

Los Alamitos Unified School District
Health Education: Comprehensive Sexual Health & HIV/AIDS Instruction
 High School Curriculum Supplement

Under the California Healthy Youth Act, Education Code (EC) sections 51930-51939, school districts must integrate the instruction of comprehensive sexual health education and HIV prevention education to meet the following objectives:

To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted diseases.	<ul style="list-style-type: none"> Curriculum Section: STI/HIV (Activity 6.2-6.5 : Taken from <u>Teen Talk High School</u>, 2017)
To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from unintended pregnancies.	<ul style="list-style-type: none"> Curriculum Section: Birth Control (Activity 4.2, 5.2: Taken from <u>Teen Talk High School</u>, 2017)
To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.	<ul style="list-style-type: none"> Curriculum Section: Sexual & Reproductive Anatomy (Activity 2.2, 2.4-2.5: Taken from <u>Teen Talk High School</u>, 2017) Curriculum Section: Sexual Gender & Identity (<i>Google Slide Presentation</i>)
To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.	<ul style="list-style-type: none"> Curriculum Section: Healthy Relationships (Activity 7.2, 9.2, Pg. 241, Pg. 243: Taken from <u>Teen Talk High School</u>, 2017)

In addition, Districts are required to:

- Promote understanding of sexuality as a normal part of human development
- Ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end