FDLRS Action

Parent Services Resource Guide for Families

A Florida Department of Education Discretionary Project serving Lake, Orange, Osceola, Seminole, and Sumter Counties
Florida Diagnostic and Learning Resource System
Action Resource Center

Serving Lake, Orange, Osceola, Seminole, and Sumter counties

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Orlando, FL 32804

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Website: fdlrsaction.org

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Senior Administrator

“The Florida Diagnostic and Learning Resources System is funded by the State of Florida, Department of Education, Division of Public Schools and Community Education, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B; IDEA Part B, Preschool; and State General Revenue funds.”
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*Revised on December 20, 2013*
About Us

The Florida Diagnostic & Learning Resources System (FDLRS) provides an array of instructional support services to exceptional student education programs in school districts statewide.

The four central functions of each FDLRS Associate Center are child find, parent services, human resource development, and technology.

The 19 FDLRS Associate Centers serve Florida’s 67 school districts and collaborate with districts, agency and support personnel, communities, families, and other educational personnel providing support services for educators, parents, school administrators, and students with exceptionalities.

FDLRS provides support for the following programs and services for individuals working with exceptional education students, families, and support agencies:

- Assist in the location, identification, evaluation and initiation of appropriate education or other needed services for children and youth, birth through 21 years of age who have, or are at risk of developing, special or unique needs and are not enrolled in public school.

- Plan collaboratively with school districts, exceptional student education departments, staff development offices, and other professional development entities to provide information, professional development, and technical assistance and follow-up related to effective instructional strategies and service delivery models for the education of children and youth who are exceptional or have unique needs.
• Assist districts and families who have children who are exceptional or have special or unique needs to develop effective partnerships allowing shared responsibility to improve the education of all children and youth.

• Assist and support district professional staff and families of students with disabilities in the appropriate use of assistive and instructional technology, assistive technology related services, universal design principles, and technology that enhances learning and communication.

Statutory authority for implementing FDLRS Associate Centers is located in Section 1006.03, Florida Statutes. To learn more about the FDLRS Network visit www.fdlrs.org.

*Map available at fdlrsaction.org
Autism

Autism Speaks
www.autismspeaks.org

Autism Society of Greater Orlando (ASGO)
www.asgo.org

Center for Autism & Related Disabilities (CARD)
www.ucf-card.org

Interactive Autism Network (IAN)
www.IANproject.org

Lake County Autism Association
www.lakeautism.org

Online Asperger Syndrome Information and Support (OASIS @ MAAP)
www.aspergerssyndrome.org

Child Care and 4 - C

Early Learning Coalition
Lake County .................................................. www.elclc.org
Orange County ......................... www.elcoforangecounty.org
Osceola County................................. www.elcosceola.org
Seminole County .................... www.seimnoleearlylearning.org
Sumter County .................................www.elc-naturecoast.org
Child Care and 4 - C cont’

**Head Start / Early Head Start**
Lake County ................................................ (352) 357-7070
Orange County ............................................ (407) 836-6590
Osceola County......................................... (321) 219-6200
Seminole County....................................... (321) 275-0059
Sumter County .......................................... (352) 754-2464

Deaf / Hard of Hearing, Blind / Visually Impaired

**Deaf and Hearing Services of Lake and Sumter Counties**
www.deafandhearing.org

**Florida Coordinating Council for the Deaf and Hard of Hearing (FCCDHH)**
www.FCCDHH.org

**Florida School for the Deaf and Blind (FSDB)**
www.fsdb.k12.fl.us

**Hands and Voices**
www.handsandvoices.org

**Lighthouse Central Florida**
www.lighthousecentralflorida.org
Disability Advocates

Agency for Persons with Disabilities (APD), State of Florida
www.apd.myflorida.com

Central Florida Parent Center, Project AWARE
www.CFLparents.org

Central Florida Self-Determination Advocacy Council
407-332-9937
407-339-4103
407-699-4419

Disability Rights Florida
www.disabilityrightsflorida.org

Family Care Council of Florida (FCCF)
www.fccflorida.org

Family Network on Disabilities of Florida (FNDFL)
www.fnndfl.org

Downs Syndrome

Down Syndrome Association of Central Florida (DSACF)
www.dsacf.org

Down Syndrome Foundation of Florida
www.dsfflorida.org
Early Intervention Services

**Early Steps (birth - 3 years old)**
Orange, Osceola, & Seminole........407-317-7430 ext. 2121
Lake and Sumter ........................................ 1-800-439-6417

**Preschool Screenings & Evaluation (3 - 5 years old)**
Lake County .............................................352-253-6790
Orange County .........................................407-317-3503
Osceola County.................................407-891-1178
Seminole County .................................407-320-9406
Sumter County .................................352-795-2315

Education

**School District’s ESE Departments**
Lake .............................................lake.k12.fl.us/Domain/21
Orange........................................www.ocps.net/CS/ESE
Osceola.................................www.osceola.k12.fl.us/depts/ESE/
Seminole .................................www.scps.k12.fl.us/esss
Sumter......www.sumter.k12.fl.us/Departments/ESE.html

**Orange County Public Schools Parent Support Team**
www.ocps.net/cs/ese/parentambassador/Pages/default.aspx
407-317-3200 ext. 2614

**Florida Inclusion Network (FIN)**
www.floridainclusionnetwork.com

**Florida School for the Deaf and Blind (FSDB)**
www.fsdb.k12.fl.us
### Florida Standards
- [www.fl DOE.org/pdf/lafs.pdf](http://www.fl DOE.org/pdf/lafs.pdf) (Reading)
- [www.fl DOE.org/pdf/mathfs.pdf](http://www.fl DOE.org/pdf/mathfs.pdf) (Math)

### Florida Virtual School
- [www.flvs.net](http://www.flvs.net)

### General Education
- **Discovery Education**
  - [www.discoveryeducation.com](http://www.discoveryeducation.com)
- **Funbrain**
  - [www.funbrain.com](http://www.funbrain.com)
- **Khan Academy**
  - [www.khanacademy.com](http://www.khanacademy.com)
- **Kidport**
  - [www.kidport.com](http://www.kidport.com)
- **Macmillan Dictionary**
  - [www.macmillandictionary.com](http://www.macmillandictionary.com)
- **PBS Kids**
  - [www.pbskids.com](http://www.pbskids.com)
- **PBS Kids - All Games**
  - [www.pbskids.org/games/alltopics.html](http://www.pbskids.org/games/alltopics.html)
- **Vocabulary Spelling City**
  - [www.spellingcity.com](http://www.spellingcity.com)
- **Zoo Burst**
  - [www.zooburst.com](http://www.zooburst.com)

### Math
- **AAA Math**
  - [www.AAAmath.com](http://www.AAAmath.com)
- **Cool Math 4 Kids**
  - [www.coolmath4kids.com](http://www.coolmath4kids.com)
- **Counting Change Site** (Grades 2 - 5)
Math cont'
Enjoyable Math Games (Grades 8 - 12+)
   www.coolmath.com/home.htm
General Math Games and Lessons (Grades K - 8)
   www.coolmath4kids.com
Helping Your Child with Mathematics (Grades K - 12)
   www.math.com/parents/articles/funmath.html
Interactive Algebra Games (Grades 7 - 12)
   www.active-maths.co.uk/algebra/games/
Interactive Geometry Bingo (Geometric Shape Recognition) (Grades 3 - 7)
   www.aplusmath.com/cgi-bin/games/geomatho
Math Aids
   www.mathaids.com
Math.Com The World of Math Online
   www.dr.math.com
Math Play - Free Online Math Games
   www.math-play.com
Math Playground
   www.mathplayground.com
Multiplication.Com
   www.multiplication.com
Tangram Puzzles (Grades K - 2)
   www.apples4theteacher.com/tangrams.html
Variety of Interactive Mathematics Games (Grades K - 8)
   www.mathcats.com/explore.html

Project 10 Transition Education Network
   www.project10.info

Reading
A Story Before Bed
   www.astorybeforebed.com
Dosiety.Com
   www.dositey.com
Education cont’

Reading cont’
Just Read, Florida!
   www.justreadflorida.com
Learning Chocolate - Vocabulary Learning Platform
   www.learningchocolate.com
Road to Grammar
   www.roadtogrammer.com
Star Fall
   www.startfall.com
Story Online
   www.storyonline.com
Storyline Online
   www.storylineonline.net
Suessville
   www.suessville.com
Sylvan Book Adventure
   www.bookadventure.org

Science
Kids Sites
   www.kidsites.com
Sheppard Software
   www.sheppardsoftware.com
Student Science
   www.scienecenewsforkids.com

Social Studies
Culture Quest World Tour
   www.ipl.org/div/cquest
Fact Monster
   www.factmonster.com
Kid Info - Homework Helper
   www.kidinfo.com
Education cont’

Social Studies cont’
National Geographic Kids
www.kids.nationalgeographic.com

UCF Academy Toni Jennings Institute (TJ EEI)
tjeei.ucf.edu

ESE Information

A Parent’s Guide to Access Points, Access Course, and Resources

Getting Ready for Your Child’s IEP Meeting

Parent and Teacher Guide to Section 504
www.fldoe.org/ese/pdf/504bro.pdf

School District’s ESE Departments
Lake ...................................... www.lake.k12.fl.us/Domain/21
Orange.................................... www.ocps.net/CS/ESE
Osceola.............................. www.osceola.k12.fl.us/depts/ESE/
Seminole........................................ www.scps.k12.fl.us/esss
Sumter....... www.sumter.k12.fl.us/Departments/ESE.html
<table>
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<th><strong>Health</strong></th>
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| **Access Florida**  
www.myflorida.com/accessflorida/  
407-317-7000 |
| **Children’s Medical Services**  
www.cms-kids.com |
| **County Health Departments**  
Lake..................................................  
www.lakechd.com  
Orange....................................................  
www.orchd.com  
Osceola ...........................................  
www.osceolahealth.org  
Seminole ..............................................  
seminolecohealth.com  
Sumter.................................  
www.floridahealth.gov/chdSumter |
| **Florida Department of Children and Families (DCF)**  
www.myflfamilies.com |
| **Florida Department of Health**  
www.floridahealth.gov |
| **Florida Kid Care**  
www.floridahealth.gov/AlternateSites/KidCare/ |
| **UCF Communication Disorders Clinic**  
www2.cohpa.ucf.edu/clinic/ |
Mental Health

Mental Health Association of Central Florida
www.mhacf.org

National Alliance of Mental Illness of Greater Orlando (NAMIGO)
www.nami.org

National Federation of Families for Children’s Mental Health (FFCMH)
www.ffcmh.org

SEDNET - Multiagency Network for Students with Emotional / Behavioral Disabilities
Lake and Sumter Counties .................. 352-797-7022 ext. 213
Orange and Osceola Counties ........... 407-897-6440 ext. 2254
Seminole County ................................ 321-633-1000 ext. 321
www.sednetfl.info

Support Agencies / Groups

Agencies for Persons with Disabilities
Central Region / Field 7 ......................... 407-245-0440
(Brevard, Orange, Osceola, and Seminole counties)
apdcares.org/area/7/
Central Region / Field 13 ....................... 352-330-2749
(Citrus, Hernando, Lake, Marion, and Sumter counties)
apdcares.org/apdcares.org

Best Buddies
www.bestbuddiesflorida.org
Support Agencies / Groups cont’

Brain Injury Association of Florida (BIAF)
www.biaf.org

Bright Feats
www.brightfeats.com

Central Florida Brain Injury Support Group
www.brainsupportgroup.org

Children and Adults with Attention Deficit Disorder (CHADD)
www.chadd.org

Family Cafe
www.familycafe.net

Florida Alliance for Assistive Services & Technology (FAAST)
www.faast.org

Florida Developmental Disabilities Council (FDDC)
www.fddc.org

Florida Respite Coalition
www.floridarespite.org

Florida Youth Council (FYC)
www.floridayouthcouncil.com

Learning Disabilities Association of Florida (LDA_FLA)
www.lda-florida.org

Nathaniel’s Hope
www.nathanielshope.org
Support Agencies / Groups cont’

Orange/ Seminole County Special Education Monthly Support Group
cflparents.org/infobyleocation/CentralFlorida/OrangeCountyResources.htm#Support_Groups

Orlando Bipolar Support
www.meetup.com/Greater-Orlando-Bipolar-Support

Tourette Syndrome Association of Florida (TSA-FL)
www.tsa-fl.org

Very Special Arts of Florida (VSA-FL)
www.vsafl.org

Community Resources

For community resources including, but not limited to housing, clothing, food, medical, and employment services.

2-1-1 Resource Directory (All Counties)
For rapid free information on community resources or services, call 2-1-1, a resource with a variety of services and information. 2-1-1 is sponsored by United Way

Lake County Resource Guide
www.lccrg.com

Osceola County Resource Guide for Families 2013

Seminole County Parents Guide (Families in Transition)
Contact Us
FDLRS Action Resource Center
3130 Edgewater Drive Orlando, Florida 32804
407-317-3660 or 1-800-262-1596

FDLRS Action Staff Contact Information

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www.fdlrsaction.org
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