



LOS ALAMITOS UNIFIED SCHOOL DISTRICT
Academics • Athletics • Activities • Arts

Middle School Family Life

**Instructional Materials Preview
February 2020**

Purpose of Presentation

- ❑ Educate Parents/Guardians about changes in mandates regarding sexual education (*FAMILY LIFE*) in public schools
- ❑ Educate Parents/Guardians about their parental choices in regard to student participation
- ❑ Introduce/Preview the approved adopted curriculum for middle school sexual health education
- ❑ Share the District time frames for instruction
- ❑ Answer questions and concerns

Materials & Resources

(All Available Online)

- ❑ CA Legislative Information (AB329; Ed Code 51930-51939)
- ❑ OCDE Newsroom: 6 Questions & Answers about CA Healthy Youth Act
- ❑ Curriculum & CA Healthy Youth Act Crosswalk
- ❑ Positive Prevention Plus: Lesson Objectives Guide (Video Links)
- ❑ Guidelines for Parents for Talking with Children or Teens about Sexuality
- ❑ Curriculum Binder with Check-Out Card

Instruction Mandates for Health Education

❑ **California Healthy Youth Act (2016), EC 51930-51939.**

These sections of the Education Code address both comprehensive sexual health education and HIV Prevention education. The law requires that both are taught once in middle school and once in high school (grades 7-8 & 9-12).

❑ **Five Primary Purposes:**

- Knowledge to protect sexual and reproductive health from **HIV, STIs and unintended pregnancy**
- Knowledge and skills needed to develop **healthy attitudes** concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage and family
- Knowledge and skills to have healthy, positive and safe **relationships and behaviors**
- Promote sexuality as a normal part of **human development**
- Ensure pupils receive **integrated, accurate, comprehensive** and unbiased sexual health and HIV prevention instruction; provide educators with clear tools and guidance to provide instruction

Are schools required to teach comprehensive sexual health education and HIV prevention?

- YES! The state legislation, originally known as AB 329, requires that students in grades seven through 12 receive comprehensive sexual health education and HIV prevention education at least **once in middle school and once in high school.**
- School districts can **select their own curricula** under the leadership of their locally elected boards and superintendents.

Can parents opt out of sex education lessons?

- **YES!** The law makes it clear that parents **CAN** opt their children out of comprehensive sex education.
- According to the language of AB 329:
“The Legislature recognizes that while parents and guardians overwhelmingly support medically accurate, comprehensive sex education, parents and guardians have the ultimate responsibility for imparting values regarding human sexuality to their children.”

Can parents opt out of materials that discuss gender, gender identity, gender expression and sexual orientation?

- **YES!** Parents can excuse their child from lessons about comprehensive sexual health and HIV prevention education, as well as research on student health behaviors and risks.
- However, as stated in Education Code 51932(b) the opt-out provision of the California Healthy Youth Act does not apply to instruction or materials outside the context of sex education, including those that may reference gender, gender identity, sexual orientation, discrimination, bullying, relationships or family.

For example, the opt-out rule associated with sex education would not apply to a social studies lesson on the U.S. Supreme Court's 2015 ruling in favor of same-sex marriage.

What are the instructional criteria requirements for comprehensive sexual health education and HIV prevention education?

The law requires instruction and materials to meet a number of guidelines:

- age-appropriate
- medically accurate and objective
- appropriate use with pupils of all races, genders, sexual orientations, ethnic and cultural backgrounds
- affirmatively recognize different sexual orientations and be inclusive of same-sex relationships in discussions
- teach about gender, gender expression, gender identity and the harm of negative gender stereotypes
- teach the value of committed relationships such as marriage

The full list of guidelines is listed in Education Code 51933.

What does the law say about abstinence?

Under AB 329, abstinence may not be discussed in isolation from other methods of preventing HIV, other sexually transmitted infections — or STIs — and pregnancy.

However, the law requires that instruction and materials include information explaining that **abstinence is the only certain way to prevent HIV, other STIs and unintended pregnancies.**

It also states that “Instruction shall provide information about the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy.”

Adopted Curriculum Grades 7 & 8

Positive Prevention Plus Sexual Health Education for America's Youth

For Middle School & Community Settings

***12 Lessons Total Taught Over the Span of Grades 7 -8**

“ALL IN OR ALL OUT”

Positive Prevention Plus Sexual Health Education for America's Youth

CURRICULUM CROSSWALK Grades 7 – 8

California Healthy Youth Act

Los Alamitos Unified School District

Health Education: Comprehensive Sexual Health & HIV/AIDS Instruction Middle School Curriculum Supplement

Under the California Healthy Youth Act, Education Code (EC) sections 51930-51939, school districts must integrate the instruction of comprehensive sexual health education and HIV prevention education to meet the following objectives:

To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted diseases.	<p>Curriculum Sections:</p> <ul style="list-style-type: none"> • Lesson 6: Myths & Stereotypes About HIV Infection • Lesson 7: The HIV/Epidemic • Lesson 8: Preventing Sexually Transmitted Infections • Lesson 9: Recognizing and Reducing Risks • Lesson 11: HIV/STI Testing and Community Resources
To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from unintended pregnancies.	<p>Curriculum Sections:</p> <ul style="list-style-type: none"> • Lesson 4: Preventing and Unplanned Pregnancy • Lesson 5: Teen Pregnancy: Choices & Responsibilities
To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.	<p>Curriculum Section:</p> <ul style="list-style-type: none"> • Lesson 1: Sexual Development
To provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.	<p>Curriculum Sections:</p> <ul style="list-style-type: none"> • Lesson 2: Exploring Friendships • Lesson 3: Relationship Abuse • Lesson 10: Media & Peer Pressure • Lesson 12: Goal Setting

(All lessons Taken from Positive Prevention PLUS, For Middle School and Community Settings 2017; using the Alternative for Lesson Introduction. Teachers will not use the Lesson Previews.)

In addition, Districts are required to:

- Promote understanding of sexuality as a normal part of human development
- Ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end

Grade Level Instruction

Grade Level Content

- 7th Grade:
 - Lessons 1 – 3
 - Lesson 10

- 8th Grade
 - Lessons 4 – 12

School Schedule

All lessons taught during the month of May. Parents/Guardians receive specific dates for their school and grade level in the notification letter sent home March 30, 2020.

Lesson 1: Sexual Development

OBJECTIVES:

- Describe the typical physical and psychosocial changes that occur during puberty.
- Identify common teen and young adult sex-related issues and concerns in the U.S. today.
- Define and discuss the terms: male, female, masculine, feminine, sexual orientation, gender, gender role, transgender, intersex, gender expression, and gender identity.

LESSON 1

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

NOTE:

Student Workbooks containing all worksheets in Spanish and English may be ordered from www.positivepreventionplus.com.

Sexual Development

CONTENT

- Introduction
- Typical Development of the Female Body
- Typical Development of the Male Body
- Gender Role, Gender Expression, Gender Identity, and Sexual Orientation
- Common Sexual Health Concerns
- Lesson Wrap-Up
- Lesson 2 Preview

OBJECTIVES

- Describe the typical physical and psychosocial changes that occur during puberty.
- Identify common teen and young adult sex-related issues and concerns in the U.S. today.
- Define and discuss the terms male, female, masculine, feminine, sexual orientation, gender, gender role, transgender, intersex, gender expression, and gender identity.

MATERIALS

- Teacher's slides for the lesson
- Reproductive Structure worksheets (optional – see Appendix D)
- Lesson Wrap-Up worksheets
- Lesson 2 Preview worksheets

TERMS

male, female, masculine, feminine, androgynous, gonads, sexual orientation, gender, gender role, gender expression, gender identity, cis-gender, transgender, intersex, gender expansive, gender binary

Lesson 2: Exploring Friendships

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Assess the degree to which he/she has the traits and skills required for a quality committed friendship.
- Identify and describe opportunities for building friendships.
- Differentiate between “liking” or “loving” something or someone.
- Plan a safe and healthy activity

LESSON 2

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

NOTE:

Student Workbooks containing all worksheets in Spanish and English may be ordered from www.positivepreventionplus.com.

Exploring Friendships

CONTENT

- Introduction
- Friendship
- Liking vs. Loving
- Planning an Activity
- Lesson Wrap-Up
- Lesson 3 Preview

OBJECTIVES

By the end of this lesson, each student will be able to:

- Assess the degree to which s/he has the traits and skills required for a quality committed friendship.
- Identify and describe opportunities for building friendships.
- Differentiate between “liking” or “loving” something or someone.
- Plan a safe and healthy activity.

MATERIALS

- Teacher’s slides for the lesson
- Friendship Inventory worksheets
- Liking vs. Loving worksheets
- My Activity Planner worksheets
- Lesson Wrap-Up worksheets
- Lesson 3 Preview worksheets

TERMS

friendship, like, love

Lesson 3: Bullying & Abuse

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Commit to end bullying and inappropriate sexual behavior in self and others.
- Identify risky sex-related behaviors such as sex trafficking, sexting, and making sexual advances without permission.
- Demonstrate a variety of ways to protect themselves.
- Identify how to respond to inappropriate sexual behaviors.

LESSON 3

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

NOTE:

These topics could cause extreme discomfort or could “trigger” re-traumatization in some students due to their personal experiences. Be ready to identify and discretely refer such students to a counselor for follow-up. For more information, see: <https://traumaawareschools.org/>

Bullying and Abuse

CONTENT

- Introduction
- Yes Means Yes
- Bullying
- Internet Safety
- Sexting
- Sex Trafficking
- Protect Yourself
- Lesson Wrap-up
- Lesson 4 Preview

OBJECTIVES

By the end of this lesson, each student will be able to:

- Commit to end bullying and inappropriate sexual behavior in self and others.
- Identify risky sex-related behaviors such as sex trafficking, sexting, and making sexual advances without permission.
- Demonstrate a variety of ways to protect themselves.
- Identify how to respond to inappropriate sexual behaviors.

MATERIALS

- Teacher’s slides for the lesson
- Protect Yourself worksheets
- Lesson Wrap-up worksheets
- Lesson 4 Preview worksheets

TERMS

sexual harassment, bullying, non-verbal communication, sexting, sex trafficking, “yes means yes”

Lesson 4:

Preventing an Unplanned Pregnancy

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Identify reasons for family planning.
- Describe a range of contraceptive methods, including their effectiveness in preventing pregnancy and other Sexually Transmitted Infections.
- Identify community family planning and contraception services.
- Identify the benefits of delayed sexual activity.

LESSON 4

Preventing an Unplanned Pregnancy

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

CONTENT

- Introduction
- Family Planning
- Contraception and Community Health Services
- Sexual Abstinence
- Lesson Wrap-Up
- Lesson 5 Preview

OBJECTIVES

By the end of this lesson, each student will be able to:

- Identify reasons for family planning.
- Describe a range of contraceptive methods, including their effectiveness in preventing pregnancy and other Sexually Transmitted Infections.
- Identify community family planning and contraception services.
- Identify the benefits of delayed sexual activity.

MATERIALS

- Teacher's slides for the lesson
- Over the Counter and Prescription cards
- Chalkboard or whiteboard for class discussions
- Community resource information
- Poster paper and markers
- Lesson Wrap-Up worksheets
- Lesson 5 Preview worksheets

TERMS

abstinence, barrier method, non-barrier method, over the counter (OTC), prescription, emergency contraception, birth control pill

Lesson 5:

Teen Choices & Responsibilities

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Discuss how to make an important decision if facing an unplanned pregnancy.
- List the key components of prenatal care and responsible parenting.
- Identify key components of your state's Safe Surrender (or Safe Haven) Law.
- Describe key components of both adoptions and abortion.

LESSON 5

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

NOTE:

These topics could cause extreme discomfort or could "trigger" re-traumatization in some students due to their personal experiences. Be ready to identify and discretely refer such students to a counselor for follow-up. For more information, see: <https://traumaawareschools.org/>

Teen Pregnancy: Choices and Responsibilities

CONTENT

- Introduction
- Teen Pregnancies
- Prenatal Care and Parenting
- The Safe Surrender Law
- Adoption
- Abortion
- Decision Making
- Lesson Wrap-Up
- Lesson 6 Preview

OBJECTIVES

By the end of this lesson, each student will be able to:

- Discuss how to make an important decision if facing an unplanned pregnancy.
- List the key components of prenatal care and responsible parenting.
- Identify key components of your state's Safe Surrender (or Safe Haven) Law.
- Describe key components of both adoptions and abortion.

MATERIALS

- Teacher's slides for the lesson
- Downloadable brochures and posters in English and Spanish available at: <http://www.babysafe.ca.gov>
- Making Healthy Decisions worksheets
- Lesson Wrap-Up worksheets
- Lesson 6 Preview worksheets

TERMS

options, consequences, confidential, voluntary, safe surrender, cooling off period, paternity, adoption, abortion

Lesson 6:

Myths & Stereotypes about HIV Infection

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Describe the impact of HIV/AIDS on individuals and their family life.
- Identify myths or stereotypes regarding persons infected with HIV.
- Express concern for persons with disabilities or illness, including those infected with HIV.

- **VIDEO LINKS**

LESSON 6

Myths and Stereotypes about HIV Infection

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

NOTE:

For DVDs and teacher resources, go to www.californiahealthykids.org.

CONTENT

- Introduction
- Persons Infected or Affected by HIV/AIDS
- Loss Activity
- Lesson Wrap-Up
- Lesson 7 Preview

OBJECTIVES

By the end of this lesson, each student will be able to:

- Describe the impact of HIV/AIDS on individuals and their family life.
- Identify myths or stereotypes regarding persons infected with HIV.
- Express concern for persons with disabilities or illness, including those infected with HIV.

MATERIALS

- A 10-15 minute video/DVD of a young person(s) dealing with HIV
- Teacher's slides for the lesson
- Loss Activity worksheets
- Lesson Wrap-Up worksheets
- Lesson 7 Preview worksheets

TERMS

myth, stereotype, PLWA (Person Living With AIDS), PWA (Person With AIDS)

Lesson 7: The HIV/AIDS Epidemic

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Describe the AIDS epidemic.
- Describe the effectiveness of ART and PrEP in the prevention and treatment of an HIV infection.
- Identify the fluids and body routes for HIV transmission.
- Identify behaviors that will and will not put a person at risk for HIV transmission.

LESSON 7

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

The HIV / AIDS Epidemic

CONTENT

- Introduction
- HIV/AIDS Overview
- Mismatch activity
- Lesson Wrap-Up
- Lesson 8 Preview

OBJECTIVES

By the end of this lesson, each student will be able to:

- Describe the AIDS epidemic.
- Describe the effectiveness of ART and PrEP in the prevention and treatment of an HIV infection.
- Identify the fluids and body routes for HIV transmission.
- Identify behaviors that will and will not put a person at risk for HIV transmission.

MATERIALS

- Teacher's slides for the lesson
- Mismatch activity cards
- Lesson Wrap-Up worksheets
- Lesson 8 Preview worksheets

TERMS

epidemic, pandemic, endemic, antibody, T-cell, immune system, incubation, window period, semen, vaginal fluids, blood, breast milk, rectal fluids, anti-retroviral therapy (ART), pre-exposure prophylaxis (PrEP), and post-exposure prophylaxis (PEP).

Lesson 8:

Preventing Sexually Transmitted Infections

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Identify and describe common STIs and their symptoms.
- Describe ways that STIs can be transmitted.
- Identify community resources for STI testing and treatment.

LESSON 8

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

NOTE:

A brief set of slides is available from www.webmd.com/sexual-conditions/ss/slideshow-STD-pictures-and-facts.

Preventing Sexually Transmitted Infections

CONTENT

- Introduction
- Overview of Sexually Transmitted Infection
- STI Bulletin Board activity (optional)
- STI Testing
- Lesson Wrap-Up
- Lesson 9 Preview

OBJECTIVES

By the end of the lesson, each student will be able to:

- Identify and describe common STIs and their symptoms.
- Describe ways that STIs can be transmitted.
- Identify community resources for STI testing and treatment.

MATERIALS

- Teacher's slides for the lesson
- STI worksheet
- A brief set of STI slides from WebMD or similar source
- STI brochures or STI informational handouts
- Teen clinic information
- STI Bulletin Board Photos and activity cards
- Lesson Wrap-Up worksheets
- Lesson 9 Preview worksheets

TERMS

sexual contact, sexually transmitted, incubation period, symptoms, confidential testing, asymptomatic, digital

Lesson 9:

Recognizing & Reducing Risks

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Identify situations that put people at risk for HIV.
- Identify **abstinence** is the only 100% effective method to avoid an unplanned pregnancy, HIV and STIs.
- Identify **abstinence** from alcohol and drug use, including needle sharing, as an effective method for avoiding HIV/STI transmission.
- Identify things that weaken a latex condom's ability to prevent HIV/STI transmission.

LESSON 9

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

Recognizing and Reducing Risks

CONTENT

- Introduction
- Red Light/Green Light Activity
- Universal Precautions and Demonstration
- Latex Condoms
- Sexual Abstinence
- Lesson Wrap-Up
- Lesson 10 Preview

OBJECTIVES

By the end of this lesson, each student will be able to:

- Identify situations that put people at risk for HIV.
- Identify **abstinence** as the only 100% effective method to avoid an unplanned pregnancy, HIV and STIs.
- Identify **abstinence** from alcohol and drug use, including needle sharing, as an effective method for avoiding HIV and other STIs.
- Describe the use of Universal Precautions to reduce HIV/STI transmission.
- Identify things that weaken a latex condom's ability to prevent HIV/STI transmission.

MATERIALS

- Teacher's slides for the lesson
- Three traffic light signs
- Red Light, Green Light activity cards (one set, on brightly colored paper, laminated if possible)
- Masking tape or thumb tacks
- Latex glove for Universal Precautions demonstration
- How Do You Do Abstinence? worksheets
- Lesson Wrap-Up worksheets
- Lesson 10 Preview worksheets

Lesson 10: Media & Peer Pressure

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Identify pressures from peers, media or society to engage in high risk behaviors.
- Recognize that not all students participate in high risk behaviors.
- Demonstrate skills to refuse/avoid the pressure to engage in high risk behaviors.

LESSON 10

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

Media and Peer Pressure

CONTENT

- Introduction
- Media and Peer Pressures
- Assertiveness Skills Practice
- Escape Plans
- Lesson Wrap-Up
- Lesson 11 Review

OBJECTIVES

By the end of this lesson, each student will be able to:

- Identify pressures from peers, media or society to engage in high risk behaviors.
- Recognize that not all students participate in high risk behaviors.
- Demonstrate skills to refuse/avoid the pressure to engage in high risk behaviors.

MATERIALS

- Teacher's slides for the lesson
- Sample Pressure Lines worksheets
- Lesson Wrap-Up worksheets
- Media Analysis Skills worksheets
- Lesson 11 Review worksheets

TERMS

assertive, analysis, media

Lesson 11:

HIV/STI Testing & Community Resources

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Describe how an HIV infection can spread through a population.
- Identify resources for HIV/STI testing, counseling and information.

LESSON 11

NOTE:

See page xvi for how this lesson is aligned with CHYA, NHES, and NSES.

HIV/STI Testing and Community Resources

CONTENT

- Introduction
- Virus “Z” activity
- HIV/STI Testing and Community Resources
- Lesson Wrap-Up
- Lesson 12 Preview

OBJECTIVES

- By the end of this lesson, each student will be able to:
- Describe how an HIV infection can spread through a population.
 - Identify resources for HIV/STI testing, counseling and information.

MATERIALS

- Teacher’s slides for the lesson
- Phone books, service directories listing local antibody testing and related AIDS/STI services
- Lesson Wrap-Up worksheets
- Lesson 12 Preview worksheets

TERMS

confidential testing, HIV antibody test, window period

Lesson 12: Goal-Setting

OBJECTIVES:

By the end of this lesson, each student will be able to:

- Identify personal goals, including steps for achieving these goals.
- Describe how an unplanned pregnancy or HIV infection would change personal goals and life plans, including measures to avoid an unplanned pregnancy and HIV infection.
- Identify ways they will protect their sexual health.

LESSON 12

REFERENCE

*Ref. California Ed Code
Chapter 5.6
Section 51930(b)(5)
Section 51933(e)(h)*

RELATED HEALTH EDUCATION CONTENT STANDARD

See Intro pg. xiii for full text
• *Goal-Setting*

RELATED CCSS/NGSS INSTRUCTIONAL STRATEGY

See Intro pg. xiv for full text
• *Summative Evaluation
of Student Learning*

Goal-Setting

CONTENT

- Introduction
- The Path to Personal Goals
- Setting Goals for the Future
- Personal Contracts
- Lesson Wrap-Up
- Post Test

OBJECTIVES

By the end of this lesson, each student will be able to:

- Identify personal goals, including steps for achieving these goals.
- Describe how an unplanned pregnancy or HIV infection would change personal goals and life plans, including measures to avoid an unplanned pregnancy and HIV infection.
- Identify ways they will protect their sexual health.

MATERIALS

- Teacher's slides for the lesson
- A map (hard copy or online)
- Goal-Setting worksheets
- Personal Contract worksheets
- Lesson Wrap-Up worksheets
- Post-Tests

TERMS

goal, plan, strategy, healthy, responsible, alternatives, consequences

What's Next?

- ❑ Middle schools will send home a notification letter outlining the specific dates that lessons will be taught within science periods (March 30, 2020)
- ❑ Parents can choose to opt-out of the comprehensive sexual health education by writing a letter to their school site principal (All-In or All-Out)
- ❑ Curriculum is available for check-out from the District Office
- ❑ Visit www.losal.org for available resources and all materials from tonight's presentation

Los Alamitos Unified School District

The screenshot shows the website's navigation menu with 'Departments' circled in yellow. A yellow arrow points from this menu item to the 'Health Curriculum' item in the 'EDUCATIONAL SERVICES' list, which is also circled in yellow. Below the screenshot, a list of departments is provided: **www.losal.org**, **DEPARTMENTS**, **EDUCATIONAL SERVICES**, and **HEALTH CURRICULUM** with an arrow pointing to the right.

Los Alamitos Unified School District
District API 922 - Igniting Unlimited Possibilities

Navigation: District Home | Select a School... | Sign In

Tools: Calendar | Aeries Portal | Classroom Portal | Webmail

Menu: Our District | Board of Education | **Departments** | School Calendars | Programs | Shape The

EDUCATIONAL SERVICES

- > Contact Info
- ^ Common Core Standards
- > Important Parent Information Presentations
- > Visual and Performing Arts
- > California Academic Content Standards
- > Local Control Accountability Plan
- > Local Education Agency Plan
- > Transitional Kindergarten
- > District Advisory Committee (DAC)
- > Technology Standards
- > K-5 Textbooks & Publishers
- > 6-8 Textbooks & Publishers
- > 9-12 Textbooks and Publishers
- > Resources and Safety Recommendation
- > Assessment & Accountability
- > **Health Curriculum**

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Educational S
Igniting Unlimited Possibi

Los Alamitos Unified School District (LAUSD) students thrive in a they demonstrate academic excellence and develop unique talents [Vision](#)). We support student achievement in all of the A's - Aca Academic Performance Index (API) is 922, which reflects the e: dedicated staff, and our supportive parents and community.

www.losal.org

DEPARTMENTS

EDUCATIONAL SERVICES

HEALTH CURRICULUM →



EDUCATIONAL SERVICES

- > [Contact Info](#)
- ^ [Common Core Standards](#)
- > [Important Parent Information Presentations](#)
- > [Visual and Performing Arts](#)
- > [California Academic Content Standards](#)
- > [Local Control Accountability Plan](#)
- > [Local Education Agency Plan](#)
- > [Transitional Kindergarten](#)
- > [District Advisory Committee \(DAC\)](#)
- > [Technology Standards](#)
- > [K-5 Textbooks & Publishers](#)
- > [6-8 Textbooks & Publishers](#)
- > [9-12 Textbooks and Publishers](#)
- > [Resources and Safety Recommendation](#)
- > [Assessment & Accountability](#)
- > [Health Curriculum](#)

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- > [Superintendent's Welcome](#)
- > [Business Services](#)
- > [Educational Services](#)
- > [Human Resources](#)
- > [Special Education](#)
- > [Safety and Student Services](#)

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Health Curriculum

Supplemental Lessons for Compliance with the California Healthy Youth Act (AB329)

Under the California Healthy Youth Act, Education Code (EC) sections 51930-51939, school districts must integrate the instruction of comprehensive sexual health education and HIV prevention education into the classroom once in middle school and once in high-school.

Middle School - Gr. 7 & 8 Family Life Curriculum

[Positive Prevention Plus](#), Sexual Health Education for America's Youth (Middle School Edition)

Correlation Guide for California Healthy Youth Act [CLICK HERE](#)

Lesson Objectives & Video Link Guide for Positive Prevention Plus [CLICK HERE](#)

OCDE Newsroom Article, April 2018: 6 Questions & Answers about the CA Healthy Youth Act [CLICK HERE](#)

California Legislation Regarding Comprehensive Sexual Health Education: AB329 [CLICK HERE](#)

Positive Prevention Plus Parent Resource Guide [CLICK HERE](#)

Instructional Materials Preview Presentation: May 9th at 6:00pm in the District Office Training Room ([CLICK HERE](#) for more information)

To download a copy of the presentation [CLICK HERE](#)

*To check out a copy of the curriculum for home preview please contact your middle school principal or Melissa Davis, Director of Assessment & Accountability, mdavis@losal.org, (562) 799-4700 ext. 80462)

Thank You



Questions?