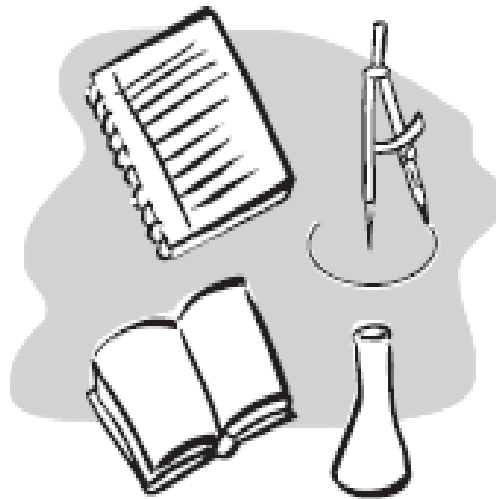


Understanding the PLAN



And making your plan!

What is the PLAN?

- Open your Interpretation booklet to page 3



- PLAN (Explore in grade 8) is the “Pre-ACT” test that shows you your strengths and weaknesses in English, math, reading, and science
- PLAN lets you know if you’re on target for college
- PLAN helps you find careers that match your interests
- PLAN helps you prepare for the ACT that you take in the spring of junior year

Important Note * * * * *



COURSE RIGOR AND GRADES ARE MORE
IMPORTANT IN COLLEGE ADMISSIONS THAN
TEST RESULTS!



PLAN

Your Score Report

TAYLOR, ANN C
1014 27th ST
ANYTOWN, MISSISSIPPI

GRADE: 11
TEST CODE: 9

SCHOOL NAME: EXAMPLE HIGH SCHOOL SCHOOL CODE: 000001 TEST FORM: 00A TEST DATE: OCTOBER 21, 2009

Your Scores

Section	Score	Percent of students scoring at or below your score	4 Year College	3 Year College	2 Year College
Composite Score	18	64%	64%	68%	71%
English	23	79%	79%	74%	65%
English Math/Sci (1-10)	11	93%	93%	92%	92%
Mathematics	17	87%	87%	82%	77%
Math/Sci (1-10)	10	98%	98%	97%	97%
Reading	20	78%	78%	88%	81%
Science	16	93%	93%	92%	92%

ACT

More info at www.planstudent.org

Your Estimated ACT Composite Score Range

19-22

Use this score range to help plan for college.

Your Educational Plans for After High School

A New College or University

Your Plans

Your High School Course Plans Compared to Core

Core means minimum number of high school courses recommended to prepare for college.

Course	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
English	Yes	Yes	Yes	Yes	Yes	Yes
Mathematics	Yes	Yes	Yes	Yes	Yes	Yes
Social Studies	Yes	Yes	Yes	Yes	Yes	Yes
Science	Yes	Yes	Yes	Yes	Yes	Yes

About Your Course Plans. Your plans list short or recommended courses. Consider taking additional courses in science. You may want to talk to your counselor or teacher to make sure you are getting the courses you need.

Your reported readiness:

- Meeting your readiness
- Meeting to entry with
- Meeting to entry with
- Meeting to entry with
- Meeting to entry with
- Meeting to entry with
- Meeting to entry with
- Meeting to entry with

College Readiness

Students scoring at or above these PLAN benchmark scores, and taking college prep courses throughout high school, will likely be ready for their year college courses. How do your scores compare?

Section	PLAN Benchmark Score	Year score	Below	At	Above
English	19	23	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Mathematics	19	17	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reading	17	20	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Science	21	16	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

About Your Scores. Use or above of your PLAN scores list means the benchmark scores that show readiness for college-level work. Suggestions for improving your skills are listed on the back of this report. Also, talk to your counselor or teacher about courses that can improve your skills. Check college websites to learn more about their admission requirements.

Admission Standards

Colleges offer a host of admission standards. For example, most students in "selective" colleges have ACT Composite scores in the range of 20 to 28. Some admitted students may have scores outside this range.

Admission Standard	Typical Score
Open	16-22
Traditional	18-24
Selective	20-26
Highly Selective	25-30

Profile for Success

Your Career Area Preference: Management

Successful college applicants in regions similar to your preferred Career Area typically have ACT Composite scores at 21-25. See using your PLAN Results.

Your Career Possibilities

STEP 1: You and the World of Work

The World-of-Work Map is your key to hundreds of jobs in the work world. The Map shows 26 Career Areas (groups of similar jobs) according to their basic work tasks involving people, things, and ideas.

The Map is divided in 12 regions. Each region has a different mix of work tasks. For example, Career Area 9 (Physical Science & Technology) mostly involves working with ideas and things.

STEP 2: Your Interests

When you completed PLAN, you were asked to:

- choose a Career Area you were asked to
- complete an interest inventory

Your results are shown on the World-of-Work Map below.

- You chose Career Area 2: Management.
- Your Interest Inventory results suggest that you may enjoy tasks in eight regions 3, 4, 6, 8, 9, 11, and 12. See the Career Areas in those regions.

STEP 3: Exploring Career Options

The Career Area List below shows examples of jobs in each of the 26 Career Areas. Pick one of the Career Areas, preferably from that are shaded.

Circle at least two Career Areas that have jobs you might like best.

Find out more about jobs that are right for you. Use the steps in your booklet, or go to www.planstudent.org.



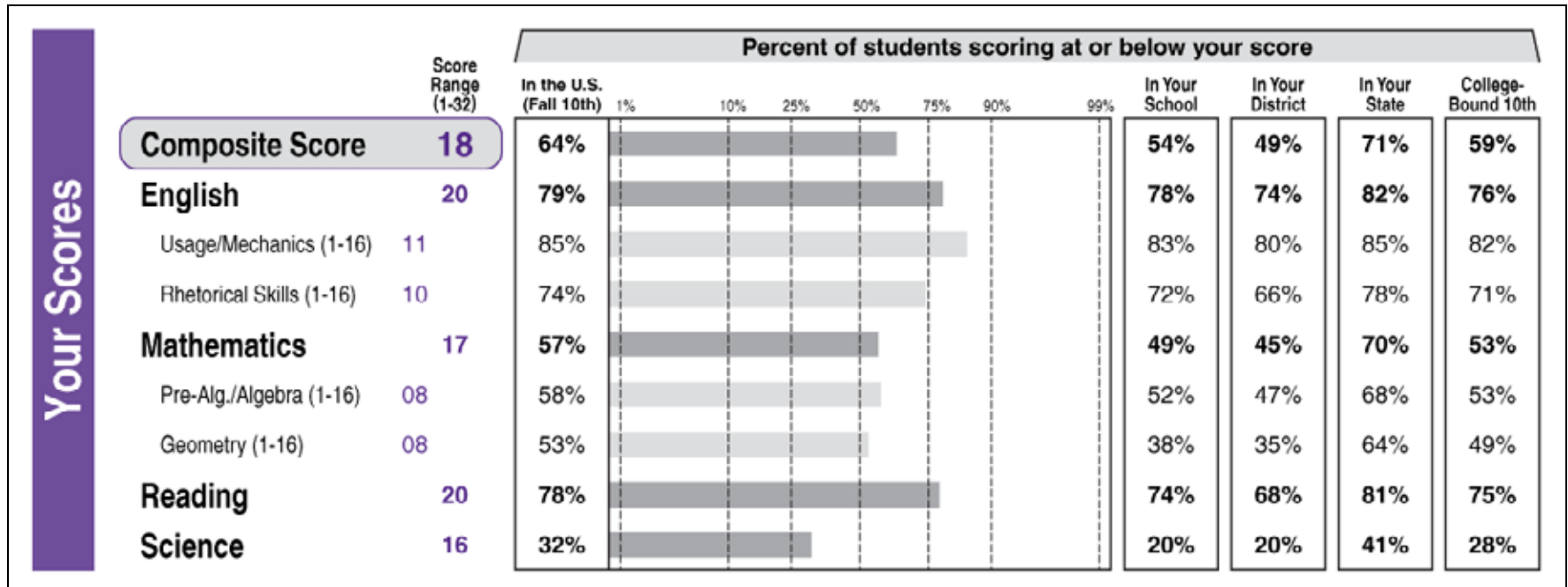
Career Area List

A. Employment Related Services Human Resources Manager, Recruiter, Interviewer	D. Engineering & Technology Engineer (Civil, etc.), Technical Lead, etc., Architect
B. Marketing & Sales Agent, Insurance, Real Estate, etc.; Retail Salesperson	F. Natural Science & Technology Research Scientist, Chemist, Biologist, Physicist, Systems Operator, Technologist (Computer, etc.)
C. Management Assistant Office Manager, Administrative Manager	G. Health, Diagnosis & Treatment (see Area 9) Physician, Systems Operator, Technologist (Computer, etc.)
H. Agriculture & Production Food Inspector, Farmer, Other, Textile Production	I. Applied Arts (Visual) Book Designer, Photographer, Poster Designer
J. Communications & Records Marketing Lead Reporter, Other Clerk	K. Creative & Performing Arts Writer, Musician, Singer, Actor, Film/Video Director
L. Financial Transactions Accountant, Bank Teller, Budget Analyst	M. Applied Arts (Written & Spoken) Publicist, Librarian, Editor, Translator
M. Distribution & Dispensing Distribution Clerk, Sales, Sales Consultant	N. Health Care (also see Areas G and H) Nurse Practitioner, Nurse Assistant, Licensed Practical Nurse
O. Transport Operation & Repair Truck/Bus/Car Driver, Ship Captain/Pilot	P. Education Administrative Assistant, Coach, Teacher
Q. Agriculture, Forestry & Natural Resources Forestry Management, Forester	R. Community Services Social Worker, Counselor, Paraprofessional, Clerical
S. Computer & Information Specialist Programmer, Systems Analyst, Database Administrator, Analyst	Z. Personal Services Hairdresser/Beautyician, Cosmetologist, Salon/Groomer
T. Construction & Maintenance Construction Equipment Operator	
U. Crafts & Repair Cabinetmaker, Teller, Chef/Cook, Jeweler	
V. Manufacturing & Processing Tool & Die Maker, Machine Operator, Tire Operator	
W. Mechanical & Electrical Specialist Auto Mechanic, Aircraft Mechanic, Diesel Machine Operator	

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Your Scores



Scores will range from 1-32 on the PLAN (1-36 on the ACT)

Scores will fluctuate on any given day so think of your scores as a range plus or minus 1 or 2 points



Your Estimated ACT Composite Score Range

More Info at
www.planstudent.org

Your Estimated ACT Composite Score Range
19-23
Use this score range to help plan for college.

Your Educational Plans for After High School
4-Year College or University

National Average for
ACT – 21

RHS ACT
Average – 22.9

This sample has an estimate ACT of about 21 (plus or minus 2 points which is 19-23)

College Readiness

College Readiness

Students scoring at or above these PLAN benchmark scores, and taking college prep courses throughout high school, will likely be ready for first-year college courses. How do your scores compare?

	PLAN Benchmark Scores	Your score is:		
		Below	At	Above
English	15	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Mathematics	19	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reading	17	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Science	21	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

About Your Scores. One or more of your PLAN scores fall below the benchmark scores that show readiness for college-level work. Suggestions for improving your skills are listed on the back of this report. Also, talk to your counselor or teacher about courses that can improve your skills. Check college websites to learn more about their admission requirements.

Continuing on Page 6

Admission Standards

Colleges differ in their admission standards. For example, most students in “selective” colleges have ACT Composite scores in the range of 21 to 26. Some admitted students may have scores outside the range.

<u>Admission Standard</u>	<u>Typical Scores</u>
Open	16–21
Traditional	18–24
Selective	21–26
Highly Selective	25–30

Profile for Success

Your Career Area Preference

Management

Successful college sophomores in majors related to your preferred Career Area typically have ACT Composite scores of:

21-25

See *Using Your PLAN Results*.

OPEN – 2-year Community or Technical Colleges (e.g. Inver Hills, Normandale, DCTC)

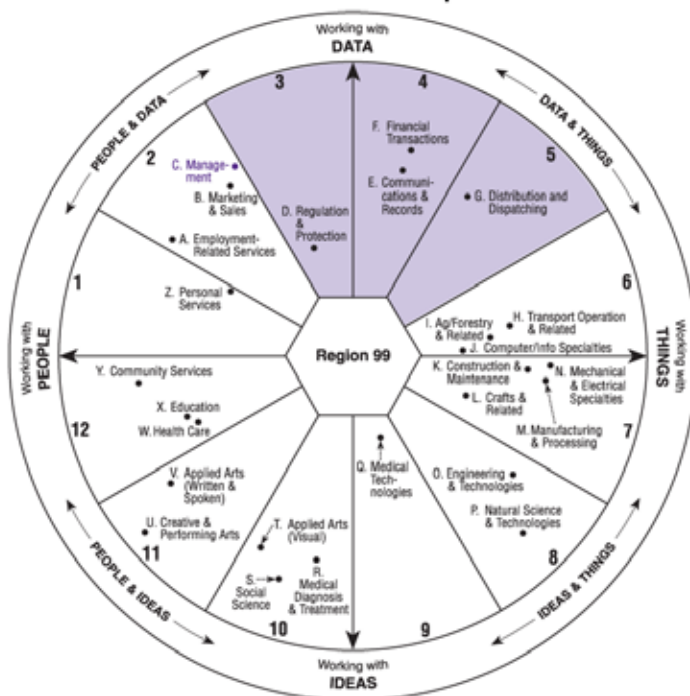
TRADITIONAL– State Colleges like MN State U, Mankato, St. Cloud State U, Winona State U

SELECTIVE – More difficult to get into such as many private colleges like St. Thomas, Gustavus, Augsburg etc.

HIGHLY SELECTIVE – U of M, TC, U of W, Madison, Carleton, Macalester, Military Academies etc

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World-of-Work Map



Information for Counselors

Scores: R5 I4 A3 S4 E7 C6
%Like, Indifferent, Dislike: 22—38—40

Career Area List

A. Employment-Related Services
Human Resources Manager; Recruiter; Interviewer

B. Marketing & Sales
Agents (Insurance, Real Estate, etc.); Retail Salesworker

C. Management
Executive; Office Manager; Hotel/Motel Manager

D. Regulation & Protection
Food Inspector; Police Officer; Detective

E. Communications & Records
Secretary; Court Reporter; Office Clerk

F. Financial Transactions
Accountant; Bank Teller; Budget Analyst

G. Distribution & Dispatching
Warehouse Supervisor; Air Traffic Controller

H. Transport Operation & Related
Truck/Bus/Cab Drivers; Ship Captain; Pilot

I. Agriculture, Forestry & Related
Farmer; Nursery Manager; Forester

J. Computer & Information Specialties
Programmer; Systems Analyst; Desktop Publisher; Actuary

K. Construction & Maintenance
Carpenter; Electrician; Bricklayer

L. Crafts & Related
Cabinetmaker; Tailor; Chef/Cook; Jeweler

M. Manufacturing & Processing
Tool & Die Maker; Machinist; Welder; Dry Cleaner

N. Mechanical & Electrical Specialties
Auto Mechanic; Aircraft Mechanic; Office Machine Repairer

O. Engineering & Technologies
Engineers (Civil, etc.); Technicians (Laser, etc.); Architect

P. Natural Science & Technologies
Physicist; Biologist; Chemist; Statistician (Surgical, etc.)

Q. Medical Technologies (also see Area W)
Pharmacist; Optician; Dietitian; Technologists (Surgical, etc.)

R. Medical Diagnosis & Treatment (also see Area W)
Physician; Pathologist; Dentist; Veterinarian; Nurse Anesthetist

S. Social Science
Sociologist; Political Scientist; Economist; Urban Planner

T. Applied Arts (Visual)
Artist; Illustrator; Photographer; Interior Designer

U. Creative & Performing Arts
Writer; Musician; Singer; Dancer; TV/Movie Director

V. Applied Arts (Written & Spoken)
Reporter; Columnist; Editor; Librarian

W. Health Care (also see Areas Q and R)
Recreational Therapist; Dental Assistant; Licensed Practical Nurse

X. Education
Administrator; Athletic Coach; Teacher

Y. Community Services
Social Worker; Lawyer; Paralegal; Counselor; Clergy

Z. Personal Services
Waiter/Waitress; Barber; Cosmetologist; Travel Guide

What do I do now?

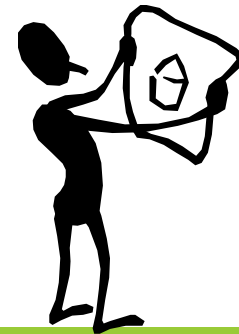


Now that you've taken PLAN, you know more about your skills, career interests, and readiness for college. Using your PLAN Score Report, ask yourself some questions:

- Do I need to make any changes to my 4 year plan?
- What skills areas are my weakest?
- What careers interest me most?
- Is going to college really worth the money?

Keys to Good Educational and Future Planning

- Explore the many career options available to you by talking with adults you know (counselors, teachers, family members, etc)
- Job shadow or volunteer during weekends/summer
- Begin planning for junior year registration
- Take the most challenging courses that best fit your abilities



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Should I take the Accuplacer?

- Used for admission to two year colleges and technical colleges
- Tests reading and math for “college readiness”
- Students scoring low may have to take remediation courses for some majors

11th Grade Registration

1. English 11 or AP Language
2. World History or AP World or AP Euro
3. Algebra 2 or Honors Pre Calc (typically)
4. Chemistry, Honors Chemistry or Physical Science Concepts
5. P.E. requirement completed?
6. Arts requirement completed?
7. Electives



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Electives continued

Do I continue or begin a World Language?

Do I continue with band, dance or choir?

Would a careers class fit in my schedule?

Should I take a study hall? (Rigor goes up)

What if I want it for a certain trimester?



Advice from the Counselors

1. Work **CLOSELY** with your teachers regarding class selection!
2. Only **YOU** know what **YOUR** life is like and what **YOU** can handle. Look at the **OVERALL** picture, not just the rigor of individual classes.



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What Can You Do To Manage Stress?

Stress is inevitable, suffering is optional

- Exercise
- Journaling
- Good health habits (nutrition (especially protein, sleep, water)
- Talking with trusted adult or friend
- Music- playing, listening, dancing.....
- Balance



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Closing Thoughts

- Work with your parents, teachers and counselors to make good decisions.
- Make your own decisions, not those of your friends.
- 2015 is a new beginning.
- Take good care of yourself !

