

Authorization for Administration of Medication at School

Beginning September 8, 2015, Robbinsdale Area Schools will no longer send medication home with students during the school year, including the last day of school. On the last day of school, students are only allowed to self-carry prescription asthma inhalers and nonsyringe injectors of epinephrine home from school. Parents/guardians are responsible for picking up all other student medication directly from the health office. Medication not picked up by the last day of school will be discarded as Pharmaceutical Waste. Only bring enough medication to last through the final day of school to prevent unnecessary disposal of student medication. This change aligns with the district medication policy and serves as an effort to increase safety for students.

Students with permission to self-carry medication per the #516 Student Medication policy can continue to carry medication during the school day as in previous years.

In addition, when your student needs medication during the day, it is preferable to give it at home. Medicine prescribed three times a day can be given before school, after school and at bedtime. When this is not possible, please help us with the following requirements:

- **To administer FDA approved medication, a written medication order from the student's licensed health care provider and written parent/guardian consent is required annually.** An exception to this rule includes select nonprescription pain medication for students 7-12th grade. Please see you Licensed School Nurse for more information.
- All over-the-counter medication(s) must be sent to school in the original manufacturer's packaging with a list of active ingredients, student's name and recommended dosage on the package. No medications will be accepted in plastic bags.
- All prescription medication(s) must be brought to school in the pharmacy labeled container with the student's name, prescriber name, medication name, dose, effective date and directions which match the written instructions of the licensed health care provider. No medications will be accepted in plastic bags.
- Medications given at school will be kept in the health office unless otherwise authorized (i.e. students who self-carry and self-administer epinephrine pens and asthma inhalers with prior authorization from the student's licensed health care provider, parent/guardian and Licensed School Nurse). Please note elementary students generally benefit from health office supervision.
- Medication authorization forms are required each school year or whenever there are medication dosage changes.

Thank you for your cooperation!

For more information go to http://www.rdale.org/departments/health_services