

SUMMER FUN!

ST. CROIX LUTHERAN

CAMPS

ACADEMIC & SPORTS 2020

NEW Camps for 2020!



St. Croix Lutheran Academy is a Christian college-preparatory school serving students in grades 6-12. SCL's diverse student body consists of 500 students from the Twin Cities metro, across the United States, and 13 countries worldwide. SCL is committed to leading students to know Jesus Christ and to use their talents to lead lives of exemplary service.

CAMPS GUIDE 2020

Register and pay online at StCroixLutheran.org/camps.

Academic Camps

Camp	Grades	Dates	Time	Cost	Deadline
Art	5-8	July 27-30	9:30-11:30	\$75	June 25
Science	5-8	July 27-30	9:30-11:30	\$75	June 25
NEW Sign Language	5-8	July 27-30	12:30-2:30	\$75	June 25
NEW Etiquette	5-8	July 27-30	12:30-2:30	\$75	June 25
Speak & Play SCL	5-8	July 27-30	12:30-2:30	\$75	June 25

Sports Camps

Camp	Grades	Dates	Time	Cost	Deadline
Girls Basketball	5-9	July 6-9	9:00-12:00	\$75	June 25
Boys Basketball	4-6	July 13-16	8:30-11:30	\$75	June 25
Boys Basketball	7-9	July 13-16	12:30-3:30	\$75	June 25
Wrestling	1-9	July 20-23	9:00-12:00	\$75	June 25
Volleyball	6-9	July 20-23	9:00-12:00	\$75	June 25
Bowling (co-ed)	4-9	July 20-23	1:00-4:00	\$75	June 25
Soccer (co-ed)	5-9	Aug 3-6	9:00-12:00	\$75	June 25
Football	K-4	Aug 10-13*	8:00-10:00	\$75	June 25
Football	5-8	Aug 10-13*	10:15-12:15	\$75	June 25
*Football	K-8	Aug 13	9:00-12:00	includes BBQ	

Registrations may also be mailed to:
St. Croix Lutheran Camps
1200 Oakdale Ave
West St. Paul, MN, 55118

Make checks payable to: *St. Croix Lutheran.*



Academic Camps

Chase mid-summer boredom away with creative academic camps!

The schedule is designed for students to spend a full day at camps - there is something for everyone!

Four Days Only! **July 27-30**

9:30 - 11:30 (M-Th)
Scientific Discoveries
Art Exploration

11:30 - 12:00 Lunch
(bring your own)

12:30-2:30 (M-Th)
American Sign Language
Modern-Etiquette
Speak & Play Theatre

2:30 - 3:00 (Th)
Speak & Play Theatre
Performance
SCLA Auditorium

Art Exploration

Unleash your inner animal! Projects will explore God's beautiful, wild kingdom while exploring various mediums including drawing, painting, and sculpture. Students will complete 2-3 projects during the four-day camp. All artistic levels welcome!

Mon-Thu, July 27-30
Gr. 5-8 9:30 - 11:30

Instructor: Karen Scislow
KScislow@StCroixLutheran.org

Cost: \$75
Register by: June 25

NEW!

Introduction to American Sign Language

Learn a new language using your hands instead of your voice. Students will use games and activities to learn fingerspelling, numbers, and vocabulary for everyday conversations. Learn skills in the third most popular language in the United States.

Mon-Thu, July 27-30
Gr. 5-8 12:30-2:30

Instructor: Jill Kock
Jill.Kock@gmail.com

Cost: \$75
Register by: June 25

**Academic camps are taught by caring
Christian instructors and top student helpers.**



NEW!

Mind Your Manners!- Modern Etiquette

You only get one chance to make a great first impression! Students will learn and practice their interpersonal skills. Themes explored will include digital and written communication, social skills, and dining etiquette. On the final day of class, students can put their new skills into practice with a formal dinner. (Please notify the school if your student has food allergies/limitations).

Mon-Thu, July 27-30
Gr. 5-8 12:30-2:30

Instructor: Chris Tollefson
CTollefson@StCroixLutheran.org

Instructor: Kathy Metcalf
KMetcalf@StCroixLutheran.org

Cost: \$75

Register by: June 30

Scientific Discoveries

Observe, investigate, hypothesize, experiment, create! Team up in the science labs for four days of exciting and interactive exploration.

Mon-Thu, July 27-30
Gr. 5-8 9:30 - 11:30

Instructor: Brent Schacht
BSchacht@StCroixLutheran.org

Instructor: Jeff Strehlow
JStrehlow@StCroixLutheran.org

Instructor: Leanne Stob
LStob@StCroixLutheran.org

Cost: \$75

Register by: June 25

Speak & Play Theatre

Gain public speaking confidence and perform in reader's theatre! Students are taught speech skills and given character roles during fun activities. Their newly acquired abilities will be showcased for friends and family at the end of camp.

Mon-Thu, July 27-30
Gr. 5-8 12:30-2:30
SCL Auditorium

Thu, June 25
Showcase, 2:30, SCL

Instructor: Rebecca Maki
RMaki@StCroixLutheran.org

Cost: \$75

Register by: June 25

Register online StCroixLutheran.org/Camps



Sports

Basketball

Build a love for the game and develop sound fundamental skills and team play. Each day includes skill stations, contests, and team competitions. Campers should bring a great attitude.

Girls Basketball
Mon-Thu, July 6-9
Gr. 5-9 9:00 - 12:00

Coach: David Mielke
DMielke@StCroixLutheran.org

Cost: \$75
Register by: June 25

Boys Basketball
Mon-Thu, July 13-16
Gr. 4-6 8:30 - 11:30
Gr. 7-9 12:30 - 3:30

Coach: Drew Kock
DKock@StCroixLutheran.org

Cost: \$75
Register by: June 25

Bowling

Become a better bowler by learning strategy, technique, and accuracy under the guidance of SCL's award-winning varsity bowling coach and top student bowlers at Concord Lanes in South St. Paul. Cost includes lane fees, shoe rental, and equipment.

One-way bussing to Concord Lanes will be provided for students who are enrolled in the morning volleyball or wrestling camps.

Mon-Thu, July 20-23
Gr. 4-9 1:00 - 4:00

Coach: Dan Swiderski
RobynDan@hotmail.com

Cost: \$75
Register by: June 25

Football

Improve mental focus and learn winning technique from SCL varsity coach Adam Frey and varsity coaching staff. Camp is divided into two levels with a final day that brings both levels together. Players are taught fundamental skills and compete using age-appropriate equipment. No helmets or shoulder pads needed. Proper athletic shoes, socks, and shorts should be worn.

Mon-Thu, August 10-13
Gr. K-4 M-W 8:00-10:00
Gr. 5-8 M-W 10:15-12:15
ALL Th 9:00 - 12:00

Coach: Adam Frey
AFrey@StCroixLutheran.org

Cost: \$75
Register by: June 25

Register online StCroixLutheran.org/Camps



Camps

Soccer

Varsity coaches and top players teach fundamental skills and team play at SCL's co-ed soccer camp. Proper athletic shoes, socks, shirts, and shorts should be worn. Shin pads are mandatory. Participants should bring their own water each day.

Registration includes individual instruction, a soccer ball, t-shirt, and awards.

Mon-Thu, August 3-6
Gr. 5-9 9:00 - 12:00

Coach: Dave Huebner
 DHuebner@StCroixLutheran.org

Coach: Chris Maki
 CMaki@StCroixLutheran.org

Cost: \$75
 Register by: June 25

Volleyball

Serve, pass, set, spike, block! Award-winning coach Rachel Grev and varsity players instruct players based on skill level. Each day includes skill stations, individual contests, and team competitions.

Registration includes training, prizes, awards, and a camp t-shirt. Campers bring shoes, socks, shirt, shorts, knee pads, and a water bottle for break times. Report illness or injuries to the staff prior to the start of camp.

Mon-Thu, July 20-23
Gr. 6-9 9:00 - 12:00

Coach: Rachel Grev
 RGrev@StCroixLutheran.org

Cost: \$75
 Register by: June 25

Wrestling

Wrestle with strength and strategy! The Crusader wrestling camp teaches folkstyle (high school) wrestling and offers campers the opportunity to try out some of the best moves and techniques in the sport. This camp is geared toward beginners who are interested in building their skills. Campers should bring shorts, t-shirts, a water bottle, and wrestling shoes (optional).

Mon-Thu, July 20-23
Gr. 1-9 9:00 - 12:00

Coach: Cory Olson
 COlson@StCroixLutheran.org

Cost: \$75
 Register by: June 25

Sports camps are taught by varsity coaches and top SCL athletes in a safe, friendly atmosphere.



Registration Form

Save a stamp and register online! StCroixLutheran.org/camps

Student Name _____ M / F
Gender

Parent Name(s) _____

Address _____

City _____ State _____ Zip _____

Phone (day/emergency) _____ Parent Email Address _____

School _____ City _____ Grade (Fall 2020) _____

T-SHIRT SIZE YS YM YL AS AM AL AXL
(register by deadline to receive a t-shirt)

DEADLINE: June 30

Art \$75

American Sign Language \$75

Etiquette ~~\$75~~

Boys Basketball \$75

Girls Basketball \$150)

Science \$75

SCL - Speak & Play \$75

Bowling \$75

Football \$75

Soccer \$75

Volleyball \$75

Wrestling \$75

Total \$ _____

Checks payable to: St. Croix Lutheran

\$20 late registration fee. 100% refund with two weeks cancellation notice (minus \$10 processing fee). 50% refund for less than two weeks' notice.

PARENTAL CONSENT

I grant permission for the staff of St. Croix Lutheran to act in an emergency medical situation for my son/daughter. I release its staff members and the St. Croix Lutheran High School Association from any claims for liability and for any injury incurred by my son/daughter while at camp.

It is further agreed that all risks involved in participation in this camp are assumed by the student and his/her parent(s) or guardian(s). Parents/guardians are responsible for all medical costs incurred in case of injury to student while in attendance at this camp. All participants must supply their own health and accident insurance coverage.

I/We GRANT permission for this student to be photographed and/or video recorded. Images may be shared without identifiable information in the school's publications, social media, and advertising materials. I do NOT give permission for photo/video.

Parent/Guardian Signature _____

Date _____