

ROCORI AREA SCHOOLS

Student Extra/Co-Curricular Participation Policy

2020-2021

The following is the ROCORI High School and ROCORI Middle School Extra/Co-Curricular Student Participation Policy. We are asking each parent/guardian and student participant to read this document and sign the participant's pledge. This form must be signed and on file **(annually)** before any participant is able to participate in any extra/co-curricular activities. A student will not be allowed to participate until they have a signed participation policy on file. Participation is defined as any practice, scrimmages or contests.

The extra/co-curricular program is an important and integral part of the total school program and is open to all students regardless of individual differences. Through voluntary participation, the student gives time, energy, and loyalty to the program. He/she also accepts the rules, regulations, and responsibilities that are unique to each extra/co-curricular program.

The student extra/co-curricular policy includes all students participating in the program, grades 6-12. In addition to the ROCORI Area Schools Student Handbook, the Minnesota State High School League also governs extra/co-curricular program participants. Student participation includes all league sponsored activities (regular season and post season) and school programs in which a public performance or competition is scheduled.

ROCORI STUDENTS EXTRA/CO-CURRICULAR POLICY

1. Attendance Policy: In order to practice, rehearse, compete or perform in a ROCORI Secondary School Activity, the student must attend that day. **Pre-arranged absences** with the approval of the principal, activities director, or attendance secretary will be considered an exception to this policy. All students are required to be on time the morning after prior night's events unless otherwise arranged by the Head Coach with the Activities Director. **Appointments may require a Doctors note.**

2. Academic Eligibility for Activities: All activities that are sponsored by ROCORI Secondary School, including those during the summer, are governed by, but not limited to the eligibility rules established by the MSHSL. See Eligibility Guidelines MSHSL. To be academically eligible to participate in activities, students must meet the following requirements;

GPA – All students participating in activities need to maintain a Cumulative GPA of 1.66. If at the end of a grading period a student's GPA falls below a 1.66, they will become ineligible for two weeks. After two weeks, the student needs to have a term GPA above a 1.66 and passing all classes to return to participation in contests.

Academic Probation – If at the grade checks in the second, fourth, eighth and tenth weeks of the term, a student is failing a class, or their term GPA falls below a 1.66, they will be placed on academic probation. The student will meet with the Activities Director/Assistant Principal on a weekly basis for the remainder of the term/trimester. At that time, they will review their academic progress and receive a weekly grade sheet to fill out each day with all classroom teachers.

Failures – If a student fails a class, they become ineligible for two weeks. If after two weeks, the student is passing the class they may return to participation in contests. If they are not passing, they will remain ineligible until they are passing the class. If the class does not carry into the next term, after the first two weeks of the new term the student will need to be passing all of their current classes in order to return to participation in contests.

3. Chemical Eligibility Rules: During the calendar year, regardless of the quantity, a student shall not use, have in possession, buy, sell or give away: (1) a beverage containing alcohol; (2) tobacco; (3) any other controlled substance. It is not a violation to be in possession of a controlled substance specifically prescribed for the student's use by his/her doctor.

Penalties: First Violation: After confirmation of the first violation, the student shall lose eligibility for the next two (2) consecutive interscholastic contests or two (2) weeks of a season in which the student is a participant, whichever is longer.

Second Violation: After confirmation of the second violation, the student shall lose eligibility for the next six (6) consecutive contests or three (3) weeks of a season in which the student is a participant, whichever is greater. In addition, the student will undergo a mandatory substance abuse assessment at their expense; to be completed before eligibility is restored. The student will enroll in a

certified treatment program at their expense to regain eligibility. If the substance abuse assessment is negative, the treatment program will be waived.

Third Violation: After confirmation of the third violation, the student shall lose eligibility for the next twelve (12) consecutive contests or four (4) weeks of a season in which the student is a participant, whichever is greater. In addition, the student will undergo a mandatory substance abuse assessment at their expense; to be completed before eligibility is restored. The student will enroll in a certified treatment program at their expense to regain eligibility. If the substance abuse assessment is negative, the treatment program will be waived.

Accumulative Penalties: Penalties shall be accumulative beginning with and continuing throughout the student's participation on a high school team or activity.

Season Completion: If the violation occurs during the season of an activity, the student must complete that activity season for any of the penalty to count towards restoration of eligibility.

Note: Students may not serve penalties for Academic and Chemical Ineligibility concurrently. Each penalty must be served separately.

4. Code of Responsibility: Participation in the ROCORI Activities program is a privilege, not a right. Along with the privilege of participating in the co-curricular programs, comes the responsibility to abide by behavior expectations, and to conduct oneself appropriately. As a representative of yourself, your activity, ROCORI High School and the ROCORI Communities, you are expected to abide by all school rules, Minnesota State High School League rules and local and state rules. More specifically, you are to:

1. Respect the rights and beliefs of others and treat others with courtesy and considerations. This includes responsible use of social media as deemed by the ROCORI High School Student Handbook.
2. Be fully responsible for your own actions and the consequences of those actions.
3. Respect the property of others.
4. Respect and obey the rules of your school and the laws of your community, state and country.
5. Show respect to those who are responsible for enforcing the rules of your school and the laws of your community, state and country.

Examples of Violations of this Code include, but are not limited to: Violations of the RHS Student Discipline Code that result in In-School or Out-of-School Suspension, Insubordination, Theft, Cheating, Unsportsmanlike Conduct, serious or repeated offenses, hosting a gathering where illegal chemicals are used.

Consequences: Consequences for violations of the Code include, but are not limited to the following or a combination of the following: Conference with Coach and/or Activities Director, Principal and Parents; Suspension from a sport or activity for one or more games/events/performances; Suspension from a sport or activity for one or more calendar weeks; Permanent suspension from a sport or activity. Coaches may establish their own discipline/behavior expectations and consequences. The level of consequences will be determined by the seriousness of the offense and the offenders past record.

5. Last Date to Join a Team: To be eligible for section and state competition, a student must be a member of that school's team not later than the fourth Monday after the official start of that activity season. When a sport starts on a Monday, that day shall be counted as the first Monday

