## **High School Summer Activity Adventure**

## How to Play:

- Continue to follow health and safety guidelines outlined by Washington State while completing activities.
- Choose activities from the board to complete.
- Color in an activity after you've completed it and add up your points.
- Once you've completed 200 points worth of activities, please fill out this <u>form</u> to share about your Summer Activity Adventure. When your form is received, you'll receive more information about how the Northshore Schools Foundation wants to celebrate and recognize a number of students and their summer learning with a fun surprise!
- **Optional:** Upload pictures and videos here to share your progress and inspire others!

## Adaptations: • We e

- We encourage you to make changes to meet your family's needs!
  - For example, writing activities can become drawing or speaking activities, reading activities can involve text to speech or audio books, etc. Also, students can participate in English or any language they know.
  - Set point incentives to help motivate your individual student (ex. When you earn 100 points you can earn your favorite home cooked meal, extra screen time, etc.).

<u>Study a subject or take</u> <u>a course</u> to learn something new. <b>30 points</b>	<u>Read</u> a book from a new genre. <b>5 points</b>	Try cooking a type of food you typically do not eat or a dish from a culture you want to learn more about. <b>10 points</b>	Offer to help a family member or neighbor. <b>10 points</b>	Learn to sing a new song or play a new song on an instrument and perform it for family or friends. <b>5 points</b>
Write a letter to someone you care about or to a leader about an issue that is important to you. <b>10 points</b>	Make an obstacle course or scavenger hunt for others and/or visit the <u>Virtual Calming</u> <u>Room</u> . <b>5 points</b>	Draw/take a picture of nature and practice with shading, tones, light, etc. <b>5 Points</b>	Take a walk outside and identify at least 3 species of birds. <b>5 points</b>	Write/blog in a journal at least once a week for 6 weeks. <b>30 points</b>
Identify a problem in your household, local community or global community. Learn more about the problem and research ways to take action. <b>15 Points</b>	Create a journal of new words with definitions you encounter via conversation and reading (in English and/or any other language you speak) for 6 weeks <b>20 points</b>	Northshore School District	Learn about PRIDE and share what you learned with someone. 15 points	Write a story for future generations to read about what life was like in the spring 2020. <b>10 points</b>
Read daily (in any language you know) for 6 weeks. Consider reading a book about a <u>new topic or culture</u> . <b>30 points</b>	Avoid using recreational technology for 24 hours. <b>15 Points</b>	Go on a <u>virtual field trip</u> . <b>5 Points</b>	Keep a physical activity log for 6 weeks. <b>30 points</b>	Interview two adults and ask how they use math in their everyday life. <b>10 points</b>
Submit a <u>book review</u> . <b>10 points</b>	Learn about <u>Black Lives</u> <u>Matter</u> and share what you learned with someone 15 points	Learn about science or try a new science experiment (for ideas, visit the <u>Northshore</u> Learns Home Learning <u>Resources</u> ) <b>10 points</b>	Create a self-portrait that represents your identity (use any medium you have available). <b>10 points</b>	Explore opportunities for after your High School graduation (i.e. research professions, take a virtual college tour, job shadow, interview a person you admire, etc.). <b>10 points</b>