



4

Ms. Wilson



"In any given moment we have two options: to step forward into growth or to step back into safety."

Abraham Maslow



Chemouny, Guy
Ehlert Ruiz, Greta
Hiranandani, Prisha
Hong, Fiona



Huang, Harry
Joshi, Pragun
Krieg, Alex
Kennedy, Jady



Li, Ella
Ostermayer,
Oscar
Palu-Schuli, Peter
Ryu, Yelim



Shou, Melanie
Tang Zhou, Lucas
Wang, Andrew
Yu, Lisa



Zhu Lina



**"Resilience: Never give up.
Fall down seven times, get up
eight."**

Japanese Proverb

4

Mr. Burns

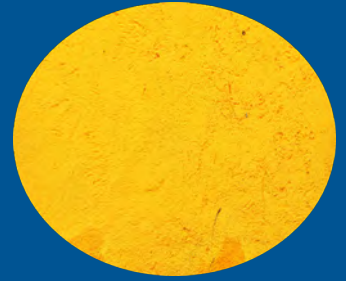
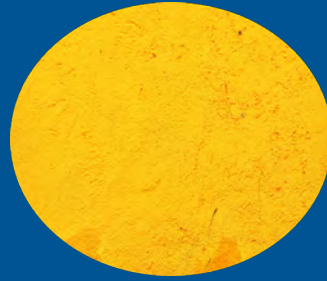
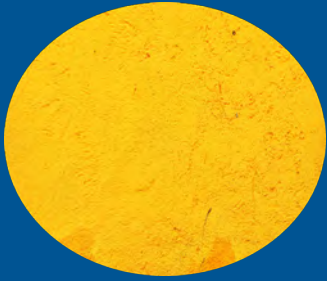






Grade 5





Bai, Michael
Cobian Wu, Diego
Ding, Sophia
Hong, Rhema



Kim, Gwanho
Lai, Selena
Lee, Joey
Mehta, Aaira



Modi, Siya
Pengsom, Vedaz
Shu, Jerry
Sukhramani,
Aarav



Wang, Bonnie
Wang, Tiana
Wu, Alice
Yang, David



Zhang, Bella
Zhao, Allen



Not Pictured:
Chen, Rogers

5

Mrs. Burns



Amano, Sissi
Barbier, Ines
Bhatia, Divit
Ding, Joyce



Fu, Ethan
Hsu, Colin
Huang, Linzi
Jeswani, Prisha



Li, Angel
Lou, David
Motiyani,
Mayank
Ren, Preston



Semple, James
Shivnani,
Devansh
Simon, Hugo
Vujicic, Marko



Wu, Nicole
Xu, Derek
Zhao, Kevin



**"It matters not what someone is born but what they
grow to be."
Albus Dumbledore**

5

Ms. Rocha



Aggarwal, Rishi
Cao, Lucy
Chu, Joe
Cui, Joshua



Emery, Samuel
Fang, Nicky
Horau Mateos,
Lucia
Jhamb, Kaira



Lachhwani,
Ruhaani
Lai, Debbie
Lu, Anna
Palma Chamorro,
Maria Josefina



Plotz, Maximilian
Shi, Roger
Tukula, Paweike
Wu, Kevin



Wu, Yu-Chen
Yang, Jun-Lin
Zheng, Jeffery



"The future belongs to the curious. The ones who are not afraid to try it, explore it, poke at it, question it and turn it inside out." Anonymous

5

Ms. Doherty



Aswani, Nasha
Bonnemarie,
Candide
Cao, Victoria
Chen, Owen



Chen, Amy
Chu, Carlos
Gao, Shark
Hao, Sylvie



Li, Queena
Punyarthi, Vipra
Rangwani,
Yuvraj
Ryu, Minkyung



Wang, Patrick
Wang, Diana
Wang, Allen
Wang, Harry



Yao, Elsa
Yu, Shu-Man



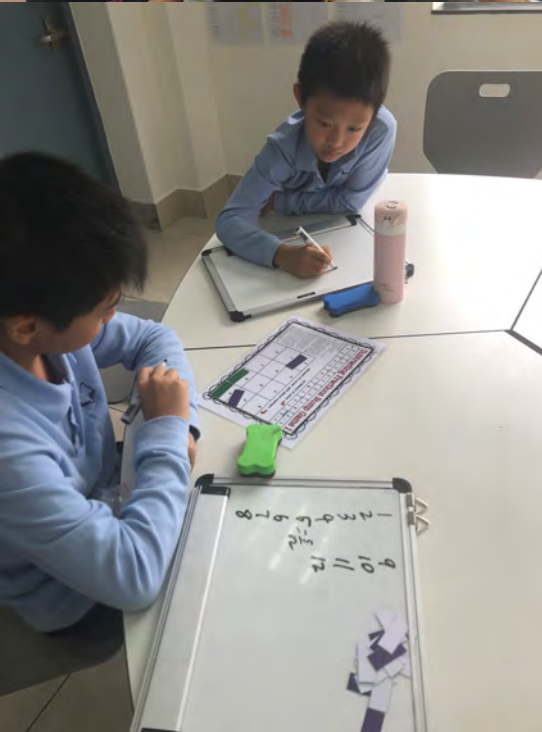
Not Pictured:
Chen, Warren

**"Resilience is based on compassion for ourselves as well as compassion for others."
Sharon Salzberg**

5

Mr. Cushman







LS P.E.



Mr. Ben & Mr. Donal

"The moment we believe that success is determined by an ingrained level of ability as opposed to resilience and hard work, we will be brittle in the face of adversity."

Joshua Waitzkin



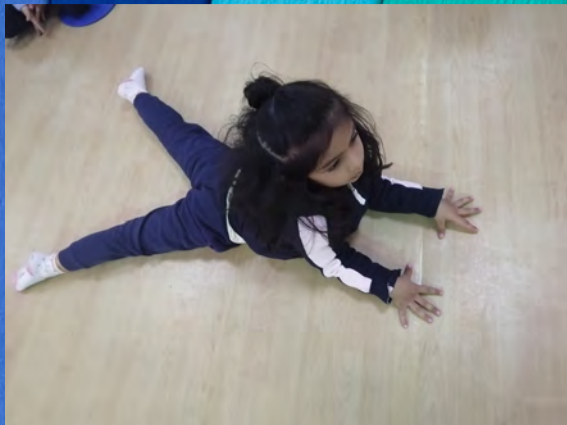
LS Rhythm & Movement

"Just keep going. Everybody gets better if they keep at it."

Ted Williams



Ms. Sherry & Ms. Anna



LS STEAM



Ms. Zoë & Ms. Sissi

**"What matters in the long run is sticking with things
and working daily to get better at them."
Angela Duckworth**



LS Music



Ms. Joy & Mr. Leo



“When life brings you storms,
remember to keep singing!”

Ms. Joy



LS Art



Ms. Jackie & Ms. Sissi

"At the end of the day, we can endure
much more than we think we can."

Frida Kahlo



LS ESOL



"One language sets you in a corridor for life. Two languages open every door along the way."
Frank Smith

Ms. Bea, Mr. Lawrence, Ms. Patricia, & Ms. Lainie

**"We all smile in the same language."
Unknown**



LS Mandarin



Mr. Bateman, Ms. Zhou, Ms.Mae, Ms. Melanie, Ms. Lucia, & Ms. Amy

长风破浪会有时,直挂云
帆济沧海。

—唐·李白



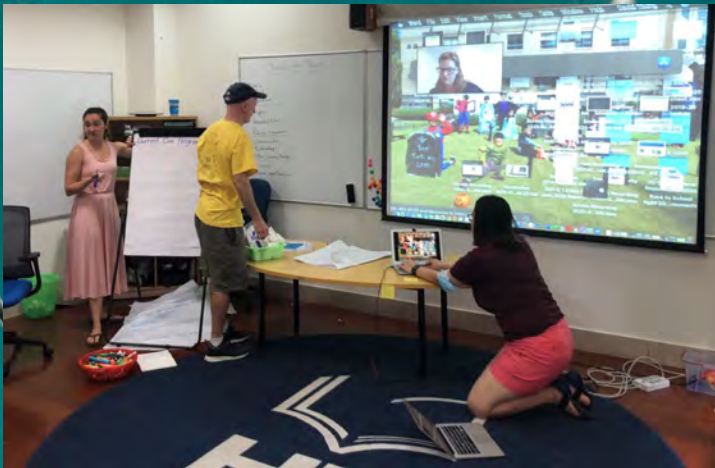
Student Support Services

“Remember, sometimes the people with invisible disabilities have the greatest need.”

Lead Inclusion



Ms. Diana, Dr. Widi, Ms. Pekin, Ms. Maingot, Ms. Canny,
Ms. Barb, & Ms. Aubrey



HIS Library



Dr. Baxter, Ms. Dierker, & Ms. Amy



"To build up a library is to create a life. It's never just a random collection of books."

Carlos María Domínguez



HIS Library



"It isn't just a library. It is a spaceship that will take you to the farthest reaches of the universe, a time machine that will take you to the far past and the far future, a teacher that knows more than any human being, a friend that will amuse you and console you- and most of all, a gateway, to a better and happier and more useful life."

Isaac Asimov

LS ASA



Community Garden

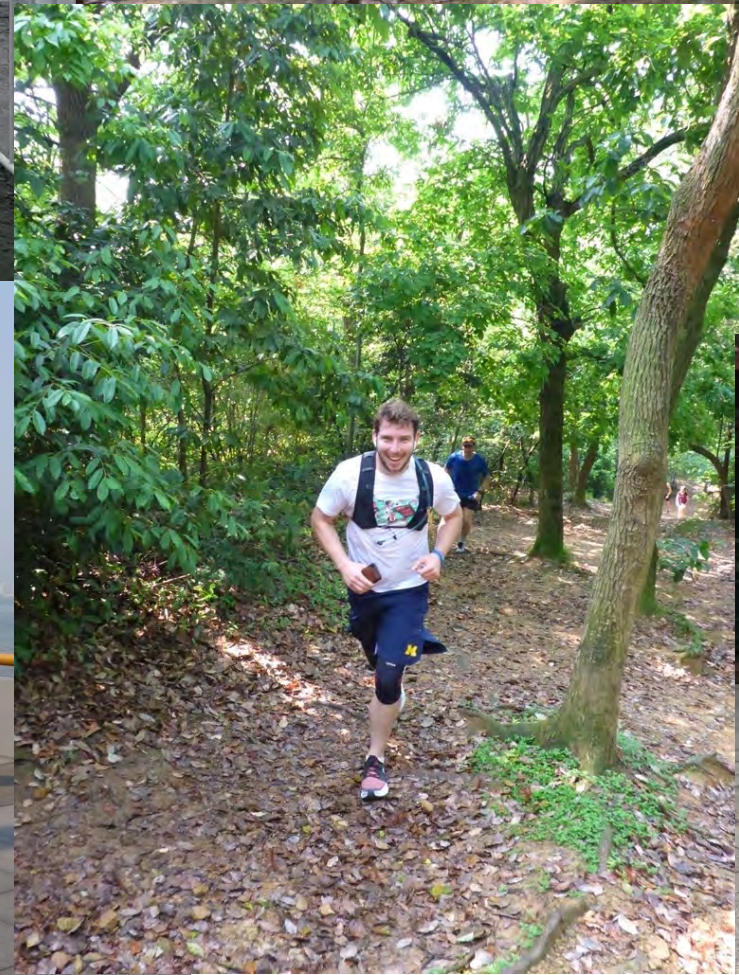


Tree Lighting Choir



HIS Runners





Dress Like a Friend Day





Halloween





Real World Experiences





LS Drama

HIS Lower School Drama ASA
Presents:



By William Shakespeare

Directed by:

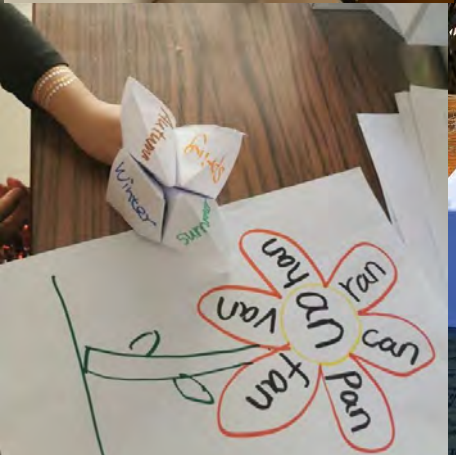
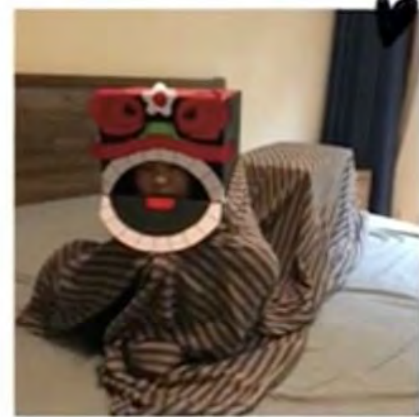
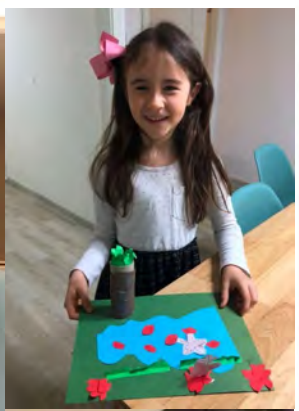
Abbey Ehling and Cilla Giannopoulos





LS E-Learning





LS Student Council



"The **Student Council Mission** is to include everyone in our community by making HIS feel like a kind, comfortable, and safe place, where every student is welcomed and accepted for who they are."

A note from Ms. Pat Long

Upper School Vice Principal



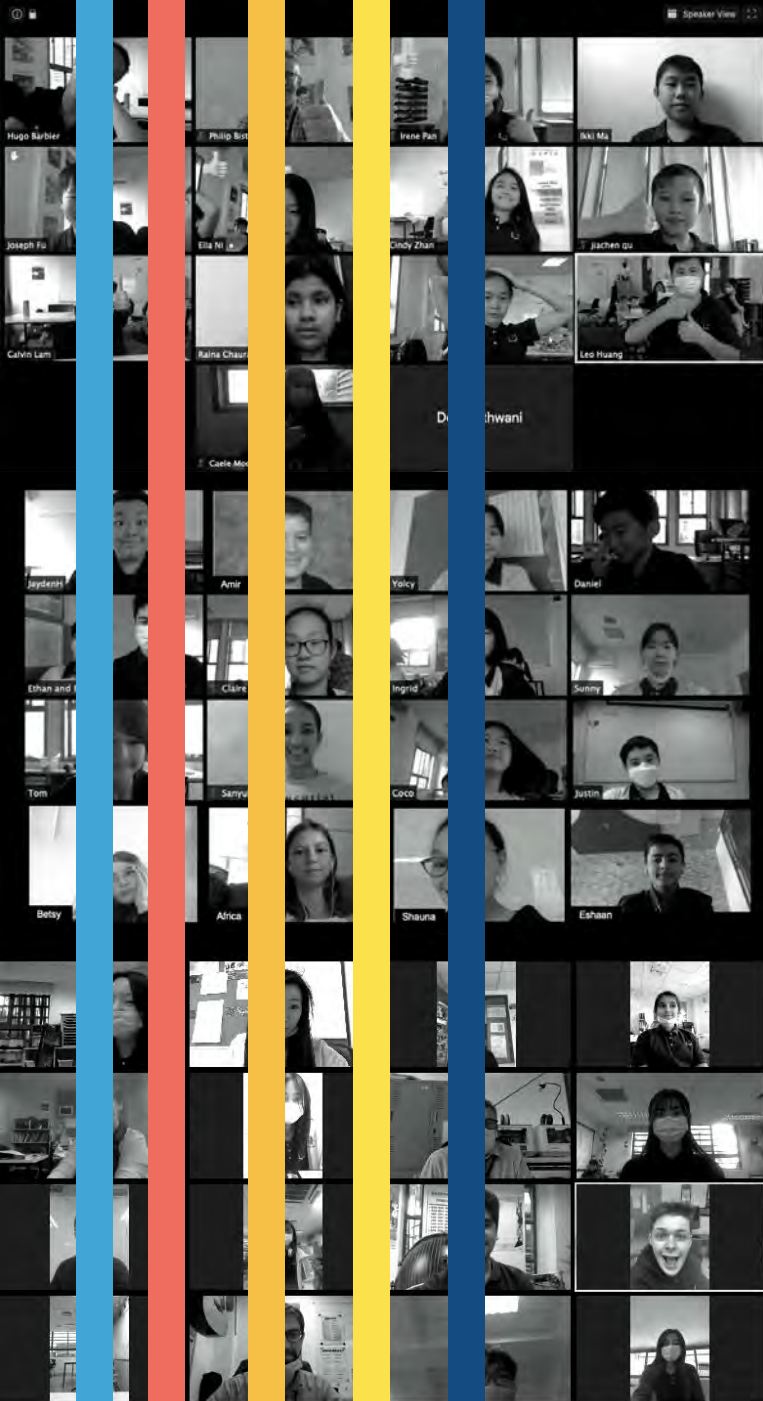
My mother used to say 'Never pray for patience, because God may teach it to you the hard way'. She meant simply that a person is not naturally patient, but has to learn it by dealing with things that do not go as quickly as hoped, or as smoothly as planned. It isn't a quality that someone is born with, but something one gains. It is perhaps one of the reasons why children run everywhere; why young people are always in a hurry – they haven't yet had to wait and learn to exercise calm in the face of obstacles.

Resilience, like patience, is not something that just appears as if by magic. The only way to know you have it is to emerge on the other side of a challenge with some bounce still remaining, with the ability to bend and flex and recover, despite how strong the storms are. There is no resilience without struggle.

No one would argue that this academic year has been free of storms and struggles. It has indeed been extraordinary. What we have learned, as we reach the end of it, is just how resilient our students are- as individuals, as members of the Upper School, and as part of the wider community. You have encountered hurdles repeatedly throughout this year, especially in the last few months, and have been required to 'roll with the punches' like never before. You have emerged from the storms a little battered, but resolute and still smiling. The strength and resilience you have gained has kept you unified and dignified despite the difficulties, and will ensure that you are prepared for whatever challenges life throws at you next. As you look back through the photos and memories here, I hope you find laughter and joy- but also pride at the deep courage you have shown and the resilience this year has given you.

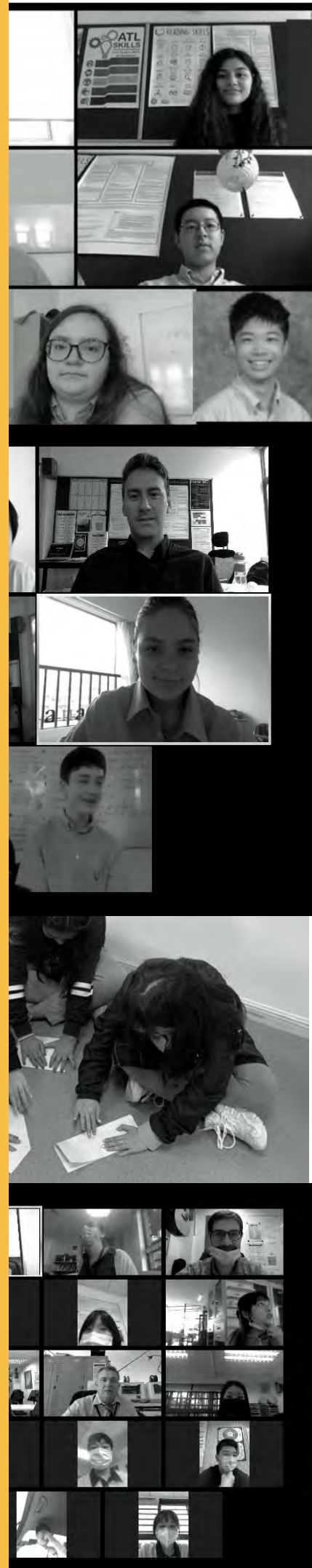
A yellow circular graphic with a textured, slightly mottled appearance. Inside the circle, the letters "US" are written in a bold, black, sans-serif font.

US





U P P E R S C H O O L

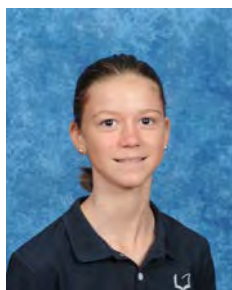


Grade 6

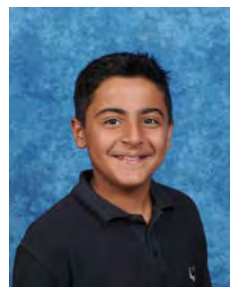
Ms. May, Mr. May, Mrs. Foster, Ms. Stowell, Mr. Bistretzan



Altes Kartach,
Africa
Azuma, Hikari
Barbier, Hugo
Branham,
Benjamin



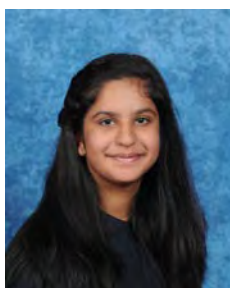
Chacon Davila,
Patricia
Chaurasia, Raina
Chemouny, Amir
Dhanwani, Eshaan



Fougere, Tom
Fu, Jia-Xuan
Guevara, Marcelo
Guo, Shu-Cheng
(Alan)



Gwak, Minji
Harwani, Ria
Hu, Yu-Sheng
(Daniel)
Huang, Tian-Lang
(Leo)



Hwang, Ho-Jun
(Jayden)
Kibble, Betsi
Lam, Chun-Yan
(Calvin)
Li, Ethan



Li, Zhixuan
(Olivia)
Lin, Ruyi
Liu, Susie
Lu, Jiaqi (Micah)



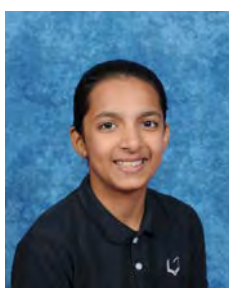
Ma, Yiu-Sum
(Ikki)
Maldonado,
Miguel
Mao, Youke
(Yolco)
McErlean,



Methwani, Dev
Manoj
Mooney, Caele
Caitlin
Ni, Ella Hao
Pan, Irene



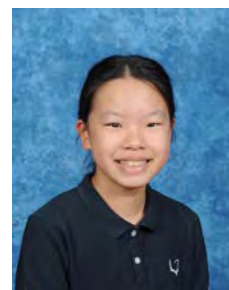
Qu, Jia-Chen
Shewakramani,
Sanyukta
Sun, Ka-Yee
(Claire)
Weng, Yang
(Sunny)



Wu, Ingrid
Xu, Kwo-Yin
(Justin)
Ye, Luca
Zhang, Jinyu
(Oscar)



Zhang, Youxin
(Yolcy)
Zhang Zhan,
Cindy
Zhu, Qianwen
Lu, Elaine





Sixth Grade China Trips 2019



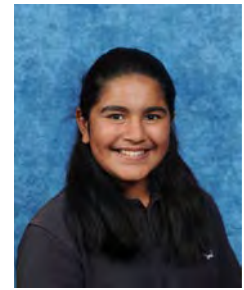
Grade

7

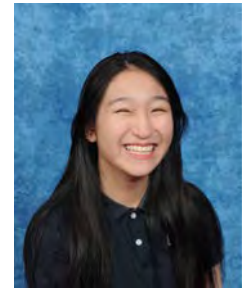
Ms. Zhu, Mr. Plotz, Mr. Long, Ms. Brown



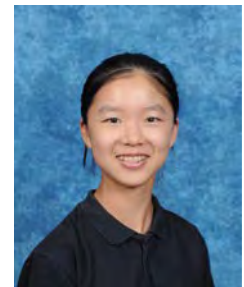
Au, Sofie Ching Yi
Bhatia, Parth
Bistretzan, Tobias
Chadha, Samira



Chan, Edric
Chen, Irene
Chen, Rui-Jie
(Jerry)
Chen, Sharon



Chen, Yik
(Michael)
Chen, Yue-Fan
(Emma)
Do Ngoc, Hao An
Fan, Wenjia



Gianchandani,
Ruhi
Gianchandani,
Vansh
Jeswani, Aditya
Nitin
Kim, Jun-Kyeom
(Tony)



Koo, Minseok
(Justin)
Lee, Alexander
Lee, Seung-Jae
(James)
Lee, Young-Seo
Sally



Li, Sabrina
Li, Sien
Li, Yuting (Lucas)
Lin, Michael



Mc Erlean, Ronan
Nair, Roma
Nazar, Ricardo
Parwani, Bhavya



Sarawagi, Saarvi
Sharma, Tanishka
Shen, Pui-Hok
(Sophia)
Shen, Xi-Ke
(Roxanna)



Shou, Helen
Song, He-Xin
(Michael)
Tejwani, Vinisha
Tyagi, Saanvi



Wang, Chengyi
(Max)
Wang, Yuyan
(Lucia)
Xu, Zhi-Yuan
(Martina)
Ying,
Chengruogu
(Ricky)



Youm, Seoyoon
(Emily)
Yu, Tina
Zhang, Ziyang
Zhang, Edward



Zhao, Victor
Zhong, Siqi
(Michael)
Zhou, Anna
Zhu, Xiyan (Cici)



Gwak, Minji





Seventh Grade China Trips 2019





Grade 8

Mr. Brown, Mr. Kresge, Ms. Confait, Ms. Yoyo



Bajaj, Sera
Bistretzan, Mateo
Chen, Kai-Lin
(Kelly)
Chen, Roy



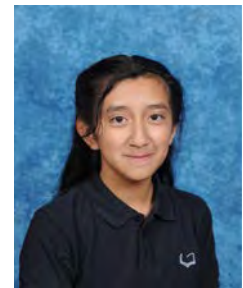
Fei, Medina
Gehani, Sikata
Anilkumar
Hamza,
Mohammad
Her, Su-Ho (Luke)



Jaggi, Rishaabh
Jashnani, Manav
Ji, Sungjun (Justin)
Jiang, Georgia



Jin, Dahua
Jin, Yu (Alice)
Joshi, Vishnu
Juarez Leynez,
Linnet



Kropp, Axel
Li, Yiheng (Elva)
Lin, Jia-Sheng
(Johnson)
Lou, Hong-Ye



Ma, Yi-Chu (Eva)
Maheshwari,
Arnav
Maldonado,
Fernanda
Mallawa,
Arachchige,
Bihandu



Perry, Ami Rose
Rooney, Billy
Shi, Vicky
Tang, Pou-l



Vohra, Aliya
Von Den Hoff,
Madita
Wong, Felicity
Wong, Pascal



Yuan, Xin (Belle)
Zhou, Jia-Fan
(Joey)
Zhou, Jialin
(Linda)
Zhu, Yu-Dong
(Phillip)





Eighth Grade China Trips 2019





Grade 9

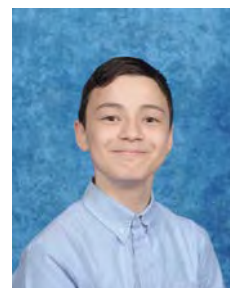
Mr. Sanchez, Ms. Mockler, Mr. Lamplugh



Armstrong, Dieter
Chen, Sofia
Cheng, Ho-Chi
(Jerry)
Felix Vergudo,
Valentin



Fryer, Daniel
Gu, Celeste
Kang, James
Kerr, Bruce



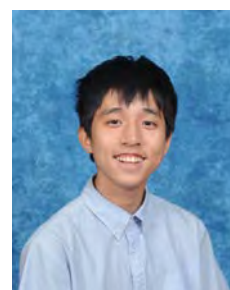
Liao, Chin-lok
(Mandy)
Liu, Chenyi (Jenny)
Lu, Nanxi (Nathan)
Moon, Young-Eun
(Flora)



Nazar,
Valentina
Qiu Zhang, Zihui
Shen, Yicheng
(Ethan)
Wan, Yi-Long
(Eason)



Wang, Kevin
Wildey-Martin,
Ana
Wu, Andy
Xu, Terrence



Xu, Zhangchi
(Cecilia)
Zhang, Kai-Nan
(Kevin)
Jain, Manya





NINTH GRADE CHINA TRIPS 2019



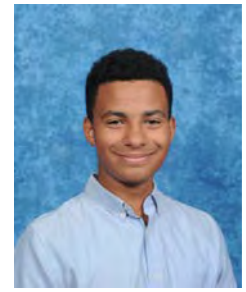


Grade 10

Mr. Foster, Mr. Widi, Ms. Sanchez, Ms. Lin



Aggarwal, Riva
Al-Awadhi,
Mohanad
Aswani, Dimple
Barbier, Raphael



Bhatia, Pranav
Canon, Clara
Carbone, Luna
Chadha, Aanvi



Cherry, Justin
Daswani, Aryan
Fu, Jia-Yang
(Janiya)
Gimeno, Aina
Marie



Gwak, Minsu
Hayawi, Kerrar
Heath, Bayley
Her, Ji-Won
(Angela)



Hu, Yu-Heng
(Harry)
Huang, Zi-Xi
(Theodore)
Ji, Hyunmin
(Jasmine)
Jin, Dazhong



Kang, Jun-Woo
Kropp, Emelie
Li, Runrun (Alicia)
Lin, Rulian



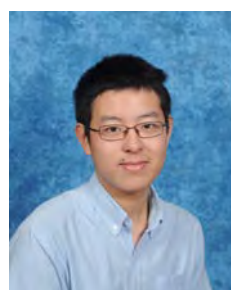
Mi, Jeffrey
Ni, Fu-Heng
(Henry)
Pan, Sihao
(Patty)
Pan, Michelle



Park, Inha
Sardzhveladze,
Mariam
Semple, Julia
Song, Junki



Williams Marciaga,
Aralis Denisse
Xu, Yihang (Derik)
Ye, Esther



Zeng, Sheng-En
(Edward)
Zhang, Augustine
Zhang Zhan, Elisa
Hui





Tenth Grade China Trips 2019





Grade 11

Mr. Strombeck, Ms. Pekin



Al-Awadhi,
Mohammed
Branham, Daniel
Dhanwani, Nikkie
Guevara, Regina



Jang, Kenyoung
(Kenneth)

Jin, Xu-Hao
(Joyce)

Jung, Seohyun
Khurana, Jarul



Kim, JaeWoo
Perry, Nseya
Pertile, Angela
Ramchandani,
Khushi



Sehgal, Aanchal
Sikri Suhani
Stubbs, Danielle
Tan, Grace



Selma, von den
Hoff
Xu, Jia-Yue (Vivian)
Yun, Donghwee
(Bryan)





Eleventh Grade China Trips 2019







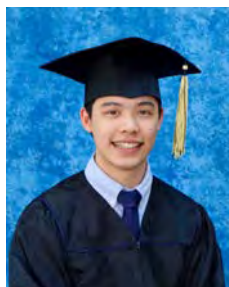
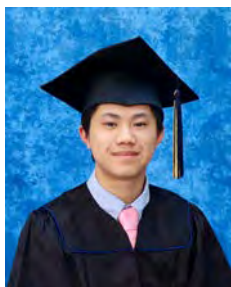
Class of 2020



Andreasson, Alma
Andreasson, Elin
Carbone, Antonio
Chen, Yi-Xuan



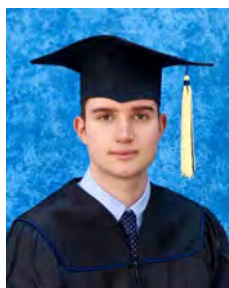
Chen, Ying-Tza
(Andrew)
Cheng, Jonathan
Chia, Rayden
Datwani, Dev



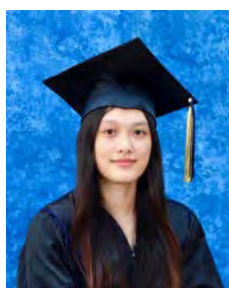
Do Ngoc, Havi
Gimeno, Maria
Gu, William
Jung, Jaewoon



Kim, Minju
Lamplugh, Imogen
Livio, Alessandro
Stubbs, Natalia



Sukegawa, Haru
Wu, Max
Zhang Zhan, Lucia



ALESSANDRO LIVIO

Grade Entered HIS:
Kindergarten



Nationality: Italian
Hobbies: Soccer, Golf, FIFA
Plans for the Future: Go to university
Senior Quote: "It's not personal, it's just business."





Alma Andreasson

Grade Entered H.S: 10th Grade

Nationality: Swedish

*Hobbies: Gymnastics, Volleyball, and
Badminton*

Plans for the future: Study international business

*Senior Quote: "If you can't blow them away
with your brilliance, baffle them with your BS."*





Andrew Chen



Grade entered HIS:
7th Grade

Nationality: Chinese

Hobbies: Writing, beverage making, gaming

Plans for the Future: Study culinary in Switzerland

Senior Quote: "Have a goal, appreciate and be positive."





Antonio Carbone

Grade entered HIS:
10th Grade

Nationality: Italian

Hobbies: Gaming, Kendo,
Reading

Plans for the Future: Enroll
in business administration
in Stenden university

Senior Quote: "Don't cry
because it's over, smile
because it happened."





Dev Datwani

Grade entered HIS:
Pre-Kindergarten

Nationality: Indian

Hobbies: Volleyball, Basketball,
Playstation

Plans for the Future: Go to
university to study aviation
and become a pilot.

Senior Quote: "Don't read the
book, just watch the movie."



Elin Andreasson

Grade entered HIS:

10th Grade

Nationality: Swedish

Hobbies: Gymnastics,
Swimming, Baking

Plans for the Future: Study
in the Netherlands

Senior Quote: "If no one
from the future comes to
stop you from doing it, then
how bad of a decision can it
really be?"





Haru Sukegawa

Grade Entered HIS:
9th Grade

Nationality: Japanese

Hobbies: Drawing, Baking,
Sleeping

Plans for the future:
Study Fine Art in University
and work as an illustrator

Senior Quote:
"Whoever taught me self-
confidence, I appreciate you."





Ha Vi Do Ngoc

Grade Entered HIS:

4th Grade

Nationality: Vietnamese & Chinese

Hobbies: Writing stories, Badminton, Baking

Plans for the future: becoming a writer/journalist/editor

Senior Quote:

“Our greatest glory is not in never falling, but in rising every time we fall.”

- Confucius





Imogen Lamplugh

Grade Entered HIS:
10th Grade

Nationality:
Australian

Hobbies: Animation,
Painting, Cooking

Plans for the Future:
Study in Australia

Senior Quote:

"I never look back. It
distracts from the
now." - Edna Mode





Jaewoon Jung

Grade Entered HIS:
9th Grade

Nationality: South Korean

Hobbies: Basketball,
Volleyball, Football

Plans for the future:

Investment Banker

Senior Quote: "My phone
is brighter than my
future."





Jonathan Cheng

Grade Entered HIS: 4th Grade

Nationality: Hong Kong

Hobbies: Badminton, Watching Movies & TV Shows, Basketball

Plans for the future: Medical Doctor or Surgeon

Senior Quote: "Can I have an extension for this?"





Lucia Zhan



Grade Entered HIS:
9th Grade

Nationality: Spanish

Hobbies: Playing guitar,
basketball, and soccer.

Plans for the future:
Start my own business, deal with
insanity from thinking too hard
about philosophy

Senior Quote: "Pride is not the
opposite of shame, but its source.
True humility is the only
antidote to shame." – Uncle Iroh



Maria Vanina Gimeno



Grade Entered HIS:
10th Grade

Nationality:
Spanish, Filipino, French

Hobbies: Reading,
Swimming, Hanging out
with friends

Plans for the Future:
International Teacher
Education Primary School
in the Netherlands

Senior Quote:
“There’s nothing like
deep breaths after
laughing that hard.
Nothing in the world like a
sore stomach for the right
reasons.” - Stephen
Chbosky



Max Wu

Grade Entered HIS: 6th Grade

Nationality: American

Hobbies: Table tennis,
Frisbee, Gaming

Plans for the Future: Become
a scientist and research
medicine.

Senior Quote: "Over planning
is just as bad as
procrastinating."



Minju Kim

Grade Entered HHS: 6th Grade

Nationality: South Korean

Hobbies: Exploring for good food,
hanging out with friends, reading

Plans for the future: become a
translator

Senior Quote: "To whoever's
reading this, have a wonderful
day!"





Natalia Stubbs

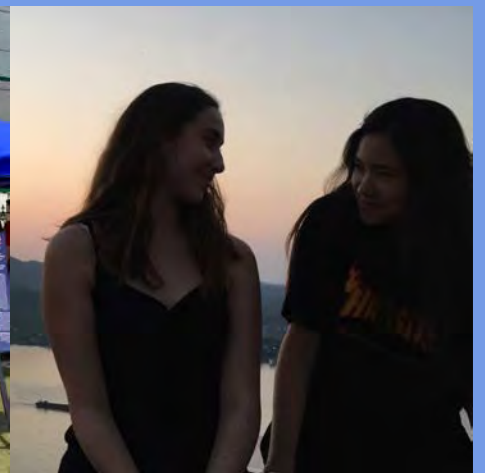
Grade Entered HIS: 9th Grade

Nationality: American & Mexican

Hobbies: Watching TV, Basketball, Biking

Plans for the Future: be an International History Teacher or US diplomat

Senior Quote: "We're on, like, the bleeding edge of history. Everything ahead of us is totally unknown, and there's no guarantee that things are going to be all right. It's exciting, but it's also pretty scary." —Jake Jr., Adventure Time.





Rayden Chia

Grade Entered HIS: 3rd Grade

Nationality: Singaporean

Hobbies: Sports, making videos, eating waffles

Plans for the future: Military service, Cinematographer, Chef, Vet, Barista, I don't know

Senior Quote: "Pee in your pants to stay warm."





William Gu

Grade Entered HIS:

3rd Grade

Nationality:

Singaporean

Hobbies: Volleyball,
ultimate frisbee, play
video games

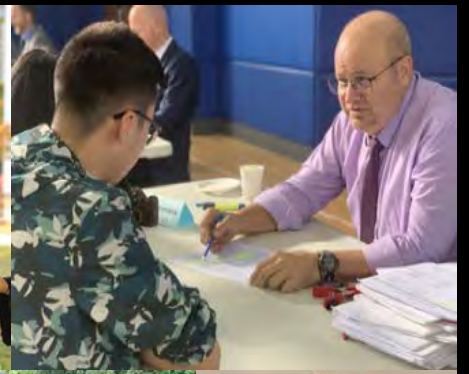
Plans for future:

Military service

Senior Quote:

"Life is a mirror."





Yi Xuan Chen

Grade Entered HIS:
8th Grade

Nationality:

Chinese & Italian

Hobbies: Football,
Formula 1, Listening
to music

Plans for the Future:

Go to university

Senior Quote: "The
future is scary but
you can't go to
your past cause it's
familiar."



Note From the Upper School Principal

Dear students,

This year you had the opportunity to grow in ways that you never expected. I was impressed by your resilience, even in the face of all the changes that we threw your direction. From the beginning of the year, with a large number of new students entering the Upper School, you were able to adjust and welcome members to our community.



Watching the rate of activity on Managebac, Teams, and wechat was one way to document all that you accomplished during the time away from campus. However, each of you were strong and capable in your approaches to learning and self-management

You collaborated well on sports teams, supported each other in classrooms, and gained memories together in the China Trips. The success of sports teams and MUN was evident early in the year because of the relationships you built together. Having your school program moved from the classroom to online and back again, while some of you were not able to be back in Hangzhou was not an easy experience

You all grew and improved your selves, you found ways to solve problems on your own, and you learned in ways that you didn't realize were possible earlier in the year. I am proud to be part of this community that works hard together and enjoys life together. I hope that we will be able to see those who are not yet back by next year, but hope that you will be able to enjoy the memories that you have made over the course of this year!





A T H L E T I C S



Boys Varsity



Coaches: Chaddwick Plotz, Chris Widi

Volleyball



Girls Varsity



Coaches: Glenda Semple, Heather Plotz

Volleyball



Boys Varsity



Coaches: Andrew Lawrence, David Young, Zach Baker

Basketball



Girls Varsity



Coaches: Matthew Cushman, Kaitlin Hooper

Basketball



Cross



Coaches: Alex May

Country



Coaches: Jen Widi

Middle School



Coaches: Ruan Cloete

Touch Rugby



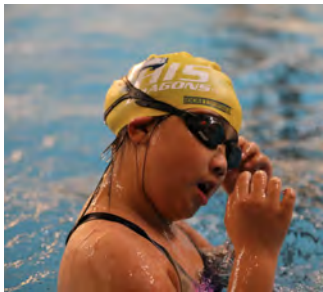
Coaches: Cameron Burns

Swim



Coaches: Donal Sha

Team



Coaches: Vivian Wang

Middle School



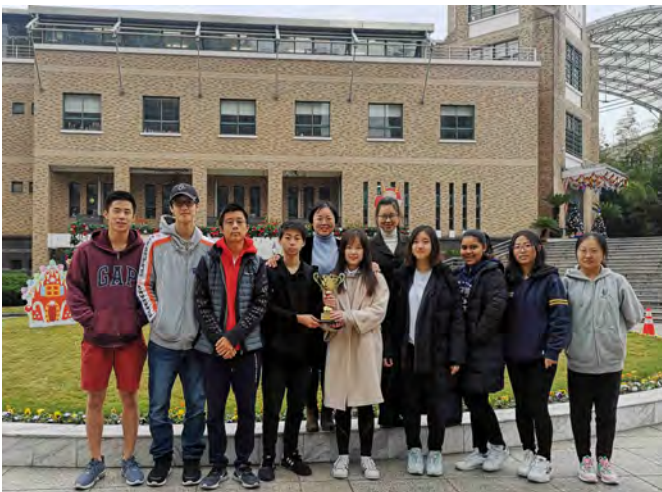
Coaches: Chaddwick Plotz

Floor Hockey



Coaches: Philip Bistretzan, Ruan Cloete

Table



Coaches: Lily Zhou

Tennis



Coaches: Lucia Wu

Boys Middle



Coaches: Andres Sanchez, Cameron Burns

School Soccer



Girls Middle



Coaches: Filipe Nogueira, Beatriz Lopez

School Soccer





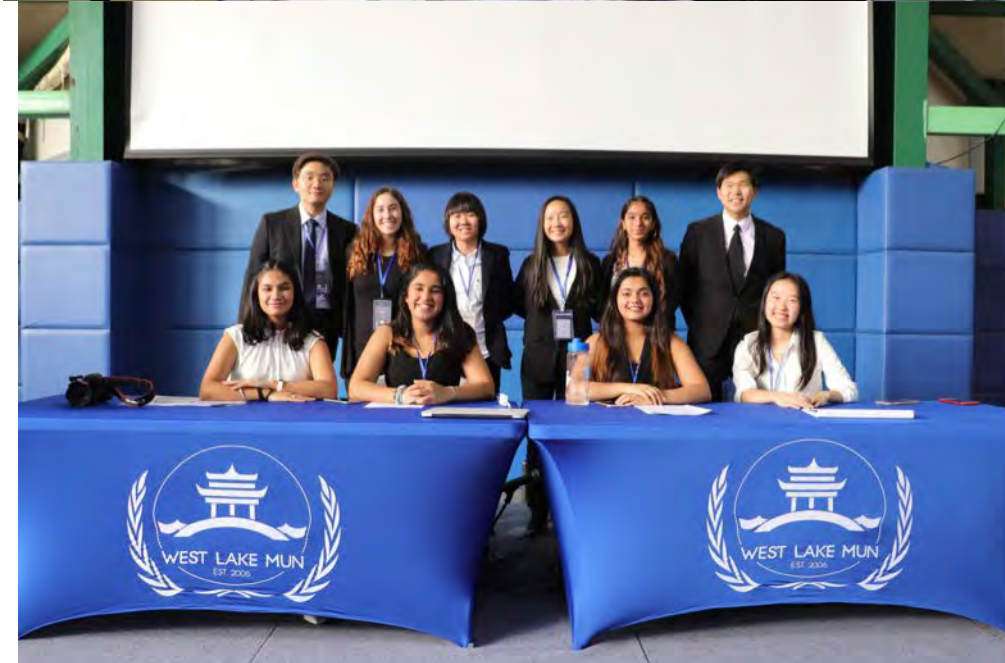


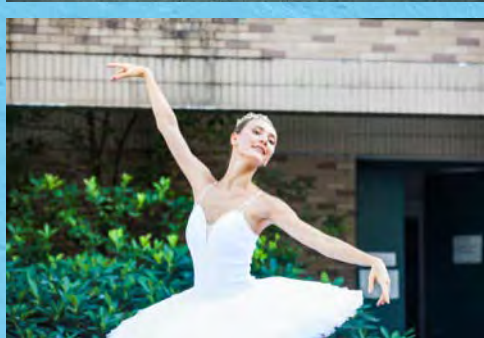
M O M E N T S



Events







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ARTS NIGHT









W L M
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19



HALLOWEEN





The Story of Us Living Library



WINTER FAIR



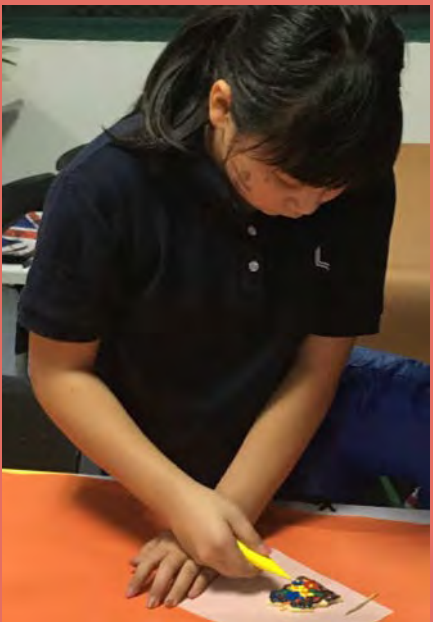


MYP PROJECTS



STUDENT COUNCIL EVENTS





Student Life









1st Day of School

Field Trips





SPAIN TRIP





House Activities





GRADE 6 PROJECT



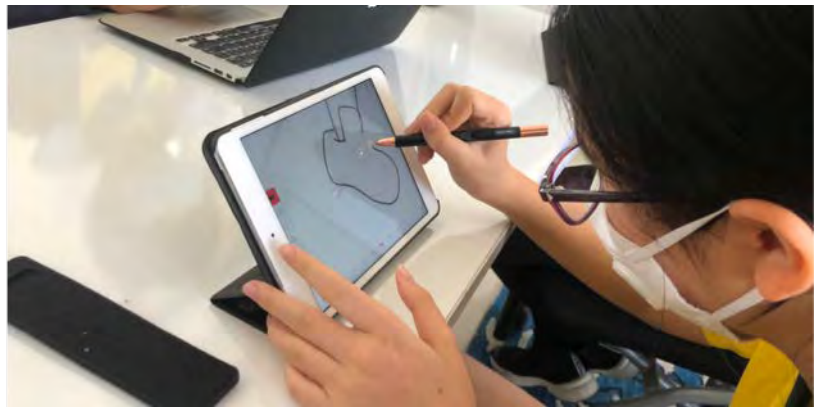




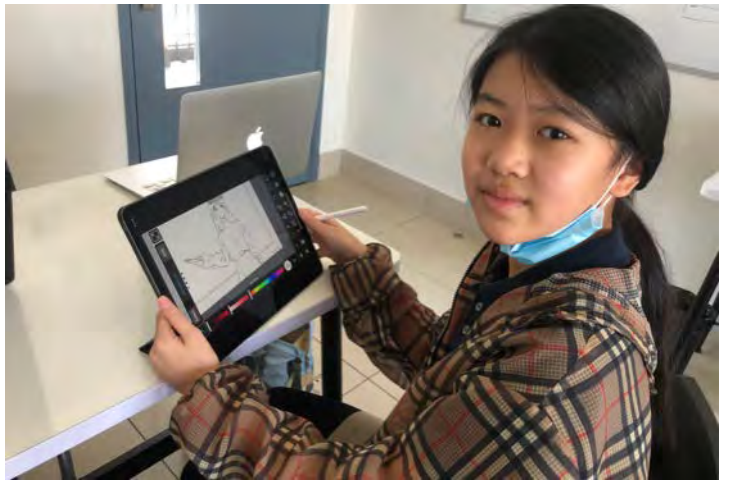
Rice Babies Project



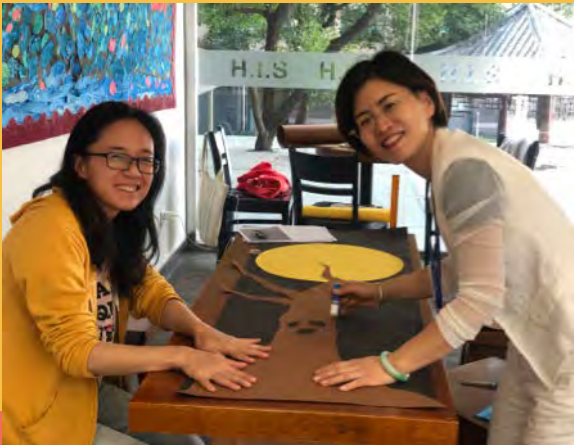




Film Festival

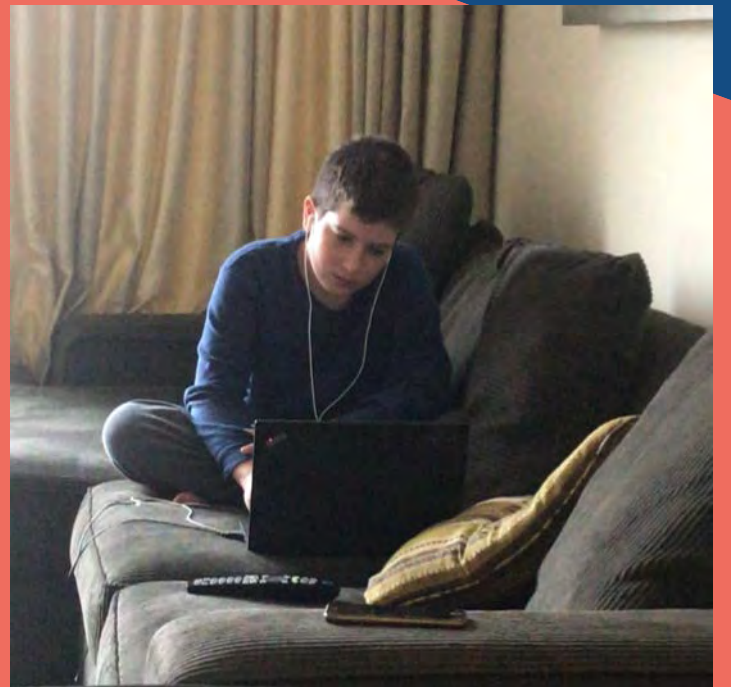
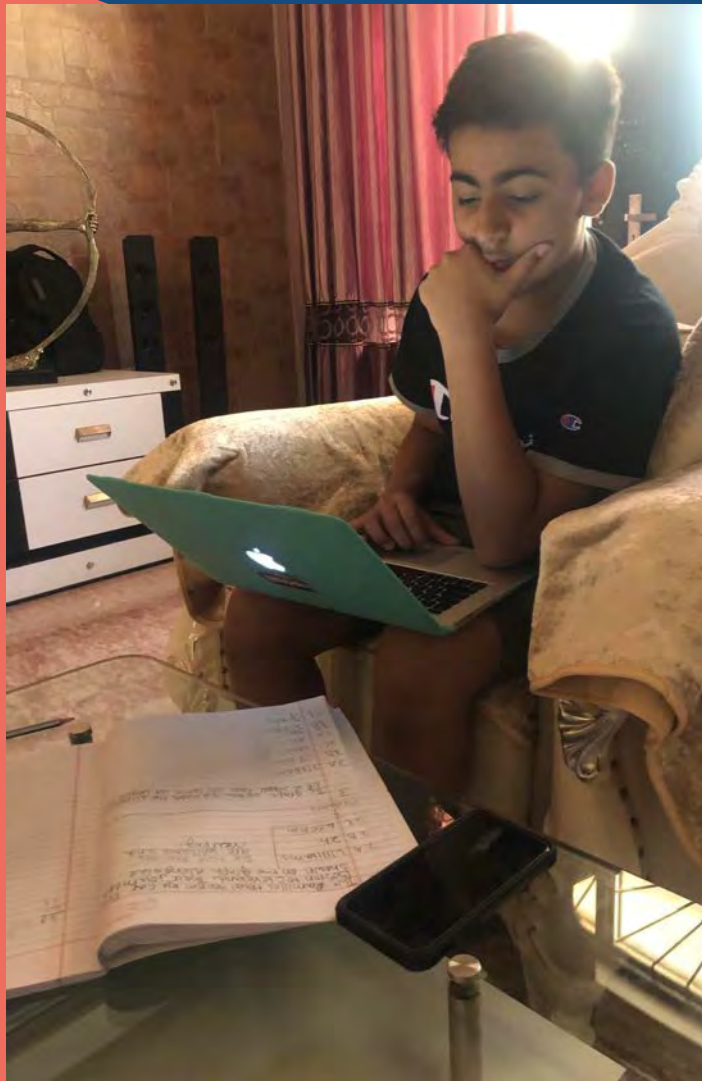
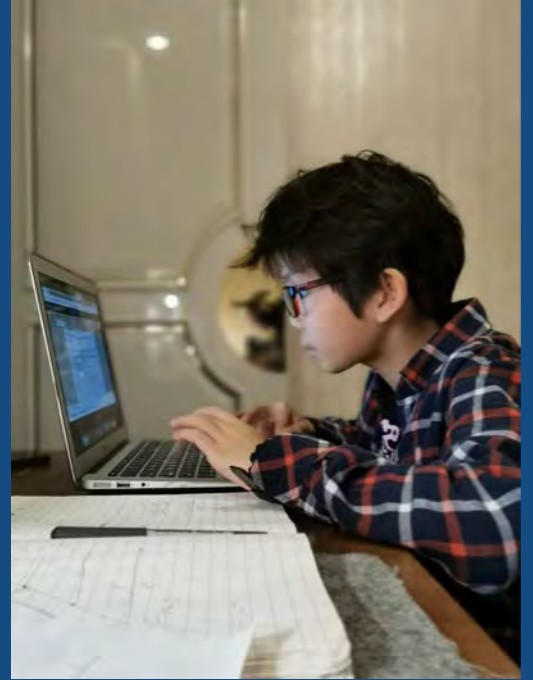


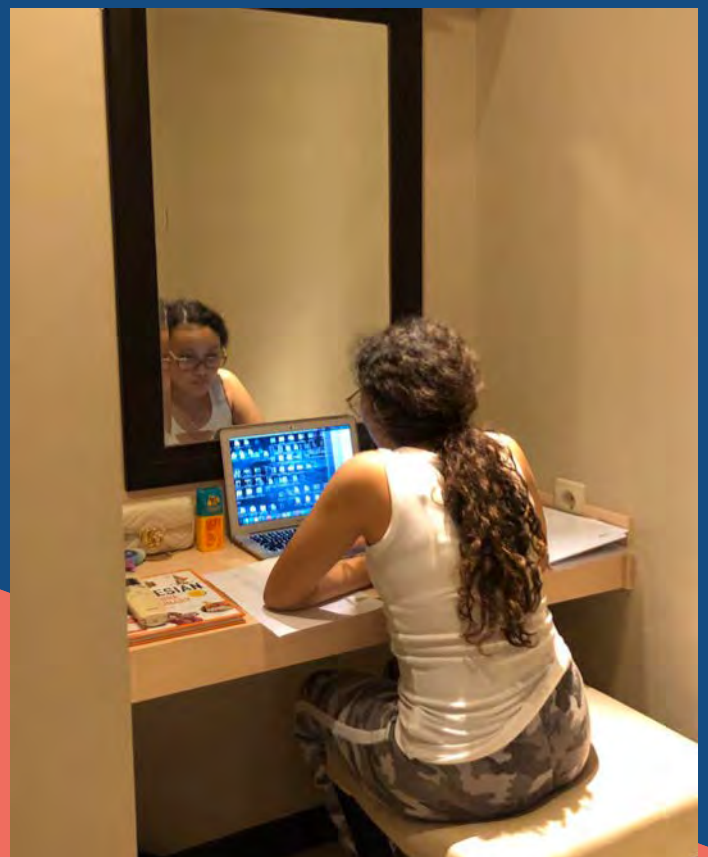
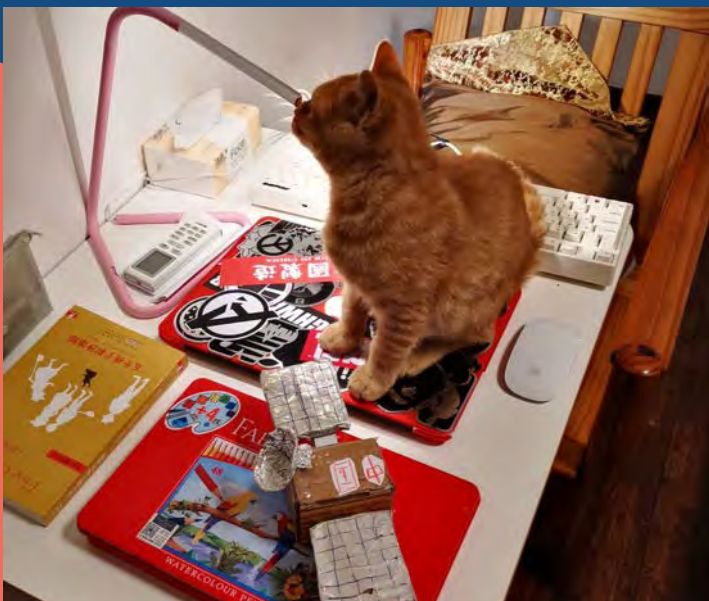
Parent & Friend Association





E-LEARNING





HOUSE CHALLENGES

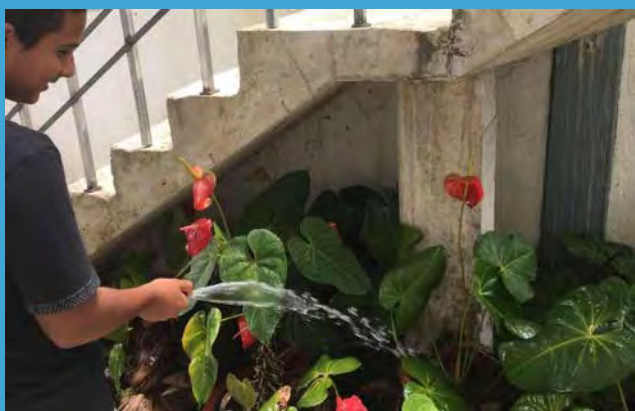
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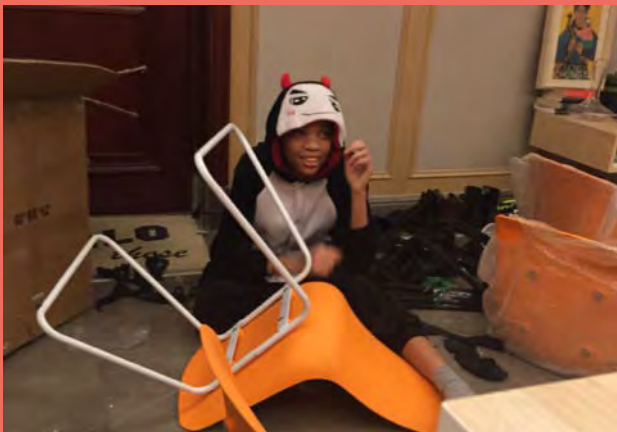


ACTIVITY

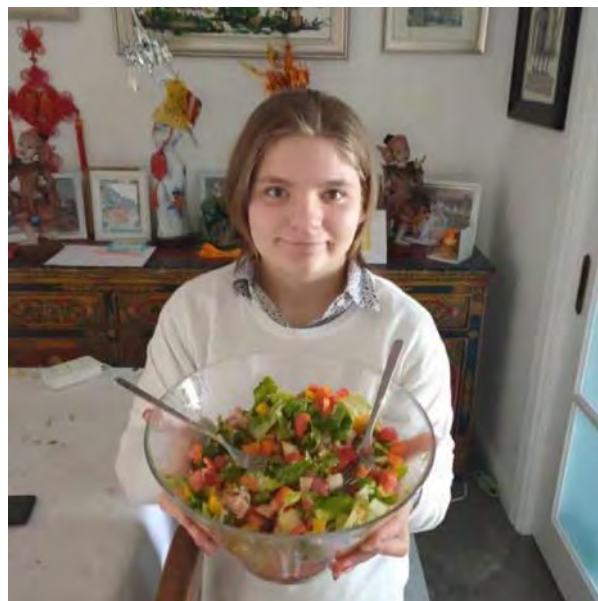


SERVICE





COOKING

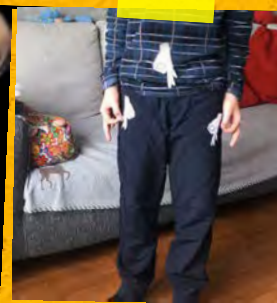
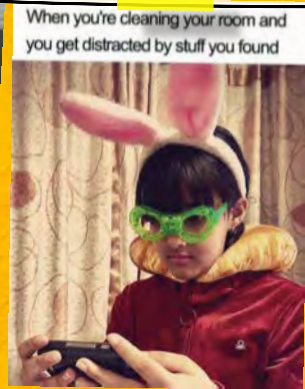
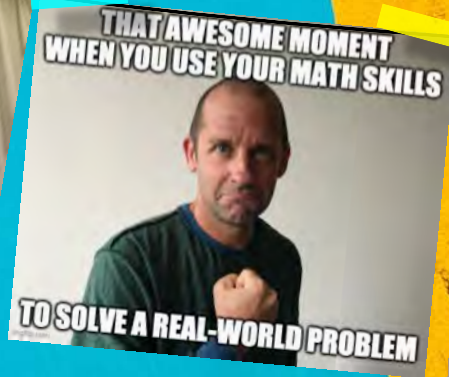


ENGINEERING CHALLENGE

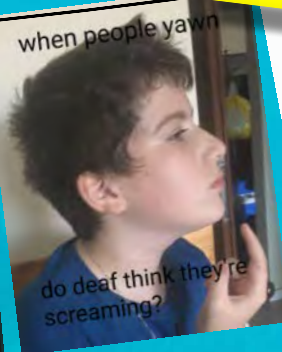
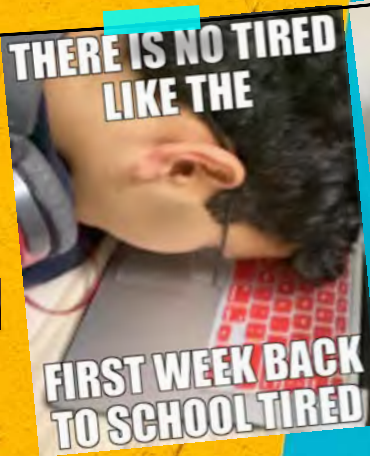


VIRTUAL SPIRIT WEEK

Meme day



HIGHLIGHTS



Crazy hair/hat day



Character day





Wacky Tacky day



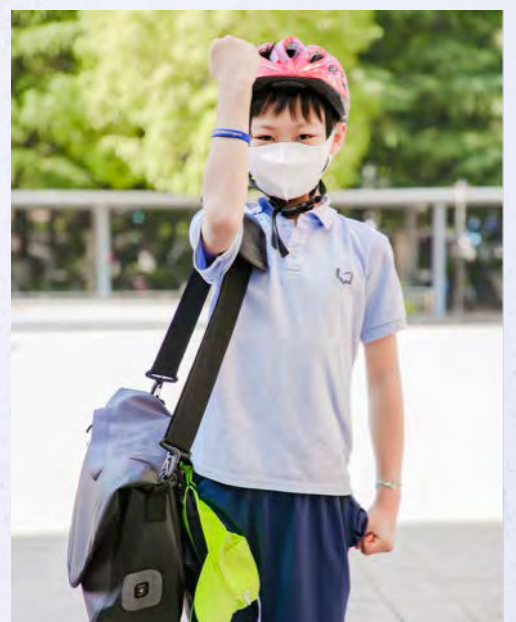
Dragon spirit day





#Stronger
Together













US Sciences







US Arts



US Design



Business Club

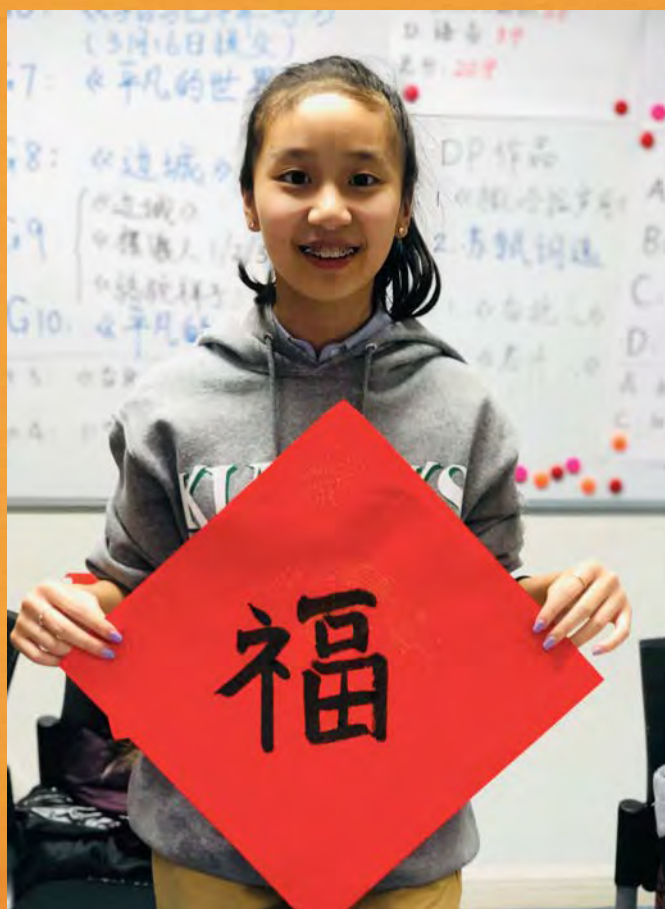


Design & Coding

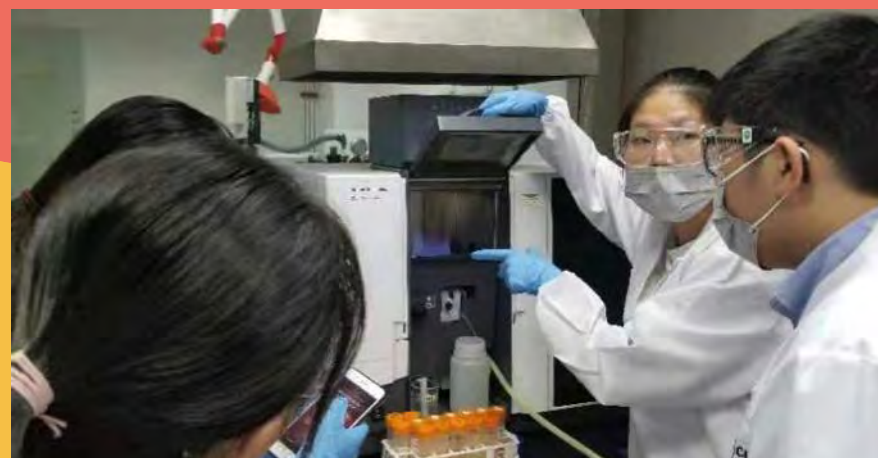
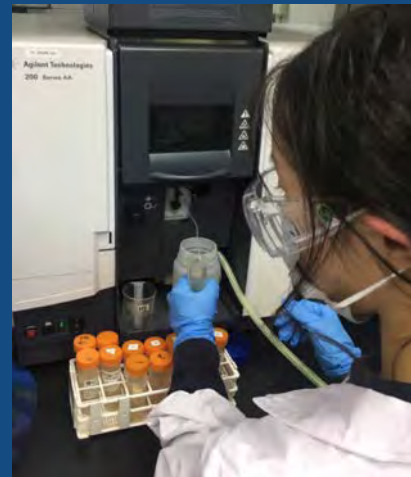


Chinese Calligraphy





Global Issues Network





HIS Global Issues Network (GIN), we focus on environmental issues around the world, especially the pollution problem. Based on this aim, we provided an opportunity for students to visit CIRS lab. During this field trip, GIN members

tested pollution with professional scientists and made our own soil samples, which are really interesting and meaningful. This experience helped GIN club members realize the significance of protecting our environment, not only the water and air but also the soil.



As part of GIN contributions to providing opportunities to students at HIS Angela Her project coordinator decided to take on the responsibility of scheduling visits to the Zhejiang Children's Hospital. She arranged students from HIS to come along with her and play with the children in the hospital.

Hospital visits spread positivity as well as raise awareness of issues concerning fairness and development. It was a valuable experience for all because playing with the kids brought them joy, especially when the kids smiled when students from HIS were with them.



Journalism Club



Model United Nations



String Orchestra



Wheels Around Hangzhou





Upper school students joined Ms. Koenig and Ms. May for the Wheels Around Hangzhou ASA for various adventures. They cycled around the streets of Hangzhou to destinations along the river path, Food Alley, near the new HIS campus and across the Qiantang River ranging, covering distances from 8-20 km. They also hiked in the tea fields for amazing views of the surrounding mountains. In these weekly outings, they learned about bike safety, enjoyed tasty snacks, challenged themselves and explored new areas.





AUTOGRAPHS



Hangzhou
International
School

Once a Dragon, Always a Dragon