Set up this fun game indoors for a quick game of hockey!

You will need:

- Balloons (please monitor for safety)
- A long cardboard tube for each child playing; the one shown is from wrapping paper
- A piece of cardboard for each tube that is approximately 8 by 6 inches, or however big you think it needs to be
- Tape – optional, packing tape is shown
- Large box, basket, or anything that will act as the goal

To make the hockey stick, cut two slits, approximately 3 inches long, down the sides of the paper tube:
Slide the piece of cardboard into the slits:

Put a couple of strips of packing tape along the bottom of the cardboard to make it a bit sturdier.

**HOW TO PLAY BALLOON HOCKEY:**

Smack the balloons to get them into the goal (which is the box, basket, or bag).

**Play!**

**Variations:**

Play Balloon Tennis with fly swatters and balloons!