

PE | 2021 Conference

Programme

28 - 29 May 2021
SOUTH VIEW SCHOOL , DUBAI

In partnership with

FRIDAY 28 MAY 2021

Time	Event				
08:30 - 08:45	Registration and Refreshments				
08:45 - 09:00	Conference Opening: Welcome and Introductions Neil Rollings				
09:00 - 16:00	Please choose one of the following full day workshops:				
Becoming an Effective Director of Sport Leadership in School Sport Neil Rollings	Primary PE Engaging Young Children in Physical Activity Lesley Minervini	Technology in PE Charge up the PE Classroom Adam Llevo	GCSE PE How to effectively plan and deliver GCSE PE <i>*Choose Friday or Saturday as this course is repeated.</i> Kirk Bizley	Netball Coaching Masterclass - Tracey Neville MBE	
Lunch and Refreshments will be provided.					

SATURDAY 29 MAY 2021

Time	Event				
08:30 - 09:00	Coffee and networking				
09:00 - 16:00	Please choose one of the following full day workshops:				
Becoming an Effective Director of Sport Meeting the Challenges of School Sport Neil Rollings	Primary PE High Quality Games Teaching for KS2 Lesley Minervini	Technology in PE Work Smarter not Harder with Theory PE for Exams Adam Llevo	GCSE PE How to effectively plan and deliver GCSE PE <i>*Choose Friday or Saturday as this course is repeated.</i> Kirk Bizley	Netball Coaching for Beginners Tracey Neville MBE	
Lunch and Refreshments will be provided.					



Neil Rollings

Neil was Director of Sport in four leading UK independent schools, in a 21 year career. During this time he coached England Schools Rugby, was Chairman of the HMC (NE) Games Masters' Conference and an ISI Inspector. He now works with schools and heads in the UK and internationally to improve the quality of sports programmes, and to appoint and train Directors of Sport. He is an adviser to RFU, HMC Sport Committee and a member of the All-Party Parliamentary Group on a Fit and Healthy Childhood.



Tracey Neville MBE

Tracey Neville was Head Coach of the medal winning England team at the 2019 World Cup. She had previously led them to an unprecedented Gold Medal at the previous year's Commonwealth Games and Bronze in the 2015 World Cup. She was previously Head Coach of Manchester Thunder, winning two Superleague titles. She made her England debut at 16, winning 80 caps, including medals at Commonwealth Games and World Cup. She was awarded the MBE for services to Netball.



Lesley Minervini

Lesley Minervini has over 25 years of experience working in education, and has worked with teachers throughout the world. She has authored many resources and courses including Start to Move cards, Healthy Movers Take Home Pack, Purposeful Playtimes and PE Underpinning Achievement. She is the tutor trainer for British Athletics officials and officiates in Athletics around the world.



Adam Llevo

Adam is currently a PYP PE teacher. He has previously been a University Lecturer in Physical Education, Athletic Director, and Head of Department. He has experience of working with all ages. He has presented at a number of conferences around the world sharing his love of physical education and meaningful technology to educators from all subjects. He has over 10K followers on social media and has a blog (mradampe.com) and podcast, where he shares some of his innovative ideas.



Kirk Bizley

Kirk Bizley has over 40 years of experience in PE, GCSE PE and assessment. He was a Chief Examiner for GCSE PE for twenty-five years and has written many GCSE textbooks and revision guides - the latest of his 47 publications is due to be published in the Autumn of 2019 entitled 'How to be a Brilliant PE Teacher'. Kirk is a Chartered Educational Assessor and was the Educational Consultant for the latest BBC PE Bitesize site. He was the Course Leader for Secondary PGCE PE at Bath Spa University for seventeen years.



BECOMING an EFFECTIVE DIRECTOR of SPORT

Neil Rollings

Leadership in School Sport

This seminar will consider the role of the Director of Sport in an independent school. It will consider approaches to leadership, culture building and quality control that underlie an effective provision for sport. The nature of a modern programme, with its tensions between performance, participation, team games and healthy active lifestyles will be considered to enable Directors of Sport to positively impact upon all pupils.

- Adopting a leadership approach
- Building a culture of participation and aspiration
- Managing the programme
- Team games, variety and health and fitness

Meeting the Challenges of School Sport

This seminar will consider the issues and challenges which face school sport on a day to day basis. The morning will look at dealing with parents and the problems which this presents. Practical strategies for parent education and communication will be offered. The afternoon will consider how a school can improve the effectiveness of its games coaching to make sport more engaging and ensure progress at all ability levels.

- The impossible task of satisfying all parents
- Leveraging communication and education
- Improving effectiveness of games teaching
- Creating a whole-school games coaching philosophy



PRIMARY PE

Lesley Minervini

Engaging Young Children in Physical Activity

This course is suitable for Early Years Practitioners and Specialist PE Teachers working with young children.

It will provide a range of age appropriate games and activities to promote physical development and the enjoyment of physical activity in young children.

- Why movement matters
- Learn to move, move to learn
- The importance of play
- A framework for the development of motor skills

Primary PE KS2

High Quality Games Teaching for KS2

This course will enable teachers to analyse and develop the physical and decision-making skills essential for enjoyable and effective engagement in games, in a developmentally appropriate way. The session will re-evaluate the way games are taught, ensuring all the essential building blocks are in place to help students achieve.

- The physical and decision-making skills involved in different types of games.
- Fundamental Movement Skills.
- Pedagogical approaches to the teaching of games.
- STEP Principles to adapt games to include and challenge all students.



TECHNOLOGY in PE

Adam Llevo

Charge up the PE Classroom

**Note that participants will be expected to bring their own smart device; a list of cross-platform apps will be sent prior to the course*

Technology is becoming an increasing part of PE teaching and games coaching. It is recognised by inspectors as a key ingredient of 'Outstanding' teaching. The iPad is the most accessible device for this, being readily available, student-friendly and easily adapted to a range of apps that are constantly evolving. This will be a classroom and practical session, using apps in both settings.

- Using apps to enhance curriculum delivery
- Increasing teaching and learning effectiveness
- Improving assessment and monitoring progress
- Improving teaching, coaching and analysis

Work Smarter, not Harder with Theory PE for Exams

This course presents the various technologies which are available to make GCSE and A Level PE more interesting and engaging. It will include using GSuite to make the classroom work more efficiently. This will include building a website and creating quizzes that mark themselves. Many ideas will be introduced which can be used in schools immediately

- Emerging technologies for classroom use.
- Using GSuite to facilitate learning
- Improving teaching and learning by using technology



GCSE PE

Kirk Bizley

How to effectively plan and deliver GCSE Physical Education in order to maximise grades attained

**The same course will run both Friday and Saturday (repeated).*

Morning - The 40% NEA component (practical physical education)

- An overview of requirements
- Workshop where delegates will consider, map and discuss their own practical PE 'activity audit' across all ages being taught (KS3 & KS4 primarily)
- Follow on discussion to consider the 'options' available and the possibilities of widening/expanding assessment opportunities – including 'off-site' options
- Consideration of the grading criteria both generically and in relation to some specific activities
- The Moderation Process – discussion and strategies to ensure this process is managed effectively
- Workshop considering the requirement for videoing performances of candidates both prior to Moderation and throughout the day of the actual process
- Effectively preparing candidates for the 4th element (10% overall) of the NEA (the PEP for Edexcel and Analysis and Evaluation of Performance for AQA)
- An overview of resources available to help with the planning, delivery and assessment of the NEA component

Afternoon - The 60% theory component

- Breakdown of the content for exam paper 1 and exam paper 2
- Review of resources available to help to effectively teach the theory content
- Practical tasks based on a teaching resource which will be provided for use and discussion on the day using an exemplar which is currently being effectively used and utilised
- 'Demystifying Exam Papers' – an ex-Chief Examiner's/Chartered Educational Assessor's insight into how exam papers are put together and how to prepare candidates to answer all types of questions (multiple choice, short answer and extended).
- How to prepare your candidates for the two examination papers – looking at an extensive revision guide (copies provided for all delegates) and discussing how this can be used effectively. This will include an input regarding how to accurately and effectively mark questions



Netball Coaching Masterclass - Intermediate

he game. It will be informed by the tactics of top teams in modern Netball, but is sensitive to what is realistic for schools. It is intended for teachers with some experience of teaching and coaching the game, who wish to update their knowledge and make their teams more effective. It is especially suitable for coaches of teams from Under 13 to Under 16; it is not suitable for beginners.

Attacking from the Centre Pass

- Getting free from a 2 v 1
- Distribution of ball into deep space
- Increasing options in the goal third
- WA/GA relationship
- The role of the Centre
- Exiting effectively
- Applying skills to various Centre Pass strategies

Defending the Centre Pass

- Defence of 2 v 1 and 3 v 2
- Switching on a Centre Pass and into the goal third
- Limiting the attackers to one side of the court
- Involving the GK to encourage cross court ball
- Building a team strategy to re-possess the ball early

Netball Coaching for Beginners

This is a course for teachers who are new to delivering Netball sessions in schools. No previous experience of playing or teaching the game is necessary, though most participants have a basic understanding. Content includes basic skills and ways of practising them, simple strategies for team play, as well as explaining the Rules and the way the school game is umpired. The course will provide a range of practices, an awareness of techniques in shooting and passing as well as simple tactical understanding. Teachers will gain confidence that they have the skills and understanding to run a school team, or deliver curriculum lessons.

- Skill based warm ups for young players
- Ball handling techniques and practices
- Passing drills and games
- Developing effective footwork
- Getting free in attack
- Man to man defence

- Sound shooting technique
- Developing options and court balance
- Understanding the Rules, including recent changes