

Helpful Kinder Readiness Skills



- Know their first and last names
- Able to recite their address and telephone number
- Know how to dress: put on and remove jackets, sweaters, etc.
- Have stamina to sit and listen for brief periods of time (5- 10 minute)
- Go to the restroom without assistance
- Know how to wash and dry hands independently
- Follow multiple step directions
- Know how to hold and write with a pencil, crayon or marker
- Know how to cut with safety scissors
- Have basic conflict management skills such as:
 1. Taking turns
 2. Choosing a different activity when a preferred one is not available
 3. Seeking help from an adult regarding student to student disagreement
- Know how to wait:
 1. For turns in games
 2. For directions/instructions from an adult
 3. For their turn to give an answer and provide input/opinion/etc.
- The ability to run without falling frequently
- The ability to balance on one foot
- The ability to throw and catch a large ball

Helpful Vocabulary

- Know how to tell a simple sequencing story (first, next, then, last, etc.)
- Know the names of common animals, both farm and zoo
- Know the names of foods (eggs, milk, cheese, bread, meat, fruit)
- Know adverbs for how things feel (bumpy, dry, rough, sharp, wet, smooth, hard, slippery)
- Know time frames (daytime, now, tomorrow, sometimes, always, at night, later, soon, never)
- Know some words for where things are located (top, first, up, in, high, on, bottom, last, down, out, low, off)
- Know some words for how things look (big, tall, small, little, skinny, short)
- Know some words for how things compare (same, smaller, more, different, bigger, less, none)

- Be able to point to the largest of three things
- Point and count 1, 2, 3, 4, 5 things

Parents can teach children many things in the course of natural activity. Here are some sample activities that will help:

- Read to your child daily
- Model a love of reading and books
- Sing with your children; help them learn about rhyming, chants, beats, rhythmic patterns
- Enjoy dinner conversations; help kids learn to take turns speaking and how to participate in a conversation
- Take walking field trips or go to the post office, park, or store. Listen, look for and discuss sounds, smells, sights, and feelings (touch)
- Sort and fold laundry; teaches concepts such as classification, size, temperature, air, water, language, and develops small motor skills
- Do dishes; teaches counting, color classification, size, temperature, air, water, language, and develops small motor skills
- Clean house; washing walls, dusting, mopping, and other activities that help in the development of motor skills
- Teach yard work; teaches about plants, water concepts, weather, color classification, growth changes, and develops large motor control
- Setting the table; emphasizes shape, position, left and right
- Guessing games; "I see something (color, shape, etc.)"
- Pick-up games; teaches classification and counting

MAKE LEARNING FUN FOR YOUR FAMILY!

