



Mt. Lebanon School District

Mt. Lebanon School District Athletics & Activities Health and Safety Plan

Dr. Ronald P. Davis

Assistant Superintendent for Secondary Education

Mr. John Grogan

Athletic Director

Ms. Deanna Hess

Chairperson for District Nursing Services



Mt. Lebanon School District

To prepare for the safe return of our students and staff...

...The Mt. Lebanon School District will take the necessary precautions and recommendations from the Center for Disease Control, Allegheny County Health Department, Governor's Office, Pennsylvania Department of Health, Pennsylvania Department of Education, and the Pennsylvania Interscholastic Athletic Association.



Mt. Lebanon School District

Plan Requirements

- Primary Point of Contact
- Cleaning, Sanitizing, Disinfecting and Ventilation
- Physical Distancing and Other Safety Protocols
- Monitoring Student Athletes and Staff Health
- Other Considerations for Student Athletes and Staff
- Athletic Health and Safety Plan Professional Development
- Athletic Health and Safety Plan Communications



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Mt. Lebanon School District

Plan Overview

- **Primary Point of Contact**
 - John Grogan, Athletic Director
- **Cleaning, Sanitizing, Disinfecting and Ventilation**
 - Consistent with the Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools - Facilities, storage areas, and equipment will be cleaned and disinfected at the end of each day (athletics, band, etc.). Weight room equipment should be wiped down before and after each individual use.
 - Increase fresh air exchanges as part of the ventilation system to align with American Society for Heating, Refrigeration, Air-Conditioning (more stringent than CDC) requirements.



Mt. Lebanon School District

Plan Requirements

- Physical Distancing and Other Safety Protocols
 - Three Phased Approach
 - All staff and students should be screened by the supervising staff member at the facility for signs/symptoms of COVID-19 prior to a workout. (Phase 1)
 - All staff and students should self-assess at home for signs/symptoms of COVID-19 prior to a workout; parents will sign-off on the student's questionnaire. (Phases 2 & 3)
 - Limitation on Gatherings
 - Phase 1 - 25 Participants Indoor, 50 Participants Outdoor
 - Phase 2 - 50 Participants Indoor & Outdoor
 - Phase 3 - Entire Group
 - 50% Occupancy of Facilities
 - Staff and students should wear masks at all times when in contact with other students and staff and physical distancing of 6' can not be maintained, unless the activity or a medical condition necessitates otherwise.



Mt. Lebanon School District

Plan Requirements

- Physical Distancing and Other Safety Protocols
 - Communal Space Limitations
 - Visitors/Spectators
 - Tier 1 (Essential) – Student participants, Adult supervisors, Event staff, Medical staff, Security, Officials, and Media
 - Tier 2 (Non-essential) – Tier 1+ Visitors & Spectators*
 - Only Tier 1 personnel will be allowed to attend events (including practices) until state and/or local guidance lifts restrictions on mass gatherings. *The addition of visitors and spectators will be contingent upon future health conditions within the state and local communities.
 - At the onset of resuming athletics and activities, the District will employ a **Health and Safety manager** to ensure adherence to Athletics & Activities Health and Safety Plan.



Mt. Lebanon School District

Plan Requirements

- **Monitoring Student Athletes and Staff Health**
 - Screening Protocol
 - All staff and students should be screened by the supervising staff member at the facility for signs/symptoms of COVID-19 prior to a workout. (Phase 1)
 - All staff and students should self-assess at home for signs/symptoms of COVID-19 prior to a workout; parents will sign-off on the student's questionnaire. (Phases 2 & 3)
 - Illness Protocol
 - Should an individual student or staff member display COVID-19 symptoms during any of the phasing periods, he/she should be immediately removed from the group, masked if not already, and isolated. The parent or guardian, if a student, will be notified immediately. Testing for COVID-19 will be recommended to the staff member or student.
 - The Chairperson of Nursing Services for the District will contact the Allegheny County Health Department, make a joint determination about isolation or quarantine needs, and comply with their recommendations.
 - Staff or students who demonstrate COVID-19 symptoms will be required to have a release from their health provider and the Allegheny County Health Department.



Mt. Lebanon School District

Plan Requirements

- Athletic Health and Safety Plan
 - Professional Development
 - Cleaning & Disinfecting Protocols
 - COVID-19 Signs & Symptoms
 - Universal Masking
 - Handwashing
 - How to Stop the Spread of Germs
 - Signage
 - Everyday Protective Measures
 - How to Stop the Spread of Germs
 - Communications
 - Web-site
 - Email
 - Meetings



Mt. Lebanon School District

Thank You