



MANSFIELD ISD TAKE & BAKE MENU

June 30 - July 6

PICK UP DAYS TU & F

9AM - 11AM

NOW SERVING 3 DAYS WORTH OF MEALS AT A TIME! 9am - 11am TUESDAYS & FRIDAYS

Includes Saturday Breakfast and Lunch!

First come, first served. While Supplies Last.

All children 18 & under and special needs adults up to age 21 are eligible for free meals. Children are **not required** to be enrolled in Mansfield ISD schools.

Meals available at the following locations:

Annette Perry Elementary - DP Morris Elementary - Glenn Harmon Elementary - Mary Jo Sheppard Elementary - Della Icenhower Intermediate - Lake Ridge HS
(Carbohydrate counts listed beside each menu item)

TUESDAY 30

BREAKFAST

Chicken Slider (18g)
100% Juice Capri Sun
(4g)
Milk

LUNCH

Walking Taco
w/ Queso Blanco
(25g)
Fresh Apple (19g)
Corn (9g)
Salsa Cup (5g)
Milk

WEDNESDAY 1

BREAKFAST

Mini Pancakes (35g)
Fresh Peach (15g)
Milk



LUNCH

Hamburger
(17g)
Craisins (28g)
Baby Carrots (5g)
Pickle Chips (1g)
Milk

THURSDAY 2

BREAKFAST

Cereal (14g)
Fresh Orange (15g)
Milk

LUNCH

Mini Corn Dogs
(30g)
Mandarin Orange Cup
(22g)
Emoji Fries (20g)
Milk

FRIDAY 3

BREAKFAST

Muffin (30g)
Cheesestick (1g)
100% Juice (14g)
Milk

LUNCH

Chicken Bites
(19g)
Applesauce (16g)
Green Beans (3g)
Emoji Fries (20g)
Milk

SATURDAY 4

BREAKFAST

Danimals (16g)
Animal Crackers (22g)
Fresh Orange (15g)
Milk



LUNCH

Hotdog (29g)
Emoji Italian Ice (24g)
Fresh Corn on the Cob
(21g)
Milk
Chips
Hershey's Chocolate
Syrup

MONDAY 6

BREAKFAST

Cereal (14g)
Fresh Apple (19g)
Milk

LUNCH

Homestyle Chicken
Sandwich (30g)
Fresh Kiwi (4g)
Fresh Corn on the Cob
(21g)
Baby Carrots (5g)
Milk

Follow us on Facebook @ Mansfield ISD Student Nutrition
and



Instagram @ thecrossingcafe_misd



This institution is an equal opportunity employer and provider

Menus are subject to change

TAKE AND BAKE HEATING INSTRUCTIONS

Keep frozen items (black container) frozen until ready to cook. Remove items from container before heating.

Keep cold items refrigerated until ready to eat.

Appliances vary. Heating times and temperatures approximate. CAUTION! Heated items will be HOT! Let stand 1-2 minutes before serving.

Allergens listed include top 8 (milk, soy, egg, wheat, shellfish/fish, peanut/ tree nut) **All menu items are pork free.** *Freebie items may contain pork.

Any additonal ingredient questions please e-mail seonervin@mismail.org

Breakfast Chicken Slider

Recommended:

Preheat oven to 375F. Bake chicken on sheet pan
14-16 minutes or until chicken reaches 165F.

Place on slider bun.

OR

Heat entire sandwich in microwave for 1 minute.

Contains milk, wheat & soy

Frozen Vegetables

Microwave in a covered, microwave safe dish for 1
minute.

Emoji Fries

Recommended:

Preheat oven to 450F. Bake on sheet pan
9-14 minutes or until fries reach 165F.

OR

Microwave on high 2 minutes

Chicken Bites

Recommended:

Oven method: Preheat oven to 375F.
Bake on sheet pan 12-16 minutes
or chicken bites reach 165F.

OR

Microwave 1 minute.

Contains milk, wheat & soy

Walking Taco:

Top chips with warmed chicken and cheese. Use
salsa cup and corn for additional flavor and
customization!

Fajita Chicken

Microwave 1 minute.

Contains soy

Queso Blanco:

Microwave 1 minute & stir.

Contains milk

Homestyle Chicken Sandwich

Recommended:

Oven method: Preheat oven to 375F.
Bake on sheet pan 12-15 minutes or until chicken
patty reaches 165F.

OR

Microwave one sandwich 45 seconds, flip whole
sandwich upside down and microwave 45
additional seconds.

Contains milk, wheat & soy

Hamburger

Recommended:

Preheat oven to 400F. Bake patty on sheet pan
9-11 minutes or until patty reaches 165F.

Place on bun.

OR

Microwave 45 seconds, flip whole sandwich upside
down and microwave 45 additional seconds.

Contains wheat & soy

Chicken Mini Corn Dogs

Recommended:

Oven method: Preheat oven to 400F.
Bake on sheet pan 15 minutes
or until corn dogs reach 165F.

OR

Microwave 1 minute.

Contains milk, egg, wheat & soy

Hotdog

Microwave hotdog covered, 45 seconds.
Place on bun.

Contains wheat & soy

Corn

Soak corn with husk on for 5 min.
Preheat oven to 305F. Bake in oven for 30
minutes.