

Los Alamitos Unified School District  
HEALTH SERVICES

Medical Release for School Activity

(Purpose: to define the student's ability to participate at school when a health problem appears to be present.)

\* Please return completed form to School Health Office. → School FAX #: \_\_\_\_\_

Name of Student: _____	Today's Date: _____	
Date of Birth: _____	Grade: _____	School Name: _____
Health Problem: _____		
Parent Name: _____	Emergency Phone: _____	
<i>I give permission for school staff to contact the physician for consultations related to this problem as needed.</i>		
Parent Signature: _____	Date: _____	

Print Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
FAX: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

- Duration of activity restriction/limitation: \_\_\_\_\_
- Recommendations or limitations for physical activity at school: \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- Conditions that must be reported to the physician: \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

X \_\_\_\_\_  
Physician's Signature Date

Office Stamp